



Konkurencja 9
12.10.2024 - 17:50

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.
12 lat i młodsi			
1. R CZKOWSKA Lena	12 LKS Jedno 32 Przyszowice	4:52.64	510
50m: 32.52 32.52	150m: 1:46.29 37.19	250m: 3:01.13 37.54	350m: 4:16.58 37.57
100m: 1:09.10 36.58	200m: 2:23.59 37.30	300m: 3:39.01 37.88	400m: 4:52.64 36.06
2. JAGODZI SKA Lena	12 UKS SP-149 Łód	5:15.13	409
50m: 35.99 35.99	150m: 1:56.42 40.32	250m: 3:17.50 41.10	350m: 4:37.17 39.99
100m: 1:16.10 40.11	200m: 2:36.40 39.98	300m: 3:57.18 39.68	400m: 5:15.13 37.96
3. AUGUSTYN Małgorzata	12 MOSM Tychy	5:59.81	274
50m: 2:23.99 2:23.99	150m:	250m:	350m: 5:18.47
100m: 3:04.09 40.10	200m: 4:33.20	300m:	400m: 5:59.81 41.34
4. YMEŁKA Antonina	12 LKS Jedno 32 Przyszowice	6:02.10	269
50m: 42.66 42.66	150m: 2:14.99 46.56	250m: 3:49.42 46.83	350m: 5:20.69 44.99
100m: 1:28.43 45.77	200m: 3:02.59 47.60	300m: 4:35.70 46.28	400m: 6:02.10 41.41
5. MARCINKOWSKA Oliwia	12 UKS SP-149 Łód	6:03.29	266
50m: 41.56 41.56	150m: 2:14.26 47.02	250m: 3:47.37 46.19	350m: 5:19.42 45.49
100m: 1:27.24 45.68	200m: 3:01.18 46.92	300m: 4:33.93 46.56	400m: 6:03.29 43.87
6. DOBRASZ Magdalena	13 LKS Jedno 32 Przyszowice	6:10.67	251
50m: 42.08 42.08	150m: 2:19.41 48.42	250m: 3:54.71 47.39	350m: 5:27.40 46.33
100m: 1:30.99 48.91	200m: 3:07.32 47.91	300m: 4:41.07 46.36	400m: 6:10.67 43.27
13 - 15 lat			
1. OKO Anna	09 LKS Jedno 32 Przyszowice	4:41.71	572
50m: 31.66 31.66	150m: 1:42.43 35.73	250m: 2:54.94 36.32	350m: 4:07.17 36.05
100m: 1:06.70 35.04	200m: 2:18.62 36.19	300m: 3:31.12 36.18	400m: 4:41.71 34.54
2. RUTKOWSKA Maja	09 MKS Trójka Łód	4:44.50	555
50m: 33.21 33.21	150m: 1:46.73 37.12	250m: 2:57.44 34.18	350m: 4:09.09 35.99
100m: 1:09.61 36.40	200m: 2:23.26 36.53	300m: 3:33.10 35.66	400m: 4:44.50 35.41
3. BOGIELCZYK Natalia	09 KS Neptun widnica	4:48.49	533
50m: 33.90 33.90	150m: 1:47.08 36.82	250m: 3:00.14 36.20	350m: 4:13.06 36.46
100m: 1:10.26 36.36	200m: 2:23.94 36.86	300m: 3:36.60 36.46	400m: 4:48.49 35.43
4. KRAKUS Liliana	11 UKS SP-149 Łód	4:56.08	493
50m: 33.39 33.39	150m: 1:49.15 38.04	250m: 3:06.08 37.78	350m: 4:20.79 36.93
100m: 1:11.11 37.72	200m: 2:28.30 39.15	300m: 3:43.86 37.78	400m: 4:56.08 35.29
5. ROZWADOWSKA Karolina	09 MKS Trójka Łód	4:56.70	490
50m: 34.49 34.49	150m: 1:50.17 37.84	250m: 3:05.30 36.95	350m: 4:20.33 37.53
100m: 1:12.33 37.84	200m: 2:28.35 38.18	300m: 3:42.80 37.50	400m: 4:56.70 36.37
6. BANASZEK Blanka	11 MKS Trójka Łód	5:11.73	422
50m: 34.35 34.35	150m: 1:53.54 39.92	250m: 3:14.41 39.95	350m: 4:34.07 39.70
100m: 1:13.62 39.27	200m: 2:34.46 40.92	300m: 3:54.37 39.96	400m: 5:11.73 37.66
7. ZAKRZEWICZ Nadia	11 MKS Trójka Łód	5:14.12	412
50m: 37.75 37.75	150m: 1:58.96 40.62	250m: 3:18.96 40.00	350m: 4:37.31 38.75
100m: 1:18.34 40.59	200m: 2:38.96 40.00	300m: 3:58.56 39.60	400m: 5:14.12 36.81
8. LESZCZY SKA Zofia	10 MKS Trójka Łód	5:21.20	386
50m: 35.38 35.38	150m: 1:55.91 40.21	250m: 3:18.08 41.10	350m: 4:40.94 41.98
100m: 1:15.70 40.32	200m: 2:36.98 41.07	300m: 3:58.96 40.88	400m: 5:21.20 40.26
9. HOŁDYS Gabriela	10 KS Neptun widnica	5:39.89	325
50m: 38.88 38.88	150m: 2:04.68 43.54	250m: 3:31.87 43.28	350m: 4:57.95 42.84
100m: 1:21.14 42.26	200m: 2:48.59 43.91	300m: 4:15.11 43.24	400m: 5:39.89 41.94



Konkurencja 9, Dziewcz t, 400m dowolny, 13 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.
10.	SOŁTYSIK Julia		11	WSSiRN "START" - SEKCJA TYCHY				5:46.41	307
	50m:	37.63 37.63	150m:	2:03.28 43.81	250m:	3:32.65 44.76	350m:	4:58.46 41.45	
	100m:	1:19.47 41.84	200m:	2:47.89 44.61	300m:	4:17.01 44.36	400m:	5:46.41 47.95	
11.	SAWICKA Maja		11	MOSM Tychy				6:10.85	250
	50m:	39.03 39.03	150m:	2:08.92 46.71	250m:	3:45.85 48.56	350m:	5:23.94 48.92	
	100m:	1:22.21 43.18	200m:	2:57.29 48.37	300m:	4:35.02 49.17	400m:	6:10.85 46.91	
12.	WÓJCIK Alicja		09	Start Tarnów				6:14.55	243
	50m:	41.70 41.70	150m:	2:15.74 47.27	250m:	3:51.00 47.63	350m:	5:27.68 48.32	
	100m:	1:28.47 46.77	200m:	3:03.37 47.63	300m:	4:39.36 48.36	400m:	6:14.55 46.87	
13.	BIENIOSZEK Marta		11	Bosir Bierun				6:23.71	226
	50m:	40.55 40.55	150m:	2:16.16 48.06	250m:	3:56.98 50.06	350m:	5:36.41 49.35	
	100m:	1:28.10 47.55	200m:	3:06.92 50.76	300m:	4:47.06 50.08	400m:	6:23.71 47.30	

16 lat i starsi

1.	R CZKOWSKA Maja		07	LKS Jedno 32 Przyszowice				4:34.51	618
	50m:	31.29 31.29	150m:	1:39.81 34.50	250m:	2:48.92 34.69	350m:	3:59.43 35.22	
	100m:	1:05.31 34.02	200m:	2:14.23 34.42	300m:	3:24.21 35.29	400m:	4:34.51 35.08	
2.	CHŁ D Zuzanna		06	AZS KU Politechniki Opolskiej				4:43.26	563
	50m:	32.89 32.89	150m:	1:44.07 35.57	250m:	2:55.66 35.86	350m:	4:08.19 36.17	
	100m:	1:08.50 35.61	200m:	2:19.80 35.73	300m:	3:32.02 36.36	400m:	4:43.26 35.07	
3.	DRABIK Aneta		04	KP Sukces Chorzów				4:45.64	549
	50m:	32.14 32.14	150m:	1:43.43 36.19	250m:	2:56.61 36.82	350m:	4:10.12 36.61	
	100m:	1:07.24 35.10	200m:	2:19.79 36.36	300m:	3:33.51 36.90	400m:	4:45.64 35.52	
4.	CISŁOWICZ Kinga		07	KS Neptun widnica				5:00.77	470
	50m:	34.81 34.81	150m:	1:51.40 38.64	250m:	3:08.33 38.87	350m:	4:24.60 38.41	
	100m:	1:12.76 37.95	200m:	2:29.46 38.06	300m:	3:46.19 37.86	400m:	5:00.77 36.17	
5.	POLI SKA Natalia		07	MKS Trójka Łód				5:07.41	440
	50m:	33.91 33.91	150m:	1:50.39 38.59	250m:	3:07.98 39.00	350m:	4:27.68 40.16	
	100m:	1:11.80 37.89	200m:	2:28.98 38.59	300m:	3:47.52 39.54	400m:	5:07.41 39.73	
6.	WO NICZKA Julia		07	BZSR START BIELSKO -BIAŁA				7:09.20	161
	50m:	52.83 52.83	150m:	4:01.85 2:07.37	250m:		350m:		
	100m:	1:54.48 1:01.65	200m:	5:02.29 1:00.44	300m:		400m:	7:09.20	

Grupa OPEN

1.	WÓJCIK Alicja		09	Start Tarnów				6:14.55	243
	50m:	41.70 41.70	150m:	2:15.74 47.27	250m:	3:51.00 47.63	350m:	5:27.68 48.32	
	100m:	1:28.47 46.77	200m:	3:03.37 47.63	300m:	4:39.36 48.36	400m:	6:14.55 46.87	
2.	SOŁTYSIK Julia		11	WSSiRN "START" - SEKCJA TYCHY				5:46.41	307
	50m:	37.63 37.63	150m:	2:03.28 43.81	250m:	3:32.65 44.76	350m:	4:58.46 41.45	
	100m:	1:19.47 41.84	200m:	2:47.89 44.61	300m:	4:17.01 44.36	400m:	5:46.41 47.95	
3.	WO NICZKA Julia		07	BZSR START BIELSKO -BIAŁA				7:09.20	161
	50m:	52.83 52.83	150m:	4:01.85 2:07.37	250m:		350m:		
	100m:	1:54.48 1:01.65	200m:	5:02.29 1:00.44	300m:		400m:	7:09.20	

Grupa S7

1.	WO NICZKA Julia		07	BZSR START BIELSKO -BIAŁA				7:09.20	161
	50m:	52.83 52.83	150m:	4:01.85 2:07.37	250m:		350m:		
	100m:	1:54.48 1:01.65	200m:	5:02.29 1:00.44	300m:		400m:	7:09.20	



Konkurencja 9, Kobiet, 400m dowolny

Grupa S8

1. WÓJCIK Alicja			09	Start Tarnów				6:14.55	243		
50m:	41.70	41.70	150m:	2:15.74	47.27	250m:	3:51.00	47.63	350m:	5:27.68	48.32
100m:	1:28.47	46.77	200m:	3:03.37	47.63	300m:	4:39.36	48.36	400m:	6:14.55	46.87

Grupa S10

1. SOŁTYSIK Julia			11	WSSiRN "START" - SEKCJA TYCHY				5:46.41	307		
50m:	37.63	37.63	150m:	2:03.28	43.81	250m:	3:32.65	44.76	350m:	4:58.46	41.45
100m:	1:19.47	41.84	200m:	2:47.89	44.61	300m:	4:17.01	44.36	400m:	5:46.41	47.95