



PGE Grand Prix Puchar Polski
O wi cim, 15 - 16/3/2025



Konkurencja 32
16/3/2025 - 11:09

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Minimum kwalifikacyjne M Singapur 2025 Open: 4:17.48 / Minimum kwalifikacyjne Uniwersjada Berlin 2025 Open: 4:22.62 /
Minimum kwalifikacyjne ME U23 Samorin 19 - 23: 4:22.62

Punkty: AQUA 2025

Pozycja					Rok ur.					Czas	Pkt.	
1.	Major Erik				07	Park Wodny Tarn. Góry				4:34.75	687	
	50m:	28.20	28.20	150m:	1:38.08	37.07	250m:	2:52.62	38.17	350m:	4:05.23	32.02
	100m:	1:01.01	32.81	200m:	2:14.45	36.37	300m:	3:33.21	40.59	400m:	4:34.75	29.52
2.	Mróz Adam				03	AZS UMCS Lublin				4:40.64	645	
	50m:	28.24	28.24	150m:	1:37.38	36.49	250m:	2:53.96	40.64	350m:	4:08.34	33.25
	100m:	1:00.89	32.65	200m:	2:13.32	35.94	300m:	3:35.09	41.13	400m:	4:40.64	32.30
3.	Kry Radosław				07	MKP Szczecin				4:42.40	633	
	50m:	29.69	29.69	150m:	1:40.18	36.72	250m:	2:57.17	40.98	350m:	4:11.48	32.66
	100m:	1:03.46	33.77	200m:	2:16.19	36.01	300m:	3:38.82	41.65	400m:	4:42.40	30.92
4.	Tarasiewicz Piotr				09	Polonia Warszawa				4:42.86	630	
	50m:	29.53	29.53	150m:	1:42.43	38.06	250m:	2:59.64	39.59	350m:	4:12.49	32.23
	100m:	1:04.37	34.84	200m:	2:20.05	37.62	300m:	3:40.26	40.62	400m:	4:42.86	30.37
5.	Razinkov Artem				07	Unia O wi cim				4:43.10	628	
	50m:	29.40	29.40	150m:	1:41.70	38.20	250m:	2:58.48	39.11	350m:	4:11.34	33.02
	100m:	1:03.50	34.10	200m:	2:19.37	37.67	300m:	3:38.32	39.84	400m:	4:43.10	31.76
6.	Radzikowski Szymon				08	I sk Wrocław				4:44.66	618	
	50m:	29.53	29.53	150m:	1:42.06	37.91	250m:	2:59.13	40.18	350m:	4:12.51	32.67
	100m:	1:04.15	34.62	200m:	2:18.95	36.89	300m:	3:39.84	40.71	400m:	4:44.66	32.15
7.	Halkiewicz Maciej				08	Omega Olkusz				4:44.73	617	
	50m:	28.72	28.72	150m:	1:39.98	37.39	250m:	2:57.15	40.70	350m:	4:12.92	32.80
	100m:	1:02.59	33.87	200m:	2:16.45	36.47	300m:	3:40.12	42.97	400m:	4:44.73	31.81
8.	Lesiak Piotr				09	Delfin Łód				4:50.13	583	
	50m:	30.54	30.54	150m:	1:43.27	36.83	250m:	3:00.93	41.52	350m:		
	100m:	1:06.44	35.90	200m:	2:19.41	36.14	300m:			400m:	4:50.13	
9.	Papuga Grzegorz				11	UKS 190 Łód				4:51.44	576	
	50m:	30.61	30.61	150m:	1:45.81	40.54	250m:	3:04.91	41.04	350m:		
	100m:	1:05.27	34.66	200m:	2:23.87	38.06	300m:			400m:	4:51.44	
10.	Ołownia Ignacy				07	Delfin Gdynia				4:51.46	575	
	50m:	29.28	29.28	150m:	1:41.02	37.57	250m:	3:00.40	43.00	350m:	4:18.67	34.69
	100m:	1:03.45	34.17	200m:	2:17.40	36.38	300m:	3:43.98	43.58	400m:	4:51.46	32.79
11.	Osak Kacper				10	Team Sport Kraków				4:52.95	567	
	50m:	30.56	30.56	150m:	1:45.40	38.90	250m:	3:04.43	41.00	350m:	4:21.10	34.26
	100m:	1:06.50	35.94	200m:	2:23.43	38.03	300m:	3:46.84	42.41	400m:	4:52.95	31.85
12.	Zawadzki Jakub				06	Ruch Grudzi dz				4:56.73	545	
	50m:	29.49	29.49	150m:	1:42.50	38.24	250m:	3:02.49	42.46	350m:	4:22.06	35.96
	100m:	1:04.26	34.77	200m:	2:20.03	37.53	300m:	3:46.10	43.61	400m:	4:56.73	34.67
13.	Pawlak Dawid				08	UKS 190 Łód				4:57.12	543	
	50m:	29.26	29.26	150m:	1:44.53	40.30	250m:	3:07.53	43.34	350m:	4:24.73	33.31
	100m:	1:04.23	34.97	200m:	2:24.19	39.66	300m:	3:51.42	43.89	400m:	4:57.12	32.39
14.	Trudnos Ignacy				08	UKS 190 Łód				4:57.33	542	
	50m:	30.02	30.02	150m:	1:45.62	39.73	250m:	3:06.21	40.28	350m:	4:25.10	36.27
	100m:	1:05.89	35.87	200m:	2:25.93	40.31	300m:	3:48.83	42.62	400m:	4:57.33	32.23
15.	D bski Antoni				09	KSZO Ostrowiec w.				5:01.80	518	
	50m:	31.08	31.08	150m:	1:45.89	39.14	250m:	3:09.10	44.84	350m:	4:29.00	35.53
	100m:	1:06.75	35.67	200m:	2:24.26	38.37	300m:	3:53.47	44.37	400m:	5:01.80	32.80

Obsługa zawodów: SMS SwimArt My lenice

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16/3/2025 13:58 - Strona 1



Ministerstwo
Sportu i Turystyki





PGE Grand Prix Puchar Polski
O wi cim, 15 - 16/3/2025



Konkurencja 32, M czynn, 400m zmienny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.
16.	Janiszewski Fabian			09	UKS 190 Łódź				5:02.58	514
	50m: 31.57	31.57	150m: 1:48.55	40.50	250m: 3:12.55	45.41	350m: 4:31.39	33.57		
	100m: 1:08.05	36.48	200m: 2:27.14	38.59	300m: 3:57.82	45.27	400m: 5:02.58	31.19		
17.	Suslik Adam			11	GIM 92 Ursynów Warszawa				5:03.20	511
	50m: 31.91	31.91	150m: 1:47.99	39.67	250m: 3:08.26	42.89	350m:			
	100m: 1:08.32	36.41	200m: 2:25.37	37.38	300m:		400m: 5:03.20			
18.	Ostaszewski Szymon			10	GIM 92 Ursynów Warszawa				5:06.61	494
	50m: 31.43	31.43	150m: 1:49.09	39.70	250m: 3:12.11	44.50	350m: 4:32.32	35.53		
	100m: 1:09.39	37.96	200m: 2:27.61	38.52	300m: 3:56.79	44.68	400m: 5:06.61	34.29		
19.	Kaczmarek Dawid			10	Trójka Łódź				5:08.49	485
	50m: 31.70	31.70	150m: 1:51.25	41.47	250m: 3:15.23	42.28	350m: 4:34.88	35.99		
	100m: 1:09.78	38.08	200m: 2:32.95	41.70	300m: 3:58.89	43.66	400m: 5:08.49	33.61		
20.	Dziedzic Karol			10	SMS Galicja Kraków				5:08.57	485
	50m: 31.02	31.02	150m: 1:51.51	42.17	250m: 3:14.11	41.33	350m: 4:33.11	36.24		
	100m: 1:09.34	38.32	200m: 2:32.78	41.27	300m: 3:56.87	42.76	400m: 5:08.57	35.46		
21.	Rozumek Jan			09	Solne Miasto Wieliczka				5:12.48	467
	50m: 30.87	30.87	150m: 1:45.46	37.87	250m: 3:10.64	47.97	350m: 4:36.76	37.79		
	100m: 1:07.59	36.72	200m: 2:22.67	37.21	300m: 3:58.97	48.33	400m: 5:12.48	35.72		
22.	Makowski Jakub			10	MKP Szczecin				5:13.60	462
	50m: 33.90	33.90	150m: 1:55.47	41.92	250m: 3:21.64	45.71	350m: 4:41.67	34.29		
	100m: 1:13.55	39.65	200m: 2:35.93	40.46	300m: 4:07.38	45.74	400m: 5:13.60	31.93		
23.	Kociółek Leon			09	Nika Sport Team Kraków				5:15.03	456
	50m: 32.15	32.15	150m: 1:52.46	43.49	250m: 3:19.74	45.11	350m: 4:41.17	36.45		
	100m: 1:08.97	36.82	200m: 2:34.63	42.17	300m: 4:04.72	44.98	400m: 5:15.03	33.86		
24.	Grzybowski Jan			10	UKS SP-149 Łódź				5:19.22	438
	50m: 34.50	34.50	150m: 1:52.09	38.86	250m: 3:20.75	47.57	350m:			
	100m: 1:13.23	38.73	200m: 2:33.18	41.09	300m:		400m: 5:19.22			
25.	Mendakiewicz Mikołaj			11	UKS 190 Łódź				5:20.56	432
	50m: 33.29	33.29	150m: 1:55.65	42.57	250m: 3:21.14	45.84	350m:			
	100m: 1:13.08	39.79	200m: 2:35.30	39.65	300m:		400m: 5:20.56			
26.	Kulik Konstanty			10	GIM 92 Ursynów Warszawa				5:20.58	432
	50m: 31.11	31.11	150m: 1:51.29	42.86	250m: 3:19.36	45.87	350m: 4:44.03	37.47		
	100m: 1:08.43	37.32	200m: 2:33.49	42.20	300m: 4:06.56	47.20	400m: 5:20.58	36.55		
27.	Lotko Oliwier			11	Dragon B dzin				5:22.16	426
	50m: 31.42	31.42	150m: 1:52.41	43.73	250m: 3:19.50	44.22	350m: 4:44.06	39.31		
	100m: 1:08.68	37.26	200m: 2:35.28	42.87	300m: 4:04.75	45.25	400m: 5:22.16	38.10		
28.	Dominek Michał			11	Nika Sport Team Kraków				5:26.22	410
	50m: 34.44	34.44	150m: 1:57.45	42.09	250m: 3:25.54	46.75	350m: 4:49.38	37.01		
	100m: 1:15.36	40.92	200m: 2:38.79	41.34	300m: 4:12.37	46.83	400m: 5:26.22	36.84		
29.	Mamakias Filippos			10	Park Wodny Tarn. Góry				5:35.20	378
	50m: 32.16	32.16	150m: 1:58.18	46.72	250m: 3:30.44	47.58	350m: 4:57.39	38.74		
	100m: 1:11.46	39.30	200m: 2:42.86	44.68	300m: 4:18.65	48.21	400m: 5:35.20	37.81		
30.	D browski Jakub			10	Park Wodny Tarn. Góry				5:41.95	356
	50m: 35.37	35.37	150m: 2:01.70	44.00	250m:		350m:			
	100m: 1:17.70	42.33	200m: 2:43.51	41.81	300m:		400m: 5:41.95			

