



Event 16  
12/10/2024 - 16:28

Women, 400m Freestyle

13 years and older  
Results

Points: AQUA 2024

Rank					YB					Time	Pts	
1.	Megelova Stela				09	STU Trnava				<b>4:24.20</b>	671	
	50m:	31.76	31.76	150m:	1:39.96	34.06	250m:	2:47.22	33.47	350m:	3:53.17	32.73
	100m:	1:05.90	34.14	200m:	2:13.75	33.79	300m:	3:20.44	33.22	400m:	4:24.20	31.03
2.	Polak Iga				09	Unia Oswiecim				<b>4:27.49</b>	646	
	50m:	31.50	31.50	150m:	1:39.10	33.71	250m:	2:46.51	33.64	350m:	3:54.25	33.88
	100m:	1:05.39	33.89	200m:	2:12.87	33.77	300m:	3:20.37	33.86	400m:	4:27.49	33.24
3.	Lakoma Maria				08	SMS Galicja Krakow				<b>4:27.88</b>	643	
	50m:	31.63	31.63	150m:	1:40.25	34.17	250m:	2:48.82	34.28	350m:	3:56.07	33.33
	100m:	1:06.08	34.45	200m:	2:14.54	34.29	300m:	3:22.74	33.92	400m:	4:27.88	31.81
4.	Karkocha Gabriela				09	Unia Oswiecim				<b>4:33.24</b>	606	
	50m:	31.98	31.98	150m:	1:40.43	34.27	250m:	2:49.18	34.32	350m:	3:58.92	34.94
	100m:	1:06.16	34.18	200m:	2:14.86	34.43	300m:	3:23.98	34.80	400m:	4:33.24	34.32
5.	Kusion Judyta				06	Unia Oswiecim				<b>4:34.50</b>	598	
	50m:	31.81	31.81	150m:	1:41.01	34.63	250m:	2:50.83	34.88	350m:	4:00.64	35.12
	100m:	1:06.38	34.57	200m:	2:15.95	34.94	300m:	3:25.52	34.69	400m:	4:34.50	33.86
6.	Nikiel Natalia				06	Park Wodny Tarn. Gory				<b>4:35.87</b>	589	
	50m:	31.49	31.49	150m:	1:40.51	34.79	250m:	2:51.03	35.27	350m:	4:01.31	35.01
	100m:	1:05.72	34.23	200m:	2:15.76	35.25	300m:	3:26.30	35.27	400m:	4:35.87	34.56
7.	Mosiakina Sofia				08	Unia Oswiecim				<b>4:37.99</b>	576	
	50m:	32.61	32.61	150m:	1:43.07	35.25	250m:	2:54.61	35.68	350m:	4:05.35	35.02
	100m:	1:07.82	35.21	200m:	2:18.93	35.86	300m:	3:30.33	35.72	400m:	4:37.99	32.64
8.	Kiszczak Olga				09	Unia Oswiecim				<b>4:38.94</b>	570	
	50m:	31.38	31.38	150m:	1:42.35	35.90	250m:	2:54.23	35.71	350m:	4:05.91	35.45
	100m:	1:06.45	35.07	200m:	2:18.52	36.17	300m:	3:30.46	36.23	400m:	4:38.94	33.03
9.	Wrona Maria				08	Unia Oswiecim				<b>4:39.41</b>	567	
	50m:	32.76	32.76	150m:	1:43.45	35.26	250m:	2:53.86	35.24	350m:	4:04.63	35.35
	100m:	1:08.19	35.43	200m:	2:18.62	35.17	300m:	3:29.28	35.42	400m:	4:39.41	34.78
10.	Wieczorek Michalina				09	Unia Oswiecim				<b>4:40.20</b>	562	
	50m:	31.94	31.94	150m:	1:43.40	36.07	250m:	2:55.28	35.78	350m:	4:06.39	35.30
	100m:	1:07.33	35.39	200m:	2:19.50	36.10	300m:	3:31.09	35.81	400m:	4:40.20	33.81
11.	Drobna Angelika				07	Unia Oswiecim				<b>4:43.70</b>	541	
	50m:	32.43	32.43	150m:	1:44.42	36.33	250m:	2:56.96	36.42	350m:	4:08.94	36.13
	100m:	1:08.09	35.66	200m:	2:20.54	36.12	300m:	3:32.81	35.85	400m:	4:43.70	34.76
12.	Sowa Barbara				07	Unia Oswiecim				<b>4:43.98</b>	540	
	50m:	32.22	32.22	150m:	1:42.64	35.49	250m:	2:55.42	36.60	350m:	4:08.45	36.43
	100m:	1:07.15	34.93	200m:	2:18.82	36.18	300m:	3:32.02	36.60	400m:	4:43.98	35.53
13.	Stanek Magdalena				07	AGH Krakow				<b>4:45.40</b>	532	
	50m:	31.62	31.62	150m:	1:43.10	35.82	250m:	2:56.45	36.71	350m:	4:10.43	37.24
	100m:	1:07.28	35.66	200m:	2:19.74	36.64	300m:	3:33.19	36.74	400m:	4:45.40	34.97
14.	Kolosinska Marharyta				08	Unia Oswiecim				<b>4:46.64</b>	525	
	50m:	32.60	32.60	150m:	1:44.31	36.09	250m:	2:57.84	36.70	350m:	4:11.95	36.84
	100m:	1:08.22	35.62	200m:	2:21.14	36.83	300m:	3:35.11	37.27	400m:	4:46.64	34.69
15.	Skrzypek Ada				09	AGH Krakow				<b>4:47.44</b>	521	
	50m:	31.97	31.97	150m:	1:43.75	36.33	250m:	2:58.44	37.24	350m:	4:12.13	36.55
	100m:	1:07.42	35.45	200m:	2:21.20	37.45	300m:	3:35.58	37.14	400m:	4:47.44	35.31





Event 16, Women, 400m Freestyle, 13 years and older

Rank					YB					Time	Pts	
16.	Długopolska Nikola				09	SMS Galicja Krakow				<b>4:48.21</b>	516	
	50m:	32.13	32.13	150m:	1:44.71	36.51	250m:	2:57.79	36.62	350m:	4:11.90	37.56
	100m:	1:08.20	36.07	200m:	2:21.17	36.46	300m:	3:34.34	36.55	400m:	4:48.21	36.31
17.	Mosna Michaela				09	STU Tmava				<b>4:49.03</b>	512	
	50m:	32.31	32.31	150m:	1:46.50	37.65	250m:	3:00.52	36.88	350m:	4:13.95	36.60
	100m:	1:08.85	36.54	200m:	2:23.64	37.14	300m:	3:37.35	36.83	400m:	4:49.03	35.08
18.	Molenda Iga				09	MKS Piaseczno				<b>4:49.66</b>	509	
	50m:	33.38	33.38	150m:	1:48.11	37.34	250m:	3:03.04	37.31	350m:	4:15.96	36.15
	100m:	1:10.77	37.39	200m:	2:25.73	37.62	300m:	3:39.81	36.77	400m:	4:49.66	33.70
19.	Nikiel Emilia				11	Park Wodny Tarn. Gory				<b>4:49.71</b>	508	
	50m:	33.97	33.97	150m:	1:47.86	37.04	250m:	3:01.49	36.70	350m:	4:14.63	36.49
	100m:	1:10.82	36.85	200m:	2:24.79	36.93	300m:	3:38.14	36.65	400m:	4:49.71	35.08
20.	Peczek Karolina				09	Unia Oswiecim				<b>4:50.35</b>	505	
	50m:	30.58	30.58	150m:	1:43.06	36.41	250m:	2:58.47	37.95	350m:	4:15.05	38.88
	100m:	1:06.65	36.07	200m:	2:20.52	37.46	300m:	3:36.17	37.70	400m:	4:50.35	35.30
21.	Ivanovicova Nikoleta				08	STU Tmava				<b>4:52.99</b>	492	
	50m:	34.28	34.28	150m:	1:48.70	37.63	250m:	3:03.71	37.20	350m:	4:17.86	36.40
	100m:	1:11.07	36.79	200m:	2:26.51	37.81	300m:	3:41.46	37.75	400m:	4:52.99	35.13
22.	Betkowska Emilia				11	CKiS Skawina				<b>4:53.47</b>	489	
	50m:	33.73	33.73	150m:	1:48.10	37.31	250m:	3:03.30	37.41	350m:	4:18.35	37.33
	100m:	1:10.79	37.06	200m:	2:25.89	37.79	300m:	3:41.02	37.72	400m:	4:53.47	35.12
23.	Cala Anastazja				07	Unia Oswiecim				<b>4:54.39</b>	485	
	50m:	33.72	33.72	150m:	1:47.49	37.15	250m:	3:02.56	37.57	350m:	4:18.58	38.12
	100m:	1:10.34	36.62	200m:	2:24.99	37.50	300m:	3:40.46	37.90	400m:	4:54.39	35.81
24.	Zelaskowska Wiktoria				09	Korona 1919 Krakow				<b>4:59.13</b>	462	
	50m:	32.36	32.36	150m:	1:45.19	36.91	250m:	3:02.06	38.90	350m:	4:22.41	39.97
	100m:	1:08.28	35.92	200m:	2:23.16	37.97	300m:	3:42.44	40.38	400m:	4:59.13	36.72
25.	Dejana Laura				11	SMS Galicja Krakow				<b>5:00.38</b>	456	
	50m:	33.75	33.75	150m:	1:49.29	38.25	250m:	3:06.45	38.70	350m:	4:24.31	39.04
	100m:	1:11.04	37.29	200m:	2:27.75	38.46	300m:	3:45.27	38.82	400m:	5:00.38	36.07
26.	Nowak Maja				10	SMS Galicja Krakow				<b>5:01.23</b>	452	
	50m:	33.72	33.72	150m:	1:49.73	38.11	250m:	3:07.55	38.62	350m:	4:24.95	38.69
	100m:	1:11.62	37.90	200m:	2:28.93	39.20	300m:	3:46.26	38.71	400m:	5:01.23	36.28
27.	Kaczmarczyk Hanna				08	Olimpijczyk Krakow				<b>5:03.18</b>	444	
	50m:	34.62	34.62	150m:	1:52.55	38.95	250m:	3:10.45	38.45	350m:	4:28.10	38.93
	100m:	1:13.60	38.98	200m:	2:32.00	39.45	300m:	3:49.17	38.72	400m:	5:03.18	35.08
28.	Zienkowska Maja				10	H2O Bochnia				<b>5:03.55</b>	442	
	50m:	33.99	33.99	150m:	1:52.12	39.39	250m:	3:10.92	39.37	350m:	4:27.80	37.97
	100m:	1:12.73	38.74	200m:	2:31.55	39.43	300m:	3:49.83	38.91	400m:	5:03.55	35.75
29.	Gos Maja				10	Jordan Krakow				<b>5:04.53</b>	438	
	50m:	34.28	34.28	150m:	1:51.95	39.13	250m:	3:09.66	38.87	350m:	4:27.33	38.85
	100m:	1:12.82	38.54	200m:	2:30.79	38.84	300m:	3:48.48	38.82	400m:	5:04.53	37.20
30.	Sacha Paulina				10	Nika Sport Team Krakow				<b>5:07.09</b>	427	
	50m:	34.37	34.37	150m:	1:52.02	39.39	250m:	3:11.57	39.35	350m:	4:30.27	39.01
	100m:	1:12.63	38.26	200m:	2:32.22	40.20	300m:	3:51.26	39.69	400m:	5:07.09	36.82
31.	Pawluk Hanna				11	Nika Sport Team Krakow				<b>5:07.16</b>	427	
	50m:	33.23	33.23	150m:	1:49.97	38.34	250m:	3:08.51	39.28	350m:	4:27.98	40.75
	100m:	1:11.63	38.40	200m:	2:29.23	39.26	300m:	3:47.23	38.72	400m:	5:07.16	39.18





Event 16, Women, 400m Freestyle, 13 years and older

Rank			YB						Time	Pts		
32.	Kras Alicja			09	MKS Piaseczno				<b>5:08.20</b>	422		
	50m:	34.90	34.90	150m:	250m:	3:12.94	350m:					
	100m:			200m:	300m:	3:52.48	400m:	5:08.20				
33.	Kozuch Lena			11	Olimpijczyk Krakow				<b>5:08.76</b>	420		
	50m:	34.98	34.98	150m:	1:53.33	39.66	250m:	3:12.26	39.50	350m:	4:30.50	39.03
	100m:	1:13.67	38.69	200m:	2:32.76	39.43	300m:	3:51.47	39.21	400m:	5:08.76	38.26
34.	Zmuda Zofia			09	MKS Piaseczno				<b>5:12.85</b>	404		
	50m:	34.88	34.88	150m:	1:54.90	40.81	250m:	3:15.25	39.72	350m:	4:34.96	39.54
	100m:	1:14.09	39.21	200m:	2:35.53	40.63	300m:	3:55.42	40.17	400m:	5:12.85	37.89
35.	Grzesiak Oliwia			08	H2O Bochnia				<b>5:19.12</b>	380		
	50m:	34.65	34.65	150m:	1:54.72	40.39	250m:	3:15.53	39.93	350m:	4:38.92	41.86
	100m:	1:14.33	39.68	200m:	2:35.60	40.88	300m:	3:57.06	41.53	400m:	5:19.12	40.20
36.	Jacobsen Johanna Katrina			07	Havnar Svimmifélag				<b>5:19.61</b>	379		
	50m:	35.82	35.82	150m:	1:57.50	40.97	250m:	3:18.58	40.61	350m:	4:40.95	41.39
	100m:	1:16.53	40.71	200m:	2:37.97	40.47	300m:	3:59.56	40.98	400m:	5:19.61	38.66
37.	Rolnicka Milena			11	SMS Galicja Krakow				<b>5:34.68</b>	330		
	50m:	36.27	36.27	150m:	2:01.46	43.11	250m:	3:28.12	43.39	350m:	4:54.90	43.11
	100m:	1:18.35	42.08	200m:	2:44.73	43.27	300m:	4:11.79	43.67	400m:	5:34.68	39.78
38.	Chodur Maja			10	H2O Bochnia				<b>5:44.85</b>	301		
	50m:	38.15	38.15	150m:	2:03.86	43.48	250m:	3:32.61	44.40	350m:	5:01.68	44.59
	100m:	1:20.38	42.23	200m:	2:48.21	44.35	300m:	4:17.09	44.48	400m:	5:44.85	43.17

Event 16  
12/10/2024 - 16:28

Girls, 400m Freestyle

15 - 16 years  
Results

Points: AQUA 2024

Rank			YB						Time	Pts		
1.	Megelova Stela			09	STU Trnava				<b>4:24.20</b>	671		
	50m:	31.76	31.76	150m:	1:39.96	34.06	250m:	2:47.22	33.47	350m:	3:53.17	32.73
	100m:	1:05.90	34.14	200m:	2:13.75	33.79	300m:	3:20.44	33.22	400m:	4:24.20	31.03
2.	Polak Iga			09	Unia Oswiecim				<b>4:27.49</b>	646		
	50m:	31.50	31.50	150m:	1:39.10	33.71	250m:	2:46.51	33.64	350m:	3:54.25	33.88
	100m:	1:05.39	33.89	200m:	2:12.87	33.77	300m:	3:20.37	33.86	400m:	4:27.49	33.24
3.	Lakoma Maria			08	SMS Galicja Krakow				<b>4:27.88</b>	643		
	50m:	31.63	31.63	150m:	1:40.25	34.17	250m:	2:48.82	34.28	350m:	3:56.07	33.33
	100m:	1:06.08	34.45	200m:	2:14.54	34.29	300m:	3:22.74	33.92	400m:	4:27.88	31.81
4.	Karkocha Gabriela			09	Unia Oswiecim				<b>4:33.24</b>	606		
	50m:	31.98	31.98	150m:	1:40.43	34.27	250m:	2:49.18	34.32	350m:	3:58.92	34.94
	100m:	1:06.16	34.18	200m:	2:14.86	34.43	300m:	3:23.98	34.80	400m:	4:33.24	34.32
5.	Mosiakina Sofia			08	Unia Oswiecim				<b>4:37.99</b>	576		
	50m:	32.61	32.61	150m:	1:43.07	35.25	250m:	2:54.61	35.68	350m:	4:05.35	35.02
	100m:	1:07.82	35.21	200m:	2:18.93	35.86	300m:	3:30.33	35.72	400m:	4:37.99	32.64
6.	Kiszczyk Olga			09	Unia Oswiecim				<b>4:38.94</b>	570		
	50m:	31.38	31.38	150m:	1:42.35	35.90	250m:	2:54.23	35.71	350m:	4:05.91	35.45
	100m:	1:06.45	35.07	200m:	2:18.52	36.17	300m:	3:30.46	36.23	400m:	4:38.94	33.03
7.	Wrona Maria			08	Unia Oswiecim				<b>4:39.41</b>	567		
	50m:	32.76	32.76	150m:	1:43.45	35.26	250m:	2:53.86	35.24	350m:	4:04.63	35.35
	100m:	1:08.19	35.43	200m:	2:18.62	35.17	300m:	3:29.28	35.42	400m:	4:39.41	34.78





Event 16, Girls, 400m Freestyle, 15 - 16 years

Rank					YB					Time	Pts	
8.	Wieczorek Michalina				09	Unia Oswiecim				<b>4:40.20</b>	562	
	50m:	31.94	31.94	150m:	1:43.40	36.07	250m:	2:55.28	35.78	350m:	4:06.39	35.30
	100m:	1:07.33	35.39	200m:	2:19.50	36.10	300m:	3:31.09	35.81	400m:	4:40.20	33.81
9.	Kolosinska Marharyta				08	Unia Oswiecim				<b>4:46.64</b>	525	
	50m:	32.60	32.60	150m:	1:44.31	36.09	250m:	2:57.84	36.70	350m:	4:11.95	36.84
	100m:	1:08.22	35.62	200m:	2:21.14	36.83	300m:	3:35.11	37.27	400m:	4:46.64	34.69
10.	Skrzypek Ada				09	AGH Krakow				<b>4:47.44</b>	521	
	50m:	31.97	31.97	150m:	1:43.75	36.33	250m:	2:58.44	37.24	350m:	4:12.13	36.55
	100m:	1:07.42	35.45	200m:	2:21.20	37.45	300m:	3:35.58	37.14	400m:	4:47.44	35.31
11.	Długopolska Nikola				09	SMS Galicja Krakow				<b>4:48.21</b>	516	
	50m:	32.13	32.13	150m:	1:44.71	36.51	250m:	2:57.79	36.62	350m:	4:11.90	37.56
	100m:	1:08.20	36.07	200m:	2:21.17	36.46	300m:	3:34.34	36.55	400m:	4:48.21	36.31
12.	Mosna Michaela				09	STU Trnava				<b>4:49.03</b>	512	
	50m:	32.31	32.31	150m:	1:46.50	37.65	250m:	3:00.52	36.88	350m:	4:13.95	36.60
	100m:	1:08.85	36.54	200m:	2:23.64	37.14	300m:	3:37.35	36.83	400m:	4:49.03	35.08
13.	Molenda Iga				09	MKS Piaseczno				<b>4:49.66</b>	509	
	50m:	33.38	33.38	150m:	1:48.11	37.34	250m:	3:03.04	37.31	350m:	4:15.96	36.15
	100m:	1:10.77	37.39	200m:	2:25.73	37.62	300m:	3:39.81	36.77	400m:	4:49.66	33.70
14.	Peczek Karolina				09	Unia Oswiecim				<b>4:50.35</b>	505	
	50m:	30.58	30.58	150m:	1:43.06	36.41	250m:	2:58.47	37.95	350m:	4:15.05	38.88
	100m:	1:06.65	36.07	200m:	2:20.52	37.46	300m:	3:36.17	37.70	400m:	4:50.35	35.30
15.	Ivanovicova Nikoleta				08	STU Trnava				<b>4:52.99</b>	492	
	50m:	34.28	34.28	150m:	1:48.70	37.63	250m:	3:03.71	37.20	350m:	4:17.86	36.40
	100m:	1:11.07	36.79	200m:	2:26.51	37.81	300m:	3:41.46	37.75	400m:	4:52.99	35.13
16.	Zelaskowska Wiktoria				09	Korona 1919 Krakow				<b>4:59.13</b>	462	
	50m:	32.36	32.36	150m:	1:45.19	36.91	250m:	3:02.06	38.90	350m:	4:22.41	39.97
	100m:	1:08.28	35.92	200m:	2:23.16	37.97	300m:	3:42.44	40.38	400m:	4:59.13	36.72
17.	Kaczmarczyk Hanna				08	Olimpijczyk Krakow				<b>5:03.18</b>	444	
	50m:	34.62	34.62	150m:	1:52.55	38.95	250m:	3:10.45	38.45	350m:	4:28.10	38.93
	100m:	1:13.60	38.98	200m:	2:32.00	39.45	300m:	3:49.17	38.72	400m:	5:03.18	35.08
18.	Kras Alicja				09	MKS Piaseczno				<b>5:08.20</b>	422	
	50m:	34.90	34.90	150m:			250m:	3:12.94		350m:		
	100m:			200m:			300m:	3:52.48	39.54	400m:	5:08.20	
19.	Zmuda Zofia				09	MKS Piaseczno				<b>5:12.85</b>	404	
	50m:	34.88	34.88	150m:	1:54.90	40.81	250m:	3:15.25	39.72	350m:	4:34.96	39.54
	100m:	1:14.09	39.21	200m:	2:35.53	40.63	300m:	3:55.42	40.17	400m:	5:12.85	37.89
20.	Grzesiak Oliwia				08	H2O Bochnia				<b>5:19.12</b>	380	
	50m:	34.65	34.65	150m:	1:54.72	40.39	250m:	3:15.53	39.93	350m:	4:38.92	41.86
	100m:	1:14.33	39.68	200m:	2:35.60	40.88	300m:	3:57.06	41.53	400m:	5:19.12	40.20





Event 16, Women, 400m Freestyle

Event 16  
12/10/2024 - 16:28

Girls, 400m Freestyle

13 - 14 years  
Results

Points: AQUA 2024

Rank					YB					Time	Pts	
1.	Nikiel Emilia				11	Park Wodny Tarn. Gory				<b>4:49.71</b>	508	
	50m:	33.97	33.97	150m:	1:47.86	37.04	250m:	3:01.49	36.70	350m:	4:14.63	36.49
	100m:	1:10.82	36.85	200m:	2:24.79	36.93	300m:	3:38.14	36.65	400m:	4:49.71	35.08
2.	Betkowska Emilia				11	CKiS Skawina				<b>4:53.47</b>	489	
	50m:	33.73	33.73	150m:	1:48.10	37.31	250m:	3:03.30	37.41	350m:	4:18.35	37.33
	100m:	1:10.79	37.06	200m:	2:25.89	37.79	300m:	3:41.02	37.72	400m:	4:53.47	35.12
3.	Dejana Laura				11	SMS Galicja Krakow				<b>5:00.38</b>	456	
	50m:	33.75	33.75	150m:	1:49.29	38.25	250m:	3:06.45	38.70	350m:	4:24.31	39.04
	100m:	1:11.04	37.29	200m:	2:27.75	38.46	300m:	3:45.27	38.82	400m:	5:00.38	36.07
4.	Nowak Maja				10	SMS Galicja Krakow				<b>5:01.23</b>	452	
	50m:	33.72	33.72	150m:	1:49.73	38.11	250m:	3:07.55	38.62	350m:	4:24.95	38.69
	100m:	1:11.62	37.90	200m:	2:28.93	39.20	300m:	3:46.26	38.71	400m:	5:01.23	36.28
5.	Zienkowska Maja				10	H2O Bochnia				<b>5:03.55</b>	442	
	50m:	33.99	33.99	150m:	1:52.12	39.39	250m:	3:10.92	39.37	350m:	4:27.80	37.97
	100m:	1:12.73	38.74	200m:	2:31.55	39.43	300m:	3:49.83	38.91	400m:	5:03.55	35.75
6.	Gos Maja				10	Jordan Krakow				<b>5:04.53</b>	438	
	50m:	34.28	34.28	150m:	1:51.95	39.13	250m:	3:09.66	38.87	350m:	4:27.33	38.85
	100m:	1:12.82	38.54	200m:	2:30.79	38.84	300m:	3:48.48	38.82	400m:	5:04.53	37.20
7.	Sacha Paulina				10	Nika Sport Team Krakow				<b>5:07.09</b>	427	
	50m:	34.37	34.37	150m:	1:52.02	39.39	250m:	3:11.57	39.35	350m:	4:30.27	39.01
	100m:	1:12.63	38.26	200m:	2:32.22	40.20	300m:	3:51.26	39.69	400m:	5:07.09	36.82
8.	Pawluk Hanna				11	Nika Sport Team Krakow				<b>5:07.16</b>	427	
	50m:	33.23	33.23	150m:	1:49.97	38.34	250m:	3:08.51	39.28	350m:	4:27.98	40.75
	100m:	1:11.63	38.40	200m:	2:29.23	39.26	300m:	3:47.23	38.72	400m:	5:07.16	39.18
9.	Kozuch Lena				11	Olimpijczyk Krakow				<b>5:08.76</b>	420	
	50m:	34.98	34.98	150m:	1:53.33	39.66	250m:	3:12.26	39.50	350m:	4:30.50	39.03
	100m:	1:13.67	38.69	200m:	2:32.76	39.43	300m:	3:51.47	39.21	400m:	5:08.76	38.26
10.	Rolnicka Milena				11	SMS Galicja Krakow				<b>5:34.68</b>	330	
	50m:	36.27	36.27	150m:	2:01.46	43.11	250m:	3:28.12	43.39	350m:	4:54.90	43.11
	100m:	1:18.35	42.08	200m:	2:44.73	43.27	300m:	4:11.79	43.67	400m:	5:34.68	39.78
11.	Chodur Maja				10	H2O Bochnia				<b>5:44.85</b>	301	
	50m:	38.15	38.15	150m:	2:03.86	43.48	250m:	3:32.61	44.40	350m:	5:01.68	44.59
	100m:	1:20.38	42.23	200m:	2:48.21	44.35	300m:	4:17.09	44.48	400m:	5:44.85	43.17
EXH	Werner Aleksandra				12	SMS Galicja Krakow				<b>5:10.78</b>	412	
	50m:	34.22	34.22	150m:	1:52.58	39.66	250m:	3:12.04	40.01	350m:	4:31.74	40.00
	100m:	1:12.92	38.70	200m:	2:32.03	39.45	300m:	3:51.74	39.70	400m:	5:10.78	39.04

