



Konkurencja 18
30/11/2024 - 13:17

M czyzn, 400m zmienny

12 lat i starsi
Wyniki

Rekord Zawodów 4:12.82 Chmielewski Krzysztof O wi cim 17/12/2022

Punkty: AQUA 2024

Pozycja Rok ur. Czas Pkt.

17 lat i starsi

1.	Wi niewski Wiktor	07	Unia O wi cim	4:28.98	665
	50m: 28.60 28.60	150m: 1:37.91 36.63	250m: 2:51.26 37.05	350m: 3:59.61 31.22	
	100m: 1:01.28 32.68	200m: 2:14.21 36.30	300m: 3:28.39 37.13	400m: 4:28.98 29.37	
2.	Razinkov Artem	07	Unia O wi cim	4:30.90	651
	50m: 28.44 28.44	150m: 1:36.90 35.35	250m: 2:49.08 38.11	350m: 3:59.44 32.13	
	100m: 1:01.55 33.11	200m: 2:10.97 34.07	300m: 3:27.31 38.23	400m: 4:30.90 31.46	
3.	Bondar Mykyta	07	Unia O wi cim	4:35.08	621
	50m: 29.05 29.05	150m: 1:38.51 36.48	250m: 2:53.33 38.98	350m: 4:03.94 31.70	
	100m: 1:02.03 32.98	200m: 2:14.35 35.84	300m: 3:32.24 38.91	400m: 4:35.08 31.14	
4.	Borkowski Mikołaj	07	Unia O wi cim	4:47.26	546
	50m: 30.53 30.53	150m: 1:43.21 38.11	250m: 3:00.22 39.84	350m: 4:14.11 34.16	
	100m: 1:05.10 34.57	200m: 2:20.38 37.17	300m: 3:39.95 39.73	400m: 4:47.26 33.15	

15 - 16 lat

1.	Szlachcic Jan	08	Unia O wi cim	4:53.34	512
	50m: 30.47 30.47	150m: 1:46.70 40.44	250m: 3:05.04 39.85	350m: 4:22.20 35.22	
	100m: 1:06.26 35.79	200m: 2:25.19 38.49	300m: 3:46.98 41.94	400m: 4:53.34 31.14	
2.	Jałocha Tomasz	08	Vigor Ł townia	5:00.69	476
	50m: 29.92 29.92	150m: 1:44.32 39.94	250m: 3:06.32 42.60	350m: 4:26.46 36.23	
	100m: 1:04.38 34.46	200m: 2:23.72 39.40	300m: 3:50.23 43.91	400m: 5:00.69 34.23	
3.	Wesecki Adrian	09	Unia O wi cim	5:05.36	454
	50m: 31.22 31.22	150m: 1:48.92 41.54	250m: 3:13.76 43.23	350m: 4:32.48 35.69	
	100m: 1:07.38 36.16	200m: 2:30.53 41.61	300m: 3:56.79 43.03	400m: 5:05.36 32.88	
4.	Kociółek Leon	09	Nika Sport Team Kraków	5:06.01	451
	50m: 32.61 32.61	150m: 1:51.21 41.53	250m: 3:13.90 43.48	350m: 4:32.83 35.27	
	100m: 1:09.68 37.07	200m: 2:30.42 39.21	300m: 3:57.56 43.66	400m: 5:06.01 33.18	
5.	Radek Paweł	09	MOSM Tychy	5:16.51	408
	50m: 31.54 31.54	150m: 1:50.19 41.75	250m: 3:16.84 45.37	350m: 4:40.72 37.23	
	100m: 1:08.44 36.90	200m: 2:31.47 41.28	300m: 4:03.49 46.65	400m: 5:16.51 35.79	

DYSKW. Vaso Nazar 08 Swimming School 9 Lviv **4:54.78**
M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub na zako czenie wy cigu. (Czas: 13:22)

50m:	30.60 30.60	150m:	1:45.01 38.03	250m:	3:04.70 42.64	350m:	4:21.97 34.27
100m:	1:06.98 36.38	200m:	2:22.06 37.05	300m:	3:47.70 43.00	400m:	4:54.78 32.81

14 lat

1.	Borysenko Markian	10	Swimming School 9 Lviv	4:48.23	540
	50m: 29.36 29.36	150m: 1:42.90 38.78	250m: 3:01.38 40.69	350m: 4:16.33 34.11	
	100m: 1:04.12 34.76	200m: 2:20.69 37.79	300m: 3:42.22 40.84	400m: 4:48.23 31.90	
2.	Mykhalchuk Maksym	10	Swimming School 9 Lviv	4:52.68	516
	50m: 30.99 30.99	150m: 1:45.22 37.88	250m: 3:03.62 41.16	350m: 4:20.24 34.24	
	100m: 1:07.34 36.35	200m: 2:22.46 37.24	300m: 3:46.00 42.38	400m: 4:52.68 32.44	



Konkurencja 18, Chłopców, 400m zmienny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
3.	Jakubczyk Robert		10	Aligator Gorzyce				4:53.17	513		
	50m:	30.24 30.24	150m:	1:45.72	39.47	250m:	3:06.76	41.62	350m:	4:22.74	33.39
	100m:	1:06.25 36.01	200m:	2:25.14	39.42	300m:	3:49.35	42.59	400m:	4:53.17	30.43
4.	Wiciok Michał		10	UKP Ruda I ska				5:05.92	452		
	50m:	29.86 29.86	150m:	1:45.17	40.77	250m:	3:10.43	46.19	350m:	4:32.60	34.84
	100m:	1:04.40 34.54	200m:	2:24.24	39.07	300m:	3:57.76	47.33	400m:	5:05.92	33.32
5.	Krz kała Dominik		10	Manta Kochłowice Ruda I.				5:12.90	422		
	50m:	32.19 32.19	150m:	1:52.18	42.25	250m:	3:17.63	45.37	350m:	4:39.19	35.81
	100m:	1:09.93 37.74	200m:	2:32.26	40.08	300m:	4:03.38	45.75	400m:	5:12.90	33.71
6.	Cetnarowski Jakub		10	KS H2O Bochnia				5:34.30	346		
	50m:	36.91 36.91	150m:	2:07.82	46.43	250m:	3:37.24	45.01	350m:	4:59.27	37.53
	100m:	1:21.39 44.48	200m:	2:52.23	44.41	300m:	4:21.74	44.50	400m:	5:34.30	35.03
7.	Fojt Wiktor		10	UKP Ruda I ska				5:41.13	326		
	50m:	35.11 35.11	150m:	2:04.53	45.76	250m:	3:36.33	47.75	350m:	5:03.70	39.09
	100m:	1:18.77 43.66	200m:	2:48.58	44.05	300m:	4:24.61	48.28	400m:	5:41.13	37.43

13 lat

1.	Lotko Oliwier		11	Dragon B dzin				4:59.69	480		
	50m:	30.64 30.64	150m:	1:47.49	40.88	250m:	3:06.95	39.94	350m:	4:24.83	36.15
	100m:	1:06.61 35.97	200m:	2:27.01	39.52	300m:	3:48.68	41.73	400m:	4:59.69	34.86
2.	Romantsov Kyrylo		11	Sokół-Mo cice Tarnów				5:08.78	439		
	50m:	32.78 32.78	150m:	1:50.91	39.47	250m:	3:11.90	43.01	350m:	4:33.23	37.14
	100m:	1:11.44 38.66	200m:	2:28.89	37.98	300m:	3:56.09	44.19	400m:	5:08.78	35.55
3.	Włodarczyk Mikołaj		11	KS H2O Bochnia				5:46.29	311		
	50m:	39.14 39.14	150m:	2:10.47	45.41	250m:	3:41.05	47.55	350m:	5:08.60	39.38
	100m:	1:25.06 45.92	200m:	2:53.50	43.03	300m:	4:29.22	48.17	400m:	5:46.29	37.69
4.	Woszczyzna Aleksander		11	Siemacha Kraków				6:05.49	265		
	50m:	38.52 38.52	150m:	2:12.41	46.10	250m:	3:49.07	52.42	350m:	5:25.56	42.86
	100m:	1:26.31 47.79	200m:	2:56.65	44.24	300m:	4:42.70	53.63	400m:	6:05.49	39.93

12 lat

1.	Dzie a Antoni		12	Manta Kochłowice Ruda I.				5:26.04	373		
	50m:	33.97 33.97	150m:	1:57.88	44.01	250m:	3:27.59	47.14	350m:	4:50.93	36.51
	100m:	1:13.87 39.90	200m:	2:40.45	42.57	300m:	4:14.42	46.83	400m:	5:26.04	35.11
2.	Harat Stanisław		12	Ósemka O wi cim				6:00.13	277		
	50m:	36.78 36.78	150m:	2:10.95	50.29	250m:	3:48.49	50.16	350m:	5:22.48	41.54
	100m:	1:20.66 43.88	200m:	2:58.33	47.38	300m:	4:40.94	52.45	400m:	6:00.13	37.65