

Konkurencja 11
13.12.2024 - 10:45

Dziewcz t, 400m zmienny

15 lat
Wyniki Eliminacje

Rekord Polski 15 lat 4:38.89 Knop Aleksandra 01605 Lublin 18.12.2018

Punktury: AQUA 2024

Pozycja	Rok ur.	Czas	CR	Strata % popr.	FINA
1. Kuczmar Aleksandra	09 UKP „Polonia Warszawa”	5:06.71	+0,68	97%	601 A
50m: 32.57	32.57 150m: 1:48.09 38.64 250m: 3:10.52 43.94 350m: 4:31.12 35.68	100m: 1:09.45	36.88 200m: 2:26.58 38.49 300m: 3:55.44 44.92 400m: 5:06.71 35.59		
2. Kapka Antonina	09 CSiR MOS w D browie Górnicyej	5:07.99	+0,68	+ 1.28 96%	594 A
50m: 31.80	31.80 150m: 1:49.58 40.52 250m: 3:13.12 42.88 350m: 4:34.12 37.27	100m: 1:09.06	37.26 200m: 2:30.24 40.66 300m: 3:56.85 43.73 400m: 5:07.99 33.87		
3. Wieczorek Michalina	09 UKP Unia O wi cim	5:08.45	+0,67	+ 1.74 102%	591 A
50m: 32.27	32.27 150m: 1:49.15 39.99 250m: 3:12.91 43.66 350m: 4:34.24 36.53	100m: 1:09.16	36.89 200m: 2:29.25 40.10 300m: 3:57.71 44.80 400m: 5:08.45 34.21		
4. Dudek Lena	09 CSiR MOS w D browie Górnicyej	5:08.59	+0,67	+ 1.88 93%	590 A
50m: 32.36	32.36 150m: 1:49.00 39.90 250m: 3:11.77 43.11 350m: 4:33.27 37.49	100m: 1:09.10	36.74 200m: 2:28.66 39.66 300m: 3:55.78 44.01 400m: 5:08.59 35.32		
5. Milancej El bieta	09 UKP „Polonia Warszawa”	5:09.02	+0,57	+ 2.31 106%	588 A
50m: 31.76	31.76 150m: 1:49.94 40.25 250m: 3:11.56 42.39 350m: 4:32.83 37.73	100m: 1:09.69	37.93 200m: 2:29.17 39.23 300m: 3:55.10 43.54 400m: 5:09.02 36.19		
6. Lipkowska Paulina	09 UKP „Polonia Warszawa”	5:16.01	+0,73	+ 9.30 99%	550 A
50m: 33.66	33.66 150m: 1:53.24 40.56 250m: 3:18.32 45.22 350m: 4:40.94 36.65	100m: 1:12.68	39.02 200m: 2:33.10 39.86 300m: 4:04.29 45.97 400m: 5:16.01 35.07		
7. Chałupka Amelia	09 MKS Piaseczno	5:16.82		+ 10.11 101%	545 A
50m: 33.86	33.86 150m: 1:54.47 42.09 250m: 3:20.01 44.92 350m: 4:42.20 36.90	100m: 1:12.38	38.52 200m: 2:35.09 40.62 300m: 4:05.30 45.29 400m: 5:16.82 34.62		
8. Sobolak Gabriela	09 UKS „GIM 92 Ursynów”	5:16.86	+0,74	+ 10.15 96%	545 A
50m: 34.21	34.21 150m: 1:56.22 41.00 250m: 3:19.59 42.94 350m: 4:41.07 37.63	100m: 1:15.22	41.01 200m: 2:36.65 40.43 300m: 4:03.44 43.85 400m: 5:16.86 35.79		
9. Bogielczyk Natalia	09 KS Neptun widnica	5:23.37	+0,74	+ 16.66 96%	513 A
50m: 33.68	33.68 150m: 1:56.67 44.24 250m: 3:24.68 45.49 350m: 4:47.93 36.93	100m: 1:12.43	38.75 200m: 2:39.19 42.52 300m: 4:11.00 46.32 400m: 5:23.37 35.44		
10. Ciupa Ewelina	09 UKS „Manta Kochłowice Ruda l ska”	5:25.08	+0,76	+ 18.37 100%	505 A
50m: 35.00	35.00 150m: 1:57.38 41.91 250m: 3:25.96 47.91 350m: 4:50.00 35.61	100m: 1:15.47	40.47 200m: 2:38.05 40.67 300m: 4:14.39 48.43 400m: 5:25.08 35.08		
11. Łazar Milena	09 MKP Szczecin	5:27.04		+ 20.33 102%	496 B
50m: 37.34	37.34 150m: 2:01.98 41.73 250m: 3:27.17 44.52 350m: 4:50.63 38.38	100m: 1:20.25	42.91 200m: 2:42.65 40.67 300m: 4:12.25 45.08 400m: 5:27.04 36.41		
12. Ftara Maja	09 MKS "IKAR" Stal Mielec	5:30.54	+0,71	+ 23.83 103%	480 B
50m: 33.79	33.79 150m: 1:57.48 42.88 250m: 3:24.65 45.30 350m: 4:52.78 40.46	100m: 1:14.60	40.81 200m: 2:39.35 41.87 300m: 4:12.32 47.67 400m: 5:30.54 37.76		
13. Kownacka Katarzyna	09 UKP „Polonia Warszawa”	5:31.86	+0,64	+ 25.15 108%	475 B
50m: 34.62	34.62 150m: 1:59.08 43.08 250m: 3:26.74 45.92 350m: 4:54.01 41.03	100m: 1:16.00	41.38 200m: 2:40.82 41.74 300m: 4:12.98 46.24 400m: 5:31.86 37.85		
14. Gubała Justyna	09 Stowarzyszenie Solne Miasto Wieliczka	5:32.28	+0,80	+ 25.57 97%	473 B
50m: 35.74	35.74 150m: 1:59.68 41.24 250m: 3:29.10 48.98 350m: 4:55.14 37.48	100m: 1:18.44	42.70 200m: 2:40.12 40.44 300m: 4:17.66 48.56 400m: 5:32.28 37.14		
15. Domagała Katarzyna	09 UKS "Feniks" D bica	5:36.11	+0,68	+ 29.40 104%	457 B
50m: 35.42	35.42 150m: 2:02.86 44.95 250m: 3:31.33 44.27 350m: 4:56.90 39.83	100m: 1:17.91	42.49 200m: 2:47.06 44.20 300m: 4:17.07 45.74 400m: 5:36.11 39.21		
16. Mucha Martyna	09 UKS „ORKA" Zamo	5:38.29	+0,74	+ 31.58 104%	448 B
50m: 35.90	35.90 150m: 2:05.39 45.04 250m: 3:35.83 46.59 350m: 5:03.03 39.55	100m: 1:20.35	44.45 200m: 2:49.24 43.85 300m: 4:23.48 47.65 400m: 5:38.29 35.26		
17. Baniak Pola	09 BOSiR Brzesko	5:38.37	+0,73	+ 31.66 99%	448 B
50m: 36.02	36.02 150m: 2:04.80 45.94 250m: 3:35.87 45.79 350m: 5:01.92 39.52	100m: 1:18.86	42.84 200m: 2:50.08 45.28 300m: 4:22.40 46.53 400m: 5:38.37 36.45		
18. Jaros Martyna	09 KS Neptun widnica	5:43.04	+0,90	+ 36.33 102%	430 B
50m: 37.46	37.46 150m: 2:06.20 44.38 250m: 3:35.47 46.90 350m: 5:04.94 41.29	100m: 1:21.82	44.36 200m: 2:48.57 42.37 300m: 4:23.65 48.18 400m: 5:43.04 38.10		

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Pozycja		Rok ur.				Czas	CR	Strata % popr.	FINA
19.	mudzi ska Milena	09	Neptun Gda sk			5:51.06	+0,70	+ 44.35 104%	401 B
	50m: 35.38	35.38	150m: 2:05.83	47.14	250m: 3:44.12	52.28	350m: 5:14.28	37.21	
	100m: 1:18.69	43.31	200m: 2:51.84	46.01	300m: 4:37.07	52.95	400m: 5:51.06	36.78	
20.	Patyra Joanna	09	UKS SP-149 Łód			5:51.81	+0,82	+ 45.10 95%	398 B
	50m: 37.24	37.24	150m: 2:08.75	47.12	250m: 3:42.44	47.39	350m: 5:11.99	42.03	
	100m: 1:21.63	44.39	200m: 2:55.05	46.30	300m: 4:29.96	47.52	400m: 5:51.81	39.82	
21.	Wieczorek Barbara	09	MKS SP 63 Bydgoszcz			5:53.90		+ 47.19 105%	391 R
	50m: 39.07	39.07	150m: 2:09.05	45.39	250m: 3:42.87	49.19	350m: 5:13.91	41.35	
	100m: 1:23.66	44.59	200m: 2:53.68	44.63	300m: 4:32.56	49.69	400m: 5:53.90	39.99	
22.	widurska Aurelia	09	KS Rekin wiebodzice			5:58.29		+ 51.58 -	377 R
	50m: 40.11	40.11	150m: 2:11.74	43.78	250m: 3:45.45	49.75	350m: 5:17.95	41.60	
	100m: 1:27.96	47.85	200m: 2:55.70	43.96	300m: 4:36.35	50.90	400m: 5:58.29	40.34	
23.	Niedzwiecka Judyta	09	MUKS "Pi tnastrka"			5:58.65	+0,73	+ 51.94 101%	376
	50m: 36.75	36.75	150m: 2:10.30	47.74	250m: 3:45.00	49.59	350m: 5:17.48	42.57	
	100m: 1:22.56	45.81	200m: 2:55.41	45.11	300m: 4:34.91	49.91	400m: 5:58.65	41.17	
24.	Szmyd Karolina	09	UKS "Feniks" D bica			6:14.54	+0,80	+ 1:07.83 96%	330
	50m: 41.27	41.27	150m: 2:19.48	48.64	250m: 3:55.20	48.57	350m: 5:30.91	45.41	
	100m: 1:30.84	49.57	200m: 3:06.63	47.15	300m: 4:45.50	50.30	400m: 6:14.54	43.63	
NW	Sty Zuzanna	09	UKS G-8 Bielany Warszawa						-