



Konkurencja 24
10.06.2022 - 18:35

Mężczyzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	R.St	% popr.	FINA
14 lat					
1. Cisoski Hubert	08 CSiR MOS w D browie Górnicej	4:21.29	+0,64	-	597
50m: 29.38	29.38 150m: 1:36.62 33.68 250m: 2:42.70	32.44	350m: 3:50.01	33.14	
100m: 1:02.94	33.56 200m: 2:10.26 33.64 300m: 3:16.87	34.17	400m: 4:21.29	31.28	
2. Munsch Artur	08 MKS Park Wodny Tarnowskie Góry	4:33.75	+0,76	100%	519
50m: 30.77	30.77 150m: 1:39.98 35.49 250m: 2:50.20	34.99	350m: 4:00.94	35.13	
100m: 1:04.49	33.72 200m: 2:15.21 35.23 300m: 3:25.81	35.61	400m: 4:33.75	32.81	
3. Staniszewski Wiktor	08 UKP „Ruda I ska”	4:36.06	+0,82	101%	506
50m: 31.62	31.62 150m: 1:42.61 35.95 250m: 2:53.69	35.40	350m: 4:03.99	34.55	
100m: 1:06.66	35.04 200m: 2:18.29 35.68 300m: 3:29.44	35.75	400m: 4:36.06	32.07	
4. Kosmala Olivier	08 UKS "Salmo ory"	4:36.55	+0,65	96%	503
50m: 30.79	30.79 150m: 1:40.53 35.81 250m: 2:52.58	36.29	350m: 4:05.46	36.63	
100m: 1:04.72	33.93 200m: 2:16.29 35.76 300m: 3:28.83	36.25	400m: 4:36.55	31.09	
5. Polonius Filip	08 KS Górnik Radlin	4:39.92	+0,79	104%	485
50m: 31.43	31.43 150m: 1:42.39 36.32 250m: 2:56.27	37.13	350m: 4:07.34	34.60	
100m: 1:06.07	34.64 200m: 2:19.14 36.75 300m: 3:32.74	36.47	400m: 4:39.92	32.58	
6. Pergół Igor	08 UKS "Salmo ory"	4:43.71	+0,85	99%	466
50m:	150m:	250m:	350m:		
100m: 1:06.14	200m: 2:19.36	300m: 3:32.91	400m: 4:43.71		
7. Zaj c Karol	08 UKS "Salmo ory"	4:44.47	+0,66	105%	462
50m: 31.42	31.42 150m: 1:42.93 36.08 250m: 2:56.52	36.94	350m: 4:10.01	36.55	
100m: 1:06.85	35.43 200m: 2:19.58 36.65 300m: 3:33.46	36.94	400m: 4:44.47	34.46	
8. Lasik Fabian	08 MKS SMS Victoria Racibórz	4:44.97	+0,66	102%	460
50m: 31.48	31.48 150m: 1:43.86 36.51 250m: 2:57.29	36.94	350m: 4:10.68	36.83	
100m: 1:07.35	35.87 200m: 2:20.35 36.49 300m: 3:33.85	36.56	400m: 4:44.97	34.29	
9. ogała Piotr	08 LKS Jedno 32 Przyszowice	4:46.50	+0,75	103%	453
50m: 31.82	31.82 150m: 1:43.99 36.41 250m: 2:57.37	36.33	350m: 4:11.43	37.07	
100m: 1:07.58	35.76 200m: 2:21.04 37.05 300m: 3:34.36	36.99	400m: 4:46.50	35.07	
10. Rybak Jakub	08 MKS Park Wodny Tarnowskie Góry	4:48.24	+0,83	96%	445
50m: 33.05	33.05 150m: 1:47.91 37.97 250m: 3:02.36	37.41	350m: 4:13.86	35.33	
100m: 1:09.94	36.89 200m: 2:24.95 37.04 300m: 3:38.53	36.17	400m: 4:48.24	34.38	
11. Preg Ksawery	08 "Sikret" Gliwice	4:52.29	+0,79	104%	426
50m: 31.52	31.52 150m: 1:46.03 38.05 250m: 3:03.04	38.18	350m: 4:17.42	36.89	
100m: 1:07.98	36.46 200m: 2:24.86 38.83 300m: 3:40.53	37.49	400m: 4:52.29	34.87	
12. Tomczyk Dawid	08 UKS „Dragon" B dzin	4:53.98	+0,66	106%	419
50m: 32.78	32.78 150m: 1:47.17 37.39 250m: 3:03.36	37.82	350m: 4:18.35	37.32	
100m: 1:09.78	37.00 200m: 2:25.54 38.37 300m: 3:41.03	37.67	400m: 4:53.98	35.63	
13. Kowolik Igor	08 MKS Park Wodny Tarnowskie Góry	4:58.68	+0,76	115%	400
50m: 33.54	33.54 150m: 1:49.00 37.80 250m: 3:04.88	38.04	350m: 4:21.19	38.22	
100m: 1:11.20	37.66 200m: 2:26.84 37.84 300m: 3:42.97	38.09	400m: 4:58.68	37.49	
14. Rybak Grzegorz	08 MKS Park Wodny Tarnowskie Góry	5:00.84	+0,73	105%	391
50m: 34.92	34.92 150m: 1:54.07 40.05 250m: 3:13.06	39.15	350m:		
100m: 1:14.02	39.10 200m: 2:33.91 39.84 300m: 3:52.13	39.07	400m: 5:00.84		
15. Janeczko Piotr	08 UKS „Karlik" Katowice	5:03.38	+0,80	105%	381
50m: 34.50	34.50 150m: 1:53.24 39.82 250m: 3:13.22	39.95	350m: 4:29.86	37.56	
100m: 1:13.42	38.92 200m: 2:33.27 40.03 300m: 3:52.30	39.08	400m: 5:03.38	33.52	
16. Wieczerniak Krzysztof	08 UKS Wodnik Siemianowice I śkie	5:11.34	+0,69	109%	353
50m: 34.02	34.02 150m: 1:53.16 40.63 250m: 3:13.82	40.33	350m: 4:33.73	39.57	
100m: 1:12.53	38.51 200m: 2:33.49 40.33 300m: 3:54.16	40.34	400m: 5:11.34	37.61	
17. Bajor Bartosz	08 MKS Park Wodny Tarnowskie Góry	5:13.07	+0,69	100%	347
50m: 1:53.97	1:53.97 150m: 3:14.15 2:00.37 250m: 4:35.45	2:01.15	350m:		
100m: 1:13.78	200m: 2:34.30 300m: 3:55.03		400m: 5:13.07		
18. Gola Filip	08 MKS Park Wodny Tarnowskie Góry	5:17.52		99%	332
50m: 35.47	35.47 150m: 1:56.93 41.19 250m: 3:17.98	39.92	350m: 4:39.28	40.40	
100m: 1:15.74	40.27 200m: 2:38.06 41.13 300m: 3:58.88	40.90	400m: 5:17.52	38.24	
19. Pacuk Kajetan	08 UKS Wodnik Siemianowice I śkie	5:22.93	+0,68	101%	316
50m: 34.99	34.99 150m: 1:57.80 42.09 250m: 3:21.40	42.17	350m: 4:46.48	42.71	
100m: 1:15.71	40.72 200m: 2:39.23 41.43 300m: 4:03.77	42.37	400m: 5:22.93	36.45	



Konkurencja 24, Chłopców, 400m dowolny, 14 lat

Pozycja	Rok ur.		Czas				R.St % popr.		FINA
20. Pszczółkowski Fabian	08	CSiR MOS w D browie Górnicej	5:24.21	+0,71	111%	312			
50m: 35.65	35.65	150m: 1:57.54	41.45	250m: 3:21.95	42.51	350m: 4:44.69	41.14		
100m: 1:16.09	40.44	200m: 2:39.44	41.90	300m: 4:03.55	41.60	400m: 5:24.21	39.52		
21. Jackiewicz Ksawery	08	MKS Park Wodny Tarnowskie Góry	5:31.10	+0,61	107%	293			
50m: 36.98	36.98	150m: 2:01.45	43.08	250m: 3:28.37	43.08	350m: 4:53.38	41.99		
100m: 1:18.37	41.39	200m: 2:45.29	43.84	300m: 4:11.39	43.02	400m: 5:31.10	37.72		
22. Susloparov Hlib	08	UKS „Dragon” B dzin	5:39.64	+0,67	-	272			
50m: 34.31	34.31	150m: 2:02.09	44.22	250m: 3:31.89	44.14	350m: 4:58.82	43.82		
100m: 1:17.87	43.56	200m: 2:47.75	45.66	300m: 4:15.00	43.11	400m: 5:39.64	40.82		
23. Zielonka Jakub	08	UKS "Salmo ory"	5:58.03	+0,78	97%	232			
50m: 40.37	40.37	150m: 2:11.14	45.79	250m: 3:43.93	45.98	350m: 5:16.78	46.48		
100m: 1:25.35	44.98	200m: 2:57.95	46.81	300m: 4:30.30	46.37	400m: 5:58.03	41.25		
24. Lewo ko Sebastian	08	UKS "Salmo ory"	5:59.78	+0,89	-	228			
50m: 37.91	37.91	150m:		250m:		350m:			
100m: 1:24.20	46.29	200m: 2:59.68		300m: 4:34.10		400m: 5:59.78			

15 lat

1. Kraska Mateusz	07	MKS Park Wodny Tarnowskie Góry	4:25.76	+0,62	101%	567		
50m: 30.45	30.45	150m: 1:38.37	34.36	250m:		350m:		
100m: 1:04.01	33.56	200m: 2:12.58	34.21	300m: 3:20.63		400m: 4:25.76		
2. Proszowski Paweł	07	MKS Park Wodny Tarnowskie Góry	4:26.78	+0,66	100%	561		
50m: 31.08	31.08	150m: 1:37.88	33.77	250m:		350m:		
100m: 1:04.11	33.03	200m: 2:12.68	34.80	300m: 3:20.87		400m: 4:26.78		
3. Konopko Mateusz	07	LKS Jedno 32 Przyszowice	4:30.78	+0,68	101%	536		
50m: 30.27	30.27	150m: 1:38.19	34.25	250m: 2:47.24	34.20	350m: 3:56.79	34.46	
100m: 1:03.94	33.67	200m: 2:13.04	34.85	300m: 3:22.33	35.09	400m: 4:30.78	33.99	
4. Wieczorek Kacper	07	MKS Park Wodny Tarnowskie Góry	4:37.61	+0,73	98%	498		
50m: 31.76	31.76	150m: 1:42.50	35.64	250m: 2:53.60	35.30	350m: 4:03.38	34.42	
100m: 1:06.86	35.10	200m: 2:18.30	35.80	300m: 3:28.96	35.36	400m: 4:37.61	34.23	
5. Pradela Jacek	07	MKS Pałac Młodzie y Katowice	5:04.84	+0,83	98%	376		
50m: 34.51	34.51	150m: 1:51.30	38.78	250m: 3:10.21	39.55	350m: 4:29.15	39.35	
100m: 1:12.52	38.01	200m: 2:30.66	39.36	300m: 3:49.80	39.59	400m: 5:04.84	35.69	
6. Bator Jakub	07	MKS Pałac Młodzie y Katowice	5:13.53	+0,80	96%	345		
50m: 34.17	34.17	150m: 1:53.01	39.63	250m: 3:14.97	40.74	350m: 4:35.40	39.71	
100m: 1:13.38	39.21	200m: 2:34.23	41.22	300m: 3:55.69	40.72	400m: 5:13.53	38.13	
7. Olma Jarosław	07	UKS Victoria Kozy	5:20.11	+0,68	99%	324		
50m: 1:53.14	1:53.14	150m: 3:16.32	2:03.39	250m: 4:40.54	2:05.97	350m:		
100m: 1:12.93		200m: 2:34.57		300m: 3:58.48		400m: 5:20.11		
8. Kupczyk Krystian	07	MOSM Tychy	5:30.42	+0,81	115%	295		
50m: 34.01	34.01	150m: 1:54.43	41.01	250m: 3:21.19	43.55	350m: 4:49.31	43.04	
100m: 1:13.42	39.41	200m: 2:37.64	43.21	300m: 4:06.27	45.08	400m: 5:30.42	41.11	
9. Rehlis Patryk	07	UKS "Salmo ory"	6:11.15	+0,43	102%	208		
50m: 38.19	38.19	150m: 2:10.68	46.60	250m: 3:44.51	46.78	350m: 5:22.62	48.49	
100m: 1:24.08	45.89	200m: 2:57.73	47.05	300m: 4:34.13	49.62	400m: 6:11.15	48.53	

16 lat

1. Pera Marcin	06	UKS Wodnik Siemianowice I śkie	4:31.08	+0,66	94%	535		
50m: 29.85	29.85	150m: 1:38.37	34.64	250m: 2:47.53	34.21	350m: 3:56.90	34.08	
100m: 1:03.73	33.88	200m: 2:13.32	34.95	300m: 3:22.82	35.29	400m: 4:31.08	34.18	
2. Rak Jan	06	UKS Aquatica Pawłowice	4:54.57	+0,73	-	416		
50m: 31.84	31.84	150m: 1:45.31	37.84	250m: 3:01.93	38.92	350m: 4:17.79	37.90	
100m: 1:07.47	35.63	200m: 2:23.01	37.70	300m: 3:39.89	37.96	400m: 4:54.57	36.78	



Konkurencja 24, M czynn, 400m dowolny

17 lat i starsi

1.	Staniszewski Bartosz	05 UKP „Ruda I ska”	4:06.00	+0,69	96%	715
	50m: 59.38	150m: 2:02.90	250m: 3:05.75	350m: 4:06.00	400m: 4:06.00	
2.	Geisner Kamil	05 UKS Wodnik Siemianowice I śkie	4:14.50	+0,68	103%	646
	50m: 28.53	150m: 1:32.15	250m: 2:36.64	350m: 3:42.40	400m: 4:14.50	32.98
	100m: 1:00.12	200m: 2:04.08	300m: 3:09.42	32.78	31.19	32.10
3.	Wykr t Marcin	04 "Sikret" Gliwice	4:17.39	+0,76	101%	625
	50m: 30.14	150m: 1:35.65	250m: 2:41.46	350m: 3:46.20	400m: 4:17.39	31.77
	100m: 1:02.62	200m: 2:08.85	300m: 3:14.43	32.97	31.19	31.19
4.	Vorontsov Maksym	05 Akademia Sms Racibórz	4:20.14	+0,96	-	605
	50m: 30.08	150m: 1:35.95	250m: 2:42.14	350m: 3:48.51	400m: 4:20.14	32.84
	100m: 1:03.25	200m: 2:09.42	300m: 3:15.67	33.53	31.63	31.63
5.	Zelinskyi Vladyslav	05 Akademia Sms Racibórz	4:20.41	+0,83	-	603
	50m: 30.14	150m: 1:36.40	250m: 2:43.98	350m: 3:50.40	400m: 4:20.41	32.49
	100m: 1:02.76	200m: 2:10.34	300m: 3:17.91	33.93	30.01	30.01
6.	Tomaszowski Michał	03 UKS Wodnik Siemianowice I śkie	4:21.42	+0,72	95%	596
	50m: 29.71	150m: 1:35.85	250m: 2:41.87	350m: 3:47.65	400m: 4:21.42	32.44
	100m: 1:02.67	200m: 2:09.09	300m: 3:15.21	33.34	33.77	33.77
7.	Kramarczyk Jakub	01 MKS Pałac Młodzie y Katowice	4:26.88	+0,75	-	560
	50m: 29.52	150m: 1:36.75	250m: 2:45.30	350m: 3:53.92	400m: 4:26.88	34.16
	100m: 1:02.68	200m: 2:11.15	300m: 3:19.76	34.46	32.96	32.96
8.	M cner Jakub	05 PTS "JANOSIK" Bielsko-Biała	4:33.12	+0,63	97%	523
	50m: 30.34	150m: 1:38.90	250m: 2:48.60	350m: 3:59.44	400m: 4:33.12	35.63
	100m: 1:04.52	200m: 2:13.62	300m: 3:23.81	35.21	33.68	33.68
9.	Pawlica Mateusz	05 MKS Park Wodny Tarnowskie Góry	4:37.83	+0,74	97%	496
	50m: 1:40.65	150m: 4:03.72	250m: 2:58.70	350m: 4:37.83	400m: 4:37.83	
	100m: 1:05.02	200m: 2:16.48	300m: 3:28.07	400m: 4:37.83		
10.	Krajewski Paweł	04 UKS „Huragan" SP 45 w Sosnowcu	4:38.82	+0,76	96%	491
	50m: 30.50	150m: 1:38.75	250m: 2:49.85	350m: 4:03.16	400m: 4:38.82	37.03
	100m: 1:03.75	200m: 2:13.98	300m: 3:26.13	36.28	35.66	35.66
11.	Kapitan Kacper	04 CSiR MOS w D browie Górnicy	4:41.73	+0,58	100%	476
	50m: 30.61	150m: 1:41.67	250m: 2:54.77	350m: 4:07.03	400m: 4:41.73	35.25
	100m: 1:05.60	200m: 2:18.98	300m: 3:31.78	37.01	34.70	34.70
12.	Polakowski Bartłomiej	05 MUKS Gilus Gilowice	5:13.44	+0,74	95%	346
	50m: 33.59	150m: 1:53.14	250m: 3:15.70	350m: 4:38.56	400m: 5:13.44	40.48
	100m: 1:12.21	200m: 2:34.31	300m: 3:58.08	42.38	34.88	34.88
DYSKW.	Goik Bartłomiej	04 CSiR MOS w D browie Górnicy	4:32.93	+0,44	-	
	<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu.</i>					
	<i>(Czas: 19:13)</i>					
	50m: 29.44	150m: 1:38.18	250m: 2:47.83	350m: 3:58.16	400m: 4:32.93	35.13
	100m: 1:03.78	200m: 2:12.98	300m: 3:23.03	35.20	34.77	34.77
PK	W sik Marek	06 SMS Racibórz	4:45.69	+0,75	92%	457
	50m: 30.95	150m: 1:42.20	250m: 2:55.85	350m: 4:45.69	400m: 4:45.69	
	100m: 1:06.03	200m: 2:19.07	300m: 3:32.65	36.78		
PK	wirko Michał	08 UKS DELFIN Krapkowice	4:58.88	+0,80	-	399
	50m: 32.35	150m: 1:47.87	250m: 3:44.94	350m: 4:23.45	400m: 4:58.88	38.51
	100m: 1:09.50	200m: 2:26.76	300m: 3:44.94	40.88	35.43	35.43