



Zawody Pływackie "Sobota w Cieszyń" Runda 4 FINAŁ  
Cieszyń, 18-5-2013



Konkurencja 3

Kobiet, 400m dowolny

10 lat i starsi

2013-05-18 - 10:25

Wyniki

Rekord zawodów 10 - 11	5:26.17	BURA Dominika	POL	UKS Aligator Gorzyce	2012-05-12
Rekord zawodów 12 - 13	5:13.93	KUSTRA Julita	POL	MTP Delfin Cieszyń	2012-05-12
Rekord zawodów 14 - 15	4:59.37	PAWLUKIEWICZ Randia	POL	UKS Wodnik 29 Katowice	2011-05-21
Rekord zawodów 16 +	4:49.36	SZKROBOCZ Martyna	POL	UKP Ruda I ska	2012-05-12

Punkty: FINA 2012

Pozycja	Rok ur.	Czas	Pkt.
<b>10 - 11 lat</b>			
1. KUC Weronika	02	MTP Delfin Cieszyń	<b>5:33.92</b> 348
50m: 37.10 37.10	150m: 2:02.52 43.09	250m: 3:28.61 42.03	350m: 4:54.70 42.67
100m: 1:19.43 42.33	200m: 2:46.58 44.06	300m: 4:12.03 43.42	400m: 5:33.92 39.22
2. KOCZUR Julia	02	ULKS VICTORIA Kozy	<b>5:50.62</b> 300
50m: 40.44 40.44	150m: 2:09.15 44.89	250m: 3:37.54 43.96	350m: 5:09.41 45.86
100m: 1:24.26 43.82	200m: 2:53.58 44.43	300m: 4:23.55 46.01	400m: 5:50.62 41.21
3. FAMULOK Zuzanna	03	MUKS Gilus Gilowice	<b>6:08.93</b> 258
50m: 41.83 41.83	150m: 2:15.38 47.98	250m: 3:52.36 48.44	350m: 5:25.47 45.85
100m: 1:27.40 45.57	200m: 3:03.92 48.54	300m: 4:39.62 47.26	400m: 6:08.93 43.46
4. KUSAK Izabela	02	UKS Salmo ory	<b>6:31.79</b> 215
50m: 44.32 44.32	150m: 2:24.33 50.42	250m: 4:06.35 51.35	350m: 5:46.49 49.63
100m: 1:33.91 49.59	200m: 3:15.00 50.67	300m: 4:56.86 50.51	400m: 6:31.79 45.30

**12 - 13 lat**

1. KUSTRA Julita	00	MTP Delfin Cieszyń	<b>5:01.40</b> 473
<i>Rekord zawodów kat. 12-13 lat.</i>			
50m: 35.19 35.19	150m: 1:51.93 39.04	250m: 3:08.96 38.50	350m: 4:25.09 38.13
100m: 1:12.89 37.70	200m: 2:30.46 38.53	300m: 3:46.96 38.00	400m: 5:01.40 36.31
2. ZAWADZKA Anna	00	MOSiR Mysłowice	<b>5:11.24</b> 430
50m: 35.51 35.51	150m: 1:51.62 38.90	250m: 3:12.11 40.66	350m: 4:33.65 40.61
100m: 1:12.72 37.21	200m: 2:31.45 39.83	300m: 3:53.04 40.93	400m: 5:11.24 37.59
3. SAŁBUT Roksana	00	UKS Salmo ory	<b>5:11.50</b> 428
50m: 34.45 34.45	150m: 1:52.72 39.64	250m: 3:12.28 39.49	350m: 4:32.59 39.62
100m: 1:13.08 38.63	200m: 2:32.79 40.07	300m: 3:52.97 40.69	400m: 5:11.50 38.91
4. KOSYDAROVA Klara	00	Kosatky Karviná	<b>5:44.51</b> 317
50m: 40.93 40.93	150m: 2:09.26 43.88	250m: 3:36.71 43.46	350m: 5:02.18 42.47
100m: 1:25.38 44.45	200m: 2:53.25 43.99	300m: 4:19.71 43.00	400m: 5:44.51 42.33
5. FRANKOVÁ Eliška	01	Kosatky Karviná	<b>5:46.62</b> 311
50m: 39.13 39.13	150m: 2:06.81 44.53	250m: 3:35.50 43.87	350m: 5:04.21 44.53
100m: 1:22.28 43.15	200m: 2:51.63 44.82	300m: 4:19.68 44.18	400m: 5:46.62 42.41
6. ADAMCZYK Wiktoria	00	SwimSport Skoczów	<b>5:48.33</b> 306
50m: 38.93 38.93	150m: 2:08.15 45.31	250m: 3:37.27 44.38	350m: 5:06.51 44.64
100m: 1:22.84 43.91	200m: 2:52.89 44.74	300m: 4:21.87 44.60	400m: 5:48.33 41.82
7. RAJCA Julia	00	UKS Ondraszek	<b>6:02.32</b> 272
50m: 41.97 41.97	150m: 2:13.34 46.17	250m: 3:45.35 45.48	350m: 5:17.46 46.21
100m: 1:27.17 45.20	200m: 2:59.87 46.53	300m: 4:31.25 45.90	400m: 6:02.32 44.86

**14 - 15 lat**

1. KORAL Julia	98	KS. Górnik Radlin	<b>4:56.63</b> 496
<i>Rekord zawodów kat. 14-15 lat.</i>			
50m: 32.34 32.34	150m: 1:47.43 37.98	250m: 3:03.67 38.33	350m: 4:19.43 38.22
100m: 1:09.45 37.11	200m: 2:25.34 37.91	300m: 3:41.21 37.54	400m: 4:56.63 37.20
2. BREJZA Natalia	98	UKS Aquatica Pawłowice	<b>5:13.36</b> 421
50m: 34.76 34.76	150m: 1:53.30 39.77	250m: 3:14.71 41.11	350m: 4:35.82 39.94
100m: 1:13.53 38.77	200m: 2:33.60 40.30	300m: 3:55.88 41.17	400m: 5:13.36 37.54



Zawody Pływackie "Sobota w Cieszynie" Runda 4 FINAŁ  
Cieszyn, 18-5-2013



Konkurencja 3, Dziewcz t, 400m dowolny, 14 - 15 lat

Pozycja		Rok ur.						Czas	Pkt.
3.	KUSTRA Dominika	98	MTP Delfin Cieszyn					<b>5:19.42</b>	397
	50m: 35.71 35.71	150m: 1:56.54	41.33	250m: 3:19.34	41.87	350m: 4:40.94	40.21		
	100m: 1:15.21 39.50	200m: 2:37.47	40.93	300m: 4:00.73	41.39	400m: 5:19.42	38.48		
4.	KASPERLÍKOVÁ Aneta	99	Kosatky Karviná					<b>5:37.04</b>	338
	50m: 35.35 35.35	150m: 1:59.11	43.32	250m: 3:27.07	43.77	350m: 4:54.74	43.55		
	100m: 1:15.79 40.44	200m: 2:43.30	44.19	300m: 4:11.19	44.12	400m: 5:37.04	42.30		

16 lat i starsi

1.	SZKROBOCZ Martyna	95	UKP Ruda I ska					<b>4:47.81</b>	543
	<i>Rekord zawodów kat. 16 lat i starsi.</i>								
	50m: 33.07 33.07	150m: 1:45.64	36.46	250m: 2:59.10	36.27	350m: 4:12.58	36.32		
	100m: 1:09.18 36.11	200m: 2:22.83	37.19	300m: 3:36.26	37.16	400m: 4:47.81	35.23		
2.	PAWLUKIEWICZ Randia	96	UKS Wodnik 29 Katowice					<b>4:53.71</b>	511
	50m: 33.54 33.54	150m: 1:47.70	37.38	250m: 3:01.69	36.50	350m: 4:17.19	37.84		
	100m: 1:10.32 36.78	200m: 2:25.19	37.49	300m: 3:39.35	37.66	400m: 4:53.71	36.52		
3.	OLBRICH Karolina	97	UKS Aquatica Pawłowice					<b>5:10.04</b>	435
	50m: 33.34 33.34	150m: 1:50.71	39.11	250m: 3:10.13	40.28	350m: 4:30.48	40.58		
	100m: 1:11.60 38.26	200m: 2:29.85	39.14	300m: 3:49.90	39.77	400m: 5:10.04	39.56		
4.	GAWLAS Magda	97	MTP Delfin Cieszyn					<b>6:01.96</b>	273
	50m: 42.18 42.18	150m: 2:15.39	46.88	250m: 3:48.85	46.81	350m: 5:18.91	43.67		
	100m: 1:28.51 46.33	200m: 3:02.04	46.65	300m: 4:35.24	46.39	400m: 6:01.96	43.05		