

Letnie Mistrzostwa Śląska 13 lat
Dąbrowa Górnicza, 6. - 7.6.2025

Konkurencja 11
06.06.2025 - 14:30

Dziewcząt, 400m dowolny

13 lat
Wyniki

Rekord Śląska Open	4:07.67	Żukowska Paulina - 2017	POL	AZS AWF Katowice	01.01.1800
Rekord Śląska 13	4:29.90	Bociek Wiktoria – 2017	POL	KS Górnik Sosnowiec	01.01.1800

Punkty: FINA 2023

Pozycja		Rok ur.					Czas	CR	Strata % popr.	FINA
1.	Rączkowska Lena <i>Mistrz Śląska</i>	12	LKS Jedność 32 Przyszowice				4:42.54	+0,68	100%	548
	50m: 32.27	32.27	150m: 1:43.37	36.02	250m: 2:55.56	35.86	350m: 4:07.80	35.95		
	100m: 1:07.35	35.08	200m: 2:19.70	36.33	300m: 3:31.85	36.29	400m: 4:42.54	34.74		
2.	Socha Małgorzata	12	CSiR MOS w Dąbrowie Górniczej				4:43.69	+0,72	+ 1.15 105%	541
	50m: 33.15	33.15	150m: 1:44.69	36.12	250m: 2:56.69	35.81	350m: 4:09.10	36.40		
	100m: 1:08.57	35.42	200m: 2:20.88	36.19	300m: 3:32.70	36.01	400m: 4:43.69	34.59		
3.	Skubisz Liliana	12	CSiR MOS w Dąbrowie Górniczej				4:48.49	+0,66	+ 5.95 98%	515
	50m: 32.46	32.46	150m: 1:44.96	36.74	250m: 2:58.22	36.80	350m: 4:12.46	37.19		
	100m: 1:08.22	35.76	200m: 2:21.42	36.46	300m: 3:35.27	37.05	400m: 4:48.49	36.03		
4.	Cybulska Lena	12	UKS „Huragan” przy SP nr 45 w Sosno				5:01.60	+0,68	+ 19.06 110%	451
	50m: 34.65	34.65	150m: 1:51.50	39.05	250m: 3:09.48	39.30	350m: 4:25.77	38.11		
	100m: 1:12.45	37.80	200m: 2:30.18	38.68	300m: 3:47.66	38.18	400m: 5:01.60	35.83		
5.	Kusz Zuzanna	12	UKS Wodnik Siemianowice Śląskie				5:06.40	+0,78	+ 23.86 105%	430
	50m: 34.58	34.58	150m: 1:51.22	38.85	250m: 3:09.33	38.81	350m: 4:28.21	39.33		
	100m: 1:12.37	37.79	200m: 2:30.52	39.30	300m: 3:48.88	39.55	400m: 5:06.40	38.19		
6.	Jedlicka Anastazja	12	KS „Górnik” Sosnowiec				5:11.09	+0,82	+ 28.55 104%	411
	50m: 37.01	37.01	150m: 1:56.56	39.42	250m: 3:15.97	39.71	350m: 4:35.15	39.74		
	100m: 1:17.14	40.13	200m: 2:36.26	39.70	300m: 3:55.41	39.44	400m: 5:11.09	35.94		
7.	Tanasevych Daryna	12	CSiR MOS w Dąbrowie Górniczej				5:13.27	+0,36	+ 30.73 97%	402
	50m: 35.05	35.05	150m: 1:53.25	39.73	250m: 3:13.86	40.49	350m: 4:34.56	40.33		
	100m: 1:13.52	38.47	200m: 2:33.37	40.12	300m: 3:54.23	40.37	400m: 5:13.27	38.71		
8.	Karkowska Julia	12	UKS Wodnik Siemianowice Śląskie				5:15.59	+0,79	+ 33.05 106%	393
	50m: 35.41	35.41	150m: 1:56.49	41.20	250m: 3:17.48	40.42	350m: 4:37.78	39.57		
	100m: 1:15.29	39.88	200m: 2:37.06	40.57	300m: 3:58.21	40.73	400m: 5:15.59	37.81		
9.	Żymelka Antonina	12	LKS Jedność 32 Przyszowice				5:19.15	+0,94	+ 36.61 102%	380
	50m: 38.03	38.03	150m: 1:58.94	40.10	250m: 3:21.03	41.34	350m: 4:40.44	39.09		
	100m: 1:18.84	40.81	200m: 2:39.69	40.75	300m: 4:01.35	40.32	400m: 5:19.15	38.71		
10.	Ogos Patrycja	12	UKS „Na Fali Bytom”				5:21.45	+0,44	+ 38.91 114%	372
	50m: 36.50	36.50	150m: 1:58.89	42.00	250m: 3:22.33	41.76	350m: 4:45.09	41.58		
	100m: 1:16.89	40.39	200m: 2:40.57	41.68	300m: 4:03.51	41.18	400m: 5:21.45	36.36		
11.	Jasielska Emilia	12	UKS „Aligator” Gorzyce				5:21.70		+ 39.16 118%	371
	50m: 34.37	34.37	150m: 1:54.77	41.48	250m: 3:17.83	42.08	350m: 4:41.90	42.01		
	100m: 1:13.29	38.92	200m: 2:35.75	40.98	300m: 3:59.89	42.06	400m: 5:21.70	39.80		
12.	Wojtyczka Martyna	12	UKS Aqua Team Mikołów				5:24.01	+0,74	+ 41.47 100%	363
	50m: 36.45	36.45	150m: 1:57.70	41.14	250m: 3:21.65	41.79	350m: 4:43.40	40.19		
	100m: 1:16.56	40.11	200m: 2:39.86	42.16	300m: 4:03.21	41.56	400m: 5:24.01	40.61		
13.	Cymerman Lena	12	KS Górnik Radlin				5:24.06	+0,71	+ 41.52 101%	363
	50m: 36.15	36.15	150m: 2:00.14	42.61	250m: 3:22.78	41.29	350m: 4:45.09	41.04		
	100m: 1:17.53	41.38	200m: 2:41.49	41.35	300m: 4:04.05	41.27	400m: 5:24.06	38.97		
14.	Biadała Nina	12	MKP Wodnik 29 Tychy				5:25.23	+0,83	+ 42.69 108%	359
	50m: 36.36	36.36	150m: 1:59.19	42.74	250m: 3:22.00	40.38	350m: 4:45.15	41.45		
	100m: 1:16.45	40.09	200m: 2:41.62	42.43	300m: 4:03.70	41.70	400m: 5:25.23	40.08		
15.	Kosz Anna	12	UKS „Na Fali Bytom”				5:26.25	+0,74	+ 43.71 96%	356
	50m: 36.56	36.56	150m: 1:59.20	41.82	250m: 3:23.28	42.12	350m: 4:45.76	41.33		
	100m: 1:17.38	40.82	200m: 2:41.16	41.96	300m: 4:04.43	41.15	400m: 5:26.25	40.49		
16.	Sojka Hanna	12	MOSM Tychy				5:34.96	+0,71	+ 52.42 103%	329
	50m: 36.91	36.91	150m: 2:00.77	42.76	250m: 3:27.84	44.16	350m: 4:54.38	43.18		
	100m: 1:18.01	41.10	200m: 2:43.68	42.91	300m: 4:11.20	43.36	400m: 5:34.96	40.58		
17.	Stawicka Martyna	12	UKS „Na Fali Bytom”				5:35.10	+0,76	+ 52.56 106%	328
	50m: 36.45	36.45	150m: 2:00.79	42.67	250m: 3:27.66	43.46	350m: 4:54.31	43.11		
	100m: 1:18.12	41.67	200m: 2:44.20	43.41	300m: 4:11.20	43.54	400m: 5:35.10	40.79		
18.	Kazanecka Karina	12	Uks "Salmo Żory"				5:36.56		+ 54.02 92%	324
	50m: 36.41	36.41	150m: 2:01.26	43.62	250m: 3:28.53	43.02	350m: 4:55.68	41.55		
	100m: 1:17.64	41.23	200m: 2:45.51	44.25	300m: 4:14.13	45.60	400m: 5:36.56	40.88		

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Pozycja		Rok ur.					Czas	CR	Strata % popr.	FINA
19.	Mikulska Iga	12	Uks "Salmo Żory"				5:37.44	+0,76	+ 54.90 99%	322
	50m: 36.59	36.59	150m: 2:00.52	42.77	250m: 3:27.91	44.50	350m: 4:56.02	43.75		
	100m: 1:17.75	41.16	200m: 2:43.41	42.89	300m: 4:12.27	44.36	400m: 5:37.44	41.42		
20.	Adamczyk Antonina	12	CSiR MOS w Dąbrowie Górniczej				5:39.58	+0,89	+ 57.04 105%	316
	50m: 38.57	38.57	150m: 2:04.25	42.87	250m: 3:30.47	42.79	350m: 4:58.12	43.41		
	100m: 1:21.38	42.81	200m: 2:47.68	43.43	300m: 4:14.71	44.24	400m: 5:39.58	41.46		
21.	Gastoł Nadia	12	UKS „ Na Fali Bytom"				5:51.32	+0,69	+ 1:08.78 105%	285
	50m: 38.59	38.59	150m: 2:05.97	43.59	250m: 3:36.41	45.52	350m: 5:07.90	45.45		
	100m: 1:22.38	43.79	200m: 2:50.89	44.92	300m: 4:22.45	46.04	400m: 5:51.32	43.42		
22.	Kastarynda Ligia	12	Uks "Salmo Żory"				5:57.00	+0,81	+ 1:14.46 99%	271
	50m: 37.94	37.94	150m: 2:06.94	45.42	250m: 3:39.45	46.57	350m: 5:12.75	46.99		
	100m: 1:21.52	43.58	200m: 2:52.88	45.94	300m: 4:25.76	46.31	400m: 5:57.00	44.25		
23.	Grudzień Blanka	12	UKS „ Na Fali Bytom"				5:58.07	+0,84	+ 1:15.53 98%	269
	50m: 39.61	39.61	150m: 2:07.92	44.91	250m: 3:39.81	45.99	350m: 5:15.00	48.19		
	100m: 1:23.01	43.40	200m: 2:53.82	45.90	300m: 4:26.81	47.00	400m: 5:58.07	43.07		
24.	Białoskórska Klara	12	UKS „ Na Fali Bytom"				6:12.52	+0,91	+ 1:29.98 103%	239
	50m: 41.03	41.03	150m: 2:14.85	47.81	250m: 3:51.12	48.23	350m: 5:26.52	47.60		
	100m: 1:27.04	46.01	200m: 3:02.89	48.04	300m: 4:38.92	47.80	400m: 6:12.52	46.00		
25.	Jeżak Natalia	12	UKS „ Na Fali Bytom"				6:17.43	+0,82	+ 1:34.89 103%	230
	50m: 43.54	43.54	150m: 3:07.00	48.64	250m: 4:44.30	49.89	350m: 6:17.43	44.78		
	100m: 2:18.36	1:34.82	200m: 3:54.41	47.41	300m: 5:32.65	48.35	400m: 6:17.43			
26.	Kutrzeba Emilia	12	KS „Górnik" Sosnowiec				6:28.75		+ 1:46.21 -	210
	50m: 45.18	45.18	150m: 2:22.09	48.83	250m: 4:02.08	48.97	350m: 5:40.68	49.43		
	100m: 1:33.26	48.08	200m: 3:13.11	51.02	300m: 4:51.25	49.17	400m: 6:28.75	48.07		
27.	Pawlas Tatiana	12	Uks "Salmo Żory"				7:04.74	+0,75	+ 2:22.20 98%	161
	50m: 45.44	45.44	150m: 2:30.76	53.64	250m: 4:21.38	55.81	350m: 6:09.28	53.62		
	100m: 1:37.12	51.68	200m: 3:25.57	54.81	300m: 5:15.66	54.28	400m: 7:04.74	55.46		