



Konkurencja 3
18/10/2024 - 16:26

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	Pkt.	Dru .
1. Piekarska Natalia	06 SMS Olsztyn	4:52.98	690	27,00
50m: 31.48 31.48	150m: 1:44.94 38.10	250m: 3:05.05 42.90	350m: 4:21.16 33.04	
100m: 1:06.84 35.36	200m: 2:22.15 37.21	300m: 3:48.12 43.07	400m: 4:52.98 31.82	
2. Przybylska Oliwia	07 SMS Lublin	4:53.57	686	25,00
50m: 31.65 31.65	150m: 1:45.77 37.35	250m: 3:03.22 41.01	350m: 4:20.07 35.35	
100m: 1:08.42 36.77	200m: 2:22.21 36.44	300m: 3:44.72 41.50	400m: 4:53.57 33.50	
3. Gli ska Oliwia	07 SMS Zielona Góra	4:57.84	657	24,00
50m: 32.45 32.45	150m: 1:45.63 36.53	250m: 3:05.10 43.37	350m: 4:23.56 35.33	
100m: 1:09.10 36.65	200m: 2:21.73 36.10	300m: 3:48.23 43.13	400m: 4:57.84 34.28	
4. Wilk Anna	06 SMS O wi cim	5:02.60	626	23,00
50m: 32.50 32.50	150m: 1:48.77 39.03	250m: 3:09.56 42.16	350m: 4:28.11 36.04	
100m: 1:09.74 37.24	200m: 2:27.40 38.63	300m: 3:52.07 42.51	400m: 5:02.60 34.49	
5. Kuczmar Aleksandra	09 SMS Warszawa Konwiktorska	5:02.74	625	22,00
50m: 31.47 31.47	150m: 1:46.77 38.73	250m: 3:09.40 44.23	350m: 4:30.00 35.05	
100m: 1:08.04 36.57	200m: 2:25.17 38.40	300m: 3:54.95 45.55	400m: 5:02.74 32.74	
6. Kondrasiuk Zofia	08 SMS Szczecin	5:02.76	625	21,00
50m: 32.34 32.34	150m: 1:46.64 37.70	250m: 3:08.22 44.37	350m: 4:29.30 35.18	
100m: 1:08.94 36.60	200m: 2:23.85 37.21	300m: 3:54.12 45.90	400m: 5:02.76 33.46	
7. B tkowska Zuzanna	06 SMS Kraków	5:05.79	607	20,00
50m: 32.75 32.75	150m: 1:49.39 39.01	250m: 3:09.42 42.23	350m: 4:30.41 37.20	
100m: 1:10.38 37.63	200m: 2:27.19 37.80	300m: 3:53.21 43.79	400m: 5:05.79 35.38	
8. Gawęłko Zuzanna	06 SMS Lublin	5:06.25	604	19,00
50m: 31.24 31.24	150m: 1:47.21 39.84	250m: 3:10.77 44.63	350m: 4:31.58 35.79	
100m: 1:07.37 36.13	200m: 2:26.14 38.93	300m: 3:55.79 45.02	400m: 5:06.25 34.67	
9. Duda Natalia	10 SMS Szczecin	5:06.26	604	18,00
50m: 33.39 33.39	150m: 1:52.07 40.85	250m: 3:16.56 45.03	350m: 4:34.52 33.31	
100m: 1:11.22 37.83	200m: 2:31.53 39.46	300m: 4:01.21 44.65	400m: 5:06.26 31.74	
10. Wo akowska Zofia	07 SMS Lublin	5:07.86	595	-
50m: 33.90 33.90	150m: 1:54.83 40.62	250m: 3:16.31 42.12	350m: 4:33.94 35.20	
100m: 1:14.21 40.31	200m: 2:34.19 39.36	300m: 3:58.74 42.43	400m: 5:07.86 33.92	
11. Skrok Julia	07 SMS Wrocław	5:08.69	590	17,00
50m: 32.30 32.30	150m: 1:51.68 41.44	250m: 3:14.55 42.86	350m: 4:34.49 36.78	
100m: 1:10.24 37.94	200m: 2:31.69 40.01	300m: 3:57.71 43.16	400m: 5:08.69 34.20	
12. Karpowicz Oliwia	09 SMS Ostrowiec w.	5:10.95	577	16,00
50m: 31.70 31.70	150m: 1:49.21 41.64	250m: 3:13.43 43.76	350m: 4:35.42 38.41	
100m: 1:07.57 35.87	200m: 2:29.67 40.46	300m: 3:57.01 43.58	400m: 5:10.95 35.53	
13. Wieczorek Michalina	09 SMS O wi cim	5:11.72	573	15,00
50m: 31.68 31.68	150m: 1:47.87 39.65	250m: 3:13.71 46.18	350m: 4:37.10 36.44	
100m: 1:08.22 36.54	200m: 2:27.53 39.66	300m: 4:00.66 46.95	400m: 5:11.72 34.62	
14. Nowacka Emilia	10 SMS Kraków	5:12.42	569	14,00
50m: 33.50 33.50	150m: 1:53.81 40.66	250m: 3:16.20 42.67	350m: 4:36.98 37.43	
100m: 1:13.15 39.65	200m: 2:33.53 39.72	300m: 3:59.55 43.35	400m: 5:12.42 35.44	
15. Skrzypczak Natalia	07 SMS Racibórz	5:12.84	567	13,00
50m: 32.36 32.36	150m: 1:50.84 40.76	250m: 3:15.32 44.83	350m: 4:36.84 37.38	
100m: 1:10.08 37.72	200m: 2:30.49 39.65	300m: 3:59.46 44.14	400m: 5:12.84 36.00	
16. Kijewska Wiktoria	08 SMS Warszawa Konwiktorska	5:13.95	561	12,00
50m: 31.88 31.88	150m: 1:48.57 39.05	250m: 3:13.10 45.77	350m: 4:37.27 37.39	
100m: 1:09.52 37.64	200m: 2:27.33 38.76	300m: 3:59.88 46.78	400m: 5:13.95 36.68	



Liga Szkół Mistrzostwa Sportowego Runda I
O wi cim, 18 - 19/10/2024



Konkurencja 3, Kobiet, 400m zmienny, 14 lat i starsi

Pozycja	Rok ur.	Czas	Pkt.	Dru .
17. Wrona Maria	08 SMS O wi cim	5:15.44	553	-
50m: 33.41 33.41	150m: 1:54.16 42.03	250m: 3:19.59 44.73	350m: 4:40.85 35.91	
100m: 1:12.13 38.72	200m: 2:34.86 40.70	300m: 4:04.94 45.35	400m: 5:15.44 34.59	
18. Jurczuk Weronika	08 SMS Warszawa Bielany	5:15.85	551	11,00
50m: 33.65 33.65	150m: 1:53.46 40.24	250m: 3:19.17 45.42	350m: 4:41.80 36.59	
100m: 1:13.22 39.57	200m: 2:33.75 40.29	300m: 4:05.21 46.04	400m: 5:15.85 34.05	
19. Jabło ska Natalia	08 SMS Olsztyn	5:16.40	548	10,00
50m: 35.17 35.17	150m: 1:55.88 40.79	250m: 3:18.96 44.81	350m: 4:41.08 37.25	
100m: 1:15.09 39.92	200m: 2:34.15 38.27	300m: 4:03.83 44.87	400m: 5:16.40 35.32	
20. Badura Oliwia	07 SMS Warszawa Bielany	5:17.88	540	9,00
50m: 33.98 33.98	150m: 1:54.82 40.35	250m: 3:17.83 44.04	350m: 4:41.31 38.35	
100m: 1:14.47 40.49	200m: 2:33.79 38.97	300m: 4:02.96 45.13	400m: 5:17.88 36.57	
21. Pi tek Nadia	10 SMS Wrocław	5:21.89	520	8,00
50m: 33.93 33.93	150m: 1:57.89 43.20	250m: 3:23.33 43.27	350m: 4:45.78 38.40	
100m: 1:14.69 40.76	200m: 2:40.06 42.17	300m: 4:07.38 44.05	400m: 5:21.89 36.11	
22. Du ko Julia	07 SMS Ostrowiec w.	5:23.02	515	7,00
50m: 33.02 33.02	150m: 1:53.25 43.50	250m: 3:21.55 46.11	350m: 4:46.35 38.24	
100m: 1:09.75 36.73	200m: 2:35.44 42.19	300m: 4:08.11 46.56	400m: 5:23.02 36.67	
23. Kampczyk Paulina	06 SMS Racibórz	5:25.27	504	6,00
50m: 35.42 35.42	150m: 2:00.55 43.71	250m: 3:27.98 44.90	350m: 4:50.36 37.14	
100m: 1:16.84 41.42	200m: 2:43.08 42.53	300m: 4:13.22 45.24	400m: 5:25.27 34.91	
24. Gruda Zofia	10 SMS Gda sk	5:25.60	502	5,00
50m: 35.22 35.22	150m: 2:00.23 42.92	250m: 3:27.68 45.10	350m: 4:50.71 37.67	
100m: 1:17.31 42.09	200m: 2:42.58 42.35	300m: 4:13.04 45.36	400m: 5:25.60 34.89	
DYSKW. Niedzwiecka Judyta	09 SMS Bydgoszcz			-
<i>O3 - Pływak nie miał kontaktu ze cian podczas nawrotu. (Czas: 16:45), na 350m</i>				
PK Mosiakina Sofia	08 SMS O wi cim	5:05.43	609	-
50m: 32.13 32.13	150m: 1:49.01 40.46	250m: 3:12.59 43.55	350m: 4:32.05 35.08	
100m: 1:08.55 36.42	200m: 2:29.04 40.03	300m: 3:56.97 44.38	400m: 5:05.43 33.38	
PK Teodorowicz Michalina	07 SMS Kraków	5:15.37	553	-
50m: 31.69 31.69	150m: 1:49.06 40.39	250m: 3:14.71 45.39	350m: 4:38.45 37.73	
100m: 1:08.67 36.98	200m: 2:29.32 40.26	300m: 4:00.72 46.01	400m: 5:15.37 36.92	