



Zimowe Mistrzostwa DOZP w kategorii 14 lat i starsi w pływaniu
Wrocław, 15. - 16.11.2025

Konkurencja 41
16.11.2025 - 15:02

Mężczyzn, 400m dowolny

14 lat i starsi
Wyniki

Rekordy DOZP Open	3:40.57	Klich Kacper	00601	Lublin	17.12.2015
Rekordy DOZP Open	3:40.57	Klich Kacper	00601	Lublin	17.12.2015
Rekordy DOZP 16	3:51.19	Kuświk Maciej	00601	Debica	17.03.2012
Rekordy DOZP 15	3:54.17	Kuświk Maciej	00601	Poznan	15.12.2011
Rekordy DOZP 14	3:59.77	Zoniuk Maciej	00601	Saint Dizier (FRA)	15.11.2008

Punkty: AQUA 2025

Pozycja	Rok ur.	Czas	Pkt.
---------	---------	------	------

14 lat

1. Skowron Tymoteusz	11	UKS KORAL Wrocław	4:27.53	499
50m: 29.51 29.51	150m: 1:38.26 34.80	250m: 2:48.01 35.17	350m: 3:56.32 32.95	
100m: 1:03.46 33.95	200m: 2:12.84 34.58	300m: 3:23.37 35.36	400m: 4:27.53 31.21	
2. Kowalczyk Kamil	11	MKS JUVENIA Wrocław	4:31.22	479
50m: 29.42 29.42	150m: 1:37.79 34.71	250m: 2:47.82 35.18	350m: 3:57.78 34.37	
100m: 1:03.08 33.66	200m: 2:12.64 34.85	300m: 3:23.41 35.59	400m: 4:31.22 33.44	
3. Gawroński Mateusz	11	WKS ŚLĄSK Wrocław	4:34.02	464
50m: 30.96 30.96	150m: 1:41.08 35.04	250m: 2:51.73 35.44	350m: 4:01.73 34.83	
100m: 1:06.04 35.08	200m: 2:16.29 35.21	300m: 3:26.90 35.17	400m: 4:34.02 32.29	
4. Kopacz Maciej	11	WKS ŚLĄSK Wrocław	4:35.70	456
50m: 32.54 32.54	150m: 1:42.94 34.83	250m: 2:54.09 36.13	350m: 4:02.98 34.00	
100m: 1:08.11 35.57	200m: 2:17.96 35.02	300m: 3:28.98 34.89	400m: 4:35.70 32.72	
5. Bobyk Karol	11	WKS ŚLĄSK Wrocław	4:36.97	450
50m: 32.30 32.30	150m: 250m: 2:53.79 35.25	350m: 4:03.30 34.61		
100m: 200m: 2:18.54	300m: 3:28.69 34.90	400m: 4:36.97 33.67		
6. Siedziukiewicz-Chanaka Bartosz	11	UKS SHARK Rudna	4:40.93	431
50m: 31.95 31.95	150m: 1:44.42 36.46	250m: 2:55.49 35.21	350m: 4:06.69 35.17	
100m: 1:07.96 36.01	200m: 2:20.28 35.86	300m: 3:31.52 36.03	400m: 4:40.93 34.24	
7. Woźny Julian	11	Just Swim Beavers	4:41.10	430
50m: 31.84 31.84	150m: 1:42.66 35.98	250m: 2:54.80 36.25	350m: 4:06.58 35.71	
100m: 1:06.68 34.84	200m: 2:18.55 35.89	300m: 3:30.87 36.07	400m: 4:41.10 34.52	
8. Serhiienko Yevhenij	11	MKS JUVENIA Wrocław	5:05.00	337
50m: 33.94 33.94	150m: 1:50.36 38.55	250m: 3:09.55 39.84	350m: 4:28.49 39.39	
100m: 1:11.81 37.87	200m: 2:29.71 39.35	300m: 3:49.10 39.55	400m: 5:05.00 36.51	
9. Stasiak Maksymilian	11	MKS JUVENIA Wrocław	5:08.69	325
50m: 34.47 34.47	150m: 1:51.69 39.18	250m: 3:10.66 39.55	350m: 4:30.17 39.81	
100m: 1:12.51 38.04	200m: 2:31.11 39.42	300m: 3:50.36 39.70	400m: 5:08.69 38.52	
10. Szalaty Wojciech	11	UKS ENERGETYK Zgorzelec	5:12.49	313
50m: 33.33 33.33	150m: 1:51.90 40.39	250m: 3:12.84 40.59	350m: 4:34.29 40.50	
100m: 1:11.51 38.18	200m: 2:32.25 40.35	300m: 3:53.79 40.95	400m: 5:12.49 38.20	
11. Wojtunik Albert	11	UKP MANTA Jelcz-Laskowice	5:26.34	275
50m: 36.19 36.19	150m: 1:59.30 41.93	250m: 3:23.25 41.86	350m: 4:46.99 41.73	
100m: 1:17.37 41.18	200m: 2:41.39 42.09	300m: 4:05.26 42.01	400m: 5:26.34 39.35	

15 lat

1. Dębicki Marcel	10	WKS ŚLĄSK Wrocław	4:18.67	552
50m: 29.07 29.07	150m: 1:35.06 33.26	250m: 2:41.38 33.17	350m: 3:47.89 33.00	
100m: 1:01.80 32.73	200m: 2:08.21 33.15	300m: 3:14.89 33.51	400m: 4:18.67 30.78	
2. Pisarski Kornel	10	KS BALTI Bielawa	4:22.99	525
50m: 28.63 28.63	150m: 1:34.03 33.45	250m: 2:42.03 34.10	350m: 3:50.59 34.41	
100m: 1:00.58 31.95	200m: 2:07.93 33.90	300m: 3:16.18 34.15	400m: 4:22.99 32.40	
3. Tatarynowicz Jan	10	WKS ŚLĄSK Wrocław	4:23.02	525
50m: 28.95 28.95	150m: 1:35.06 33.08	250m: 2:42.55 34.01	350m: 3:51.11 33.97	
100m: 1:01.98 33.03	200m: 2:08.54 33.48	300m: 3:17.14 34.59	400m: 4:23.02 31.91	



Zimowe Mistrzostwa DOZP w kategorii 14 lat i starsi w pływaniu
Wrocław, 15. - 16.11.2025

Konkurencja 41, Chłopców, 400m dowolny, 15 lat

Pozycja	Rok ur.								Czas		Pkt.	
4.	Jończyk Nikodem			10	MKS JUVENIA Wrocław				4:26.10		507	
	50m:	30.09	30.09	150m:	1:39.43	34.80	250m:	2:47.78	34.19	350m:	3:55.40	33.64
	100m:	1:04.63	34.54	200m:	2:13.59	34.16	300m:	3:21.76	33.98	400m:	4:26.10	30.70
5.	Kotlewski Hubert			10	UKS ORKA Lubań				4:27.43		499	
	50m:	30.90	30.90	150m:	1:39.20	34.59	250m:	2:49.20	35.32	350m:	3:56.38	32.81
	100m:	1:04.61	33.71	200m:	2:13.88	34.68	300m:	3:23.57	34.37	400m:	4:27.43	31.05
6.	Łukawski Emanuel			10	WKS ŚLĄSK Wrocław				4:36.50		452	
	50m:	30.11	30.11	150m:	1:40.70	35.72	250m:	2:53.41	36.38	350m:	4:02.12	35.25
	100m:	1:04.98	34.87	200m:	2:17.03	36.33	300m:	3:26.87	33.46	400m:	4:36.50	34.38
7.	Skorupa Sławek			10	UKS SHARK Rudna				4:42.35		424	
	50m:	31.92	31.92	150m:	1:44.23	35.84	250m:	2:55.81	35.94	350m:	4:06.94	35.64
	100m:	1:08.39	36.47	200m:	2:19.87	35.64	300m:	3:31.30	35.49	400m:	4:42.35	35.41
8.	Trusewicz Konstanty			10	Just Swim Beavers				5:00.96		350	
	50m:	32.62	32.62	150m:	1:48.44	38.74	250m:	3:07.35	40.10	350m:	4:24.57	38.99
	100m:	1:09.70	37.08	200m:	2:27.25	38.81	300m:	3:45.58	38.23	400m:	5:00.96	36.39
9.	Trusewicz Nikodem			10	Just Swim Beavers				5:07.56		328	
	50m:	33.62	33.62	150m:	1:49.17	37.86	250m:	3:08.44	39.55	350m:	4:27.98	39.71
	100m:	1:11.31	37.69	200m:	2:28.89	39.72	300m:	3:48.27	39.83	400m:	5:07.56	39.58
10.	Zieliński Nataniel			10	KS REKIN Świebodzice				5:10.10		320	
	50m:	34.26	34.26	150m:	1:51.54	39.37	250m:	3:13.20	40.52	350m:	4:32.54	39.36
	100m:	1:12.17	37.91	200m:	2:32.68	41.14	300m:	3:53.18	39.98	400m:	5:10.10	37.56

16 lat i starsi

1.	Chrzanowski Damian			98	WKS ŚLĄSK Wrocław					3:54.49	741	
	50m:	27.42	27.42	150m:	1:28.44	30.76	250m:	2:29.18	29.61	350m:	3:27.31	29.23
	100m:	57.68	30.26	200m:	1:59.57	31.13	300m:	2:58.08	28.90	400m:	3:54.49	27.18
2.	Okoń Jakub			07	MKS JUVENIA Wrocław					3:57.36	715	
	50m:	27.29	27.29	150m:	1:27.31	29.99	250m:	2:27.25	29.81	350m:	3:27.50	30.12
	100m:	57.32	30.03	200m:	1:57.44	30.13	300m:	2:57.38	30.13	400m:	3:57.36	29.86
3.	Radzikowski Szymon			08	WKS ŚLĄSK Wrocław					4:02.51	670	
	50m:	27.06	27.06	150m:	1:28.32	30.88	250m:	2:30.13	30.59	350m:	3:33.00	31.54
	100m:	57.44	30.38	200m:	1:59.54	31.22	300m:	3:01.46	31.33	400m:	4:02.51	29.51
4.	Dziedzic Michał			09	UKS ORKA Lubąń					4:03.53	662	
	50m:	27.83	27.83	150m:	1:29.82	30.93	250m:	2:32.06	31.29	350m:	3:33.68	30.52
	100m:	58.89	31.06	200m:	2:00.77	30.95	300m:	3:03.16	31.10	400m:	4:03.53	29.85
5.	Pakuła Patryk			08	UKS SHARK Rudna					4:06.05	641	
	50m:	28.26	28.26	150m:	1:30.48	31.15	250m:	2:33.24	31.40	350m:	3:36.16	31.17
	100m:	59.33	31.07	200m:	2:01.84	31.36	300m:	3:04.99	31.75	400m:	4:06.05	29.89
6.	Borkowski Marcel			07	KS NEPTUN Świdnica					4:06.82	635	
	50m:	28.13	28.13	150m:	1:30.33	31.43	250m:	2:33.27	31.35	350m:	3:36.90	31.89
	100m:	58.90	30.77	200m:	2:01.92	31.59	300m:	3:05.01	31.74	400m:	4:06.82	29.92
7.	Maryjowski Marcin			09	WKS ŚLĄSK Wrocław					4:07.33	631	
	50m:	27.91	27.91	150m:	1:29.78	31.38	250m:	2:32.89	31.45	350m:	3:36.89	31.92
	100m:	58.40	30.49	200m:	2:01.44	31.66	300m:	3:04.97	32.08	400m:	4:07.33	30.44
8.	Smoszna Wiktor			08	MKS JUVENIA Wrocław					4:08.89	620	
	50m:	28.48	28.48	150m:	1:30.94	31.44	250m:	2:33.78	31.41	350m:	3:38.06	32.27
	100m:	59.50	31.02	200m:	2:02.37	31.43	300m:	3:05.79	32.01	400m:	4:08.89	30.83
9.	Cichoń Patryk			09	KS NEPTUN Świdnica					4:17.92	557	
	50m:	29.31	29.31	150m:	1:34.51	33.05	250m:	2:40.73	33.01	350m:	3:46.05	32.20
	100m:	1:01.46	32.15	200m:	2:07.72	33.21	300m:	3:13.85	33.12	400m:	4:17.92	31.87



Zimowe Mistrzostwa DOZP w kategorii 14 lat i starsi w pływaniu
Wrocław, 15. - 16.11.2025

Konkurencja 41, Mężczyzn, 400m dowolny, 16 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
10.	Różyczka Oliwer				08	WKS ŚLĄSK Wrocław				4:19.04	550	
	50m:	29.05	29.05	150m:	1:34.97	33.09	250m:	2:42.26	33.57	350m:	3:47.90	32.62
	100m:	1:01.88	32.83	200m:	2:08.69	33.72	300m:	3:15.28	33.02	400m:	4:19.04	31.14
11.	Grabiński Szymon				09	WKS ŚLĄSK Wrocław				4:23.24	524	
	50m:	29.18	29.18	150m:	1:36.89	33.97	250m:	2:45.07	34.11	350m:	3:53.14	33.76
	100m:	1:02.92	33.74	200m:	2:10.96	34.07	300m:	3:19.38	34.31	400m:	4:23.24	30.10
12.	Chwałczyński Szymon				09	WKS ŚLĄSK Wrocław				4:26.19	506	
	50m:	30.66	30.66	150m:	1:39.25	34.41	250m:	2:47.45	33.88	350m:	3:54.74	33.13
	100m:	1:04.84	34.18	200m:	2:13.57	34.32	300m:	3:21.61	34.16	400m:	4:26.19	31.45
13.	Gołębiowski Wiktor				09	WKS ŚLĄSK Wrocław				4:28.29	495	
	50m:	30.39	30.39	150m:	1:38.00	34.26	250m:	2:47.15	34.47	350m:	3:56.05	34.43
	100m:	1:03.74	33.35	200m:	2:12.68	34.68	300m:	3:21.62	34.47	400m:	4:28.29	32.24
14.	Gonera Miłosz				08	UKS SHARK Rudna				4:31.82	476	
	50m:	29.72	29.72	150m:	1:37.57	34.30	250m:	2:47.52	35.18	350m:	3:57.49	34.83
	100m:	1:03.27	33.55	200m:	2:12.34	34.77	300m:	3:22.66	35.14	400m:	4:31.82	34.33