

Konkurencja 22  
18.05.2026 - 12:45

Mężczyzn, 400m dowolny

14 lat i starsi  
Wyniki

|                    |         |                             |                          |            |
|--------------------|---------|-----------------------------|--------------------------|------------|
| Rekord I skła Open | 3:39.22 | SIERADZKI KAMIL - 2025      | AZS AWF Katowice         | 01.01.1800 |
| Rekord I skła 18   | 3:47.77 | HEBEL MACIEJ - 2023         | AZS AWF Katowice         | 01.01.1800 |
| Rekord I skła 17   | 3:50.45 | MAJOR ERIK - 2024           | PW Tarnowskie Góry       | 01.01.1800 |
| Rekord I skła 16   | 3:58.27 | TYMOTEUZ WISZNIOWSKI - 2025 | LKS Jedno 32 Przystowice | 01.01.1800 |
| Rekord I skła 15   | 3:56.38 | TYMOTEUZ WISZNIOWSKI - 2025 | LKS Jedno 32 Przystowice | 01.01.1800 |
| Rekord I skła 14   | 3:58.63 | WISZNIOWSKI TYMOTEUZ        | Jedno 32 Przystowice     | 01.01.1800 |

Klasa sportowa II/14 - 14: 4:35.54 / Klasa sportowa II/15 - 15: 4:23.52 / Klasa sportowa II/16 - 16: 4:14.66 / Klasa sportowa II/17-18 - 18: 4:08.33

Punkty: AQUA 2025

| Pozycja       | Rok ur.                     | Czas                              | R.St           | % popr. | FINA          | P.Klub    |               |       |
|---------------|-----------------------------|-----------------------------------|----------------|---------|---------------|-----------|---------------|-------|
| <b>14 lat</b> |                             |                                   |                |         |               |           |               |       |
| 1.            | MATUSZCZYK Mateusz<br>II/14 | 12 CSiR MOS w D browie Górnicej   | <b>4:27.67</b> | +0,91   | 99%           | 498 25,00 |               |       |
|               | 50m: 30.98                  | 30.98                             | 150m: 1:39.41  | 34.42   | 250m: 2:48.32 | 34.44     | 350m: 3:56.25 | 33.81 |
|               | 100m: 1:04.99               | 34.01                             | 200m: 2:13.88  | 34.47   | 300m: 3:22.44 | 34.12     | 400m: 4:27.67 | 31.42 |
| 2.            | KAPKA Mikołaj<br>II/14      | 12 CSiR MOS w D browie Górnicej   | <b>4:27.86</b> | +0,71   | 97%           | 497 20,00 |               |       |
|               | 50m: 30.79                  | 30.79                             | 150m: 1:39.27  | 34.90   | 250m: 2:48.20 | 34.35     | 350m: 3:56.76 | 33.80 |
|               | 100m: 1:04.37               | 33.58                             | 200m: 2:13.85  | 34.58   | 300m: 3:22.96 | 34.76     | 400m: 4:27.86 | 31.10 |
| 3.            | CAPIGA Maciej<br>II/14      | 12 CSiR MOS w D browie Górnicej   | <b>4:28.20</b> | +0,76   | -             | 495 17,00 |               |       |
|               | 50m: 30.88                  | 30.88                             | 150m: 1:38.38  | 34.19   | 250m: 2:47.84 | 34.82     | 350m: 3:55.94 | 34.12 |
|               | 100m: 1:04.19               | 33.31                             | 200m: 2:13.02  | 34.64   | 300m: 3:21.82 | 33.98     | 400m: 4:28.20 | 32.26 |
| 4.            | WDOWIAK Jakub               | 12 CSiR MOS w D browie Górnicej   | <b>4:39.14</b> | +0,68   | -             | 439 15,00 |               |       |
|               | 50m: 33.24                  | 33.24                             | 150m: 1:44.93  | 35.60   | 250m: 2:55.52 | 35.28     | 350m: 4:05.57 | 34.64 |
|               | 100m: 1:09.33               | 36.09                             | 200m: 2:20.24  | 35.31   | 300m: 3:30.93 | 35.41     | 400m: 4:39.14 | 33.57 |
| 5.            | WANIK Michał                | 12 UKS DRAGON Sosnowiec           | <b>4:42.22</b> | +0,77   | 96%           | 425 13,00 |               |       |
|               | 50m: 31.61                  | 31.61                             | 150m: 1:42.34  | 36.23   | 250m: 2:56.25 | 37.02     | 350m: 4:08.00 | 34.83 |
|               | 100m: 1:06.11               | 34.50                             | 200m: 2:19.23  | 36.89   | 300m: 3:33.17 | 36.92     | 400m: 4:42.22 | 34.22 |
| 6.            | GRUDZIE Jakub               | 12 CSiR MOS w D browie Górnicej   | <b>4:45.70</b> | +0,73   | -             | 410 11,00 |               |       |
|               | 50m: 32.96                  | 32.96                             | 150m: 1:45.88  | 37.11   | 250m: 2:58.61 | 36.60     | 350m: 4:09.95 | 36.53 |
|               | 100m: 1:08.77               | 35.81                             | 200m: 2:22.01  | 36.13   | 300m: 3:33.42 | 34.81     | 400m: 4:45.70 | 35.75 |
| 7.            | JASKÓLSKI Szymon            | 12 UKP „Ruda I skła”              | <b>4:47.76</b> | +0,73   | 123%          | 401 11,00 |               |       |
|               | 50m: 31.15                  | 31.15                             | 150m: 1:43.96  | 36.52   | 250m: 2:58.24 | 37.24     | 350m: 4:12.80 | 37.46 |
|               | 100m: 1:07.44               | 36.29                             | 200m: 2:21.00  | 37.04   | 300m: 3:35.34 | 37.10     | 400m: 4:47.76 | 34.96 |
| 8.            | BIELI SKI Oskar             | 12 CSiR MOS w D browie Górnicej   | <b>4:47.80</b> | +0,72   | -             | 401 7,00  |               |       |
|               | 50m: 31.66                  | 31.66                             | 150m: 1:43.23  | 36.14   | 250m: 2:58.79 | 37.87     | 350m: 4:13.04 | 36.99 |
|               | 100m: 1:07.09               | 35.43                             | 200m: 2:20.92  | 37.69   | 300m: 3:36.05 | 37.26     | 400m: 4:47.80 | 34.76 |
| 9.            | EBROWSKI Tymon              | 12 MKS Park Wodny Tarnowskie Góry | <b>4:49.00</b> | +0,62   | 100%          | 396 5,00  |               |       |
|               | 50m: 31.93                  | 31.93                             | 150m: 1:45.61  | 37.18   | 250m: 3:00.75 | 38.13     | 350m: 4:14.38 | 36.77 |
|               | 100m: 1:08.43               | 36.50                             | 200m: 2:22.62  | 37.01   | 300m: 3:37.61 | 36.86     | 400m: 4:49.00 | 34.62 |
| 10.           | POCHOPIE Kamil              | 12 UKS Victoria Kozy              | <b>4:51.26</b> | +0,79   | 105%          | 386 5,00  |               |       |
|               | 50m: 32.60                  | 32.60                             | 150m: 1:45.30  | 37.14   | 250m: 3:00.38 | 37.51     | 350m: 4:15.35 | 37.26 |
|               | 100m: 1:08.16               | 35.56                             | 200m: 2:22.87  | 37.57   | 300m: 3:38.09 | 37.71     | 400m: 4:51.26 | 35.91 |
| 11.           | URBAS Mateusz               | 12 UKS „Na Fali Bytom”            | <b>4:51.34</b> | +0,75   | 110%          | 386 4,00  |               |       |
|               | 50m: 31.24                  | 31.24                             | 150m: 1:43.60  | 37.02   | 250m: 2:59.54 | 38.16     | 350m: 4:16.52 | 38.39 |
|               | 100m: 1:06.58               | 35.34                             | 200m: 2:21.38  | 37.78   | 300m: 3:38.13 | 38.59     | 400m: 4:51.34 | 34.82 |
| 12.           | CZAPLA Aleks                | 12 UKS Wodnik Siemianowice I skie | <b>4:53.17</b> | +0,75   | 107%          | 379 3,00  |               |       |
|               | 50m: 31.55                  | 31.55                             | 150m: 1:46.39  | 37.68   | 250m: 3:03.24 | 37.98     | 350m: 4:18.72 | 37.08 |
|               | 100m: 1:08.71               | 37.16                             | 200m: 2:25.26  | 38.87   | 300m: 3:41.64 | 38.40     | 400m: 4:53.17 | 34.45 |
| 13.           | KARBOWSKI Nikodem           | 12 MOSM Tychy                     | <b>5:00.83</b> | +0,82   | 124%          | 351 3,00  |               |       |
|               | 50m: 32.77                  | 32.77                             | 150m: 1:49.69  | 39.26   | 250m: 3:07.88 | 39.07     | 350m: 4:25.04 | 38.09 |
|               | 100m: 1:10.43               | 37.66                             | 200m: 2:28.81  | 39.12   | 300m: 3:46.95 | 39.07     | 400m: 5:00.83 | 35.79 |
| 14.           | OSOWSKI Jan                 | 12 UKS DRAGON Sosnowiec           | <b>5:01.74</b> | +0,73   | 107%          | 348 3,00  |               |       |
|               | 50m: 33.86                  | 33.86                             | 150m: 1:49.76  | 38.53   | 250m: 3:06.32 | 38.52     | 350m: 4:24.54 | 39.40 |
|               | 100m: 1:11.23               | 37.37                             | 200m: 2:27.80  | 38.04   | 300m: 3:45.14 | 38.82     | 400m: 5:01.74 | 37.20 |
| 15.           | NOWAK Michał                | 12 CSiR MOS w D browie Górnicej   | <b>5:02.86</b> | +0,70   | -             | 344 1,00  |               |       |
|               | 50m: 34.34                  | 34.34                             | 150m: 1:51.24  | 39.58   | 250m: 3:08.95 | 39.28     | 350m: 4:25.63 | 37.77 |
|               | 100m: 1:11.66               | 37.32                             | 200m: 2:29.67  | 38.43   | 300m: 3:47.86 | 38.91     | 400m: 5:02.86 | 37.23 |

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| Pozycja                  | Rok ur. |                            | Czas  |       |                |       | R.St  | % popr. | FINA  | P.Klub |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|--------------------------|---------|----------------------------|-------|-------|----------------|-------|-------|---------|-------|--------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
| 16. MARUT-WASZKIEWICZ R. | 12      | UKS Wodnik Siemianowice    | I     | skie  | <b>5:12.36</b> | +0,57 | 101%  | 313     | 3,00  |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 33.24                      | 33.24 | 150m: | 1:50.51        | 39.07 | 250m: | 3:10.55 | 40.31 | 350m:  | 4:32.38 | 40.72 | 100m: | 1:11.44 | 38.20 | 200m: | 2:30.24 | 39.73 | 300m: | 3:51.66 | 41.11 | 400m: | 5:12.36 | 39.98 |
| 17. MŁYNEK Dawid         | 12      | Uks "Salmo ory"            |       |       | <b>5:13.45</b> | +0,76 | 109%  | 310     | 3,00  |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 33.80                      | 33.80 | 150m: | 1:53.37        | 40.72 | 250m: | 3:14.44 | 40.79 | 350m:  | 4:35.54 | 40.19 | 100m: | 1:12.65 | 38.85 | 200m: | 2:33.65 | 40.28 | 300m: | 3:55.35 | 40.91 | 400m: | 5:13.45 | 37.91 |
| 18. RASEK Jakub          | 12      | UKS Wodnik Siemianowice    | I     | skie  | <b>5:21.60</b> | +0,73 | -     | 287     | 1,00  |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 34.77                      | 34.77 | 150m: | 1:57.24        | 42.07 | 250m: | 3:21.82 | 41.72 | 350m:  | 4:44.03 | 40.46 | 100m: | 1:15.17 | 40.40 | 200m: | 2:40.10 | 42.86 | 300m: | 4:03.57 | 41.75 | 400m: | 5:21.60 | 37.57 |
| 19. BARAN Radosław       | 12      | KS „Górnik” Sosnowiec      |       |       | <b>5:21.90</b> | +0,73 | 97%   | 286     | 1,00  |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 35.73                      | 35.73 | 150m: | 1:56.34        | 40.94 | 250m: | 3:19.39 | 41.66 | 350m:  | 4:43.26 | 41.63 | 100m: | 1:15.40 | 39.67 | 200m: | 2:37.73 | 41.39 | 300m: | 4:01.63 | 42.24 | 400m: | 5:21.90 | 38.64 |
| 20. POPŁAWSKI Fabian     | 12      | KP H2O Jastrzębie-Zdrój    |       |       | <b>5:24.74</b> | +0,89 | 105%  | 279     | 3,00  |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 35.54                      | 35.54 | 150m: | 1:56.50        | 41.00 | 250m: | 3:20.68 | 42.83 | 350m:  | 4:45.03 | 42.43 | 100m: | 1:15.50 | 39.96 | 200m: | 2:37.85 | 41.35 | 300m: | 4:02.60 | 41.92 | 400m: | 5:24.74 | 39.71 |
| 21. OTRZONSEK Igor       | 12      | UKS „Manta Kochłowice Ruda | I     | ska"  | <b>5:36.32</b> | +0,91 | 98%   | 251     | -     |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 34.67                      | 34.67 | 150m: | 1:56.84        | 42.80 | 250m: | 3:23.85 | 43.86 | 350m:  | 4:54.08 | 44.89 | 100m: | 1:14.04 | 39.37 | 200m: | 2:39.99 | 43.15 | 300m: | 4:09.19 | 45.34 | 400m: | 5:36.32 | 42.24 |
| 22. WESOŁOWSKI Samuel    | 12      | UKS „Manta Kochłowice Ruda | I     | ska"  | <b>5:36.34</b> | +0,86 | -     | 251     | -     |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 36.25                      | 36.25 | 150m: | 1:58.55        | 42.01 | 250m: | 3:25.87 | 43.63 | 350m:  | 4:52.57 | 42.64 | 100m: | 1:16.54 | 40.29 | 200m: | 2:42.24 | 43.69 | 300m: | 4:09.93 | 44.06 | 400m: | 5:36.34 | 43.77 |
| 23. TREMBACZOWSKI Tomasz | 12      | UKS „Na Fali Bytom"        |       |       | <b>5:43.79</b> | +0,74 | 113%  | 235     | 2,00  |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 37.83                      | 37.83 | 150m: | 2:04.46        | 43.83 | 250m: | 3:32.80 | 44.25 | 350m:  | 5:00.93 | 44.64 | 100m: | 1:20.63 | 42.80 | 200m: | 2:48.55 | 44.09 | 300m: | 4:16.29 | 43.49 | 400m: | 5:43.79 | 42.86 |
| 24. LED Mateusz          | 12      | Uks "Salmo ory"            |       |       | <b>5:54.20</b> | +0,89 | 117%  | 215     | 2,00  |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 37.64                      | 37.64 | 150m: | 2:05.67        | 45.27 | 250m: | 3:39.49 | 47.16 | 350m:  | 5:10.70 | 45.02 | 100m: | 1:20.40 | 42.76 | 200m: | 2:52.33 | 46.66 | 300m: | 4:25.68 | 46.19 | 400m: | 5:54.20 | 43.50 |
| 25. FIFAGROWICZ Paweł    | 12      | UKS „Manta Kochłowice Ruda | I     | ska"  | <b>6:04.62</b> | +0,84 | 95%   | 197     | -     |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 38.46                      | 38.46 | 150m: | 2:09.09        | 46.67 | 250m: | 3:45.38 | 48.70 | 350m:  | 5:23.03 | 48.40 | 100m: | 1:22.42 | 43.96 | 200m: | 2:56.68 | 47.59 | 300m: | 4:34.63 | 49.25 | 400m: | 6:04.62 | 41.59 |
| 26. RABIKOWSKI Marcel    | 12      | UKP „Ruda                  | I     | ska"  | <b>6:13.92</b> | +0,91 | 121%  | 182     | 2,00  |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                          | 50m:    | 40.62                      | 40.62 | 150m: | 2:13.81        | 47.48 | 250m: | 3:51.04 | 48.89 | 350m:  | 5:28.19 | 49.35 | 100m: | 1:26.33 | 45.71 | 200m: | 3:02.15 | 48.34 | 300m: | 4:38.84 | 47.80 | 400m: | 6:13.92 | 45.73 |
| NW P CHALSKI Szymon      | 12      | KS Piłka Chorzów           |       |       |                |       |       | -       | -     |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
| NW KRZEMIE Igor          | 12      | UKS „Manta Kochłowice Ruda | I     | ska"  |                |       |       | -       | -     |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
| NW ZAJ C Kornel          | 12      | UKS DRAGON Sosnowiec       |       |       |                |       |       | -       | -     |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
| NW SKRZYPIEC Tobiasz     | 12      | UKS Wodnik Siemianowice    | I     | skie  |                |       |       | -       | -     |        |         |       |       |         |       |       |         |       |       |         |       |       |         |       |

15 lat

|                       |      |                               |       |       |                |       |       |         |       |       |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|-----------------------|------|-------------------------------|-------|-------|----------------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. IGNATENKO Mykola   | 11   | CSiR MOS w D browie Górnicyej |       |       | <b>4:13.42</b> | +0,78 | 101%  | 587     | 27,00 |       |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
| II/16                 | 50m: | 28.91                         | 28.91 | 150m: | 1:32.31        | 31.97 | 250m: | 2:36.22 | 32.19 | 350m: | 3:41.54 | 32.85 | 100m: | 1:00.34 | 31.43 | 200m: | 2:04.03 | 31.72 | 300m: | 3:08.69 | 32.47 | 400m: | 4:13.42 | 31.88 |
| 2. TALIK Miłosz       | 11   | UKS Wodnik Siemianowice       | I     | skie  | <b>4:13.95</b> | +0,71 | -     | 583     | 20,00 |       |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
| II/16                 | 50m: | 28.56                         | 28.56 | 150m: | 1:31.68        | 32.08 | 250m: | 2:37.73 | 33.07 | 350m: | 3:43.18 | 32.19 | 100m: | 59.60   | 31.04 | 200m: | 2:04.66 | 32.98 | 300m: | 3:10.99 | 33.26 | 400m: | 4:13.95 | 30.77 |
| 3. MI KOWIEC Oliwier  | 11   | UKS „Manta Kochłowice Ruda    | I     | ska"  | <b>4:32.15</b> | +0,81 | 100%  | 474     | 19,00 |       |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                       | 50m: | 30.93                         | 30.93 | 150m: | 1:38.33        | 33.90 | 250m: | 2:46.92 | 34.57 | 350m: | 3:57.64 | 35.54 | 100m: | 1:04.43 | 33.50 | 200m: | 2:12.35 | 34.02 | 300m: | 3:22.10 | 35.18 | 400m: | 4:32.15 | 34.51 |
| 4. ROBAKIEWICZ Kacper | 11   | CSiR MOS w D browie Górnicyej |       |       | <b>4:32.44</b> | +0,73 | 100%  | 472     | 15,00 |       |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                       | 50m: | 30.48                         | 30.48 | 150m: | 1:39.37        | 35.15 | 250m: | 2:49.62 | 35.16 | 350m: | 3:59.38 | 34.84 | 100m: | 1:04.22 | 33.74 | 200m: | 2:14.46 | 35.09 | 300m: | 3:24.54 | 34.92 | 400m: | 4:32.44 | 33.06 |
| 5. MICHALIK Bartosz   | 11   | UKS Aquatica Pawłowice        |       |       | <b>4:34.44</b> | +0,76 | 100%  | 462     | 13,00 |       |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                       | 50m: | 30.65                         | 30.65 | 150m: | 1:39.50        | 35.27 | 250m: | 2:51.12 | 35.64 | 350m: | 4:03.14 | 36.33 | 100m: | 1:04.23 | 33.58 | 200m: | 2:15.48 | 35.98 | 300m: | 3:26.81 | 35.69 | 400m: | 4:34.44 | 31.30 |
| 6. GAJOCHA Nataniel   | 11   | CSiR MOS w D browie Górnicyej |       |       | <b>4:37.59</b> | +0,91 | 102%  | 447     | 13,00 |       |         |       |       |         |       |       |         |       |       |         |       |       |         |       |
|                       | 50m: | 31.51                         | 31.51 | 150m: | 1:42.79        | 35.81 | 250m: | 2:53.89 | 35.14 | 350m: | 4:04.33 | 34.61 | 100m: | 1:06.98 | 35.47 | 200m: | 2:18.75 | 35.96 | 300m: | 3:29.72 | 35.83 | 400m: | 4:37.59 | 33.26 |

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| Pozycja |                        | Rok ur. |                                   |       |               |       | Czas           | R.St  | % popr. | FINA | P.Klub |
|---------|------------------------|---------|-----------------------------------|-------|---------------|-------|----------------|-------|---------|------|--------|
| 7.      | WA HA Stanisław        | 11      | UKS „Manta Kochłowice Ruda I ska” |       |               |       | <b>4:40.48</b> | +0,83 | 93%     | 433  | 9,00   |
|         | 50m: 30.93             | 30.93   | 150m: 1:41.16                     | 35.89 | 250m: 2:53.56 | 36.25 | 350m: 4:06.42  | 36.16 |         |      |        |
|         | 100m: 1:05.27          | 34.34   | 200m: 2:17.31                     | 36.15 | 300m: 3:30.26 | 36.70 | 400m: 4:40.48  | 34.06 |         |      |        |
| 8.      | RYSZKOWSKI Kacper      | 11      | Akademia Sms Racibórz             |       |               |       | <b>4:40.87</b> | +0,77 | 99%     | 431  | 7,00   |
|         | 50m: 31.32             | 31.32   | 150m: 1:41.34                     | 35.25 | 250m: 2:53.87 | 35.77 | 350m: 4:06.47  | 36.09 |         |      |        |
|         | 100m: 1:06.09          | 34.77   | 200m: 2:18.10                     | 36.76 | 300m: 3:30.38 | 36.51 | 400m: 4:40.87  | 34.40 |         |      |        |
| 9.      | MOISEIENKO Valerii     | 11      | UKS "NKP Bielsko-Biała"           |       |               |       | <b>4:46.70</b> | +0,62 | 100%    | 405  | 5,00   |
|         | 50m: 31.94             | 31.94   | 150m: 1:43.62                     | 36.52 | 250m: 2:58.35 | 37.46 | 350m: 4:12.07  | 36.62 |         |      |        |
|         | 100m: 1:07.10          | 35.16   | 200m: 2:20.89                     | 37.27 | 300m: 3:35.45 | 37.10 | 400m: 4:46.70  | 34.63 |         |      |        |
| 10.     | DZIEKAN Igor           | 11      | KS „Górnik” Sosnowiec             |       |               |       | <b>4:47.51</b> | +0,66 | 93%     | 402  | 3,00   |
|         | 50m: 31.23             | 31.23   | 150m: 1:43.27                     | 36.53 | 250m: 2:57.27 | 37.00 | 350m: 4:11.92  | 37.11 |         |      |        |
|         | 100m: 1:06.74          | 35.51   | 200m: 2:20.27                     | 37.00 | 300m: 3:34.81 | 37.54 | 400m: 4:47.51  | 35.59 |         |      |        |
| 11.     | CUPER Wojciech         | 11      | UKS „Manta Kochłowice Ruda I ska” |       |               |       | <b>4:50.51</b> | +0,77 | 111%    | 389  | 4,00   |
|         | 50m: 32.76             | 32.76   | 150m: 1:47.10                     | 37.62 | 250m: 3:02.35 | 37.86 | 350m: 4:16.28  | 36.05 |         |      |        |
|         | 100m: 1:09.48          | 36.72   | 200m: 2:24.49                     | 37.39 | 300m: 3:40.23 | 37.88 | 400m: 4:50.51  | 34.23 |         |      |        |
| 12.     | ROZCZYPAŁA Mikołaj     | 11      | Uks "Salmo ory"                   |       |               |       | <b>4:50.93</b> | +0,80 | 100%    | 388  | 1,00   |
|         | 50m: 31.14             | 31.14   | 150m: 1:42.85                     | 36.78 | 250m: 2:57.61 | 37.35 | 350m: 4:13.55  | 38.09 |         |      |        |
|         | 100m: 1:06.07          | 34.93   | 200m: 2:20.26                     | 37.41 | 300m: 3:35.46 | 37.85 | 400m: 4:50.93  | 37.38 |         |      |        |
| 13.     | WALC Jan               | 11      | MKS Park Wodny Tarnowskie Góry    |       |               |       | <b>4:53.98</b> | +0,80 | 92%     | 376  | 1,00   |
|         | 50m: 31.95             | 31.95   | 150m: 1:45.19                     | 36.87 | 250m: 3:00.90 | 38.16 | 350m: 4:16.70  | 37.90 |         |      |        |
|         | 100m: 1:08.32          | 36.37   | 200m: 2:22.74                     | 37.55 | 300m: 3:38.80 | 37.90 | 400m: 4:53.98  | 37.28 |         |      |        |
| 14.     | WIERZBICKI Maksymilian | 11      | Uks "Salmo ory"                   |       |               |       | <b>4:56.62</b> | +0,79 | 103%    | 366  | 3,00   |
|         | 50m: 31.71             | 31.71   | 150m: 1:46.41                     | 38.09 | 250m: 3:03.19 | 38.21 | 350m: 4:20.42  | 38.44 |         |      |        |
|         | 100m: 1:08.32          | 36.61   | 200m: 2:24.98                     | 38.57 | 300m: 3:41.98 | 38.79 | 400m: 4:56.62  | 36.20 |         |      |        |
| 15.     | HAJDUKIEWICZ Mikołaj   | 11      | CSiR MOS w D browie Górnicy       |       |               |       | <b>4:59.51</b> | +0,50 | 116%    | 355  | 3,00   |
|         | 50m: 33.29             | 33.29   | 150m: 1:47.16                     | 37.54 | 250m: 3:03.49 | 38.30 | 350m: 4:20.97  | 38.86 |         |      |        |
|         | 100m: 1:09.62          | 36.33   | 200m: 2:25.19                     | 38.03 | 300m: 3:42.11 | 38.62 | 400m: 4:59.51  | 38.54 |         |      |        |
| 16.     | WI ZIK Piotr           | 11      | CSiR MOS w D browie Górnicy       |       |               |       | <b>5:02.76</b> | +0,79 | 104%    | 344  | 3,00   |
|         | 50m: 34.28             | 34.28   | 150m: 1:50.24                     | 38.49 | 250m: 3:07.12 | 38.44 | 350m: 4:25.18  | 38.98 |         |      |        |
|         | 100m: 1:11.75          | 37.47   | 200m: 2:28.68                     | 38.44 | 300m: 3:46.20 | 39.08 | 400m: 5:02.76  | 37.58 |         |      |        |
| 17.     | SZMULIK Filip          | 11      | KS „Górnik” Sosnowiec             |       |               |       | <b>5:02.97</b> | +0,84 | 108%    | 343  | 3,00   |
|         | 50m: 34.32             | 34.32   | 150m: 1:50.21                     | 38.21 | 250m: 3:07.30 | 38.29 | 350m: 4:26.07  | 39.66 |         |      |        |
|         | 100m: 1:12.00          | 37.68   | 200m: 2:29.01                     | 38.80 | 300m: 3:46.41 | 39.11 | 400m: 5:02.97  | 36.90 |         |      |        |
| 18.     | KOSTORZ Wojciech       | 11      | UKS „Manta Kochłowice Ruda I ska” |       |               |       | <b>5:06.91</b> | +0,78 | 101%    | 330  | 3,00   |
|         | 50m: 33.85             | 33.85   | 150m: 1:49.83                     | 38.68 | 250m: 3:09.04 | 40.30 | 350m: 4:29.06  | 40.34 |         |      |        |
|         | 100m: 1:11.15          | 37.30   | 200m: 2:28.74                     | 38.91 | 300m: 3:48.72 | 39.68 | 400m: 5:06.91  | 37.85 |         |      |        |
| 19.     | KNAPIK Jan             | 11      | MOSM Tychy                        |       |               |       | <b>5:07.67</b> | +0,57 | 94%     | 328  | 1,00   |
|         | 50m: 34.22             | 34.22   | 150m: 1:51.77                     | 39.57 | 250m: 3:11.00 | 39.70 | 350m: 4:30.41  | 39.89 |         |      |        |
|         | 100m: 1:12.20          | 37.98   | 200m: 2:31.30                     | 39.53 | 300m: 3:50.52 | 39.52 | 400m: 5:07.67  | 37.26 |         |      |        |
| 20.     | ZIELI SKI Jakub        | 11      | UKS „ Na Fali Bytom”              |       |               |       | <b>5:09.37</b> | +0,86 | 92%     | 322  | 1,00   |
|         | 50m: 34.57             | 34.57   | 150m: 1:52.29                     | 39.80 | 250m: 3:12.26 | 39.62 | 350m: 4:32.25  | 39.23 |         |      |        |
|         | 100m: 1:12.49          | 37.92   | 200m: 2:32.64                     | 40.35 | 300m: 3:53.02 | 40.76 | 400m: 5:09.37  | 37.12 |         |      |        |
| 21.     | NAPIÓRKOWSKI Bartosz   | 11      | Uks "Salmo ory"                   |       |               |       | <b>5:15.93</b> | +0,76 | 99%     | 303  | -      |
|         | 50m: 34.27             | 34.27   | 150m: 1:53.23                     | 40.10 | 250m: 3:13.88 | 40.73 | 350m: 4:36.20  | 40.79 |         |      |        |
|         | 100m: 1:13.13          | 38.86   | 200m: 2:33.15                     | 39.92 | 300m: 3:55.41 | 41.53 | 400m: 5:15.93  | 39.73 |         |      |        |
| 22.     | AUGUSTYNIAK Mateusz    | 11      | UKS „ Na Fali Bytom”              |       |               |       | <b>5:36.34</b> | +1,04 | -       | 251  | -      |
|         | 50m: 33.83             | 33.83   | 150m: 1:55.77                     | 42.40 | 250m: 3:23.84 | 44.71 | 350m: 4:55.21  | 45.46 |         |      |        |
|         | 100m: 1:13.37          | 39.54   | 200m: 2:39.13                     | 43.36 | 300m: 4:09.75 | 45.91 | 400m: 5:36.34  | 41.13 |         |      |        |
| 23.     | FRANC Hubert           | 11      | CSiR MOS w D browie Górnicy       |       |               |       | <b>5:42.98</b> | +0,74 | -       | 236  | -      |
|         | 50m: 34.33             | 34.33   | 150m: 1:58.98                     | 43.81 | 250m: 3:28.80 | 45.50 | 350m: 4:59.80  | 45.11 |         |      |        |
|         | 100m: 1:15.17          | 40.84   | 200m: 2:43.30                     | 44.32 | 300m: 4:14.69 | 45.89 | 400m: 5:42.98  | 43.18 |         |      |        |
| 24.     | KO MIN Dawid           | 11      | UKS "NKP Bielsko-Biała"           |       |               |       | <b>5:49.39</b> | +0,93 | -       | 224  | -      |
|         | 50m: 38.71             | 38.71   | 150m: 2:04.91                     | 43.77 | 250m: 3:38.55 | 46.59 | 350m: 5:08.09  | 45.18 |         |      |        |
|         | 100m: 1:21.14          | 42.43   | 200m: 2:51.96                     | 47.05 | 300m: 4:22.91 | 44.36 | 400m: 5:49.39  | 41.30 |         |      |        |
| 25.     | BOCZEK Bruno           | 11      | MKP Zabrze                        |       |               |       | <b>5:51.49</b> | +0,84 | -       | 220  | -      |
|         | 50m: 35.44             | 35.44   | 150m: 2:03.31                     | 45.31 | 250m: 3:36.73 | 47.22 | 350m: 5:08.48  | 44.83 |         |      |        |
|         | 100m: 1:18.00          | 42.56   | 200m: 2:49.51                     | 46.20 | 300m: 4:23.65 | 46.92 | 400m: 5:51.49  | 43.01 |         |      |        |
| 26.     | KARASZ Wiktor          | 11      | UKS „ Na Fali Bytom”              |       |               |       | <b>6:11.63</b> | +0,72 | -       | 186  | -      |
|         | 50m: 38.58             | 38.58   | 150m: 2:58.73                     | 48.16 | 250m: 4:37.43 | 48.89 | 350m: 6:11.75  | 45.67 |         |      |        |
|         | 100m: 2:10.57          | 1:31.99 | 200m: 3:48.54                     | 49.81 | 300m: 5:26.08 | 48.65 | 400m: 6:11.63  |       |         |      |        |

Konkurencja 22, Chłopców, 400m dowolny, 15 lat

| Pozycja   | Rok ur.                                   | Czas           | R.St  | % popr. | FINA  | P.Klub |         |       |       |         |       |
|---|---|----------------|-------|---------|-------|--------|---------|-------|-------|---------|-------|
| DYSKW. GARCZY SKI Aleksander                                | 11 "Sikret" Gliwice                       |                | -     |         |       | -      |         |       |       |         |       |
| <i>O1 - Pływak zainicjował start przed sygnałem startu.</i> |   |                |       |         |       |        |         |       |       |         |       |
| NW J DERKO Bartosz  | 11 UKS „Na Fali Bytom”                    |                | -     |         |       | -      |         |       |       |         |       |
| <b>16 lat i starsi</b>                                      |   |                |       |         |       |        |         |       |       |         |       |
| 1. CISOSKI Hubert   | 08 CSiR MOS w D browie Górnicej           | <b>3:52.14</b> | +0,71 | 103%    | 764   | 27,00  |         |       |       |         |       |
| <i>II/17-18</i>   |   |                |       |         |       |        |         |       |       |         |       |
| 50m:  | 26.43                                     | 26.43          | 150m: | 1:25.79 | 29.58 | 250m:  | 2:24.92 | 29.27 | 350m: | 3:25.40 | 30.51 |
| 100m:   | 56.21                                     | 29.78          | 200m: | 1:55.65 | 29.86 | 300m:  | 2:54.89 | 29.97 | 400m: | 3:52.14 | 26.74 |
| 2. WOŁPIUK Michał   | 08 MUKS Gilus Gilowice                    | <b>4:09.45</b> | +0,81 | 102%    | 616   | 22,00  |         |       |       |         |       |
| 50m:  | 27.48                                     | 27.48          | 150m: | 1:29.24 | 31.24 | 250m:  | 2:33.06 | 31.91 | 350m: | 3:37.67 | 32.42 |
| 100m:   | 58.00                                     | 30.52          | 200m: | 2:01.15 | 31.91 | 300m:  | 3:05.25 | 32.19 | 400m: | 4:09.45 | 31.78 |
| 3. GAJOS Łukasz   | 08 MKS Pałac Młodzie y Katowice           | <b>4:11.07</b> | +0,72 | 106%    | 604   | 19,00  |         |       |       |         |       |
| 50m:  | 29.15                                     | 29.15          | 150m: | 1:33.49 | 32.32 | 250m:  | 2:37.76 | 32.08 | 350m: | 3:41.20 | 31.40 |
| 100m:   | 1:01.17                                   | 32.02          | 200m: | 2:05.68 | 32.19 | 300m:  | 3:09.80 | 32.04 | 400m: | 4:11.07 | 29.87 |
| 4. SOLAK Kacper   | 07 UKS „Huragan" przy SP nr 45 w Sosnowcu | <b>4:13.45</b> | +0,67 | -       | 587   | 15,00  |         |       |       |         |       |
| 50m:  | 28.34                                     | 28.34          | 150m: | 1:33.21 | 32.54 | 250m:  | 2:38.90 | 32.90 | 350m: | 3:43.56 | 31.33 |
| 100m:   | 1:00.67                                   | 32.33          | 200m: | 2:06.00 | 32.79 | 300m:  | 3:12.23 | 33.33 | 400m: | 4:13.45 | 29.89 |
| 5. BROCKOWSKI Bogusz  | 08 UKS „Huragan" przy SP nr 45 w Sosnowcu | <b>4:14.96</b> | +0,71 | -       | 576   | 13,00  |         |       |       |         |       |
| 50m:  | 29.59                                     | 29.59          | 150m: | 1:35.01 | 32.89 | 250m:  | 2:40.47 | 32.31 | 350m: | 3:44.66 | 31.09 |
| 100m:   | 1:02.12                                   | 32.53          | 200m: | 2:08.16 | 33.15 | 300m:  | 3:13.57 | 33.10 | 400m: | 4:14.96 | 30.30 |
| 6. KOCHAN Mateusz   | 10 CSiR MOS w D browie Górnicej           | <b>4:15.52</b> | +0,73 | 99%     | 573   | 11,00  |         |       |       |         |       |
| 50m:  | 28.89                                     | 28.89          | 150m: | 1:33.96 | 32.77 | 250m:  | 2:39.20 | 31.94 | 350m: | 3:44.75 | 32.86 |
| 100m:   | 1:01.19                                   | 32.30          | 200m: | 2:07.26 | 33.30 | 300m:  | 3:11.89 | 32.69 | 400m: | 4:15.52 | 30.77 |
| 7. D BROWSKI Filip  | 07 UKS Wodnik Siemianowice I skie         | <b>4:18.32</b> | +0,68 | -       | 554   | 9,00   |         |       |       |         |       |
| 50m:  | 29.20                                     | 29.20          | 150m: | 1:34.79 | 33.14 | 250m:  | 2:41.14 | 33.20 | 350m: | 3:46.68 | 32.26 |
| 100m:   | 1:01.65                                   | 32.45          | 200m: | 2:07.94 | 33.15 | 300m:  | 3:14.42 | 33.28 | 400m: | 4:18.32 | 31.64 |
| 8. WICIOK Michał  | 10 "Sikret" Gliwice                       | <b>4:19.21</b> | +0,81 | 99%     | 549   | 7,00   |         |       |       |         |       |
| 50m:  | 29.52                                     | 29.52          | 150m: | 1:33.72 | 32.52 | 250m:  | 2:39.19 | 32.49 | 350m: | 3:46.53 | 33.88 |
| 100m:   | 1:01.20                                   | 31.68          | 200m: | 2:06.70 | 32.98 | 300m:  | 3:12.65 | 33.46 | 400m: | 4:19.21 | 32.68 |
| 9. WITECKI Wojciech   | 10 CSiR MOS w D browie Górnicej           | <b>4:20.07</b> | +0,70 | 100%    | 543   | 5,00   |         |       |       |         |       |
| 50m:  | 29.43                                     | 29.43          | 150m: | 1:34.18 | 32.37 | 250m:  | 2:40.26 | 32.90 | 350m: | 3:45.91 | 32.96 |
| 100m:   | 1:01.81                                   | 32.38          | 200m: | 2:07.36 | 33.18 | 300m:  | 3:12.95 | 32.69 | 400m: | 4:20.07 | 34.16 |
| 10. WIRKO Dominik   | 09 Akademia Sms Racibórz                  | <b>4:20.24</b> | +0,75 | 97%     | 542   | 3,00   |         |       |       |         |       |
| 50m:  | 28.61                                     | 28.61          | 150m: | 1:33.72 | 33.06 | 250m:  | 2:39.79 | 32.27 | 350m: | 3:47.52 | 34.02 |
| 100m:   | 1:00.66                                   | 32.05          | 200m: | 2:07.52 | 33.80 | 300m:  | 3:13.50 | 33.71 | 400m: | 4:20.24 | 32.72 |
| 11. PREG Kajetan  | 09 "Sikret" Gliwice                       | <b>4:21.56</b> | +0,79 | 100%    | 534   | 2,00   |         |       |       |         |       |
| 50m:  | 29.41                                     | 29.41          | 150m: | 1:35.84 | 33.45 | 250m:  | 2:43.92 | 33.93 | 350m: | 3:50.41 | 33.16 |
| 100m:   | 1:02.39                                   | 32.98          | 200m: | 2:09.99 | 34.15 | 300m:  | 3:17.25 | 33.33 | 400m: | 4:21.56 | 31.15 |
| 12. SIKORA Maciej   | 10 "Sikret" Gliwice                       | <b>4:21.68</b> | +0,78 | -       | 533   | 1,00   |         |       |       |         |       |
| 50m:  | 29.05                                     | 29.05          | 150m: | 1:34.75 | 33.34 | 250m:  | 2:42.26 | 33.94 | 350m: | 3:49.60 | 33.83 |
| 100m:   | 1:01.41                                   | 32.36          | 200m: | 2:08.32 | 33.57 | 300m:  | 3:15.77 | 33.51 | 400m: | 4:21.68 | 32.08 |
| 13. WIECZOREK Kacper  | 07 UKS Wodnik Siemianowice I skie         | <b>4:22.41</b> | +0,76 | 101%    | 529   | 3,00   |         |       |       |         |       |
| 50m:  | 28.97                                     | 28.97          | 150m: | 1:34.58 | 33.12 | 250m:  | 2:41.56 | 33.51 | 350m: | 3:49.23 | 33.86 |
| 100m:   | 1:01.46                                   | 32.49          | 200m: | 2:08.05 | 33.47 | 300m:  | 3:15.37 | 33.81 | 400m: | 4:22.41 | 33.18 |
| 14. SPADŁO Krzysztof  | 09 UKS „Huragan" przy SP nr 45 w Sosnowcu | <b>4:22.94</b> | +0,77 | 100%    | 525   | 3,00   |         |       |       |         |       |
| 50m:  | 29.25                                     | 29.25          | 150m: | 1:35.84 | 33.82 | 250m:  | 2:44.12 | 33.93 | 350m: | 3:51.38 | 33.42 |
| 100m:   | 1:02.02                                   | 32.77          | 200m: | 2:10.19 | 34.35 | 300m:  | 3:17.96 | 33.84 | 400m: | 4:22.94 | 31.56 |
| 15. PREG Ksawery  | 08 "Sikret" Gliwice                       | <b>4:26.06</b> | +0,64 | -       | 507   | 1,00   |         |       |       |         |       |
| 50m:  | 30.18                                     | 30.18          | 150m: | 1:37.82 | 33.90 | 250m:  | 2:46.01 | 34.13 | 350m: | 3:54.17 | 34.12 |
| 100m:   | 1:03.92                                   | 33.74          | 200m: | 2:11.88 | 34.06 | 300m:  | 3:20.05 | 34.04 | 400m: | 4:26.06 | 31.89 |
| 16. KAMI SKI Jakub  | 09 "Sikret" Gliwice                       | <b>4:26.60</b> | +0,76 | 97%     | 504   | 1,00   |         |       |       |         |       |
| 50m:  | 28.71                                     | 28.71          | 150m: | 1:33.93 | 33.46 | 250m:  | 2:41.84 | 34.09 | 350m: | 3:51.15 | 34.61 |
| 100m:   | 1:00.47                                   | 31.76          | 200m: | 2:07.75 | 33.82 | 300m:  | 3:16.54 | 34.70 | 400m: | 4:26.60 | 35.45 |
| PALKIJ Filip  | 09 KS „Górnik" Sosnowiec                  | <b>4:26.60</b> | +0,73 | 95%     | 504   | 1,00   |         |       |       |         |       |
| 50m:  | 28.99                                     | 28.99          | 150m: | 1:35.19 | 33.47 | 250m:  | 2:43.46 | 34.42 | 350m: | 3:53.29 | 34.99 |
| 100m:   | 1:01.72                                   | 32.73          | 200m: | 2:09.04 | 33.85 | 300m:  | 3:18.30 | 34.84 | 400m: | 4:26.60 | 33.31 |
| 18. JURKIEWICZ Juliusz                                      | 08 UKS Wodnik Siemianowice I skie         | <b>4:28.84</b> | +0,75 | 102%    | 492   | 3,00   |         |       |       |         |       |
| 50m:  | 29.83                                     | 29.83          | 150m: | 1:37.74 | 34.14 | 250m:  | 2:46.66 | 34.38 | 350m: |         |       |
| 100m:   | 1:03.60                                   | 33.77          | 200m: | 2:12.28 | 34.54 | 300m:  | 3:21.49 | 34.83 | 400m: | 4:28.84 |       |

Konkurencja 22, M czyzn, 400m dowolny, 16 lat i starsi

| Pozycja |                    | Rok ur. |  |       |               |       | Czas           | R.St  | % popr. | FINA | P.Klub |
|---------|--------------------|---------|--|-------|---------------|-------|----------------|-------|---------|------|--------|
| 19.     | ELE NIAK Krzysztof | 10      | UKS „Manta Kochłowice Ruda I ska"      |       |               |       | <b>4:29.15</b> | +0,78 | 116%    | 490  | 3,00   |
|         | 50m: 29.29         | 29.29   | 150m: 1:37.07                          | 34.85 | 250m: 2:46.97 | 35.01 | 350m: 3:56.39  | 34.15 |         |      |        |
|         | 100m: 1:02.22      | 32.93   | 200m: 2:11.96                          | 34.89 | 300m: 3:22.24 | 35.27 | 400m: 4:29.15  | 32.76 |         |      |        |
| 20.     | GŁUCH Piotr        | 10      | "Sikret" Gliwice                       |       |               |       | <b>4:29.71</b> | +0,77 | 97%     | 487  | 1,00   |
|         | 50m: 30.53         | 30.53   | 150m: 1:37.79                          | 34.31 | 250m: 2:46.94 | 34.52 | 350m: 3:56.02  | 34.51 |         |      |        |
|         | 100m: 1:03.48      | 32.95   | 200m: 2:12.42                          | 34.63 | 300m: 3:21.51 | 34.57 | 400m: 4:29.71  | 33.69 |         |      |        |
| 21.     | CZY Dariusz        | 10      | Akademia Sms Racibórz                  |       |               |       | <b>4:31.14</b> | +0,89 | -       | 479  | -      |
|         | 50m: 31.22         | 31.22   | 150m: 1:39.21                          | 34.44 | 250m: 2:49.60 | 35.52 | 350m: 3:58.36  | 33.59 |         |      |        |
|         | 100m: 1:04.77      | 33.55   | 200m: 2:14.08                          | 34.87 | 300m: 3:24.77 | 35.17 | 400m: 4:31.14  | 32.78 |         |      |        |
| 22.     | GRYMEL Krzysztof   | 10      | UKS „Manta Kochłowice Ruda I ska"      |       |               |       | <b>4:33.21</b> | +0,69 | 102%    | 468  | 2,00   |
|         | 50m: 30.76         | 30.76   | 150m: 1:37.89                          | 33.73 | 250m: 2:47.70 | 35.12 | 350m: 3:58.59  | 35.34 |         |      |        |
|         | 100m: 1:04.16      | 33.40   | 200m: 2:12.58                          | 34.69 | 300m: 3:23.25 | 35.55 | 400m: 4:33.21  | 34.62 |         |      |        |
| 23.     | KRAMARCZYK Jakub   | 01      | MKS Pałac Młodzie y Katowice           |       |               |       | <b>4:33.76</b> | +0,87 | 94%     | 466  | -      |
|         | 50m: 29.93         | 29.93   | 150m: 1:38.93                          | 35.10 | 250m: 2:49.14 | 35.04 | 350m: 3:58.99  | 34.74 |         |      |        |
|         | 100m: 1:03.83      | 33.90   | 200m: 2:14.10                          | 35.17 | 300m: 3:24.25 | 35.11 | 400m: 4:33.76  | 34.77 |         |      |        |
| 24.     | SZYMA SKI Karol    | 09      | UKS „Huragan" przy SP nr 45 w Sosnowcu |       |               |       | <b>4:33.82</b> | +0,73 | 104%    | 465  | 2,00   |
|         | 50m: 30.94         | 30.94   | 150m: 1:40.98                          | 35.57 | 250m: 2:51.60 | 35.28 | 350m: 4:01.12  | 34.42 |         |      |        |
|         | 100m: 1:05.41      | 34.47   | 200m: 2:16.32                          | 35.34 | 300m: 3:26.70 | 35.10 | 400m: 4:33.82  | 32.70 |         |      |        |
| 25.     | JURCZY SKI Borys   | 10      | Akademia Sms Racibórz                  |       |               |       | <b>4:36.43</b> | +0,68 | 117%    | 452  | 2,00   |
|         | 50m: 30.61         | 30.61   | 150m: 1:39.84                          | 34.66 | 250m: 2:50.73 | 35.49 | 350m: 4:01.98  | 35.73 |         |      |        |
|         | 100m: 1:05.18      | 34.57   | 200m: 2:15.24                          | 35.40 | 300m: 3:26.25 | 35.52 | 400m: 4:36.43  | 34.45 |         |      |        |
| 26.     | D BROWSKI Jakub    | 10      | MKS Park Wodny Tarnowskie Góry         |       |               |       | <b>4:36.57</b> | +0,75 | 98%     | 451  | -      |
|         | 50m: 31.48         | 31.48   | 150m: 1:40.17                          | 34.87 | 250m: 2:50.92 | 35.71 | 350m: 4:02.41  | 35.59 |         |      |        |
|         | 100m: 1:05.30      | 33.82   | 200m: 2:15.21                          | 35.04 | 300m: 3:26.82 | 35.90 | 400m: 4:36.57  | 34.16 |         |      |        |
| 27.     | SITKO Tomasz       | 06      | UKS „Huragan" przy SP nr 45 w Sosnowcu |       |               |       | <b>4:36.80</b> | +0,80 | -       | 450  | -      |
|         | 50m: 29.88         | 29.88   | 150m: 1:38.11                          | 34.33 | 250m: 2:48.25 | 35.46 | 350m: 4:00.85  | 36.67 |         |      |        |
|         | 100m: 1:03.78      | 33.90   | 200m: 2:12.79                          | 34.68 | 300m: 3:24.18 | 35.93 | 400m: 4:36.80  | 35.95 |         |      |        |
| 28.     | RADEK Paweł        | 09      | MOSM Tychy                             |       |               |       | <b>4:36.94</b> | +0,83 | 103%    | 450  | 2,00   |
|         | 50m: 30.90         | 30.90   | 150m: 1:40.53                          | 35.28 | 250m: 2:51.87 | 35.81 | 350m: 4:02.63  | 35.28 |         |      |        |
|         | 100m: 1:05.25      | 34.35   | 200m: 2:16.06                          | 35.53 | 300m: 3:27.35 | 35.48 | 400m: 4:36.94  | 34.31 |         |      |        |
| 29.     | ŁOWICKI Jakub      | 08      | "Sikret" Gliwice                       |       |               |       | <b>4:37.67</b> | +0,77 | -       | 446  | -      |
|         | 50m: 29.84         | 29.84   | 150m: 1:36.80                          | 34.01 | 250m: 2:47.80 | 36.22 | 350m: 4:01.87  | 37.33 |         |      |        |
|         | 100m: 1:02.79      | 32.95   | 200m: 2:11.58                          | 34.78 | 300m: 3:24.54 | 36.74 | 400m: 4:37.67  | 35.80 |         |      |        |
| 30.     | SOBCZYK Filip      | 10      | UKS Wodnik Siemianowice I skie         |       |               |       | <b>4:39.88</b> | +0,70 | 113%    | 436  | 2,00   |
|         | 50m: 30.22         | 30.22   | 150m: 1:39.25                          | 35.03 | 250m: 2:51.47 | 36.47 | 350m: 4:04.76  | 36.33 |         |      |        |
|         | 100m: 1:04.22      | 34.00   | 200m: 2:15.00                          | 35.75 | 300m: 3:28.43 | 36.96 | 400m: 4:39.88  | 35.12 |         |      |        |
| 31.     | FOJT Wiktor        | 10      | UKP „Ruda I ska"                       |       |               |       | <b>4:40.83</b> | +0,66 | 92%     | 431  | -      |
|         | 50m: 30.69         | 30.69   | 150m: 1:39.58                          | 34.87 | 250m: 2:50.91 | 35.73 | 350m: 4:04.45  | 36.92 |         |      |        |
|         | 100m: 1:04.71      | 34.02   | 200m: 2:15.18                          | 35.60 | 300m: 3:27.53 | 36.62 | 400m: 4:40.83  | 36.38 |         |      |        |
| 32.     | MOCZEK Filip       | 09      | UKS Wodnik Siemianowice I skie         |       |               |       | <b>4:41.03</b> | +0,66 | 101%    | 430  | 2,00   |
|         | 50m: 31.36         | 31.36   | 150m: 1:41.86                          | 35.70 | 250m: 2:54.09 | 36.12 | 350m: 4:05.74  | 35.54 |         |      |        |
|         | 100m: 1:06.16      | 34.80   | 200m: 2:17.97                          | 36.11 | 300m: 3:30.20 | 36.11 | 400m: 4:41.03  | 35.29 |         |      |        |
| 33.     | KROSNY Franciszek  | 09      | UKS Aquatica Pawłowice                 |       |               |       | <b>4:46.09</b> | +0,68 | -       | 408  | -      |
|         | 50m: 29.76         | 29.76   | 150m: 1:41.38                          | 36.77 | 250m: 2:57.06 | 37.99 | 350m: 4:11.41  | 36.89 |         |      |        |
|         | 100m: 1:04.61      | 34.85   | 200m: 2:19.07                          | 37.69 | 300m: 3:34.52 | 37.46 | 400m: 4:46.09  | 34.68 |         |      |        |
| 34.     | PEŁKA Bartosz      | 09      | UKS Wodnik Siemianowice I skie         |       |               |       | <b>4:48.61</b> | +0,75 | 107%    | 397  | 2,00   |
|         | 50m: 31.55         | 31.55   | 150m: 1:42.09                          | 36.29 | 250m: 2:55.63 | 37.08 | 350m: 4:11.05  | 37.98 |         |      |        |
|         | 100m: 1:05.80      | 34.25   | 200m: 2:18.55                          | 36.46 | 300m: 3:33.07 | 37.44 | 400m: 4:48.61  | 37.56 |         |      |        |
| 35.     | PIETRONIEC Konrad  | 10      | UKS „Manta Kochłowice Ruda I ska"      |       |               |       | <b>4:55.12</b> | +0,76 | -       | 372  | -      |
|         | 50m: 33.21         | 33.21   | 150m: 1:47.29                          | 37.50 | 250m: 3:03.27 | 37.78 | 350m: 4:19.37  | 38.18 |         |      |        |
|         | 100m: 1:09.79      | 36.58   | 200m: 2:25.49                          | 38.20 | 300m: 3:41.19 | 37.92 | 400m: 4:55.12  | 35.75 |         |      |        |
| 36.     | SKRZYPEK Marcel    | 10      | KS „Górnik" Sosnowiec                  |       |               |       | <b>5:10.66</b> | +0,66 | 102%    | 318  | 2,00   |
|         | 50m: 34.42         | 34.42   | 150m: 1:52.02                          | 39.71 | 250m: 3:12.85 | 41.05 | 350m: 4:34.03  | 40.55 |         |      |        |
|         | 100m: 1:12.31      | 37.89   | 200m: 2:31.80                          | 39.78 | 300m: 3:53.48 | 40.63 | 400m: 5:10.66  | 36.63 |         |      |        |
| 37.     | BARAN Mateusz      | 10      | KP „Sukces" Chorzów                    |       |               |       | <b>5:12.50</b> | +0,82 | 104%    | 313  | 2,00   |
|         | 50m: 34.54         | 34.54   | 150m: 1:53.15                          | 39.59 | 250m: 3:14.48 | 40.79 | 350m: 4:35.49  | 39.98 |         |      |        |
|         | 100m: 1:13.56      | 39.02   | 200m: 2:33.69                          | 40.54 | 300m: 3:55.51 | 41.03 | 400m: 5:12.50  | 37.01 |         |      |        |
| 38.     | STASIKOWSKI Igor   | 10      | KP „Sukces" Chorzów                    |       |               |       | <b>5:13.16</b> | +0,80 | -       | 311  | -      |
|         | 50m: 32.84         | 32.84   | 150m: 1:50.01                          | 39.38 | 250m: 3:11.38 | 41.35 | 350m: 4:34.79  | 41.83 |         |      |        |
|         | 100m: 1:10.63      | 37.79   | 200m: 2:30.03                          | 40.02 | 300m: 3:52.96 | 41.58 | 400m: 5:13.16  | 38.37 |         |      |        |

Konkurencja 22, M cżyn, 400m dowolny, 16 lat i starsi

| Pozycja                    | Rok ur. |                                    | Czas           |         |       |       | R.St    | % popr. | FINA  | P.Klub  |       |
|----------------------------|---------|------------------------------------|----------------|---------|-------|-------|---------|---------|-------|---------|-------|
| 39. BORCZYKOWSKI Stanisław | 10      | Rybnicki Młodzie owy Klub Sportowy | <b>5:31.09</b> | +0,76   | -     | 263   | -       |         |       |         |       |
| 50m:                       | 34.76   | 34.76                              | 150m:          | 1:58.33 | 43.22 | 250m: | 3:26.53 | 44.72   | 350m: | 4:54.47 | 44.22 |
| 100m:                      | 1:15.11 | 40.35                              | 200m:          | 2:41.81 | 43.48 | 300m: | 4:10.25 | 43.72   | 400m: | 5:31.09 | 36.62 |
| 40. GIEMLIK Alan           | 10      | "Sikret" Gliwice                   | <b>6:21.86</b> | +0,83   | -     | 171   | -       |         |       |         |       |
| 50m:                       | 41.01   | 41.01                              | 150m:          | 2:16.12 | 49.05 | 250m: | 3:55.98 | 49.79   | 350m: | 5:33.20 | 49.11 |
| 100m:                      | 1:27.07 | 46.06                              | 200m:          | 3:06.19 | 50.07 | 300m: | 4:44.09 | 48.11   | 400m: | 6:21.86 | 48.66 |
| NW SAWIKOWSKI Wojciech     | 10      | KP „Sukces” Chorzów                |                |         |       |       |         |         |       |         |       |