Konkurencja 11 — Dziewcząt, 400m dowolny — 13 lat
20.11.2026 - 15:00 — Wyniki

Rekord Śląska Open	4:07.67	Żukowska Paulina - 2017	AZS AWF Katowice	01.01.1800
Rekord Śląska 13	4:29.90	Bociek Wiktoria – 2017	KS Górnik Sosnowiec	01.01.1800

Klasa sportowa III/13 - 13: 5:09.81 / Klasa sportowa II/14 - 14: 4:48.78 / Klasa sportowa II/15 - 15: 4:40.12

Punkty: FINA 2023

Pozycja		Rok ur.		Czas	CR	Strata	% popr.	FINA
1.	Goździewska Lena	13	MKS Park Wodny Tarnowskie Góry	**4:34.44**			101%	598
	Mistrz Śląska, II Klasa sportowa 15 lat							

50m:	31.47	31.47	150m:	1:41.82	35.50	250m:	2:50.98	34.35	350m:	4:01.07	34.83
100m:	1:06.32	34.85	200m:	2:16.63	34.81	300m:	3:26.24	35.26	400m:	4:34.44	33.37

2.	Zaworska Zofia	13	CSiR MOS w Dąbrowie Górniczej	**4:38.35**	+0,70	+ 3.91	99%	573			
	II Klasa sportowa 15 lat										
50m:	31.40	31.40	150m:	1:41.18	35.24	250m:	2:51.95	35.10	350m:	4:03.52	35.79
100m:	1:05.94	34.54	200m:	2:16.85	35.67	300m:	3:27.73	35.78	400m:	4:38.35	34.83
3.	Dobrasz Magdalena	13	LKS Jedność 32 Przyszowice	**4:48.08**	+0,69	+ 13.64	100%	517			
	II Klasa sportowa 14 lat										
50m:	32.62	32.62	150m:	1:46.30	36.91	250m:	3:00.95	37.46	350m:	4:14.52	36.33
100m:	1:09.39	36.77	200m:	2:23.49	37.19	300m:	3:38.19	37.24	400m:	4:48.08	33.56
4.	Wrześniak Barbara	13	CSiR MOS w Dąbrowie Górniczej	**4:54.75**		+ 20.31	100%	483			
	III Klasa sportowa 13 lat										
50m:	32.55	32.55	150m:	1:47.78	38.15	250m:	3:02.94	37.49	350m:	4:18.35	37.59
100m:	1:09.63	37.08	200m:	2:25.45	37.67	300m:	3:40.76	37.82	400m:	4:54.75	36.40
5.	Wieczorek Iga	13	CSiR MOS w Dąbrowie Górniczej	**5:00.61**	+0,67	+ 26.17	104%	455			
	III Klasa sportowa 13 lat										
50m:	35.36	35.36	150m:	1:50.86	37.63	250m:	3:07.17	38.25	350m:	4:24.03	38.42
100m:	1:13.23	37.87	200m:	2:28.92	38.06	300m:	3:45.61	38.44	400m:	5:00.61	36.58
6.	Nowicka Lena	13	KP ,,Sukces'' Chorzów	**5:01.86**		+ 27.42	101%	449			
	III Klasa sportowa 13 lat										
50m:	32.48	32.48	150m:	1:48.59	38.52	250m:	3:07.21	39.79	350m:	4:25.40	38.45
100m:	1:10.07	37.59	200m:	2:27.42	38.83	300m:	3:46.95	39.74	400m:	5:01.86	36.46
7.	Kalinka Nina	13	UKS Wodnik Siemianowice Śląskie	**5:04.98**		+ 30.54	107%	436			
	III Klasa sportowa 13 lat										
50m:	34.63	34.63	150m:	1:53.25	39.43	250m:	3:11.20	39.27	350m:	4:29.07	39.34
100m:	1:13.82	39.19	200m:	2:31.93	38.68	300m:	3:49.73	38.53	400m:	5:04.98	35.91
8.	Małczok Liwia	13	Akademia Sms Racibórz	**5:07.01**	+0,87	+ 32.57	118%	427			
	III Klasa sportowa 13 lat										
50m:	35.17	35.17	150m:	1:52.64	38.69	250m:	3:11.67	38.98	350m:	4:30.07	38.47
100m:	1:13.95	38.78	200m:	2:32.69	40.05	300m:	3:51.60	39.93	400m:	5:07.01	36.94
9.	Skupin Matylda	13	KS Piątka Chorzów	**5:08.24**	+0,79	+ 33.80	103%	422			
	III Klasa sportowa 13 lat										
50m:	34.90	34.90	150m:	1:52.04	39.26	250m:	3:10.84	39.15	350m:	4:30.42	39.69
100m:	1:12.78	37.88	200m:	2:31.69	39.65	300m:	3:50.73	39.89	400m:	5:08.24	37.82
10.	Mstowska Matylda	13	UKS Wodnik Siemianowice Śląskie	**5:09.30**		+ 34.86	99%	418			
	III Klasa sportowa 13 lat										
50m:	34.80	34.80	150m:	1:52.14	39.27	250m:	3:11.52	39.79	350m:	4:31.38	40.11
100m:	1:12.87	38.07	200m:	2:31.73	39.59	300m:	3:51.27	39.75	400m:	5:09.30	37.92
11.	Nowińska Iga	13	Akademia Sms Racibórz	**5:10.36**		+ 35.92	103%	413			
50m:	33.83	33.83	150m:	1:51.16	39.41	250m:	3:12.39	40.58	350m:	4:33.00	40.83
100m:	1:11.75	37.92	200m:	2:31.81	40.65	300m:	3:52.17	39.78	400m:	5:10.36	37.36
12.	Plura Wiktoria	13	Akademia Sms Racibórz	**5:10.61**	+0,70	+ 36.17	102%	412			
50m:	35.56	35.56	150m:	1:54.81	39.51	250m:	3:14.16	39.75	350m:	5:10.74	1:16.82
100m:	1:15.30	39.74	200m:	2:34.41	39.60	300m:	3:53.92	39.76	400m:	5:10.61	
13.	Szpałek Martyna	13	CSiR MOS w Dąbrowie Górniczej	**5:21.81**	+0,70	+ 47.37	104%	371			
50m:	37.22	37.22	150m:	1:58.85	41.13	250m:	3:20.79	40.93	350m:	4:42.39	40.45
100m:	1:17.72	40.50	200m:	2:39.86	41.01	300m:	4:01.94	41.15	400m:	5:21.81	39.42
14.	Łokociejewska Oliwia	13	UKS Aquatica Pawłowice	**5:24.87**		+ 50.43	103%	360			
50m:	36.06	36.06	150m:	2:00.07	42.72	250m:	3:24.72	42.41	350m:	4:47.52	40.30
100m:	1:17.35	41.29	200m:	2:42.31	42.24	300m:	4:07.22	42.50	400m:	5:24.87	37.35

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Pozycja		Rok ur.		Czas	CR	Strata	% popr.	FINA
15.	Mazur Anna	13	UKS ,,Manta Kochłowice Ruda Śląska"	**5:26.58**		+ 52.14	106%	355
16.	Matlak Nina	13	MOSM Tychy	**5:29.70**		+ 55.26	104%	345
17.	Waluś Ewa	13	UKS Victoria Kozy	**5:34.75**	+0,63	+ 1:00.31	99%	329
18.	Durand Laura	13	KS Piątka Chorzów	**5:38.00**		+ 1:03.56	106%	320
19.	Breguła Liliana	13	UKS Wodnik Siemianowice Śląskie	**5:39.68**	+0,71	+ 1:05.24	100%	315
20.	Kaczyca Nadia	13	UKS ,,Manta Kochłowice Ruda Śląska"	**5:45.90**		+ 1:11.46	102%	299
21.	Piwowar Alicja	13	Akademia Sms Racibórz	**5:48.93**	+0,56	+ 1:14.49	107%	291
22.	Jaromin Olga	13	KS Piątka Chorzów	**5:49.24**	+0,63	+ 1:14.80	97%	290
23.	Nowara Lena	13	UKS Wodnik Siemianowice Śląskie	**5:51.09**	+0,74	+ 1:16.65	102%	285
24.	Stanik Martyna	13	UKS Wodnik Siemianowice Śląskie	**5:54.53**	+0,84	+ 1:20.09	91%	277
25.	Zając Martyna	13	KS "Żaglica"	**5:54.54**		+ 1:20.10	92%	277
26.	Wojdak Eliza	13	UKS Wodnik Siemianowice Śląskie	**5:56.47**	+0,78	+ 1:22.03	102%	273
27.	Poduszyńska Maria	13	MKS Pałac Młodzieży Katowice	**5:56.63**		+ 1:22.19	123%	272
28.	Sontag Zofia	13	UKS Wodnik Siemianowice Śląskie	**5:56.81**		+ 1:22.37	101%	272
29.	Kremser Aleksandra	13	UKS ,, Na Fali Bytom''	**6:02.00**		+ 1:27.56	104%	260
30.	Żurawska Dagmara	13	Rybnicki Młodzieżowy Klub Sportowy	**6:52.88**		+ 2:18.44	-	175

15.	50m:	35.72	35.72	150m:	1:59.21	42.84	250m:	3:24.65	43.66	350m:	4:48.16	41.25
	100m:	1:16.37	40.65	200m:	2:40.99	41.78	300m:	4:06.91	42.26	400m:	5:26.58	38.42
16.	50m:	37.06	37.06	150m:	2:01.33	42.08	250m:	3:27.31	42.76	350m:	4:52.05	41.95
	100m:	1:19.25	42.19	200m:	2:44.55	43.22	300m:	4:10.10	42.79	400m:	5:29.70	37.65
17.	50m:	36.48	36.48	150m:	2:00.93	42.71	250m:	3:27.41	43.53	350m:	4:54.14	43.29
	100m:	1:18.22	41.74	200m:	2:43.88	42.95	300m:	4:10.85	43.44	400m:	5:34.75	40.61
18.	50m:	37.75	37.75	150m:	2:03.29	43.42	250m:	3:30.25	43.28	350m:	4:57.23	43.77
	100m:	1:19.87	42.12	200m:	2:46.97	43.68	300m:	4:13.46	43.21	400m:	5:38.00	40.77
19.	50m:	35.95	35.95	150m:	2:00.41	43.10	250m:	3:28.64	44.53	350m:	4:58.31	44.86
	100m:	1:17.31	41.36	200m:	2:44.11	43.70	300m:	4:13.45	44.81	400m:	5:39.68	41.37
20.	50m:	38.51	38.51	150m:	2:05.96	44.43	250m:	3:35.24	44.71	350m:	5:04.07	43.60
	100m:	1:21.53	43.02	200m:	2:50.53	44.57	300m:	4:20.47	45.23	400m:	5:45.90	41.83
21.	50m:	39.80	39.80	150m:	2:09.76	45.43	250m:	3:40.24	44.33	350m:	5:09.82	43.98
	100m:	1:24.33	44.53	200m:	2:55.91	46.15	300m:	4:25.84	45.60	400m:	5:48.93	39.11
22.	50m:	38.80	38.80	150m:	2:04.72	43.57	250m:	3:34.62	45.46	350m:	5:49.29	1:29.54
	100m:	1:21.15	42.35	200m:	2:49.16	44.44	300m:	4:19.75	45.13	400m:	5:49.24	
23.	50m:	39.07	39.07	150m:	2:08.29	44.74	250m:	3:37.66	44.82	350m:	5:08.32	45.91
	100m:	1:23.55	44.48	200m:	2:52.84	44.55	300m:	4:22.41	44.75	400m:	5:51.09	42.77
24.	50m:	37.66	37.66	150m:	2:06.33	45.51	250m:	3:38.42	46.96	350m:	5:11.24	46.22
	100m:	1:20.82	43.16	200m:	2:51.46	45.13	300m:	4:25.02	46.60	400m:	5:54.53	43.29
25.	50m:	39.57	39.57	150m:	2:08.77	45.45	250m:	3:40.83	46.42	350m:	5:11.51	45.02
	100m:	1:23.32	43.75	200m:	2:54.41	45.64	300m:	4:26.49	45.66	400m:	5:54.54	43.03
26.	50m:	39.55	39.55	150m:	2:10.08	45.78	250m:	3:42.66	46.18	350m:	5:13.94	45.42
	100m:	1:24.30	44.75	200m:	2:56.48	46.40	300m:	4:28.52	45.86	400m:	5:56.47	42.53
27.	50m:	40.24	40.24	150m:	2:09.72	45.75	250m:	3:42.51	46.49	350m:	5:56.82	1:27.99
	100m:	1:23.97	43.73	200m:	2:56.02	46.30	300m:	4:28.83	46.32	400m:	5:56.63	
28.	50m:	39.69	39.69	150m:	2:10.68	46.35	250m:	3:43.00	46.06	350m:	5:14.46	45.48
	100m:	1:24.33	44.64	200m:	2:56.94	46.26	300m:	4:28.98	45.98	400m:	5:56.81	42.35
29.	50m:	40.11	40.11	150m:	2:10.91	45.60	250m:	3:43.66	46.68	350m:	5:14.76	46.17
	100m:	1:25.31	45.20	200m:	2:56.98	46.07	300m:	4:28.59	44.93	400m:	6:02.00	47.24
30.	50m:	44.33	44.33	150m:	2:28.00	53.29	250m:	4:15.74	54.47	350m:	6:02.13	51.64
	100m:	1:34.71	50.38	200m:	3:21.27	53.27	300m:	5:10.49	54.75	400m:	6:52.88	50.75