

Konkurencja 21  
04.02.2026 - 11:36

Kobiet, 400m dowolny

14 lat i starsi  
Wyniki

Rekord I skła Open	4:07.67	UKOWSKA PAULINA - 2017	POL	AZS AWF Katowice	01.01.1800
Rekord I skła 18	4:10.96	GAWEŁCZYK DOMINIKA -2009	POL	AZS AWF Katowice	01.01.1800
Rekord I skła 17	4:13.84	KOSSAKOWSKA DOMINIKA - 2016	POL	AZS AWF Katowice	01.01.1800
Rekord I skła 16	4:16.01	KOSSAKOWSKA DOMINIKA - 2016	POL	Sikret Gliwice	01.01.1800
Rekord I skła 15	4:16.01	KOSSAKOWSKA DOMINIKA - 2016	POL	Sikret Gliwice	01.01.1800
Rekord I skła 14	4:21.48	NINA RÓZGA - 2025	POL	MOS D browa Górnicza	01.01.1800

Klasa sportowa II/14 - 14: 4:48.78 / Klasa sportowa II/15 - 15: 4:40.12 / Klasa sportowa II/16 - 16: 4:33.61 / Klasa sportowa II/17-18 - 18: 4:27.06

Punkty: AQUA 2025

Pozycja	Rok ur.	Czas	R.St	% popr.	FINA	P.Klub		
<b>14 lat</b>								
1.	SKUBISZ Liliana II/14	12 CSiR MOS w D browie Górnicznej	<b>4:44.95</b>	+0,57	98%	527 25,00		
	50m: 32.32	32.32	150m: 1:44.24	36.13	250m: 2:57.74	36.72	350m: 4:10.21	36.20
	100m: 1:08.11	35.79	200m: 2:21.02	36.78	300m: 3:34.01	36.27	400m: 4:44.95	34.74
2.	SOCHA Małgorzata II/14	12 CSiR MOS w D browie Górnicznej	<b>4:46.19</b>	+0,79	95%	520 20,00		
	50m: 32.33	32.33	150m: 1:44.08	36.17	250m: 2:57.83	36.67	350m: 4:10.87	36.37
	100m: 1:07.91	35.58	200m: 2:21.16	37.08	300m: 3:34.50	36.67	400m: 4:46.19	35.32
3.	CYBULSKA Lena II/14	12 UKS DRAGON Sosnowiec	<b>4:46.25</b>	+0,73	95%	520 17,00		
	50m: 32.91	32.91	150m: 1:44.53	36.27	250m: 2:57.93	36.85	350m: 4:11.64	36.76
	100m: 1:08.26	35.35	200m: 2:21.08	36.55	300m: 3:34.88	36.95	400m: 4:46.25	34.61
4.	DARŁAK Lena	12 CSiR MOS w D browie Górnicznej	<b>4:58.86</b>	-	-	457 15,00		
	50m: 34.21	34.21	150m: 1:49.32	38.06	250m: 3:06.19	38.51	350m: 4:22.23	37.67
	100m: 1:11.26	37.05	200m: 2:27.68	38.36	300m: 3:44.56	38.37	400m: 4:58.86	36.63
5.	CIELNIASZEK Natasza	12 CSiR MOS w D browie Górnicznej	<b>5:00.49</b>	+0,75	-	449 13,00		
	50m: 33.85	33.85	150m: 1:51.08	38.84	250m: 3:07.71	37.96	350m: 4:24.04	37.83
	100m: 1:12.24	38.39	200m: 2:29.75	38.67	300m: 3:46.21	38.50	400m: 5:00.49	36.45
6.	JEDLIĆKA Anastazja	12 KS „Górnik” Sosnowiec	<b>5:00.89</b>	+0,81	107%	448 13,00		
	50m: 33.90	33.90	150m: 1:50.74	38.71	250m: 3:08.43	38.74	350m: 4:24.90	37.94
	100m: 1:12.03	38.13	200m: 2:29.69	38.95	300m: 3:46.96	38.53	400m: 5:00.89	35.99
7.	KOSZ Anna	12 UKS „Na Fali Bytom”	<b>5:04.00</b>	+0,76	110%	434 11,00		
	50m: 34.86	34.86	150m: 1:51.51	38.72	250m: 3:09.73	38.95	350m: 4:26.33	38.08
	100m: 1:12.79	37.93	200m: 2:30.78	39.27	300m: 3:48.25	38.52	400m: 5:04.00	37.67
8.	OGOS Patrycja	12 UKS „Na Fali Bytom”	<b>5:06.89</b>	+0,84	105%	422 9,00		
	50m: 34.86	34.86	150m: 1:52.60	39.33	250m: 3:11.67	39.23	350m: 4:29.51	38.99
	100m: 1:13.27	38.41	200m: 2:32.44	39.84	300m: 3:50.52	38.85	400m: 5:06.89	37.38
9.	KUSZ Zuzanna	12 UKS Wodnik Siemianowice I skie	<b>5:06.96</b>	+0,81	96%	422 5,00		
	50m: 34.00	34.00	150m: 1:50.40	38.88	250m: 3:08.89	39.66	350m: 4:28.32	39.81
	100m: 1:11.52	37.52	200m: 2:29.23	38.83	300m: 3:48.51	39.62	400m: 5:06.96	38.64
10.	JASIELSKA Emilia	12 UKS „Aligator” Gorzyce	<b>5:13.76</b>	+0,95	103%	395 5,00		
	50m: 33.59	33.59	150m: 1:52.88	40.71	250m: 3:14.20	40.40	350m: 4:34.97	40.16
	100m: 1:12.17	38.58	200m: 2:33.80	40.92	300m: 3:54.81	40.61	400m: 5:13.76	38.79
11.	TANASEVYCH Daryna	12 CSiR MOS w D browie Górnicznej	<b>5:15.11</b>	+0,82	96%	390 2,00		
	50m: 34.96	34.96	150m: 1:54.66	39.91	250m: 3:15.18	40.97	350m: 4:36.30	40.41
	100m: 1:14.75	39.79	200m: 2:34.21	39.55	300m: 3:55.89	40.71	400m: 5:15.11	38.81
12.	KARKOWSKA Julia	12 UKS Wodnik Siemianowice I skie	<b>5:17.38</b>	+0,86	97%	381 1,00		
	50m: 35.26	35.26	150m: 1:54.10	39.38	250m: 3:15.07	40.51	350m: 4:37.56	41.43
	100m: 1:14.72	39.46	200m: 2:34.56	40.46	300m: 3:56.13	41.06	400m: 5:17.38	39.82
13.	STAWICKA Martyna	12 UKS „Na Fali Bytom”	<b>5:18.75</b>	+0,74	102%	376 3,00		
	50m: 34.05	34.05	150m: 1:53.05	40.42	250m: 3:15.27	40.88	350m: 4:38.34	41.57
	100m: 1:12.63	38.58	200m: 2:34.39	41.34	300m: 3:56.77	41.50	400m: 5:18.75	40.41
14.	MO KO Lena	12 UKS „Manta Kochłowice Ruda I skła”	<b>5:19.08</b>	+0,78	106%	375 3,00		
	50m: 35.17	35.17	150m: 1:55.39	40.55	250m: 3:17.66	41.21	350m: 4:40.43	40.93
	100m: 1:14.84	39.67	200m: 2:36.45	41.06	300m: 3:59.50	41.84	400m: 5:19.08	38.65
15.	MORO Nadia	12 UKS Wodnik Siemianowice I skie	<b>5:21.46</b>	-	111%	367 3,00		
	50m: 36.36	36.36	150m: 1:57.02	40.97	250m: 3:19.86	43.18	350m: 4:43.99	42.37
	100m: 1:16.05	39.69	200m: 2:36.68	39.66	300m: 4:01.62	41.76	400m: 5:21.46	37.47

## Konkurencja 21, Dziewcząt, 400m dowolny, 14 lat

Pozycja	Rok ur.		Czas				R.St	% popr.	FINA	P.Klub
16. KLONEK Lena	12 CSiR MOS w D browie Górnicy		<b>5:24.17</b>				+0,79	-	358	1,00
	50m: 38.69	38.69	150m: 2:00.63	41.16	250m: 3:23.30	41.59	350m: 4:44.75	41.21		
	100m: 1:19.47	40.78	200m: 2:41.71	41.08	300m: 4:03.54	40.24	400m: 5:24.17	39.42		
17. ULANIUK Ewa	12 UKS „Manta Kochłowice Ruda I ska”		<b>5:25.64</b>				+0,77	92%	353	1,00
	50m: 35.57	35.57	150m: 1:58.01	42.19	250m: 3:22.97	42.96	350m: 4:46.94	41.54		
	100m: 1:15.82	40.25	200m: 2:40.01	42.00	300m: 4:05.40	42.43	400m: 5:25.64	38.70		
18. GASTOŁ Nadia	12 UKS „Na Fali Bytom”		<b>5:29.33</b>				+0,76	101%	341	3,00
	50m: 36.07	36.07	150m: 1:58.08	41.47	250m: 3:23.81	43.12	350m: 4:48.63	42.16		
	100m: 1:16.61	40.54	200m: 2:40.69	42.61	300m: 4:06.47	42.66	400m: 5:29.33	40.70		
19. GRUDZIE Blanka	12 UKS „Na Fali Bytom”		<b>5:38.48</b>				+0,81	105%	314	3,00
	50m: 37.18	37.18	150m: 2:01.72	43.03	250m: 3:28.91	43.56	350m: 4:56.22	42.87		
	100m: 1:18.69	41.51	200m: 2:45.35	43.63	300m: 4:13.35	44.44	400m: 5:38.48	42.26		
20. TOMCZYK Julia	12 UKS „Na Fali Bytom”		<b>5:46.62</b>				+0,80	93%	293	1,00
	50m: 39.22	39.22	150m: 2:05.53	43.63	250m: 3:34.84	44.56	350m: 5:04.25	44.30		
	100m: 1:21.90	42.68	200m: 2:50.28	44.75	300m: 4:19.95	45.11	400m: 5:46.62	42.37		
21. KASTARYNDA Ligia	12 Uks "Salmo ory"		<b>5:49.51</b>				+0,83	103%	285	2,00
	50m: 36.17	36.17	150m: 2:02.74	44.69	250m: 3:33.45	45.70	350m: 5:05.06	45.48		
	100m: 1:18.05	41.88	200m: 2:47.75	45.01	300m: 4:19.58	46.13	400m: 5:49.51	44.45		
22. JE AK Natalia	12 UKS „Na Fali Bytom”		<b>5:58.17</b>				+0,98	106%	265	2,00
	50m: 41.87	41.87	150m: 2:12.98	45.66	250m: 3:45.35	46.84	350m: 5:17.03	45.14		
	100m: 1:27.32	45.45	200m: 2:58.51	45.53	300m: 4:31.89	46.54	400m: 5:58.17	41.14		
23. MIERZEJEWSKA Zuzanna	12 UKS „Na Fali Bytom”		<b>6:01.74</b>				+0,85	103%	257	2,00
	50m: 40.94	40.94	150m: 2:12.56	46.23	250m: 3:46.20	47.27	350m: 5:18.70	46.40		
	100m: 1:26.33	45.39	200m: 2:58.93	46.37	300m: 4:32.30	46.10	400m: 6:01.74	43.04		
24. BOJDA Zofia	12 UKS Aquatica Pawłowice		<b>6:03.25</b>				+0,70	103%	254	2,00
	50m: 40.08	40.08	150m: 2:11.20	46.77	250m: 3:44.91	47.15	350m: 5:18.55	46.54		
	100m: 1:24.43	44.35	200m: 2:57.76	46.56	300m: 4:32.01	47.10	400m: 6:03.25	44.70		
25. NOSOL Barbara	12 KS Victoria Zawiercie		<b>6:06.57</b>				+0,74	-	247	-
	50m: 39.70	39.70	150m: 2:12.89	47.72	250m: 3:47.50	47.55	350m: 5:20.83	45.47		
	100m: 1:25.17	45.47	200m: 2:59.95	47.06	300m: 4:35.36	47.86	400m: 6:06.57	45.74		
26. KUTRZEBA Emilia	12 KS „Górnik” Sosnowiec		<b>6:09.47</b>					111%	242	2,00
	50m: 42.22	42.22	150m: 2:15.82	47.31	250m: 3:49.36	46.81	350m: 5:24.45	47.92		
	100m: 1:28.51	46.29	200m: 3:02.55	46.73	300m: 4:36.53	47.17	400m: 6:09.47	45.02		
27. DOLECKA Maria	12 UKS „Manta Kochłowice Ruda I ska”		<b>6:14.34</b>				+0,80	85%	232	-
	50m: 39.95	39.95	150m: 2:13.07	47.48	250m: 3:50.09	48.91	350m: 5:26.67	48.30		
	100m: 1:25.59	45.64	200m: 3:01.18	48.11	300m: 4:38.37	48.28	400m: 6:14.34	47.67		
28. KASPROWICZ Zuzanna	12 UKS „Manta Kochłowice Ruda I ska”		<b>6:16.09</b>				+0,97	-	229	-
	50m: 40.50	40.50	150m: 2:12.43	47.09	250m: 3:49.44	48.87	350m: 5:28.15	49.30		
	100m: 1:25.34	44.84	200m: 3:00.57	48.14	300m: 4:38.85	49.41	400m: 6:16.09	47.94		
29. KOWALSKA Liliana	12 UKP „Ruda I ska”		<b>6:19.47</b>				+0,91	-	223	-
	50m: 41.88	41.88	150m: 2:17.18	49.63	250m: 3:56.73	49.59	350m: 5:33.16	48.49		
	100m: 1:27.55	45.67	200m: 3:07.14	49.96	300m: 4:44.67	47.94	400m: 6:19.47	46.31		
30. DWORAK Lilianna	12 UKS Aquatica Pawłowice		<b>6:29.91</b>				+0,88	-	205	-
	50m: 42.86	42.86	150m: 2:21.29	50.46	250m: 4:03.75	51.35	350m: 5:41.18	47.83		
	100m: 1:30.83	47.97	200m: 3:12.40	51.11	300m: 4:53.35	49.60	400m: 6:29.91	48.73		
31. PAŁUCHA Hanna	12 KS „Górnik” Sosnowiec		<b>6:43.66</b>				+0,93	-	185	-
	50m: 43.71	43.71	150m: 2:26.30	52.75	250m: 4:12.53	53.31	350m: 5:55.59	50.60		
	100m: 1:33.55	49.84	200m: 3:19.22	52.92	300m: 5:04.99	52.46	400m: 6:43.66	48.07		
NW PUCHARSKA Maja	12 CSiR MOS w D browie Górnicy								-	-
NW WOJTECKA Julia	12 KP „Sukces” Chorzów								-	-

## 15 lat

1. RÓZGA Nina //17-18	11 CSiR MOS w D browie Górnicy		<b>4:26.22</b>				+0,87	96%	646	25,00
	50m: 30.17	30.17	150m: 1:37.63	34.04	250m: 2:45.23	33.95	350m: 3:52.98	33.24		
	100m: 1:03.59	33.42	200m: 2:11.28	33.65	300m: 3:19.74	34.51	400m: 4:26.22	33.24		
2. BOMBA Julia //16	11 CSiR MOS w D browie Górnicy		<b>4:32.11</b>				+0,79	97%	605	20,00
	50m: 30.46	30.46	150m: 1:38.73	34.61	250m: 2:48.24	34.62	350m: 3:57.89	34.91		
	100m: 1:04.12	33.66	200m: 2:13.62	34.89	300m: 3:22.98	34.74	400m: 4:32.11	34.22		

Konkurencja 21, Dziewcz t, 400m dowolny, 15 lat

Pozycja	Rok ur.		Czas		R.St % popr.		FINA	P.Klub
3. KULKA Milena <i>II/15</i>	11	CSiR MOS w D browie Górnicej	<b>4:33.99</b>	+0,70	105%	593	19,00	
50m: 31.93	31.93	150m: 1:41.29	34.60	250m: 2:50.62	34.73	350m: 3:59.97	34.52	
100m: 1:06.69	34.76	200m: 2:15.89	34.60	300m: 3:25.45	34.83	400m: 4:33.99	34.02	
4. FRO Kinga <i>II/15</i>	11	UKS Victoria Kozy	<b>4:38.25</b>	+0,72	101%	566	17,00	
50m: 31.62	31.62	150m: 1:41.38	34.99	250m: 2:51.29	35.08	350m: 4:02.94	35.90	
100m: 1:06.39	34.77	200m: 2:16.21	34.83	300m: 3:27.04	35.75	400m: 4:38.25	35.31	
5. PI TKIEWICZ Martyna	11	CSiR MOS w D browie Górnicej	<b>4:46.78</b>	+0,70	100%	517	15,00	
50m: 31.84	31.84	150m: 1:42.89	35.75	250m: 2:55.69	36.57	350m: 4:10.49	37.56	
100m: 1:07.14	35.30	200m: 2:19.12	36.23	300m: 3:32.93	37.24	400m: 4:46.78	36.29	
6. NOWI SKA Nina	11	UKS „Huragan” przy SP nr 45 w Sosnowcu	<b>4:53.18</b>	+0,83	106%	484	13,00	
50m: 31.08	31.08	150m: 1:43.59	37.16	250m: 2:58.91	37.87	350m: 4:16.67	39.34	
100m: 1:06.43	35.35	200m: 2:21.04	37.45	300m: 3:37.33	38.42	400m: 4:53.18	36.51	
7. BYSIEC Jagoda	11	CSiR MOS w D browie Górnicej	<b>4:53.83</b>	+0,77	98%	481	9,00	
50m: 31.94	31.94	150m: 1:43.51	36.23	250m: 2:57.18	36.97	350m: 4:14.69	39.69	
100m: 1:07.28	35.34	200m: 2:20.21	36.70	300m: 3:35.00	37.82	400m: 4:53.83	39.14	
8. FILIPEK Małgorzata	11	MKS MOS Katowice	<b>4:57.48</b>	+0,80	-	463	7,00	
50m: 34.23	34.23	150m: 1:50.41	38.50	250m: 3:06.99	37.84	350m: 4:22.63	37.03	
100m: 1:11.91	37.68	200m: 2:29.15	38.74	300m: 3:45.60	38.61	400m: 4:57.48	34.85	
9. WAWRZYNEK Zuzanna	11	UKS Wodnik Siemianowice I skie	<b>4:59.37</b>	+0,53	98%	454	5,00	
50m: 32.87	32.87	150m: 1:47.38	37.79	250m: 3:05.20	39.56	350m: 4:23.61	39.25	
100m: 1:09.59	36.72	200m: 2:25.64	38.26	300m: 3:44.36	39.16	400m: 4:59.37	35.76	
10. ŁAPA Daria	11	CSiR MOS w D browie Górnicej	<b>4:59.83</b>	+0,88	-	452	3,00	
50m: 33.81	33.81	150m: 1:50.01	38.52	250m: 3:06.96	38.63	350m: 4:23.31	37.83	
100m: 1:11.49	37.68	200m: 2:28.33	38.32	300m: 3:45.48	38.52	400m: 4:59.83	36.52	
11. BACHNIAK Lidia	11	CSiR MOS w D browie Górnicej	<b>5:00.14</b>	+0,71	-	451	2,00	
50m: 33.29	33.29	150m: 1:49.15	38.35	250m: 3:06.30	38.41	350m: 4:23.20	38.35	
100m: 1:10.80	37.51	200m: 2:27.89	38.74	300m: 3:44.85	38.55	400m: 5:00.14	36.94	
12. PIETREK Lena	11	UKS Wodnik Siemianowice I skie	<b>5:07.69</b>	+0,63	106%	419	3,00	
50m: 34.86	34.86	150m: 1:52.98	39.66	250m: 3:11.53	39.30	350m: 4:30.67	39.16	
100m: 1:13.32	38.46	200m: 2:32.23	39.25	300m: 3:51.51	39.98	400m: 5:07.69	37.02	
13. GONZIK Olga	11	MKS MOS Katowice	<b>5:10.75</b>	+0,79	99%	406	1,00	
50m: 34.58	34.58	150m: 1:52.51	39.28	250m: 3:12.86	40.33	350m: 4:32.76	39.94	
100m: 1:13.23	38.65	200m: 2:32.53	40.02	300m: 3:52.82	39.96	400m: 5:10.75	37.99	
14. ANGIELCZYK-NOWICKA B.	11	UKS "NKP Bielsko-Biała"	<b>5:18.01</b>	+0,78	113%	379	3,00	
50m: 36.19	36.19	150m: 1:54.45	39.28	250m: 3:16.18	41.12	350m: 4:38.45	41.15	
100m: 1:15.17	38.98	200m: 2:35.06	40.61	300m: 3:57.30	41.12	400m: 5:18.01	39.56	
15. TUŁAJ Aleksandra	11	UKS „Manta Kochłowice Ruda I ska"	<b>5:23.09</b>	+0,63	99%	361	1,00	
50m: 36.23	36.23	150m: 1:57.73	41.47	250m: 3:20.05	41.18	350m: 4:42.95	41.49	
100m: 1:16.26	40.03	200m: 2:38.87	41.14	300m: 4:01.46	41.41	400m: 5:23.09	40.14	
16. CEMBRZY SKA Jagoda	11	KS „Górnik” Sosnowiec	<b>5:24.20</b>	+0,77	108%	358	3,00	
50m: 36.28	36.28	150m: 1:56.26	40.12	250m: 3:19.02	41.57	350m: 4:43.03	42.09	
100m: 1:16.14	39.86	200m: 2:37.45	41.19	300m: 4:00.94	41.92	400m: 5:24.20	41.17	
17. TRUBIC Wiktoria	11	UKS „Manta Kochłowice Ruda I ska"	<b>5:30.78</b>	+0,89	99%	337	1,00	
50m: 35.94	35.94	150m: 1:58.97	42.04	250m: 3:23.14	41.93	350m: 4:49.07	43.04	
100m: 1:16.93	40.99	200m: 2:41.21	42.24	300m: 4:06.03	42.89	400m: 5:30.78	41.71	
18. KRZYKOWSKA Natalia	11	UKS „Manta Kochłowice Ruda I ska"	<b>5:32.99</b>	+0,81	-	330	1,00	
50m: 37.85	37.85	150m: 2:01.41	42.35	250m: 3:27.49	43.28	350m: 4:53.46	43.09	
100m: 1:19.06	41.21	200m: 2:44.21	42.80	300m: 4:10.37	42.88	400m: 5:32.99	39.53	
19. LASZCZAK Julia	11	UKS "NKP Bielsko-Biała"	<b>5:34.32</b>	+0,73	95%	326	1,00	
50m: 36.00	36.00	150m: 1:59.69	42.60	250m: 3:26.13	43.68	350m: 4:54.79	43.82	
100m: 1:17.09	41.09	200m: 2:42.45	42.76	300m: 4:10.97	44.84	400m: 5:34.32	39.53	
20. B BENEK Sonia	11	KP H2O Jastrz bie-Zdrój	<b>5:35.92</b>	+0,83	92%	322	1,00	
50m: 36.54	36.54	150m: 2:00.20	42.46	250m: 3:27.41	44.14	350m: 4:54.60	43.32	
100m: 1:17.74	41.20	200m: 2:43.27	43.07	300m: 4:11.28	43.87	400m: 5:35.92	41.32	
21. MICKIEWICZ Zofia	11	Rybnicki Młodzie owy Klub Sportowy	<b>5:41.44</b>	+0,80	102%	306	2,00	
50m: 37.69	37.69	150m: 2:02.53	43.41	250m: 3:30.81	44.50	350m: 4:57.70	42.82	
100m: 1:19.12	41.43	200m: 2:46.31	43.78	300m: 4:14.88	44.07	400m: 5:41.44	43.74	

Konkurencja 21, Dziewcz t, 400m dowolny, 15 lat

Pozycja	Rok ur.		Czas				R.St	% popr.	FINA	P.Klub	
22. B K Magda	11	Uks "Salmo ory"	<b>5:45.05</b>	+0,80	95%	297	-				
50m:	37.35	37.35	150m:	2:01.65	42.89	250m:	3:31.11	44.47	350m:	5:01.22	45.40
100m:	1:18.76	41.41	200m:	2:46.64	44.99	300m:	4:15.82	44.71	400m:	5:45.05	43.83
23. MAKAR Agata	11	KS „Górnik” Sosnowiec	<b>5:50.18</b>	+0,72	-	284	-				
50m:	39.40	39.40	150m:	2:06.02	42.95	250m:	3:35.68	45.45	350m:	5:07.93	46.05
100m:	1:23.07	43.67	200m:	2:50.23	44.21	300m:	4:21.88	46.20	400m:	5:50.18	42.25
24. STENCEL Matylda	11	KS „Górnik” Sosnowiec	<b>5:53.68</b>	+0,61	86%	275	-				
50m:	37.98	37.98	150m:	2:07.20	44.94	250m:	3:38.14	45.51	350m:	5:09.95	45.58
100m:	1:22.26	44.28	200m:	2:52.63	45.43	300m:	4:24.37	46.23	400m:	5:53.68	43.73
25. PI TEK-WALCZYK A.	11	UKS Wodnik Siemianowice I skie	<b>5:57.39</b>	+0,88	-	267	-				
50m:	38.67	38.67	150m:	2:08.29	44.90	250m:	3:40.37	45.80	350m:	5:13.71	47.00
100m:	1:23.39	44.72	200m:	2:54.57	46.28	300m:	4:26.71	46.34	400m:	5:57.39	43.68
NW BYDŁO Barbara	11	UKS „Na Fali Bytom”									
16 lat i starsi											
1. JAKUBCZYK Natalia	08	CSiR MOS w D browie Górnicyej	<b>4:25.47</b>	+0,78	98%	652	25,00				
II/17-18			50m:	30.81	30.81	150m:	1:37.86	33.73	250m:	2:45.19	33.78
			100m:	1:04.13	33.32	200m:	2:11.41	33.55	300m:	3:19.15	33.96
									350m:	3:53.10	33.95
									400m:	4:25.47	32.37
2. KAPKA Antonina	09	CSiR MOS w D browie Górnicyej	<b>4:27.01</b>	+0,80	102%	641	22,00				
II/17-18			50m:	30.64	30.64	150m:	1:37.41	33.53	250m:	2:45.56	34.26
			100m:	1:03.88	33.24	200m:	2:11.30	33.89	300m:	3:19.82	34.26
									350m:	3:53.55	33.73
									400m:	4:27.01	33.46
3. MALARZ Milena	09	UKS Victoria Kozy	<b>4:39.55</b>	+0,73	95%	558	17,00				
			50m:	31.65	31.65	150m:	1:41.50	35.17	250m:	2:52.99	35.89
			100m:	1:06.33	34.68	200m:	2:17.10	35.60	300m:	3:29.07	36.08
									350m:	4:04.76	35.69
									400m:	4:39.55	34.79
4. MATYJASEK Olga	10	Akademia Sms Racibórz	<b>4:39.67</b>	+0,84	95%	558	15,00				
			50m:	32.13	32.13	150m:	1:42.80	35.48	250m:	2:55.13	36.05
			100m:	1:07.32	35.19	200m:	2:19.08	36.28	300m:	3:30.89	35.76
									350m:	4:06.46	35.57
									400m:	4:39.67	33.21
5. MAIK Victoria	09	UKS „Manta Kochłowice Ruda I ska”	<b>4:39.80</b>	+0,74	94%	557	13,00				
			50m:	30.97	30.97	150m:	1:40.37	35.38	250m:	2:52.79	36.25
			100m:	1:04.99	34.02	200m:	2:16.54	36.17	300m:	3:29.50	36.71
									350m:	4:05.65	36.15
									400m:	4:39.80	34.15
6. SITKIEWICZ Jagoda	07	UKS Wodnik Siemianowice I skie	<b>4:42.29</b>	+0,64	93%	542	11,00				
			50m:	31.44	31.44	150m:	1:40.92	35.04	250m:	2:53.16	36.44
			100m:	1:05.88	34.44	200m:	2:16.72	35.80	300m:	3:29.78	36.62
									350m:	4:06.35	36.57
									400m:	4:42.29	35.94
7. PI TEK Maja	10	KS „Górnik” Sosnowiec	<b>4:47.30</b>	+0,77	99%	514	9,00				
			50m:	32.46	32.46	150m:	1:45.77	36.87	250m:	2:59.32	36.69
			100m:	1:08.90	36.44	200m:	2:22.63	36.86	300m:	3:35.31	35.99
									350m:	4:12.26	36.95
									400m:	4:47.30	35.04
8. FERSZT Kornelia	08	KS „Górnik” Sosnowiec	<b>4:48.68</b>	+0,71	96%	507	7,00				
			50m:	32.55	32.55	150m:	1:45.85	37.00	250m:	2:59.01	36.16
			100m:	1:08.85	36.30	200m:	2:22.85	37.00	300m:	3:35.98	36.97
									350m:	4:13.32	37.34
									400m:	4:48.68	35.36
9. DUDA Katarzyna	09	UKS Victoria Kozy	<b>4:49.30</b>	+0,74	112%	504	7,00				
			50m:	32.23	32.23	150m:	1:44.97	36.81	250m:	2:59.12	36.98
			100m:	1:08.16	35.93	200m:	2:22.14	37.17	300m:	3:36.19	37.07
									350m:	4:12.93	36.74
									400m:	4:49.30	36.37
10. LIWAKOWSKA Magdalena	10	CSiR MOS w D browie Górnicyej	<b>4:50.27</b>	+0,74	101%	499	5,00				
			50m:	32.74	32.74	150m:	1:45.49	36.97	250m:	3:00.50	37.87
			100m:	1:08.52	35.78	200m:	2:22.63	37.14	300m:	3:38.81	38.31
									350m:	4:15.60	36.79
									400m:	4:50.27	34.67
11. JANIA Alicja	08	UKS Victoria Kozy	<b>4:51.02</b>	+0,72	101%	495	4,00				
			50m:	32.89	32.89	150m:	1:46.00	37.27	250m:	3:01.32	37.81
			100m:	1:08.73	35.84	200m:	2:23.51	37.51	300m:	3:38.78	37.46
									350m:	4:15.50	36.72
									400m:	4:51.02	35.52
12. BORECKA Klaudia	09	CSiR MOS w D browie Górnicyej	<b>4:51.10</b>	+0,63	-	494	1,00				
			50m:	32.06	32.06	150m:	1:45.32	37.11	250m:	3:01.40	37.92
			100m:	1:08.21	36.15	200m:	2:23.48	38.16	300m:	3:39.06	37.66
									350m:	4:16.10	37.04
									400m:	4:51.10	35.00
13. PODUSZY SKA Weronika	09	MKS Pałac Młodzie y Katowice	<b>4:51.73</b>	+0,75	101%	491	3,00				
			50m:	31.97	31.97	150m:	1:44.69	36.82	250m:	3:00.20	37.88
			100m:	1:07.87	35.90	200m:	2:22.32	37.63	300m:	3:38.58	38.38
									350m:	4:16.61	38.03
									400m:	4:51.73	35.12
14. MAIK Maja	10	UKS „Manta Kochłowice Ruda I ska”	<b>4:52.19</b>	+0,77	96%	489	1,00				
			50m:	32.61	32.61	150m:	1:44.20	36.49	250m:	2:58.18	37.20
			100m:	1:07.71	35.10	200m:	2:20.98	36.78	300m:	3:36.24	38.06
									350m:	4:14.68	38.44
									400m:	4:52.19	37.51

Konkurencja 21, Kobiet, 400m dowolny, 16 lat i starsi

Pozycja		Rok ur.					Czas	R.St	% popr.	FINA	P.Klub
15.	L CZEK Zuzanna	09	KS „Górnik” Sosnowiec				<b>4:53.01</b>	+0,63	110%	485	3,00
	50m: 31.43	31.43	150m: 1:44.16	37.11	250m: 2:59.62	37.58	350m: 4:16.16	38.63			
	100m: 1:07.05	35.62	200m: 2:22.04	37.88	300m: 3:37.53	37.91	400m: 4:53.01	36.85			
16.	ARTWIK Hanna	10	Akademia Sms Racibórz				<b>4:57.44</b>	+0,79	98%	463	1,00
	50m: 34.57	34.57	150m: 1:49.15	37.83	250m: 3:04.40	37.52	350m: 4:21.02	38.10			
	100m: 1:11.32	36.75	200m: 2:26.88	37.73	300m: 3:42.92	38.52	400m: 4:57.44	36.42			
17.	GOŁ BEK Wiktoria	09	UKS Wodnik Siemianowice I skie				<b>4:57.64</b>	+0,88	102%	462	3,00
	50m: 32.71	32.71	150m: 1:46.90	37.54	250m: 3:02.98	38.10	350m: 4:19.96	39.13			
	100m: 1:09.36	36.65	200m: 2:24.88	37.98	300m: 3:40.83	37.85	400m: 4:57.64	37.68			
18.	PODUSZY SKA Hanna	10	MKS Pałac Młodzie y Katowice				<b>4:58.58</b>	+0,75	104%	458	3,00
	50m: 32.60	32.60	150m: 1:45.68	37.22	250m: 3:01.99	38.27	350m: 4:20.56	39.67			
	100m: 1:08.46	35.86	200m: 2:23.72	38.04	300m: 3:40.89	38.90	400m: 4:58.58	38.02			
19.	KOSMATY Julita	09	UKS Victoria Kozy				<b>5:00.97</b>	+0,85	98%	447	1,00
	50m: 34.53	34.53	150m: 1:49.87	37.62	250m: 3:06.01	37.73	350m: 4:23.74	39.46			
	100m: 1:12.25	37.72	200m: 2:28.28	38.41	300m: 3:44.28	38.27	400m: 5:00.97	37.23			
20.	WIRZEWICZ Emilia	10	CSiR MOS w D browie Górnicej				<b>5:08.79</b>	+0,67	101%	414	3,00
	50m: 34.62	34.62	150m: 1:51.94	39.03	250m: 3:10.79	39.41	350m: 4:30.16	39.64			
	100m: 1:12.91	38.29	200m: 2:31.38	39.44	300m: 3:50.52	39.73	400m: 5:08.79	38.63			
21.	GIERACH Maja	09	UKS Wodnik Siemianowice I skie				<b>5:09.41</b>	+0,74	93%	412	-
	50m: 34.03	34.03	150m: 1:50.19	38.65	250m: 3:09.63	40.29	350m: 4:30.19	40.40			
	100m: 1:11.54	37.51	200m: 2:29.34	39.15	300m: 3:49.79	40.16	400m: 5:09.41	39.22			
22.	NYREK Małgorzata	09	UKS Aquatica Pawłowice				<b>5:09.56</b>	+0,71	-	411	-
	50m: 33.75	33.75	150m: 1:51.26	39.44	250m: 3:11.58	40.55	350m: 4:30.74	39.37			
	100m: 1:11.82	38.07	200m: 2:31.03	39.77	300m: 3:51.37	39.79	400m: 5:09.56	38.82			
23.	SITTEK Aleksandra	08	"Sikret" Gliwice				<b>5:10.89</b>	+0,71	-	406	-
	50m: 33.68	33.68	150m: 1:52.11	40.30	250m: 3:12.49	39.71	350m: 4:32.69	40.29			
	100m: 1:11.81	38.13	200m: 2:32.78	40.67	300m: 3:52.40	39.91	400m: 5:10.89	38.20			
24.	O LAK Julia	09	UKS Victoria Kozy				<b>5:13.97</b>	+0,75	-	394	-
	50m: 36.06	36.06	150m: 1:55.55	40.01	250m: 3:15.77	40.01	350m: 4:35.59	39.88			
	100m: 1:15.54	39.48	200m: 2:35.76	40.21	300m: 3:55.71	39.94	400m: 5:13.97	38.38			
25.	CZAKON Maja	09	UKS Aquatica Pawłowice				<b>5:15.71</b>	+0,75	-	387	-
	50m: 35.09	35.09	150m: 1:54.89	40.98	250m: 3:18.14	41.60	350m: 4:39.05	40.08			
	100m: 1:13.91	38.82	200m: 2:36.54	41.65	300m: 3:58.97	40.83	400m: 5:15.71	36.66			
26.	MORGA SKA Marta	10	UKS „Manta Kochłowice Ruda I ska"				<b>5:18.58</b>	+0,95	102%	377	2,00
	50m: 37.86	37.86	150m: 1:58.07	40.33	250m: 3:18.49	40.43	350m: 4:39.82	40.61			
	100m: 1:17.74	39.88	200m: 2:38.06	39.99	300m: 3:59.21	40.72	400m: 5:18.58	38.76			
27.	GRABARA Patrycja	09	KS „Górnik” Sosnowiec				<b>5:19.76</b>	+0,63	97%	373	-
	50m: 34.45	34.45	150m: 1:54.01	40.66	250m: 3:16.76	41.76	350m: 4:39.75	41.40			
	100m: 1:13.35	38.90	200m: 2:35.00	40.99	300m: 3:58.35	41.59	400m: 5:19.76	40.01			
28.	HANDZLIK Hanna	09	UKS Victoria Kozy				<b>5:34.71</b>	+0,73	93%	325	-
	50m: 35.11	35.11	150m: 1:57.86	43.18	250m: 3:24.50	43.78	350m: 4:54.39	44.86			
	100m: 1:14.68	39.57	200m: 2:40.72	42.86	300m: 4:09.53	45.03	400m: 5:34.71	40.32			
29.	BA KOWSKA Oliwia	10	Uks "Salmo ory"				<b>5:44.48</b>	+0,86	98%	298	-
	50m: 36.74	36.74	150m: 2:01.91	43.51	250m: 3:32.08	45.38	350m: 5:02.54	45.25			
	100m: 1:18.40	41.66	200m: 2:46.70	44.79	300m: 4:17.29	45.21	400m: 5:44.48	41.94			
30.	BOROWSKA Natalia	10	UKS „ONDRASZEK" w Bielsku-Białej				<b>5:44.93</b>	+0,75	-	297	-
	50m: 37.16	37.16	150m: 2:04.17	44.77	250m: 3:33.19	44.14	350m: 5:01.89	44.62			
	100m: 1:19.40	42.24	200m: 2:49.05	44.88	300m: 4:17.27	44.08	400m: 5:44.93	43.04			
NW	BILI SKA Iga	09	UKS „Manta Kochłowice Ruda I ska"					-	-	-	-
NW	KOSI SKA Olga	09	UKS Aquatica Pawłowice					-	-	-	-
NW	KRZOWSKA Hanna	09	UKS Aquatica Pawłowice					-	-	-	-