



Konkurencja 15
22.11.2024 - 12:55

Mężczyzn, 400m zmienny

14 lat i starsi
Wyniki

Rekord 15-letnia Open	4:11.88	CIASTO SEBASTIAN - 2020	POL	AZS AWF Katowice
Rekord 18-letnia	4:12.85	DUBAS MATEUSZ - 2018	POL	AZS AWF Katowice
Rekord 17-letnia	4:12.85	DUBAS MATEUSZ - 2018	POL	AZS AWF Katowice
Rekord 16-letnia	4:20.73	STANISZEWSKI BARTOSZ - 2021	POL	UKP Ruda Śląska
Rekord 15-letnia	4:26.25	STANISZEWSKI BARTOSZ - 2020	POL	UKP Ruda Śląska
Rekord 14-letnia	4:32.54	STANISZEWSKI BARTOSZ - 2019	POL	UKP Ruda Śląska

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	do 1m	% popr.	FINA
14 lat					
1.	JAKUBCZYK Robert	10 UKS „Aligator” Gorzyce	4:53.19	-	513
	50m: 30.62	30.62 150m: 1:44.75	38.07 250m: 3:04.53	42.35 350m: 4:21.92	34.59
	100m: 1:06.68	36.06 200m: 2:22.18	37.43 300m: 3:47.33	42.80 400m: 4:53.19	31.27
2.	KOWALSKI Adrian	10 CSiR MOS w D browie Górnicej	4:59.07	+ 5.88	- 483
	50m: 31.21	31.21 150m: 1:47.27	39.83 250m: 3:07.01	41.48 350m: 4:25.38	35.69
	100m: 1:07.44	36.23 200m: 2:25.53	38.26 300m: 3:49.69	42.68 400m: 4:59.07	33.69
3.	WICIOK Michał	10 UKP „Ruda Śląska”	5:03.44	+ 10.25	- 463
	50m: 29.63	29.63 150m: 1:43.78	39.78 250m: 3:08.18	46.61 350m: 4:30.37	35.40
	100m: 1:04.00	34.37 200m: 2:21.57	37.79 300m: 3:54.97	46.79 400m: 5:03.44	33.07
4.	KRZĄKA Dominik	10 UKS „Manta Kochłowice Ruda Śląska”	5:14.51	+ 21.32	- 416
	50m: 32.11	32.11 150m: 1:53.50	42.83 250m: 3:18.80	44.87 350m: 4:40.61	35.68
	100m: 1:10.67	38.56 200m: 2:33.93	40.43 300m: 4:04.93	46.13 400m: 5:14.51	33.90
5.	MAMAKIS Filippos	10 MKS Park Wodny Tarnowskie Góry	5:16.35	+ 23.16	103% 408
	50m: 31.79	31.79 150m: 1:53.20	43.61 250m: 3:19.40	44.99 350m: 4:42.18	37.25
	100m: 1:09.59	37.80 200m: 2:34.41	41.21 300m: 4:04.93	45.53 400m: 5:16.35	34.17
6.	MOL Kacper	10 MKP „Wodnik 29” Tychy	5:18.92	+ 25.73	- 399
	50m: 34.18	34.18 150m: 1:55.65	42.30 250m: 3:18.74	42.15 350m: 4:43.50	40.77
	100m: 1:13.35	39.17 200m: 2:36.59	40.94 300m: 4:02.73	43.99 400m: 5:18.92	35.42
7.	FOJT Wiktor	10 UKP „Ruda Śląska”	5:37.77	+ 44.58	- 335
	50m: 34.25	34.25 150m: 2:01.08	44.78 250m: 3:32.08	47.47 350m: 4:59.44	38.98
	100m: 1:16.30	42.05 200m: 2:44.61	43.53 300m: 4:20.46	48.38 400m: 5:37.77	38.33
8.	IGNAR Piotr	10 Uks "Salmo ery"	5:57.34	+ 1:04.15	- 283
	50m: 37.77	37.77 150m: 2:10.20	45.39 250m: 3:45.36	51.61 350m: 5:16.80	40.28
	100m: 1:24.81	47.04 200m: 2:53.75	43.55 300m: 4:36.52	51.16 400m: 5:57.34	40.54
NW	TAMIOŁA Emil	10 Uks "Salmo ery"			-
15 lat					
1.	GABOR Bruno	09 MKS Park Wodny Tarnowskie Góry	4:46.02	101%	553
	50m: 30.95	30.95 150m: 1:43.53	36.03 250m: 3:00.08	40.23 350m: 4:14.50	32.53
	100m: 1:07.50	36.55 200m: 2:19.85	36.32 300m: 3:41.97	41.89 400m: 4:46.02	31.52
2.	SKOLIK Jeremi	09 MKS Park Wodny Tarnowskie Góry	4:51.53	+ 5.51	100% 522
	50m: 29.80	29.80 150m: 1:43.41	38.72 250m: 3:03.63	43.01 350m: 4:20.10	32.81
	100m: 1:04.69	34.89 200m: 2:20.62	37.21 300m: 3:47.29	43.66 400m: 4:51.53	31.43
3.	BORGIEL Maksymilian	09 UKS „Karlik” Katowice	5:14.44	+ 28.42	- 416
	50m: 34.81	34.81 150m: 1:55.08	37.65 250m: 3:19.49	46.13 350m: 4:40.95	34.55
	100m: 1:17.43	42.62 200m: 2:33.36	38.28 300m: 4:06.40	46.91 400m: 5:14.44	33.49
4.	RADEK Paweł	09 MOSM Tychy	5:16.02	+ 30.00	103% 410
	50m: 31.25	31.25 150m: 1:48.03	40.29 250m: 3:14.51	45.72 350m: 4:40.17	37.95
	100m: 1:07.74	36.49 200m: 2:28.79	40.76 300m: 4:02.22	47.71 400m: 5:16.02	35.85
16 lat					
1.	GR DZIAK Oskar	08 MKS Park Wodny Tarnowskie Góry	4:48.04	100%	541
	50m: 30.30	30.30 150m: 1:45.40	40.42 250m: 3:03.22	38.71 350m: 4:15.61	33.11
	100m: 1:04.98	34.68 200m: 2:24.51	39.11 300m: 3:42.50	39.28 400m: 4:48.04	32.43
2.	BROCZKOWSKI Bogusz	08 UKS „Huragan” przy SP nr 45 w Sosnowcu	4:51.46	+ 3.42	103% 522
	50m: 29.67	29.67 150m: 1:41.72	36.39 250m: 3:01.11	42.04 350m: 4:18.94	34.32
	100m: 1:05.33	35.66 200m: 2:19.07	37.35 300m: 3:44.62	43.51 400m: 4:51.46	32.52
3.	GAJOS Łukasz	08 MKS Pałac Młodzieży Katowice	4:56.77	+ 8.73	100% 495
	50m: 30.34	30.34 150m: 1:44.52	40.39 250m: 3:07.99	43.80 350m: 4:24.50	33.01
	100m: 1:04.13	33.79 200m: 2:24.19	39.67 300m: 3:51.49	43.50 400m: 4:56.77	32.27



Konkurencja 15, Chłopców, 400m zmienny, 16 lat

Pozycja	Rok ur.		Czas				do 1m	% popr.	FINA
4. RUMIAN Szymon	08 MKS Park Wodny Tarnowskie Góry		5:00.29				+ 12.25	-	478
	50m: 30.61	30.61	150m: 1:47.84	40.39	250m: 3:08.39	41.78	350m: 4:26.21	35.98	
	100m: 1:07.45	36.84	200m: 2:26.61	38.77	300m: 3:50.23	41.84	400m: 5:00.29	34.08	
5. BEM Maksymilian	08 MKS Pałac Młodzie y Katowice		5:42.18				+ 54.14	-	323
	50m: 37.31	37.31	150m: 2:04.99	43.34	250m: 3:37.21	50.84	350m: 5:04.63	36.09	
	100m: 1:21.65	44.34	200m: 2:46.37	41.38	300m: 4:28.54	51.33	400m: 5:42.18	37.55	

17 lat i starsi

1. MAJOR Erik	07 MKS Park Wodny Tarnowskie Góry		4:28.74				96%	667
	50m: 28.44	28.44	150m: 1:37.45	35.82	250m: 2:49.85	37.18	350m: 3:59.53	30.54
	100m: 1:01.63	33.19	200m: 2:12.67	35.22	300m: 3:28.99	39.14	400m: 4:28.74	29.21