

Konkurencja 11  
13.12.2024 - 19:05

Dziewcz t, 400m zmienny

15 lat  
Wyniki Finał

Rekord Polski 15 lat 4:38.89 Knop Aleksandra 01605 Lublin 18.12.2018

Punktury: AQUA 2024

Pozycja	Rok ur.	Czas	CR	Strata % popr.	FINA
<b>Finał A</b>					
1. Dudek Lena	09 CSiR MOS w D browie Górniczej	<b>4:57.29</b>	+0,72	100%	660
50m: 31.88	31.88 150m: 1:47.31 39.16 250m: 3:06.71 41.20 350m: 4:23.45 34.50				
100m: 1:08.15	36.27 200m: 2:25.51 38.20 300m: 3:48.95 42.24 400m: 4:57.29 33.84				
2. Kapka Antonina	09 CSiR MOS w D browie Górniczej	<b>4:58.58</b>	+0,69	+ 1.29 103%	652
50m: 31.90	31.90 150m: 1:47.96 39.70 250m: 3:08.79 41.29 350m: 4:25.59 34.46				
100m: 1:08.26	36.36 200m: 2:27.50 39.54 300m: 3:51.13 42.34 400m: 4:58.58 32.99				
3. Kuczmar Aleksandra	09 UKP „Polonia Warszawa”	<b>5:00.65</b>	+0,72	+ 3.36 101%	638
50m: 31.72	31.72 150m: 1:46.11 38.37 250m: 3:07.49 43.60 350m: 4:26.40 34.52				
100m: 1:07.74	36.02 200m: 2:23.89 37.78 300m: 3:51.88 44.39 400m: 5:00.65 34.25				
4. Milancej El bieta	09 UKP „Polonia Warszawa”	<b>5:06.47</b>	+0,57	+ 9.18 108%	603
50m: 33.84	33.84 150m: 1:50.27 39.08 250m: 3:09.41 40.84 350m: 4:29.05 36.61				
100m: 1:11.19	37.35 200m: 2:28.57 38.30 300m: 3:52.44 43.03 400m: 5:06.47 37.42				
5. Wieczorek Michalina	09 UKP Unia O wi cim	<b>5:07.85</b>	+0,70	+ 10.56 102%	595
50m: 32.59	32.59 150m: 1:49.27 39.85 250m: 3:12.98 44.29 350m: 4:33.63 35.64				
100m: 1:09.42	36.83 200m: 2:28.69 39.42 300m: 3:57.99 45.01 400m: 5:07.85 34.22				
6. Sobolak Gabriela	09 UKS „GIM 92 Ursynów”	<b>5:08.15</b>	+0,74	+ 10.86 102%	593
50m: 34.32	34.32 150m: 1:55.39 39.48 250m: 3:16.33 42.03 350m: 4:34.96 35.45				
100m: 1:15.91	41.59 200m: 2:34.30 38.91 300m: 3:59.51 43.18 400m: 5:08.15 33.19				
7. Chałupka Amelia	09 MKS Piaseczno	<b>5:15.48</b>		+ 18.19 102%	552
50m: 34.25	34.25 150m: 1:54.61 41.61 250m: 3:19.55 44.85 350m: 4:41.44 36.75				
100m: 1:13.00	38.75 200m: 2:34.70 40.09 300m: 4:04.69 45.14 400m: 5:15.48 34.04				
8. Lipkowska Paulina	09 UKP „Polonia Warszawa”	<b>5:20.61</b>	+0,77	+ 23.32 97%	526
50m: 33.51	33.51 150m: 1:55.73 41.58 250m: 3:21.44 45.45 350m: 4:45.93 37.49				
100m: 1:14.15	40.64 200m: 2:35.99 40.26 300m: 4:08.44 47.00 400m: 5:20.61 34.68				
9. Bogielczyk Natalia	09 KS Neptun widnica	<b>5:21.88</b>	+0,79	+ 24.59 96%	520
50m: 33.70	33.70 150m: 1:57.02 44.10 250m: 3:25.38 45.16 350m: 4:47.37 36.07				
100m: 1:12.92	39.22 200m: 2:40.22 43.20 300m: 4:11.30 45.92 400m: 5:21.88 34.51				
10. Ciupa Ewelina	09 UKS „Manta Kochłowice Ruda l ska”	<b>5:25.29</b>	+0,77	+ 28.00 100%	504
50m: 34.56	34.56 150m: 1:58.28 43.01 250m: 3:27.70 48.29 350m: 4:50.77 35.31				
100m: 1:15.27	40.71 200m: 2:39.41 41.13 300m: 4:15.46 47.76 400m: 5:25.29 34.52				
<b>Finał B</b>					
11. Gubała Justyna	09 Stowarzyszenie Solne Miasto Wieliczka	<b>5:22.65</b>	+0,79	+ 25.36 102%	516
50m: 34.12	34.12 150m: 1:53.68 39.89 250m: 3:20.70 48.53 350m: 4:46.25 36.82				
100m: 1:13.79	39.67 200m: 2:32.17 38.49 300m: 4:09.43 48.73 400m: 5:22.65 36.40				
12. Kownacka Katarzyna	09 UKP „Polonia Warszawa”	<b>5:25.35</b>	+0,63	+ 28.06 112%	504
50m: 35.79	35.79 150m: 2:00.02 41.99 250m: 3:25.06 43.45 350m: 4:48.74 38.41				
100m: 1:18.03	42.24 200m: 2:41.61 41.59 300m: 4:10.33 45.27 400m: 5:25.35 36.61				
13. Łazar Milena	09 MKP Szczecin	<b>5:27.53</b>	+0,78	+ 30.24 102%	494
50m: 36.80	36.80 150m: 2:02.01 42.09 250m: 3:27.12 44.58 350m: 4:51.46 39.00				
100m: 1:19.92	43.12 200m: 2:42.54 40.53 300m: 4:12.46 45.34 400m: 5:27.53 36.07				
14. Ftara Maja	09 MKS "IKAR" Stal Mielec	<b>5:32.58</b>	+0,70	+ 35.29 102%	471
50m: 34.07	34.07 150m: 1:58.46 43.66 250m: 3:24.59 43.54 350m: 4:53.45 41.76				
100m: 1:14.80	40.73 200m: 2:41.05 42.59 300m: 4:11.69 47.10 400m: 5:32.58 39.13				
15. Baniak Pola	09 BOSiR Brzesko	<b>5:35.12</b>		+ 37.83 101%	461
50m: 34.92	34.92 150m: 2:02.41 45.17 250m: 3:32.48 45.82 350m: 4:58.22 39.03				
100m: 1:17.24	42.32 200m: 2:46.66 44.25 300m: 4:19.19 46.71 400m: 5:35.12 36.90				
16. Jaros Martyna	09 KS Neptun widnica	<b>5:37.78</b>	+0,75	+ 40.49 106%	450
50m: 36.68	36.68 150m: 2:04.85 43.72 250m: 3:33.50 46.25 350m: 5:00.16 38.96				
100m: 1:21.13	44.45 200m: 2:47.25 42.40 300m: 4:21.20 47.70 400m: 5:37.78 37.62				
17. Mucha Martyna	09 UKS „ORKA” Zamo	<b>5:38.63</b>	+0,80	+ 41.34 104%	447
50m: 36.14	36.14 150m: 2:03.17 43.73 250m: 3:34.05 47.75 350m: 5:01.97 39.40				
100m: 1:19.44	43.30 200m: 2:46.30 43.13 300m: 4:22.57 48.52 400m: 5:38.63 36.66				

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18. Domagała Katarzyna	09 UKS "Feniks" D bica		<b>5:38.65</b>		+0,51	+ 41.36	102%	447
50m:	34.88	34.88	150m:	2:01.79	45.39	250m:	3:30.92	45.08
100m:	1:16.40	41.52	200m:	2:45.84	44.05	300m:	4:17.01	46.09
350m:			400m:			350m:	4:58.26	41.25
400m:						400m:	5:38.65	40.39
19. Patyra Joanna	09 UKS SP-149 Łód		<b>5:48.85</b>		+0,85	+ 51.56	97%	408
50m:	37.41	37.41	150m:	2:07.79	46.01	250m:	3:40.33	47.15
100m:	1:21.78	44.37	200m:	2:53.18	45.39	300m:	4:27.66	47.33
350m:			400m:			350m:	5:09.32	41.66
400m:						400m:	5:48.85	39.53
20. mudzi ska Milena	09 Neptun Gda sk		<b>5:55.22</b>		+0,79	+ 57.93	102%	387
50m:	35.17	35.17	150m:	2:06.86	47.24	250m:	3:44.98	52.14
100m:	1:19.62	44.45	200m:	2:52.84	45.98	300m:	4:38.50	53.52
350m:			400m:			350m:	5:17.09	38.59
400m:						400m:	5:55.22	38.13