



Konkurencja 9
18.10.2025 - 16:51

Kobiet, 400m dowolny

Open
Wyniki

Punkty: WPS 2025

Pozycja	Rok ur.								Czas		Pkt.	
12 lat i młodszy												
1.	TYRNA Pola			15	MTP Delfin Cieszyn					4:52.93		
	50m:	32.45	32.45	150m:	1:44.53	36.39	250m:	3:00.39	38.12	350m:	4:16.79	38.22
	100m:	1:08.14	35.69	200m:	2:22.27	37.74	300m:	3:38.57	38.18	400m:	4:52.93	36.14
2.	DOBRASZ Magdalena			13	LKS Jedność 32 Przyszowice					5:08.40		
	50m:	33.96	33.96	150m:	1:51.48	39.38	250m:	3:09.82	39.28	350m:	4:30.32	39.97
	100m:	1:12.10	38.14	200m:	2:30.54	39.06	300m:	3:50.35	40.53	400m:	5:08.40	38.08
3.	LEGIERSKA Kaja			14	MTP Delfin Cieszyn					5:22.61		
	50m:	37.59	37.59	150m:	2:01.12	41.92	250m:	3:23.88	40.71	350m:	4:44.63	40.37
	100m:	1:19.20	41.61	200m:	2:43.17	42.05	300m:	4:04.26	40.38	400m:	5:22.61	37.98
4.	BONK Maja			14	LKS Jedność 32 Przyszowice					5:33.31		
	50m:	36.35	36.35	150m:	2:02.68	43.70	250m:	3:26.49	41.20	350m:	4:54.14	43.52
	100m:	1:18.98	42.63	200m:	2:45.29	42.61	300m:	4:10.62	44.13	400m:	5:33.31	39.17
5.	WIERZBICKA Joanna			14	MKS Trójka Łódź					5:43.85		
	50m:	38.10	38.10	150m:	2:04.45	43.58	250m:	3:33.32	43.95	350m:	5:02.06	44.52
	100m:	1:20.87	42.77	200m:	2:49.37	44.92	300m:	4:17.54	44.22	400m:	5:43.85	41.79
6.	MATLAK Nina			13	MOSM Tychy					5:56.03		
	50m:	38.83	38.83	150m:	2:10.56	46.20	250m:	3:44.02	46.06	350m:	5:15.11	44.55
	100m:	1:24.36	45.53	200m:	2:57.96	47.40	300m:	4:30.56	46.54	400m:	5:56.03	40.92
7.	KĘDZIOR Antonina			14	UKS Aqua Team Mikołów					6:04.05		
	50m:	40.57	40.57	150m:	2:12.21	46.44	250m:	3:45.39	46.80	350m:	5:19.16	46.54
	100m:	1:25.77	45.20	200m:	2:58.59	46.38	300m:	4:32.62	47.23	400m:	6:04.05	44.89
8.	KOPIEC Pola			14	MTP Delfin Cieszyn					6:12.65		
	50m:	43.46	43.46	150m:	2:20.44	49.05	250m:	3:57.53	47.77	350m:	5:28.85	44.01
	100m:	1:31.39	47.93	200m:	3:09.76	49.32	300m:	4:44.84	47.31	400m:	6:12.65	43.80
9.	WOJTYCZKA Agata			14	UKS Aqua Team Mikołów					6:12.72		
	50m:	43.77	43.77	150m:	2:17.98	47.21	250m:	3:49.85	45.66	350m:	5:24.76	48.12
	100m:	1:30.77	47.00	200m:	3:04.19	46.21	300m:	4:36.64	46.79	400m:	6:12.72	47.96
10.	KRÓL Antonina			13	UKS Aqua Team Mikołów					6:14.40		
	50m:	39.47	39.47	150m:	2:14.35	48.51	250m:	3:50.70	47.03	350m:	5:29.37	50.01
	100m:	1:25.84	46.37	200m:	3:03.67	49.32	300m:	4:39.36	48.66	400m:	6:14.40	45.03
11.	ŚLIWIŃSKA Liliana			14	UKS Aqua Team Mikołów					6:33.42		
	50m:	42.25	42.25	150m:	2:20.22	49.27	250m:	4:01.33	50.20	350m:		
	100m:	1:30.95	48.70	200m:	3:11.13	50.91	300m:	4:52.23	50.90	400m:	6:33.42	

13 - 15 lat

1.	RZEPKA Klara		10	UKS Aqua Team Mikołów				4:49.99	
	50m:	32.73	32.73	150m:	1:44.56	36.33	250m:	2:59.41	37.51
	100m:	1:08.23	35.50	200m:	2:21.90	37.34	300m:	3:36.53	37.12
							350m:	4:13.93	37.40
							400m:	4:49.99	36.06
2.	WACHOWIEC Julia		12	MKS Trójka Łódź				4:57.07	
	50m:	31.89	31.89	150m:	1:45.82	37.74	250m:	3:03.65	39.45
	100m:	1:08.08	36.19	200m:	2:24.20	38.38	300m:	3:42.75	39.10
							350m:	4:21.31	38.56
							400m:	4:57.07	35.76
3.	SUKIENNIK Anna		10	MKS Trójka Łódź				5:05.26	
	50m:	34.20	34.20	150m:	1:51.57	39.71	250m:	3:09.78	39.04
	100m:	1:11.86	37.66	200m:	2:30.74	39.17	300m:	3:49.33	39.55
							350m:	4:27.84	38.51
							400m:	5:05.26	37.42
4.	JASTRZEMBSKA Aneta		12	UKS Aqua Team Mikołów				5:14.26	
	50m:	32.89	32.89	150m:	1:51.65	40.06	250m:	3:13.79	41.26
	100m:	1:11.59	38.70	200m:	2:32.53	40.88	300m:	3:55.00	41.21
							350m:	4:35.40	40.40
							400m:	5:14.26	38.86



Konkurencja 9, Dziewcząt, 400m dowolny, 13 - 15 lat

Pozycja	Rok ur.								Czas		Pkt.	
5.	ŻYMEŁKA Antonina			12	LKS Jedność 32 Przyszowice				5:15.45			
	50m:	34.69	34.69	150m:	1:52.35	39.92	250m:	3:14.18	40.91	350m:	4:36.07	41.00
	100m:	1:12.43	37.74	200m:	2:33.27	40.92	300m:	3:55.07	40.89	400m:	5:15.45	39.38
6.	SOŁTYSIAK Pola			11	MKS Trójka Łódź				5:18.75			
	50m:	36.34	36.34	150m:	1:58.27	40.96	250m:	3:20.27	41.04	350m:	4:41.31	39.78
	100m:	1:17.31	40.97	200m:	2:39.23	40.96	300m:	4:01.53	41.26	400m:	5:18.75	37.44
7.	WOJTYCZKA Martyna			12	UKS Aqua Team Mikołów				5:25.19			
	50m:	36.03	36.03	150m:	1:57.14	41.32	250m:	3:20.45	41.48	350m:	4:44.35	42.06
	100m:	1:15.82	39.79	200m:	2:38.97	41.83	300m:	4:02.29	41.84	400m:	5:25.19	40.84
8.	SOŁTYSIK Julia			11	WSSiRN START Katowice				5:33.87		410	
	50m:	36.30	36.30	150m:	1:58.67	42.25	250m:	3:24.38	43.36	350m:	4:51.35	43.19
	100m:	1:16.42	40.12	200m:	2:41.02	42.35	300m:	4:08.16	43.78	400m:	5:33.87	42.52
9.	FRANK Joanna			12	MKS Trójka Łódź				5:39.54			
	50m:	35.95	35.95	150m:	2:00.75	43.66	250m:	3:29.32	44.20	350m:	4:57.79	44.36
	100m:	1:17.09	41.14	200m:	2:45.12	44.37	300m:	4:13.43	44.11	400m:	5:39.54	41.75
10.	LEGIERSKA Nina			11	MTP Delfin Cieszyn				5:40.68			
	50m:	37.91	37.91	150m:	2:03.53	43.27	250m:	3:31.90	43.93	350m:	4:59.68	43.08
	100m:	1:20.26	42.35	200m:	2:47.97	44.44	300m:	4:16.60	44.70	400m:	5:40.68	41.00
11.	KRYZIŃSKA Anastazja			12	MKS Trójka Łódź				5:44.64			
	50m:	38.12	38.12	150m:	2:05.99	44.15	250m:	3:35.22	45.57	350m:	5:01.84	43.18
	100m:	1:21.84	43.72	200m:	2:49.65	43.66	300m:	4:18.66	43.44	400m:	5:44.64	42.80
12.	NOSZCZYK Marika			10	WSSiRN START Katowice				6:47.26		286	
	50m:	50.53	50.53	150m:	2:35.17	52.16	250m:	4:17.61	51.07	350m:	5:58.55	49.89
	100m:	1:43.01	52.48	200m:	3:26.54	51.37	300m:	5:08.66	51.05	400m:	6:47.26	48.71
13.	SIEDLACZEK Maja			10	WSSiRN START Oświęcim				7:41.32		6	
	50m:	52.09	52.09	150m:	2:49.65	59.07	250m:	4:49.20	59.04	350m:	6:45.84	57.68
	100m:	1:50.58	58.49	200m:	3:50.16	1:00.51	300m:	5:48.16	58.96	400m:	7:41.32	55.48
14.	KWIECIEŃ Zuzanna			11	4mk	For Move Kraków			8:27.70			
	50m:	51.73	51.73	150m:	3:04.04	1:08.86	250m:	5:18.41	1:07.31	350m:	7:32.08	1:06.04
	100m:	1:55.18	1:03.45	200m:	4:11.10	1:07.06	300m:	6:26.04	1:07.63	400m:	8:27.70	55.62
15.	WIECZOREK Antonina			12	WSSiRN START Chodźów				8:29.55			
	50m:	54.98	54.98	150m:	3:02.36	1:05.10	250m:	5:15.55	1:07.11	350m:	7:26.05	1:05.36
	100m:	1:57.26	1:02.28	200m:	4:08.44	1:06.08	300m:	6:20.69	1:05.14	400m:	8:29.55	1:03.50
DYSKW.	BARTNICZAK Julia			12	MOSM Tychy				5:29.66			
	D2 - Pływak zanurzył się całkowicie w trakcie wyścigu (z wyjątkiem 15 m po starcie lub nawrocie).											
	50m:	32.09	32.09	150m:	1:53.51	43.79	250m:	3:25.46	47.38	350m:	4:52.21	38.82
	100m:	1:09.72	37.63	200m:	2:38.08	44.57	300m:	4:13.39	47.93	400m:	5:29.66	37.45

16 lat i starsi

1. OKOŃ Anna				09	LKS Jedność 32 Przyszowice					4:38.36	
50m:	31.31	31.31	150m:	1:41.00	35.36	250m:	2:52.34	35.65	350m:	4:04.11	35.89
100m:	1:05.64	34.33	200m:	2:16.69	35.69	300m:	3:28.22	35.88	400m:	4:38.36	34.25
2. LITNER Jagoda				04	WSSiRN START Oświęcim					6:12.26 143	
50m:	42.42	42.42	150m:	2:17.15	47.84	250m:	3:53.43	47.53	350m:	5:26.77	46.13
100m:	1:29.31	46.89	200m:	3:05.90	48.75	300m:	4:40.64	47.21	400m:	6:12.26	45.49
3. WÓJCIK Alicja				09	TZSN START					6:13.00 297	
50m:	40.27	40.27	150m:	2:12.46	47.56	250m:	3:49.21	48.18	350m:	5:27.03	48.44
100m:	1:24.90	44.63	200m:	3:01.03	48.57	300m:	4:38.59	49.38	400m:	6:13.00	45.97



Konkurencja 9, Kobiety, 400m dowolny

Grupa OPEN

1. SOŁTYSIK Julia	11	WSSiRN START Katowice	5:33.87	410
50m: 36.30 36.30	150m: 1:58.67 42.25	250m: 3:24.38 43.36	350m: 4:51.35 43.19	
100m: 1:16.42 40.12	200m: 2:41.02 42.35	300m: 4:08.16 43.78	400m: 5:33.87 42.52	
2. WÓJCİK Alicja	09	TZSN START	6:13.00	297
50m: 40.27 40.27	150m: 2:12.46 47.56	250m: 3:49.21 48.18	350m: 5:27.03 48.44	
100m: 1:24.90 44.63	200m: 3:01.03 48.57	300m: 4:38.59 49.38	400m: 6:13.00 45.97	
3. NOSZCZYK Marika	10	WSSiRN START Katowice	6:47.26	286
50m: 50.53 50.53	150m: 2:35.17 52.16	250m: 4:17.61 51.07	350m: 5:58.55 49.89	
100m: 1:43.01 52.48	200m: 3:26.54 51.37	300m: 5:08.66 51.05	400m: 6:47.26 48.71	
4. LITNER Jagoda	04	WSSiRN START Oświęcim	6:12.26	143
50m: 42.42 42.42	150m: 2:17.15 47.84	250m: 3:53.43 47.53	350m: 5:26.77 46.13	
100m: 1:29.31 46.89	200m: 3:05.90 48.75	300m: 4:40.64 47.21	400m: 6:12.26 45.49	
5. SIEDLACZEK Maja	10	WSSiRN START Oświęcim	7:41.32	6
50m: 52.09 52.09	150m: 2:49.65 59.07	250m: 4:49.20 59.04	350m: 6:45.84 57.68	
100m: 1:50.58 58.49	200m: 3:50.16 1:00.51	300m: 5:48.16 58.96	400m: 7:41.32 55.48	
6. KWIECIEŃ Zuzanna	11	4mk For Move Kraków	8:27.70	
50m: 51.73 51.73	150m: 3:04.04 1:08.86	250m: 5:18.41 1:07.31	350m: 7:32.08 1:06.04	
100m: 1:55.18 1:03.45	200m: 4:11.10 1:07.06	300m: 6:26.04 1:07.63	400m: 8:27.70 55.62	
WIECZOREK Antonina	12	WSSiRN START Chodźów	8:29.55	
50m: 54.98 54.98	150m: 3:02.36 1:05.10	250m: 5:15.55 1:07.11	350m: 7:26.05 1:05.36	
100m: 1:57.26 1:02.28	200m: 4:08.44 1:06.08	300m: 6:20.69 1:05.14	400m: 8:29.55 1:03.50	

Grupa S6

1. NOSZCZYK Marika	10	WSSiRN START Katowice	6:47.26	286
50m: 50.53 50.53	150m: 2:35.17 52.16	250m: 4:17.61 51.07	350m: 5:58.55 49.89	
100m: 1:43.01 52.48	200m: 3:26.54 51.37	300m: 5:08.66 51.05	400m: 6:47.26 48.71	

Grupa S8

1. WÓJCİK Alicja	09	TZSN START	6:13.00	297
50m: 40.27 40.27	150m: 2:12.46 47.56	250m: 3:49.21 48.18	350m: 5:27.03 48.44	
100m: 1:24.90 44.63	200m: 3:01.03 48.57	300m: 4:38.59 49.38	400m: 6:13.00 45.97	
2. SIEDLACZEK Maja	10	WSSiRN START Oświęcim	7:41.32	6
50m: 52.09 52.09	150m: 2:49.65 59.07	250m: 4:49.20 59.04	350m: 6:45.84 57.68	
100m: 1:50.58 58.49	200m: 3:50.16 1:00.51	300m: 5:48.16 58.96	400m: 7:41.32 55.48	
3. KWIECIEŃ Zuzanna	11	4mk For Move Kraków	8:27.70	
50m: 51.73 51.73	150m: 3:04.04 1:08.86	250m: 5:18.41 1:07.31	350m: 7:32.08 1:06.04	
100m: 1:55.18 1:03.45	200m: 4:11.10 1:07.06	300m: 6:26.04 1:07.63	400m: 8:27.70 55.62	
4. WIECZOREK Antonina	12	WSSiRN START Chodźów	8:29.55	
50m: 54.98 54.98	150m: 3:02.36 1:05.10	250m: 5:15.55 1:07.11	350m: 7:26.05 1:05.36	
100m: 1:57.26 1:02.28	200m: 4:08.44 1:06.08	300m: 6:20.69 1:05.14	400m: 8:29.55 1:03.50	

Grupa S10

1. SOŁTYSIK Julia	11	WSSiRN START Katowice	5:33.87	410
50m: 36.30 36.30	150m: 1:58.67 42.25	250m: 3:24.38 43.36	350m: 4:51.35 43.19	
100m: 1:16.42 40.12	200m: 2:41.02 42.35	300m: 4:08.16 43.78	400m: 5:33.87 42.52	

Grupa S14

1. LITNER Jagoda	04	WSSiRN START Oświęcim	6:12.26	143
50m: 42.42 42.42	150m: 2:17.15 47.84	250m: 3:53.43 47.53	350m: 5:26.77 46.13	
100m: 1:29.31 46.89	200m: 3:05.90 48.75	300m: 4:40.64 47.21	400m: 6:12.26 45.49	