



Konkurencja 16
16/11/2024 - 9:21

Kobiet, 400m dowolny

17 lat i starsi
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.		
1.	Wilk Anna		06	Fala Kra nik				4:27.70	645		
	50m:	31.41 31.41	150m:	1:39.06	33.87	250m:	2:46.79	33.77	350m:	3:55.37	34.22
	100m:	1:05.19 33.78	200m:	2:13.02	33.96	300m:	3:21.15	34.36	400m:	4:27.70	32.33
2.	Kusion Judyta		06	Unia O wicim				4:30.97	621		
	50m:	31.04 31.04	150m:	1:39.03	34.12	250m:	2:47.72	34.32	350m:	3:57.24	34.92
	100m:	1:04.91 33.87	200m:	2:13.40	34.37	300m:	3:22.32	34.60	400m:	4:30.97	33.73
3.	Sowa Barbara		07	Unia O wicim				4:35.42	592		
	50m:	31.84 31.84	150m:	1:41.81	35.04	250m:	2:51.79	34.86	350m:	4:01.63	34.86
	100m:	1:06.77 34.93	200m:	2:16.93	35.12	300m:	3:26.77	34.98	400m:	4:35.42	33.79
4.	Volkert Julia		05	AZS AWF Katowice				4:46.83	524		
	50m:	32.01 32.01	150m:	1:42.24	35.47	250m:	2:55.00	36.46	350m:	4:09.68	37.43
	100m:	1:06.77 34.76	200m:	2:18.54	36.30	300m:	3:32.25	37.25	400m:	4:46.83	37.15
5.	Cała Anastazja		07	Unia O wicim				4:55.91	477		
	50m:	33.21 33.21	150m:	1:45.46	36.25	250m:	3:01.00	38.10	350m:	4:17.64	38.29
	100m:	1:09.21 36.00	200m:	2:22.90	37.44	300m:	3:39.35	38.35	400m:	4:55.91	38.27

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16/11/2024 - 9:21

Dziewcz t, 400m dowolny

15 - 16 lat
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.		
1.	Łakoma Maria		08	SMS Galicja Kraków				4:27.80	644		
	50m:	31.98 31.98	150m:	1:41.56	34.90	250m:	2:50.26	33.91	350m:	3:56.52	32.83
	100m:	1:06.66 34.68	200m:	2:16.35	34.79	300m:	3:23.69	33.43	400m:	4:27.80	31.28
2.	Wieczorek Michalina		09	Unia O wicim				4:33.52	604		
	50m:	31.04 31.04	150m:	1:40.14	34.99	250m:	2:50.01	34.97	350m:	3:59.65	34.79
	100m:	1:05.15 34.11	200m:	2:15.04	34.90	300m:	3:24.86	34.85	400m:	4:33.52	33.87
3.	Kiszczak Olga		09	Unia O wicim				4:35.45	592		
	50m:	31.69 31.69	150m:	1:41.16	34.57	250m:	2:50.91	35.16	350m:	4:01.15	35.25
	100m:	1:06.59 34.90	200m:	2:15.75	34.59	300m:	3:25.90	34.99	400m:	4:35.45	34.30
4.	Gracjasz Wiktoria		08	Jasie Sucha Besk.				4:38.39	573		
	50m:	31.62 31.62	150m:	1:41.66	35.40	250m:	2:52.76	36.02	350m:	4:03.35	35.42
	100m:	1:06.26 34.64	200m:	2:16.74	35.08	300m:	3:27.93	35.17	400m:	4:38.39	35.04
5.	Długopolska Nikola		09	SMS Galicja Kraków				4:50.19	506		
	50m:	32.48 32.48	150m:	1:45.10	36.74	250m:	2:58.76	36.90	350m:	4:13.47	37.10
	100m:	1:08.36 35.88	200m:	2:21.86	36.76	300m:	3:36.37	37.61	400m:	4:50.19	36.72
6.	Kaczmarczyk Hanna		08	Olimpijczyk Kraków				5:00.52	455		
	50m:	34.04 34.04	150m:	1:50.31	38.97	250m:	3:07.51	38.62	350m:	4:24.09	37.86
	100m:	1:11.34 37.30	200m:	2:28.89	38.58	300m:	3:46.23	38.72	400m:	5:00.52	36.43
7.	Grzesiak Oliwia		08	H2O Bochnia				5:32.89	335		
	50m:	35.68 35.68	150m:	1:57.07	41.22	250m:	3:22.67	43.25	350m:	4:50.08	43.68
	100m:	1:15.85 40.17	200m:	2:39.42	42.35	300m:	4:06.40	43.73	400m:	5:32.89	42.81



Konkurencja 16, Kobiety, 400m dowolny

Konkurencja 16
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Dziewcz t, 400m dowolny

14 lat
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.			
1.	Kuna Alina		10	Solne Miasto Wieliczka				4:46.97	523			
	50m:	32.09	32.09	150m:	1:43.83	36.10	250m:	2:56.39	36.27	350m:	4:10.25	37.00
	100m:	1:07.73	35.64	200m:	2:20.12	36.29	300m:	3:33.25	36.86	400m:	4:46.97	36.72
2.	Ła ko Emilia		10	BOSiR Brzesko				4:53.01	491			
	50m:	32.63	32.63	150m:	1:47.10	37.40	250m:	3:02.03	37.60	350m:	4:17.30	37.67
	100m:	1:09.70	37.07	200m:	2:24.43	37.33	300m:	3:39.63	37.60	400m:	4:53.01	35.71
3.	Wawrzuta Kamila		10	Ósemka O w i c i m				4:53.19	490			
	50m:	32.70	32.70	150m:	1:45.38	37.00	250m:	3:01.30	38.09	350m:	4:17.33	37.77
	100m:	1:08.38	35.68	200m:	2:23.21	37.83	300m:	3:39.56	38.26	400m:	4:53.19	35.86
4.	Zienkowska Maja		10	H2O Bochnia				5:04.33	439			
	50m:	34.47	34.47	150m:	1:52.24	38.93	250m:	3:10.23	38.78	350m:	4:27.36	38.11
	100m:	1:13.31	38.84	200m:	2:31.45	39.21	300m:	3:49.25	39.02	400m:	5:04.33	36.97
5.	Sacha Paulina		10	Nika Sport Team Kraków				5:05.00	436			
	50m:	35.79	35.79	150m:	1:54.68	39.85	250m:	3:12.79	38.65	350m:	4:30.04	38.71
	100m:	1:14.83	39.04	200m:	2:34.14	39.46	300m:	3:51.33	38.54	400m:	5:05.00	34.96
6.	Gos Maja		10	Jordan Kraków				5:07.71	424			
	50m:	34.89	34.89	150m:	1:52.73	39.14	250m:	3:11.03	39.26	350m:	4:29.81	39.72
	100m:	1:13.59	38.70	200m:	2:31.77	39.04	300m:	3:50.09	39.06	400m:	5:07.71	37.90
7.	Jodłowska Karolina		10	Ósemka O w i c i m				5:17.61	386			
	50m:	36.43	36.43	150m:	1:54.20	38.72	250m:	3:13.72	40.72	350m:	4:37.01	41.39
	100m:	1:15.48	39.05	200m:	2:33.00	38.80	300m:	3:55.62	41.90	400m:	5:17.61	40.60
8.	Działach Magdalena		10	Ósemka O w i c i m				5:18.67	382			
	50m:	34.70	34.70	150m:	1:52.59	39.78	250m:	3:16.08	42.32	350m:	4:39.74	41.47
	100m:	1:12.81	38.11	200m:	2:33.76	41.17	300m:	3:58.27	42.19	400m:	5:18.67	38.93
9.	Obal Aleksandra		10	Sokół-Mo cice Tarnów				5:21.10	373			
	50m:	36.65	36.65	150m:	1:58.09	41.15	250m:	3:21.24	41.58	350m:	4:42.20	40.71
	100m:	1:16.94	40.29	200m:	2:39.66	41.57	300m:	4:01.49	40.25	400m:	5:21.10	38.90
10.	Surma Ewelina		10	Jasie Sucha Besk.				5:53.02	281			
	50m:	38.02	38.02	150m:	2:05.56	44.67	250m:	3:36.79	45.41	350m:	5:08.52	45.84
	100m:	1:20.89	42.87	200m:	2:51.38	45.82	300m:	4:22.68	45.89	400m:	5:53.02	44.50
11.	Tkach Wlada		10	Siemacha Kraków				5:53.31	280			
	50m:	37.48	37.48	150m:	2:06.12	45.25	250m:	3:38.10	46.20	350m:	5:10.73	46.52
	100m:	1:20.87	43.39	200m:	2:51.90	45.78	300m:	4:24.21	46.11	400m:	5:53.31	42.58

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Dziewcz t, 400m dowolny

13 lat
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.			
1.	B tkowska Emilia		11	CKiS Skawina				4:50.83	503			
	50m:	32.67	32.67	150m:	1:45.26	36.80	250m:	3:00.13	37.47	350m:	4:15.04	37.11
	100m:	1:08.46	35.79	200m:	2:22.66	37.40	300m:	3:37.93	37.80	400m:	4:50.83	35.79
2.	Kury Joanna		11	Sokół-Mo cice Tarnów				4:52.05	496			
	50m:	32.29	32.29	150m:	1:45.64	37.26	250m:	3:00.84	37.80	350m:	4:16.18	37.43
	100m:	1:08.38	36.09	200m:	2:23.04	37.40	300m:	3:38.75	37.91	400m:	4:52.05	35.87
3.	Dejana Laura		11	SMS Galicja Kraków				5:00.12	457			
	50m:	33.65	33.65	150m:	1:49.06	38.47	250m:	3:06.62	38.83	350m:	4:23.63	38.30
	100m:	1:10.59	36.94	200m:	2:27.79	38.73	300m:	3:45.33	38.71	400m:	5:00.12	36.49



Konkurencja 16, Dziewcz t, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
4.	B bas Lena			11	Swim Team MOSiR K	dzierzyn-K.			5:01.56	451		
	50m:	32.97	32.97	150m:	1:49.58	38.83	250m:	3:08.73	39.96	350m:	4:26.47	38.62
	100m:	1:10.75	37.78	200m:	2:28.77	39.19	300m:	3:47.85	39.12	400m:	5:01.56	35.09
5.	Ko uch Lena			11	Olimpijczyk Kraków				5:03.78	441		
	50m:	34.28	34.28	150m:	1:51.17	38.59	250m:	3:09.71	39.48	350m:	4:27.73	38.95
	100m:	1:12.58	38.30	200m:	2:30.23	39.06	300m:	3:48.78	39.07	400m:	5:03.78	36.05
6.	Czarnecka Maja			11	Jordan Kraków				5:06.69	428		
	50m:	33.71	33.71	150m:	1:49.62	38.55	250m:	3:09.93	40.52	350m:	4:29.80	39.77
	100m:	1:11.07	37.36	200m:	2:29.41	39.79	300m:	3:50.03	40.10	400m:	5:06.69	36.89
7.	Le niowska Małgorzata			11	Olimpijczyk Kraków				5:25.81	357		
	50m:	36.12	36.12	150m:	1:58.39	41.34	250m:	3:22.49	41.06	350m:	4:45.59	41.83
	100m:	1:17.05	40.93	200m:	2:41.43	43.04	300m:	4:03.76	41.27	400m:	5:25.81	40.22
8.	Srebro Gabriela			11	Sokół-Mo cice Tarnów				5:29.42	346		
	50m:	36.18	36.18	150m:	1:57.87	41.35	250m:	3:22.47	42.47	350m:	4:48.83	43.53
	100m:	1:16.52	40.34	200m:	2:40.00	42.13	300m:	4:05.30	42.83	400m:	5:29.42	40.59