

# Mistrzostwa Polski Seniorów i Juniorów gr. B i C w pływaniu w pletwach.



Konkurencja 16  
26.05.2018 - 18:15

Kobiet, 400 PP

Open  
Wyniki

Punkty: FINA 2018

Pozycja					Rok ur.					Czas	Pkt.	
<b>Open</b>												
1.	Rzepka Zuzanna				01	KS Nautilus Jastrz bie				<b>3:38.81</b>		
	50m:	23.96	23.96	150m:	1:18.38	27.95	250m:	2:15.65	28.85	350m:	3:12.32	28.17
	100m:	50.43	26.47	200m:	1:46.80	28.42	300m:	2:44.15	28.50	400m:	3:38.81	26.49
2.	Płazi ska Wiktoria				01	Oleckie Stowarzyszenie Nurkowe				<b>3:42.18</b>		
	50m:	25.41	25.41	150m:	1:20.23	27.90	250m:	2:16.97	28.60	350m:	3:14.02	28.41
	100m:	52.33	26.92	200m:	1:48.37	28.14	300m:	2:45.61	28.64	400m:	3:42.18	28.16
3.	Nowak Julia				01	Uks Delfinek Sp1 Chodzie				<b>3:45.15</b>		
	50m:	25.10	25.10	150m:	1:21.24	28.51	250m:	2:19.49	28.56	350m:	3:17.16	28.48
	100m:	52.73	27.63	200m:	1:50.93	29.69	300m:	2:48.68	29.19	400m:	3:45.15	27.99
4.	Sierakowska Karolina				02	Ks Laguna 24 Torun				<b>3:53.35</b>		
	50m:	25.85	25.85	150m:	1:23.88	29.60	250m:	2:24.39	30.29	350m:	3:25.63	30.37
	100m:	54.28	28.43	200m:	1:54.10	30.22	300m:	2:55.26	30.87	400m:	3:53.35	27.72
5.	Wolniewicz Weronika				04	Uks Delfinek Sp1 Chodzie				<b>3:55.35</b>		
	50m:	25.38	25.38	150m:	1:22.74	29.29	250m:	2:24.06	30.88	350m:	3:26.14	30.88
	100m:	53.45	28.07	200m:	1:53.18	30.44	300m:	2:55.26	31.20	400m:	3:55.35	29.21
6.	Oszkiel Wiktoria				04	KS Nautilus Jastrz bie				<b>3:59.83</b>		
	50m:	27.30	27.30	150m:	1:26.53	30.19	250m:	2:28.55	31.04	350m:	3:30.04	30.88
	100m:	56.34	29.04	200m:	1:57.51	30.98	300m:	2:59.16	30.61	400m:	3:59.83	29.79
7.	Pokwicka Malgorzata				02	Ks Laguna 24 Torun				<b>4:02.05</b>		
	50m:	27.96	27.96	150m:	1:28.78	30.95	250m:	2:31.58	31.66	350m:	3:33.37	31.04
	100m:	57.83	29.87	200m:	1:59.92	31.14	300m:	3:02.33	30.75	400m:	4:02.05	28.68
8.	Kiedrowska Julia				02	UKS MANTA Ko cierzyna				<b>4:02.92</b>		
	50m:	28.23	28.23	150m:	1:30.33	31.13	250m:	2:32.49	31.34	350m:	3:34.28	30.32
	100m:	59.20	30.97	200m:	2:01.15	30.82	300m:	3:03.96	31.47	400m:	4:02.92	28.64
9.	Gronowska Agata				03	Ks Laguna 24 Torun				<b>4:03.05</b>		
	50m:	26.75	26.75	150m:	1:26.78	30.50	250m:	2:29.56	31.11	350m:	3:33.75	31.99
	100m:	56.28	29.53	200m:	1:58.45	31.67	300m:	3:01.76	32.20	400m:	4:03.05	29.30
10.	Szwichtenberg Wiktoria				03	UKS MANTA Ko cierzyna				<b>4:12.88</b>		
	50m:	28.33	28.33	150m:	1:31.78	32.25	250m:	2:38.02	33.22	350m:	3:43.68	32.36
	100m:	59.53	31.20	200m:	2:04.80	33.02	300m:	3:11.32	33.30	400m:	4:12.88	29.20
11.	Saczko Wiktoria				02	Uks Delfin Wladyslawowo				<b>4:53.44</b>		
	50m:	30.66	30.66	150m:	1:43.61	37.88	250m:	2:59.42	38.43	350m:	4:16.03	38.40
	100m:	1:05.73	35.07	200m:	2:20.99	37.38	300m:	3:37.63	38.21	400m:	4:53.44	37.41

## 17 lat i młodzi

1.	Rzepka Zuzanna				01	KS Nautilus Jastrz bie				<b>3:38.81</b>		
	50m:	23.96	23.96	150m:	1:18.38	27.95	250m:	2:15.65	28.85	350m:	3:12.32	28.17
	100m:	50.43	26.47	200m:	1:46.80	28.42	300m:	2:44.15	28.50	400m:	3:38.81	26.49
2.	Płazi ska Wiktoria				01	Oleckie Stowarzyszenie Nurkowe				<b>3:42.18</b>		
	50m:	25.41	25.41	150m:	1:20.23	27.90	250m:	2:16.97	28.60	350m:	3:14.02	28.41
	100m:	52.33	26.92	200m:	1:48.37	28.14	300m:	2:45.61	28.64	400m:	3:42.18	28.16
3.	Nowak Julia				01	Uks Delfinek Sp1 Chodzie				<b>3:45.15</b>		
	50m:	25.10	25.10	150m:	1:21.24	28.51	250m:	2:19.49	28.56	350m:	3:17.16	28.48
	100m:	52.73	27.63	200m:	1:50.93	29.69	300m:	2:48.68	29.19	400m:	3:45.15	27.99
4.	Sierakowska Karolina				02	Ks Laguna 24 Torun				<b>3:53.35</b>		
	50m:	25.85	25.85	150m:	1:23.88	29.60	250m:	2:24.39	30.29	350m:	3:25.63	30.37
	100m:	54.28	28.43	200m:	1:54.10	30.22	300m:	2:55.26	30.87	400m:	3:53.35	27.72

# Mistrzostwa Polski Seniorów i Juniorów gr. B i C w pływaniu w pletwach.



## Konkurencja 16, Kobiet, 400 PP, 17 lat i młodszy

Pozycja					Rok ur.					Czas	Pkt.	
5.	Wolniewicz Weronika				04	Uks Delfinek Sp1 Chodzie				<b>3:55.35</b>		
	50m:	25.38	25.38	150m:	1:22.74	29.29	250m:	2:24.06	30.88	350m:	3:26.14	30.88
	100m:	53.45	28.07	200m:	1:53.18	30.44	300m:	2:55.26	31.20	400m:	3:55.35	29.21
6.	Oszkiel Wiktoria				04	KS Nautilus Jastrz bie				<b>3:59.83</b>		
	50m:	27.30	27.30	150m:	1:26.53	30.19	250m:	2:28.55	31.04	350m:	3:30.04	30.88
	100m:	56.34	29.04	200m:	1:57.51	30.98	300m:	2:59.16	30.61	400m:	3:59.83	29.79
7.	Pokwicka Malgorzata				02	Ks Laguna 24 Torun				<b>4:02.05</b>		
	50m:	27.96	27.96	150m:	1:28.78	30.95	250m:	2:31.58	31.66	350m:	3:33.37	31.04
	100m:	57.83	29.87	200m:	1:59.92	31.14	300m:	3:02.33	30.75	400m:	4:02.05	28.68
8.	Kiedrowska Julia				02	UKS MANTA Ko cierzyna				<b>4:02.92</b>		
	50m:	28.23	28.23	150m:	1:30.33	31.13	250m:	2:32.49	31.34	350m:	3:34.28	30.32
	100m:	59.20	30.97	200m:	2:01.15	30.82	300m:	3:03.96	31.47	400m:	4:02.92	28.64
9.	Gronowska Agata				03	Ks Laguna 24 Torun				<b>4:03.05</b>		
	50m:	26.75	26.75	150m:	1:26.78	30.50	250m:	2:29.56	31.11	350m:	3:33.75	31.99
	100m:	56.28	29.53	200m:	1:58.45	31.67	300m:	3:01.76	32.20	400m:	4:03.05	29.30
10.	Szwichtenberg Wiktoria				03	UKS MANTA Ko cierzyna				<b>4:12.88</b>		
	50m:	28.33	28.33	150m:	1:31.78	32.25	250m:	2:38.02	33.22	350m:	3:43.68	32.36
	100m:	59.53	31.20	200m:	2:04.80	33.02	300m:	3:11.32	33.30	400m:	4:12.88	29.20
11.	Saczko Wiktoria				02	Uks Delfin Wladyslawowo				<b>4:53.44</b>		
	50m:	30.66	30.66	150m:	1:43.61	37.88	250m:	2:59.42	38.43	350m:	4:16.03	38.40
	100m:	1:05.73	35.07	200m:	2:20.99	37.38	300m:	3:37.63	38.21	400m:	4:53.44	37.41

## 15 lat i młodszy

1.	Wolniewicz Weronika				04	Uks Delfinek Sp1 Chodzie				<b>3:55.35</b>		
	50m:	25.38	25.38	150m:	1:22.74	29.29	250m:	2:24.06	30.88	350m:	3:26.14	30.88
	100m:	53.45	28.07	200m:	1:53.18	30.44	300m:	2:55.26	31.20	400m:	3:55.35	29.21
2.	Oszkiel Wiktoria				04	KS Nautilus Jastrz bie				<b>3:59.83</b>		
	50m:	27.30	27.30	150m:	1:26.53	30.19	250m:	2:28.55	31.04	350m:	3:30.04	30.88
	100m:	56.34	29.04	200m:	1:57.51	30.98	300m:	2:59.16	30.61	400m:	3:59.83	29.79
3.	Gronowska Agata				03	Ks Laguna 24 Torun				<b>4:03.05</b>		
	50m:	26.75	26.75	150m:	1:26.78	30.50	250m:	2:29.56	31.11	350m:	3:33.75	31.99
	100m:	56.28	29.53	200m:	1:58.45	31.67	300m:	3:01.76	32.20	400m:	4:03.05	29.30
4.	Szwichtenberg Wiktoria				03	UKS MANTA Ko cierzyna				<b>4:12.88</b>		
	50m:	28.33	28.33	150m:	1:31.78	32.25	250m:	2:38.02	33.22	350m:	3:43.68	32.36
	100m:	59.53	31.20	200m:	2:04.80	33.02	300m:	3:11.32	33.30	400m:	4:12.88	29.20