



Zimowe Mistrzostwa DOZP w kategorii 11-13 lat w pływaniu
Wrocław, 15.11.2025

Konkurencja 13
15.11.2025 - 14:42

Chłopców, 400m dowolny

11 - 13 lat
Wyniki

Rekordy DOZP	3:40.57	Klich Kacper	00601	Lublin	17.12.2015
Rekordy DOZP	3:40.57	Klich Kacper	00601	Lublin	17.12.2015

Punkty: AQUA 2025

Pozycja			Rok ur.							Czas	Pkt.
11 lat											
1.	Fiszer Gabriel		14	UKS KROŚNICKA PRZYSTAŃ						5:46.93	228
	50m: 37.83	37.83	150m: 2:05.52	43.69	250m: 3:34.71	44.54	350m: 5:03.84	45.47			
	100m: 1:21.83	44.00	200m: 2:50.17	44.65	300m: 4:18.37	43.66	400m: 5:46.93	43.09			
2.	Michaliszyn Marcin		14	KS REKIN Świebodzice						5:48.32	226
	50m: 36.95	36.95	150m: 2:05.30	44.62	250m: 3:35.32	44.65	350m: 5:05.54	44.62			
	100m: 1:20.68	43.73	200m: 2:50.67	45.37	300m: 4:20.92	45.60	400m: 5:48.32	42.78			
3.	Hamera Jeremi		14	MKS JUVENIA Wrocław						6:40.57	148
	50m: 46.81	46.81	150m: 2:32.80	54.07	250m: 4:16.61	51.74	350m: 5:55.94	48.92			
	100m: 1:38.73	51.92	200m: 3:24.87	52.07	300m: 5:07.02	50.41	400m: 6:40.57	44.63			
4.	Chołuj Nikodem		14	KS SWIMMERS Ślęza						7:33.54	102
	50m: 47.96	47.96	150m: 2:41.57	58.37	250m: 4:39.38	59.50	350m: 6:37.12	57.23			
	100m: 1:43.20	55.24	200m: 3:39.88	58.31	300m: 5:39.89	1:00.51	400m: 7:33.54	56.42			

12 lat

1.	Zdunek Maksymilian		13	KS HARPUN Osiecznica						4:56.38	367
	50m: 32.96	32.96	150m: 1:48.26	38.12	250m: 3:04.79	38.31	350m: 4:20.81	37.89			
	100m: 1:10.14	37.18	200m: 2:26.48	38.22	300m: 3:42.92	38.13	400m: 4:56.38	35.57			
2.	Wittig Franciszek		13	KS REKIN Świebodzice						5:15.72	303
	50m: 36.17	36.17	150m: 1:57.78	41.41	250m: 3:18.69	39.91	350m: 4:37.71	39.56			
	100m: 1:16.37	40.20	200m: 2:38.78	41.00	300m: 3:58.15	39.46	400m: 5:15.72	38.01			
3.	Gielata Mikołaj		13	KS REKIN Świebodzice						5:16.90	300
	50m: 33.78	33.78	150m: 1:54.06	40.90	250m: 3:14.92	40.18	350m: 4:37.35	40.87			
	100m: 1:13.16	39.38	200m: 2:34.74	40.68	300m: 3:56.48	41.56	400m: 5:16.90	39.55			
4.	Maroz Aliksandr		13	MKS JUVENIA Wrocław						5:23.42	282
	50m: 36.07	36.07	150m: 1:59.92	41.55	250m: 3:23.18	41.43	350m: 4:45.32	40.40			
	100m: 1:18.37	42.30	200m: 2:41.75	41.83	300m: 4:04.92	41.74	400m: 5:23.42	38.10			
5.	Stawarz Jan		13	KS SWIMMERS Ślęza						5:24.11	280
	50m: 33.97	33.97	150m: 1:53.33	40.81	250m: 3:16.63	41.86	350m: 4:42.04	42.32			
	100m: 1:12.52	38.55	200m: 2:34.77	41.44	300m: 3:59.72	43.09	400m: 5:24.11	42.07			
6.	Kępa Kacper		13	UKS KORAL Wrocław						5:27.64	271
	50m: 37.28	37.28	150m: 2:02.25	43.52	250m: 3:26.51	40.88	350m: 4:49.13	41.14			
	100m: 1:18.73	41.45	200m: 2:45.63	43.38	300m: 4:07.99	41.48	400m: 5:27.64	38.51			
7.	Zięcina Błażej		13	MKS JUVENIA Wrocław						5:30.15	265
	50m: 37.24	37.24	150m: 2:01.85	43.04	250m: 3:26.70	42.35	350m: 4:48.94	41.01			
	100m: 1:18.81	41.57	200m: 2:44.35	42.50	300m: 4:07.93	41.23	400m: 5:30.15	41.21			
8.	Szewczuk Leon		13	UKS KORAL Wrocław						5:31.43	262
	50m: 36.88	36.88	150m: 2:01.26	42.39	250m: 3:26.82	42.22	350m: 4:50.75	42.15			
	100m: 1:18.87	41.99	200m: 2:44.60	43.34	300m: 4:08.60	41.78	400m: 5:31.43	40.68			
9.	Chuchla Filip		13	WKS ŚLĄSK Wrocław						5:38.26	247
	50m: 35.48	35.48	150m: 2:01.18	42.77	250m: 3:29.15	43.70	350m: 4:57.53	44.00			
	100m: 1:18.41	42.93	200m: 2:45.45	44.27	300m: 4:13.53	44.38	400m: 5:38.26	40.73			
10.	Dusza Adrian		13	KS SWIMMERS Ślęza						5:41.00	241
	50m: 35.70	35.70	150m: 2:01.49	43.56	250m: 3:29.78	45.78	350m: 5:00.78	44.34			
	100m: 1:17.93	42.23	200m: 2:44.00	42.51	300m: 4:16.44	46.66	400m: 5:41.00	40.22			



Zimowe Mistrzostwa DOZP w kategorii 11-13 lat w pływaniu
Wrocław, 15.11.2025

Konkurencja 13, Chłopców, 400m dowolny, 12 lat

Pozycja	Rok ur.								Czas		Pkt.	
11.	Kuznichenko Yelysei			13	WKS ŚLĄSK Wrocław				5:43.33		236	
	50m:	38.17	38.17	150m:	2:06.06	44.13	250m:	3:34.76	44.60	350m:	5:03.63	44.50
	100m:	1:21.93	43.76	200m:	2:50.16	44.10	300m:	4:19.13	44.37	400m:	5:43.33	39.70
12.	Wasilewski Mikołaj			13	UKS KORAL Wrocław				5:49.03		224	
	50m:	39.08	39.08	150m:	2:08.13	45.25	250m:	3:37.85	44.54	350m:	5:06.82	44.15
	100m:	1:22.88	43.80	200m:	2:53.31	45.18	300m:	4:22.67	44.82	400m:	5:49.03	42.22
13.	Balewicz Franciszek			13	KS REKIN Świebodzice				5:50.36		222	
	50m:	39.44	39.44	150m:	2:09.01	44.75	250m:	3:38.73	45.36	350m:	5:09.13	44.94
	100m:	1:24.26	44.82	200m:	2:53.37	44.36	300m:	4:24.19	45.46	400m:	5:50.36	41.23
14.	Wełna Łukasz			13	KS NEPTUN Świdnica				5:52.01		219	
	50m:	39.82	39.82	150m:	2:11.07	46.18	250m:	3:41.56	45.03	350m:	5:12.06	45.53
	100m:	1:24.89	45.07	200m:	2:56.53	45.46	300m:	4:26.53	44.97	400m:	5:52.01	39.95
15.	Kalinowski Mateusz			13	UKS KORAL Wrocław				5:52.51		218	
	50m:	39.26	39.26	150m:	2:07.69	44.95	250m:	3:38.10	45.12	350m:	5:07.22	44.03
	100m:	1:22.74	43.48	200m:	2:52.98	45.29	300m:	4:23.19	45.09	400m:	5:52.51	45.29
16.	Nowocien Karol			13	UKS KORAL Wrocław				6:02.32		201	
	50m:	41.66	41.66	150m:	2:13.18	45.96	250m:	3:46.23	46.56	350m:	5:19.02	45.96
	100m:	1:27.22	45.56	200m:	2:59.67	46.49	300m:	4:33.06	46.83	400m:	6:02.32	43.30
17.	Trzeszcz Maciej			13	UKS KORAL Wrocław				6:05.42		195	
	50m:	40.98	40.98	150m:	2:15.46	47.18	250m:	3:51.99	48.37	350m:	5:24.29	45.75
	100m:	1:28.28	47.30	200m:	3:03.62	48.16	300m:	4:38.54	46.55	400m:	6:05.42	41.13
18.	Młodowicz Szymon			13	UKS KORAL Wrocław				6:32.21		158	
	50m:	45.33	45.33	150m:			250m:	4:02.86		350m:	5:43.03	48.91
	100m:	1:32.34	47.01	200m:			300m:	4:54.12	51.26	400m:	6:32.21	49.18
19.	Skrzypczuk Mikołaj			13	UKS KORAL Wrocław				6:36.46		153	
	50m:	44.08	44.08	150m:	2:25.07	51.99	250m:	4:08.16	53.13	350m:	5:50.47	51.62
	100m:	1:33.08	49.00	200m:	3:15.03	49.96	300m:	4:58.85	50.69	400m:	6:36.46	45.99
20.	Kawałko Igor			13	UKS KORAL Wrocław				6:47.05		141	
	50m:	45.93	45.93	150m:	2:31.27	53.19	250m:	4:17.66	52.50	350m:	6:02.22	51.73
	100m:	1:38.08	52.15	200m:	3:25.16	53.89	300m:	5:10.49	52.83	400m:	6:47.05	44.83
21.	Lenert Stanisław			13	UKS KORAL Wrocław				7:15.41		115	
	50m:	49.53	49.53	150m:	2:42.29	56.02	250m:	4:33.27	54.62	350m:	6:14.21	46.70
	100m:	1:46.27	56.74	200m:	3:38.65	56.36	300m:	5:27.51	54.24	400m:	7:15.41	1:01.20
22.	Hanus Stanisław			13	UKS KORAL Wrocław				8:22.68		75	
	50m:	51.58	51.58	150m:	2:59.71	1:05.74	250m:	5:10.63	1:05.08	350m:	7:22.09	1:04.98
	100m:	1:53.97	1:02.39	200m:	4:05.55	1:05.84	300m:	6:17.11	1:06.48	400m:	8:22.68	1:00.59

13 lat

1.	Kuzara Filip	12				KS SWIMMERS Ślęza				4:50.28		390		
		50m:	30.69	30.69	150m:	1:42.89	37.11	250m:	2:57.98	37.96	350m:		4:13.99	37.67
		100m:	1:05.78	35.09	200m:	2:20.02	37.13	300m:	3:36.32	38.34	400m:		4:50.28	36.29
2.	Jachym Julian	12				KS REKIN Świebodzice				4:55.49		370		
		50m:	32.57	32.57	150m:	1:46.09	37.40	250m:	3:03.08	38.64	350m:		4:20.02	37.96
		100m:	1:08.69	36.12	200m:	2:24.44	38.35	300m:	3:42.06	38.98	400m:		4:55.49	35.47
3.	Pyclik Bartosz	12				UKS KORAL Wrocław				4:56.49		366		
		50m:	31.30	31.30	150m:	1:44.77	37.92	250m:	3:02.64	38.98	350m:		4:20.99	39.34
		100m:	1:06.85	35.55	200m:	2:23.66	38.89	300m:	3:41.65	39.01	400m:		4:56.49	35.50
4.	Pietras Maciej	12				WKS ŚLĄSK Wrocław				5:06.93		330		
		50m:	32.82	32.82	150m:	1:51.86	39.76	250m:	3:10.69	39.73	350m:		4:30.27	39.57
		100m:	1:12.10	39.28	200m:	2:30.96	39.10	300m:	3:50.70	40.01	400m:		5:06.93	36.66



Zimowe Mistrzostwa DOZP w kategorii 11-13 lat w pływaniu Wrocław, 15.11.2025

Konkurencja 13, Chłopców, 400m dowolny, 13 lat

Pozycja	Rok ur.										Czas	Pkt.
5.	Ciszewski Bartosz			12	KS REKIN Świebodzice						5:11.37	316
	50m:	34.75	34.75	150m:	1:54.16	40.29	250m:	3:14.33	40.49	350m:	4:34.14	39.64
	100m:	1:13.87	39.12	200m:	2:33.84	39.68	300m:	3:54.50	40.17	400m:	5:11.37	37.23
6.	Kociołek Antoni			12	UKS KORAL Wrocław						5:14.33	307
	50m:	34.96	34.96	150m:	1:51.76	39.10	250m:	3:12.52	41.06	350m:	4:35.10	41.13
	100m:	1:12.66	37.70	200m:	2:31.46	39.70	300m:	3:53.97	41.45	400m:	5:14.33	39.23
7.	Dziedzic Tomasz			12	UKS KORAL Wrocław						5:15.48	304
	50m:	33.90	33.90	150m:	1:54.34	41.19	250m:	3:17.91	41.33	350m:	4:37.96	39.52
	100m:	1:13.15	39.25	200m:	2:36.58	42.24	300m:	3:58.44	40.53	400m:	5:15.48	37.52
8.	Szram Paweł			12	KS REKIN Świebodzice						5:15.63	304
	50m:	34.86	34.86	150m:	1:54.33	40.81	250m:	3:15.23	40.77	350m:	4:37.69	41.15
	100m:	1:13.52	38.66	200m:	2:34.46	40.13	300m:	3:56.54	41.31	400m:	5:15.63	37.94
9.	Kopeć Leon			12	KS NEPTUN Świdnica						5:15.95	303
	50m:	35.23	35.23	150m:	1:56.24	40.80	250m:	3:18.56	41.68	350m:	4:38.78	40.22
	100m:	1:15.44	40.21	200m:	2:36.88	40.64	300m:	3:58.56	40.00	400m:	5:15.95	37.17
10.	Firlej Ryszard			12	WKS ŚLĄSK Wrocław						5:17.53	298
	50m:	35.56	35.56	150m:	1:56.27	40.93	250m:	3:18.77	41.25	350m:	4:39.99	40.54
	100m:	1:15.34	39.78	200m:	2:37.52	41.25	300m:	3:59.45	40.68	400m:	5:17.53	37.54
11.	Wojtera Krzysztof			12	WKS ŚLĄSK Wrocław						5:19.29	293
	50m:	36.13	36.13	150m:	1:56.17	40.20	250m:	3:18.37	40.77	350m:	4:40.04	41.07
	100m:	1:15.97	39.84	200m:	2:37.60	41.43	300m:	3:58.97	40.60	400m:	5:19.29	39.25
12.	Szram Hubert			12	KS REKIN Świebodzice						5:25.61	276
	50m:	36.85	36.85	150m:	1:59.80	42.18	250m:	3:24.21	42.09	350m:	4:48.43	41.87
	100m:	1:17.62	40.77	200m:	2:42.12	42.32	300m:	4:06.56	42.35	400m:	5:25.61	37.18
13.	Szymański Nikodem			12	UKP Manta Jelcz-Laskowice						5:29.27	267
	50m:	37.12	37.12	150m:	1:58.86	41.02	250m:	3:24.06	43.02	350m:	4:49.55	42.16
	100m:	1:17.84	40.72	200m:	2:41.04	42.18	300m:	4:07.39	43.33	400m:	5:29.27	39.72
14.	Nowogrodzki Piotr			12	WKS ŚLĄSK Wrocław						5:29.44	267
	50m:	35.77	35.77	150m:	1:59.57	42.72	250m:	3:26.42	44.38	350m:	4:50.59	41.59
	100m:	1:16.85	41.08	200m:	2:42.04	42.47	300m:	4:09.00	42.58	400m:	5:29.44	38.85
15.	Rybicki Aleksander			12	WKS ŚLĄSK Wrocław						5:40.24	242
	50m:	37.20	37.20	150m:	2:04.18	43.81	250m:	3:32.81	43.95	350m:	4:59.91	42.82
	100m:	1:20.37	43.17	200m:	2:48.86	44.68	300m:	4:17.09	44.28	400m:	5:40.24	40.33
16.	Stepaniuk Marian			12	MKS DZIEWIĄTKA Dzierżoniów						5:40.46	242
	50m:	37.22	37.22	150m:	2:05.93	45.38	250m:	3:35.95	45.02	350m:	5:02.53	42.28
	100m:	1:20.55	43.33	200m:	2:50.93	45.00	300m:	4:20.25	44.30	400m:	5:40.46	37.93
17.	Kamiński Wojciech			12	WKS ŚLĄSK Wrocław						5:40.88	241
	50m:	37.78	37.78	150m:	2:04.71	43.90	250m:	3:34.10	44.96	350m:	5:00.41	43.02
	100m:	1:20.81	43.03	200m:	2:49.14	44.43	300m:	4:17.39	43.29	400m:	5:40.88	40.47
18.	Tymkowski Krzysztof			12	UKS ALFA Wałbrzych						5:42.19	238
	50m:	38.56	38.56	150m:	2:05.18	43.59	250m:	3:35.40	45.06	350m:	5:02.78	43.95
	100m:	1:21.59	43.03	200m:	2:50.34	45.16	300m:	4:18.83	43.43	400m:	5:42.19	39.41
19.	Pirogowicz Maksymilian			12	UKS KORAL Wrocław						5:44.70	233
	50m:	35.66	35.66	150m:	1:57.88	39.81	250m:	3:27.15	45.14	350m:	4:58.97	46.69
	100m:	1:18.07	42.41	200m:	2:42.01	44.13	300m:	4:12.28	45.13	400m:	5:44.70	45.73
20.	Marciniak Sebastian			12	KS REKIN Świebodzice						5:46.02	230
	50m:	1:22.60	1:22.60	150m:	2:07.98		250m:	3:37.29	45.01	350m:	5:04.51	43.15
	100m:			200m:	2:52.28	44.30	300m:	4:21.36	44.07	400m:	5:46.02	41.51
21.	Linkiewicz Michał			12	MKS KARKONOSZE Jelenia Góra						6:24.05	168
	50m:	42.25	42.25	150m:	2:21.99	50.82	250m:	4:02.77	50.27	350m:	5:39.04	46.78
	100m:	1:31.17	48.92	200m:	3:12.50	50.51	300m:	4:52.26	49.49	400m:	6:24.05	45.01