



Konkurencja 24
22.11.2024 - 17:25

Mężczyźni, 400m dowolny

14 lat i starsi
Wyniki

Rekord Mężczyźni Open	3:45.60	SIERADZKI KAMIL - 2024	POL	AZS AWF Katowice
Rekord Mężczyźni 18	3:51.20	KLICH KACPER - 2012	POL	AZS AWF Katowice
Rekord Mężczyźni 17	3:53.14	KLICH KACPER - 2011	POL	AZS AWF Katowice
Rekord Mężczyźni 16	3:58.27	STANISZEWSKI BARTOSZ - 2021	POL	UKP Ruda Śląska
Rekord Mężczyźni 15	3:58.69	KALKAN JAKUB - 2019	POL	Jedno 32 Przyszowice
Rekord Mężczyźni 14	4:00.23	CISOSKI HUBERT - 2022	POL	MOS Dłubrowa Górnicza

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	do 1m	% popr.	FINA
14 lat					
1.	WISZNIOWSKI Tymoteusz 10 LKS Jedno 32 Przyszowice	4:05.19		103%	648
	50m: 28.03 28.03 150m: 1:29.85 31.07 250m: 2:32.39 31.23 350m: 3:35.08 31.26				
	100m: 58.78 30.75 200m: 2:01.16 31.31 300m: 3:03.82 31.43 400m: 4:05.19 30.11				
2.	KONOPKO Michał 10 UKS Aqua Team Mikołów	4:16.03	+ 10.84	103%	569
	50m: 28.69 28.69 150m: 1:33.35 32.64 250m: 2:39.38 32.88 350m: 3:44.71 32.50				
	100m: 1:00.71 32.02 200m: 2:06.50 33.15 300m: 3:12.21 32.83 400m: 4:16.03 31.32				
3.	JAKUBCZYK Robert 10 UKS „Aligator” Gorzyce	4:25.06	+ 19.87	106%	513
	50m: 29.54 29.54 150m: 1:36.49 34.16 250m: 2:44.37 33.89 350m: 3:52.14 33.56				
	100m: 1:02.33 32.79 200m: 2:10.48 33.99 300m: 3:18.58 34.21 400m: 4:25.06 32.92				
4.	WICIOK Michał 10 UKP „Ruda Śląska”	4:27.34	+ 22.15	120%	500
	50m: 29.14 29.14 150m: 1:35.00 33.59 250m: 2:43.21 34.46 350m: 3:53.23 35.36				
	100m: 1:01.41 32.27 200m: 2:08.75 33.75 300m: 3:17.87 34.66 400m: 4:27.34 34.11				
5.	MYSZKIEWICZ Paweł 10 LKS Jedno 32 Przyszowice	4:27.66	+ 22.47	104%	498
	50m: 30.50 30.50 150m: 1:38.46 34.15 250m: 2:46.79 34.25 350m: 3:54.17 33.97				
	100m: 1:04.31 33.81 200m: 2:12.54 34.08 300m: 3:20.20 33.41 400m: 4:27.66 33.49				
6.	WITECKI Wojciech 10 CSiR MOS w Dłubrowie Górniczej	4:29.79	+ 24.60	112%	486
	50m: 29.61 29.61 150m: 1:36.86 34.03 250m: 2:45.69 34.78 350m: 3:55.63 35.28				
	100m: 1:02.83 33.22 200m: 2:10.91 34.05 300m: 3:20.35 34.66 400m: 4:29.79 34.16				
7.	MAMAKIS Filippos 10 MKS Park Wodny Tarnowskie Góry	4:36.86	+ 31.67	-	450
	50m: 32.07 32.07 150m: 1:43.38 35.56 250m: 2:54.02 35.53 350m: 4:04.47 34.89				
	100m: 1:07.82 35.75 200m: 2:18.49 35.11 300m: 3:29.58 35.56 400m: 4:36.86 32.39				
8.	GŁUCH Piotr 10 "Sikret" Gliwice	4:37.15	+ 31.96	101%	449
	50m: 30.76 30.76 150m: 1:41.02 35.48 250m: 2:52.07 35.44 350m: 4:02.21 34.68				
	100m: 1:05.54 34.78 200m: 2:16.63 35.61 300m: 3:27.53 35.46 400m: 4:37.15 34.94				
9.	KOCHAN Mateusz 10 MOSM Tychy	4:37.93	+ 32.74	-	445
	50m: 30.55 30.55 150m: 1:42.61 36.19 250m: 2:53.47 35.45 350m: 4:04.65 35.23				
	100m: 1:06.42 35.87 200m: 2:18.02 35.41 300m: 3:29.42 35.95 400m: 4:37.93 33.28				
10.	D BROWSKI Jakub 10 MKS Park Wodny Tarnowskie Góry	4:42.13	+ 36.94	101%	425
	50m: 31.85 31.85 150m: 1:42.39 35.55 250m: 2:55.09 36.49 350m: 4:06.84 35.61				
	100m: 1:06.84 34.99 200m: 2:18.60 36.21 300m: 3:31.23 36.14 400m: 4:42.13 35.29				
11.	PICHT Patryk 10 CSiR MOS w Dłubrowie Górniczej	4:42.30	+ 37.11	-	425
	50m: 31.46 31.46 150m: 1:43.09 36.23 250m: 2:54.54 35.53 350m: 4:06.53 36.23				
	100m: 1:06.86 35.40 200m: 2:19.01 35.92 300m: 3:30.30 35.76 400m: 4:42.30 35.77				
12.	GRYMEL Krzysztof 10 KP „Sukces” Chorzów	4:42.53	+ 37.34	119%	423
	50m: 32.19 32.19 150m: 1:43.10 35.60 250m: 2:55.06 35.90 350m: 4:07.74 36.30				
	100m: 1:07.50 35.31 200m: 2:19.16 36.06 300m: 3:31.44 36.38 400m: 4:42.53 34.79				
13.	PAPROTNY Filip 10 UKS „Manta Kochłowice Ruda Śląska”	4:48.16	+ 42.97	98%	399
	50m: 31.16 31.16 150m: 1:43.21 36.36 250m: 2:56.98 36.76 350m: 4:11.54 37.19				
	100m: 1:06.85 35.69 200m: 2:20.22 37.01 300m: 3:34.35 37.37 400m: 4:48.16 36.62				
14.	FOJT Wiktor 10 UKP „Ruda Śląska”	4:49.81	+ 44.62	116%	392
	50m: 32.02 32.02 150m: 1:44.97 37.18 250m: 2:59.88 37.24 350m: 4:14.37 37.07				
	100m: 1:07.79 35.77 200m: 2:22.64 37.67 300m: 3:37.30 37.42 400m: 4:49.81 35.44				
15.	HEINZEL Feliks 10 KS „Górnik” Sosnowiec	4:51.96	+ 46.77	-	384
	50m: 32.49 32.49 150m: 1:46.77 37.81 250m: 3:02.42 37.32 350m: 4:17.34 36.87				
	100m: 1:08.96 36.47 200m: 2:25.10 38.33 300m: 3:40.47 38.05 400m: 4:51.96 34.62				
16.	ELE NIAK Krzysztof 10 UKS „Manta Kochłowice Ruda Śląska”	4:56.86	+ 51.67	-	365
	50m: 34.55 34.55 150m: 1:49.99 38.11 250m: 3:07.00 38.00 350m: 4:21.81 37.21				
	100m: 1:11.88 37.33 200m: 2:29.00 39.01 300m: 3:44.60 37.60 400m: 4:56.86 35.05				
17.	SOBCZYK Filip 10 UKS Wodnik Siemianowice Śląskie	4:56.87	+ 51.68	108%	365
	50m: 31.98 31.98 150m: 1:45.02 37.17 250m: 3:01.34 38.20 350m: 4:19.18 38.87				
	100m: 1:07.85 35.87 200m: 2:23.14 38.12 300m: 3:40.31 38.97 400m: 4:56.87 37.69				



Konkurencja 24, Chłopców, 400m dowolny, 14 lat

Pozycja	Rok ur.	Czas	do 1m	% popr.	FINA		
18. PIWO Olaf	10 UKS Wodnik Siemianowice I skie	5:05.45	+ 1:00.26	110%	335		
50m: 34.12	34.12	150m: 1:50.88	39.15	250m: 3:08.98	39.29	350m: 4:27.95	39.92
100m: 1:11.73	37.61	200m: 2:29.69	38.81	300m: 3:48.03	39.05	400m: 5:05.45	37.50
19. SZPITALNY Kordian	10 Uks "Salmo ory"	5:40.24	+ 1:35.05	100%	242		
50m: 35.39	35.39	150m: 2:00.62	43.71	250m: 3:29.06	45.09	350m: 4:57.96	44.54
100m: 1:16.91	41.52	200m: 2:43.97	43.35	300m: 4:13.42	44.36	400m: 5:40.24	42.28
DYSKW. NIEMANOWSKI Mateusz	10 Uks "Salmo ory"	-					
<i>O1 - Pływak zainicjował start przed sygnałem startu. (Czas: 17:40)</i>							

15 lat

1. OCIEPA Norbert	09 CSiR MOS w D browie Górniczej	4:18.42		103%	554		
50m: 29.97	29.97	150m: 1:35.76	33.17	250m: 2:41.28	33.17	350m: 3:46.94	32.70
100m: 1:02.59	32.62	200m: 2:08.11	32.35	300m: 3:14.24	32.96	400m: 4:18.42	31.48
2. POŁOK Szymon	09 CSiR MOS w D browie Górniczej	4:35.18	+ 16.76	-	458		
50m: 31.41	31.41	150m: 1:42.18	35.55	250m: 2:52.87	35.18	350m: 4:02.49	34.42
100m: 1:06.63	35.22	200m: 2:17.69	35.51	300m: 3:28.07	35.20	400m: 4:35.18	32.69
3. PREG Kajetan	09 "Sikret" Gliwice	4:35.74	+ 17.32	103%	456		
50m: 31.26	31.26	150m: 1:41.09	34.97	250m: 2:50.80	34.57	350m: 4:00.92	35.15
100m: 1:06.12	34.86	200m: 2:16.23	35.14	300m: 3:25.77	34.97	400m: 4:35.74	34.82
4. SPADŁO Krzysztof	09 UKS „Huragan” przy SP nr 45 w Sosnowcu	4:35.90	+ 17.48	106%	455		
50m: 30.27	30.27	150m: 1:39.47	35.06	250m: 2:50.68	35.57	350m: 4:01.22	35.34
100m: 1:04.41	34.14	200m: 2:15.11	35.64	300m: 3:25.88	35.20	400m: 4:35.90	34.68
5. PALKIJ Filip	09 KS „Górnik” Sosnowiec	4:40.86	+ 22.44	101%	431		
50m: 31.46	31.46	150m: 1:41.41	35.35	250m: 2:53.33	35.77	350m: 4:05.91	36.28
100m: 1:06.06	34.60	200m: 2:17.56	36.15	300m: 3:29.63	36.30	400m: 4:40.86	34.95
6. MOCZEK Filip	09 UKS Wodnik Siemianowice I skie	4:42.61	+ 24.19	114%	423		
50m: 32.53	32.53	150m: 1:43.05	35.65	250m: 2:55.53	36.43	350m: 4:07.82	35.90
100m: 1:07.40	34.87	200m: 2:19.10	36.05	300m: 3:31.92	36.39	400m: 4:42.61	34.79
7. MIODUSZEWSKI Wiktor	09 MKS MOS Katowice	4:51.55	+ 33.13	-	385		
50m: 33.95	33.95	150m: 1:48.04	37.30	250m: 3:03.09	36.95	350m: 4:18.07	36.73
100m: 1:10.74	36.79	200m: 2:26.14	38.10	300m: 3:41.34	38.25	400m: 4:51.55	33.48

16 lat

1. GAJOS Łukasz	08 MKS Pałac Młodzie y Katowice	4:18.46		104%	553		
50m: 29.11	29.11	150m: 1:33.52	32.63	250m: 2:40.30	33.51	350m: 3:46.73	32.87
100m: 1:00.89	31.78	200m: 2:06.79	33.27	300m: 3:13.86	33.56	400m: 4:18.46	31.73
2. STANISZEWSKI Wiktor	08 "Sikret" Gliwice	4:19.39	+ 0.93	-	547		
50m: 29.44	29.44	150m: 1:35.45	33.27	250m: 2:42.37	33.09	350m: 3:48.14	31.71
100m: 1:02.18	32.74	200m: 2:09.28	33.83	300m: 3:16.43	34.06	400m: 4:19.39	31.25
3. ZHADAN Nikolai	08 CSiR MOS w D browie Górniczej	4:21.01	+ 2.55	107%	537		
50m: 29.49	29.49	150m: 1:34.23	32.79	250m: 2:40.48	33.17	350m: 3:47.97	33.68
100m: 1:01.44	31.95	200m: 2:07.31	33.08	300m: 3:14.29	33.81	400m: 4:21.01	33.04
4. TOMCZYK Dawid	08 UKS „Huragan” przy SP nr 45 w Sosnowcu	4:22.70	+ 4.24	102%	527		
50m: 28.93	28.93	150m: 1:33.63	33.03	250m: 2:40.53	33.46	350m: 3:48.15	33.97
100m: 1:00.60	31.67	200m: 2:07.07	33.44	300m: 3:14.18	33.65	400m: 4:22.70	34.55
5. RYBAK Jakub	08 MKS Park Wodny Tarnowskie Góry	4:29.04	+ 10.58	97%	491		
50m: 29.81	29.81	150m: 1:37.99	35.12	250m: 2:47.16	34.66	350m: 3:56.07	34.60
100m: 1:02.87	33.06	200m: 2:12.50	34.51	300m: 3:21.47	34.31	400m: 4:29.04	32.97
6. KOWOLIK Igor	08 MKS Park Wodny Tarnowskie Góry	4:36.59	+ 18.13	96%	451		
50m: 30.65	30.65	150m: 1:41.18	35.75	250m: 2:51.88	35.31	350m: 4:02.66	35.59
100m: 1:05.43	34.78	200m: 2:16.57	35.39	300m: 3:27.07	35.19	400m: 4:36.59	33.93
7. BEM Maksymilian	08 MKS Pałac Młodzie y Katowice	4:42.92	+ 24.46	111%	422		
50m: 30.88	30.88	150m: 1:41.92	36.27	250m: 2:54.79	36.34	350m: 4:08.17	36.03
100m: 1:05.65	34.77	200m: 2:18.45	36.53	300m: 3:32.14	37.35	400m: 4:42.92	34.75
8. PACUK Kajetan	08 UKS Wodnik Siemianowice I skie	4:49.68	+ 31.22	98%	393		
50m: 32.07	32.07	150m: 1:46.05	37.70	250m: 3:02.31	37.90	350m: 4:15.29	36.12
100m: 1:08.35	36.28	200m: 2:24.41	38.36	300m: 3:39.17	36.86	400m: 4:49.68	34.39

NW OGAŁA Piotr 08 "Sikret" Gliwice -



Konkurencja 24, M czynn, 400m dowolny

17 lat i starsi

1.	MAJOR Erik	07	MKS Park Wodny Tarnowskie Góry	3:53.08	106%	755
	50m: 26.26	26.26	150m: 1:25.32	29.87	250m: 2:25.20	29.87
	100m: 55.45	29.19	200m: 1:55.33	30.01	300m: 2:55.32	30.12
					350m: 3:24.89	29.57
					400m: 3:53.08	28.19
2.	HEBEL Maciej	05	AZS AWF Katowice	3:54.78	+ 1.70	94%
	50m: 27.47	27.47	150m: 1:27.48	29.98	250m: 2:27.91	30.50
	100m: 57.50	30.03	200m: 1:57.41	29.93	300m: 2:57.61	29.70
					350m: 3:26.47	28.86
					400m: 3:54.78	28.31
3.	PRUSZY SKI Michał	04	AZS AWF Katowice	3:55.68	+ 2.60	-
	50m: 25.58	25.58	150m: 1:22.92	29.04	250m: 2:23.20	30.20
	100m: 53.88	28.30	200m: 1:53.00	30.08	300m: 2:54.04	30.84
					350m: 3:24.99	30.95
					400m: 3:55.68	30.69
4.	JANKOWSKI Przemysław	05	AZS AWF Katowice	3:55.69	+ 2.61	104%
	50m: 26.72	26.72	150m: 1:25.46	29.37	250m: 2:25.19	29.83
	100m: 56.09	29.37	200m: 1:55.36	29.90	300m: 2:55.64	30.45
					350m: 3:26.18	30.54
					400m: 3:55.69	29.51
5.	DUDYS Dominik	02	AZS AWF Katowice	4:02.83	+ 9.75	99%
	50m: 26.23	26.23	150m: 1:26.97	30.80	250m: 2:29.27	31.22
	100m: 56.17	29.94	200m: 1:58.05	31.08	300m: 3:00.69	31.42
					400m: 4:02.83	30.77
6.	KATANA Jakub	07	"Sikret" Gliwice	4:03.76	+ 10.68	101%
	50m: 28.12	28.12	150m: 1:29.80	30.52	250m: 2:31.38	30.72
	100m: 59.28	31.16	200m: 2:00.66	30.86	300m: 3:02.86	31.48
					350m: 3:33.59	30.73
					400m: 4:03.76	30.17
7.	KUCHARSKI Paweł	05	AZS AWF Katowice	4:04.14	+ 11.06	96%
	50m: 27.92	27.92	150m: 1:29.09	30.74	250m: 2:31.02	30.94
	100m: 58.35	30.43	200m: 2:00.08	30.99	300m: 3:02.36	31.34
					350m: 3:33.76	31.40
					400m: 4:04.14	30.38
8.	BURDA Paweł	05	AZS AWF Katowice	4:05.19	+ 12.11	-
	50m: 28.23	28.23	150m: 1:29.97	31.27	250m: 2:32.96	31.45
	100m: 58.70	30.47	200m: 2:01.51	31.54	300m: 3:04.22	31.26
					350m: 3:36.08	31.86
					400m: 4:05.19	29.11
9.	FICEK Aleksander	07	UKS Wodnik Siemianowice I śkie	4:25.45	+ 32.37	91%
	50m: 29.41	29.41	150m: 1:35.47	33.78	250m: 2:43.28	34.36
	100m: 1:01.69	32.28	200m: 2:08.92	33.45	300m: 3:17.55	34.27
					350m: 3:52.07	34.52
					400m: 4:25.45	33.38
10.	WIECZOREK Kacper	07	UKS Wodnik Siemianowice I śkie	4:27.87	+ 34.79	96%
	50m: 29.65	29.65	150m: 1:36.75	34.07	250m: 2:45.02	34.41
	100m: 1:02.68	33.03	200m: 2:10.61	33.86	300m: 3:19.67	34.65
					350m: 3:54.14	34.47
					400m: 4:27.87	33.73
11.	KRAMARCZYK Jakub	01	MKS Pałac Młodzie y Katowice	4:29.07	+ 35.99	99%
	50m: 29.32	29.32	150m: 1:37.51	34.72	250m: 2:47.33	34.92
	100m: 1:02.79	33.47	200m: 2:12.41	34.90	300m: 3:21.97	34.64
					350m: 3:56.22	34.25
					400m: 4:29.07	32.85
12.	PERA Marcin	06	UKS Wodnik Siemianowice I śkie	4:36.93	+ 43.85	80%
	50m: 31.25	31.25	150m: 1:41.08	35.20	250m: 2:52.49	35.59
	100m: 1:05.88	34.63	200m: 2:16.90	35.82	300m: 3:28.21	35.72
					350m: 4:03.65	35.44
					400m: 4:36.93	33.28
PK	WOJTKOWIAK Wiktor	09	KS Posnania Pozna	4:23.80		97%
	50m: 28.60	28.60	150m: 1:35.67	33.67	250m: 2:43.00	33.81
	100m: 1:02.00	33.40	200m: 2:09.19	33.52	300m: 3:17.10	34.10
					350m: 3:51.26	34.16
					400m: 4:23.80	32.54