



Konkurencja 15
12/4/2025 - 13:35

Kobiet, 400m dowolny

17 lat i starsi
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.								Czas	Pkt.	
1. Mosiakina Sofia	08 Unia Oświęcim								4:40.80	589	
50m:	33.19	33.19	150m:	1:43.75	35.42	250m:	2:55.37	35.90	350m:	4:06.45	35.37
100m:	1:08.33	35.14	200m:	2:19.47	35.72	300m:	3:31.08	35.71	400m:	4:40.80	34.35

Konkurencja 15
12/4/2025 - 13:35

Dziewcząt, 400m dowolny

16 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.										Czas	Pkt.
1.	Okoń Anna			09	Jedność 32 Przyszowice						4:37.96	607
	50m:	31.54	31.54	150m:	1:40.89	35.26	250m:	2:52.38	36.07	350m:	4:04.24	36.07
	100m:	1:05.63	34.09	200m:	2:16.31	35.42	300m:	3:28.17	35.79	400m:	4:37.96	33.72
2.	Kiszczał Olga			09	Unia Oświęcim						4:45.90	558
	50m:	32.00	32.00	150m:	1:43.93	36.28	250m:	2:57.59	36.93	350m:	4:11.49	36.93
	100m:	1:07.65	35.65	200m:	2:20.66	36.73	300m:	3:34.56	36.97	400m:	4:45.90	34.41
3.	Kubicka Gabriela			09	Głosator Kraków						5:08.98	442
	50m:	33.98	33.98	150m:	1:50.99	39.04	250m:	3:10.62	39.91	350m:	4:30.87	40.09
	100m:	1:11.95	37.97	200m:	2:30.71	39.72	300m:	3:50.78	40.16	400m:	5:08.98	38.11
4.	Gubała Justyna			09	Solne Miasto Wieliczka						5:11.46	431
	50m:	35.10	35.10	150m:	1:52.67	39.00	250m:	3:11.83	39.44	350m:	4:31.75	39.58
	100m:	1:13.67	38.57	200m:	2:32.39	39.72	300m:	3:52.17	40.34	400m:	5:11.46	39.71
5.	Hus Olivia			09	Olimpijczyk Kraków						5:28.50	367
	50m:	35.70	35.70	150m:	1:57.90	41.48	250m:	3:22.74	42.84	350m:	4:48.46	43.03
	100m:	1:16.42	40.72	200m:	2:39.90	42.00	300m:	4:05.43	42.69	400m:	5:28.50	40.04

Konkurencja 15
12/4/2025 - 13:35

Dziewcząt, 400m dowolny

15 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.								Czas	Pkt.		
1.	Rajca Matylda			10	Jedność 32 Przyszowice				4:37.23	612		
	50m:	32.12	32.12	150m:	1:42.61	35.58	250m:	2:53.70	35.44	350m:	4:03.70	34.96
	100m:	1:07.03	34.91	200m:	2:18.26	35.65	300m:	3:28.74	35.04	400m:	4:37.23	33.53
2.	Fitał Karolina			10	UKP Ruda Śląska				4:55.42	505		
	50m:	33.61	33.61	150m:	1:47.48	37.50	250m:	3:02.79	37.72	350m:	4:18.29	37.79
	100m:	1:09.98	36.37	200m:	2:25.07	37.59	300m:	3:40.50	37.71	400m:	4:55.42	37.13
3.	Łaśko Emilia			10	BOSiR Brzesko				4:58.47	490		
	50m:	33.65	33.65	150m:	1:49.12	38.11	250m:	3:05.70	38.37	350m:	4:22.05	37.74
	100m:	1:11.01	37.36	200m:	2:27.33	38.21	300m:	3:44.31	38.61	400m:	4:58.47	36.42
4.	Sacha Paulina			10	Nika Sport Team Kraków				5:15.28	416		
	50m:	35.50	35.50	150m:	1:55.40	40.55	250m:	3:17.73	41.48	350m:	4:38.46	40.34
	100m:	1:14.85	39.35	200m:	2:36.25	40.85	300m:	3:58.12	40.39	400m:	5:15.28	36.82
5.	Gos Maja			10	Jordan Kraków				5:16.80	410		
	50m:	36.57	36.57	150m:	1:56.91	40.70	250m:	3:18.01	39.94	350m:	4:38.23	39.77
	100m:	1:16.21	39.64	200m:	2:38.07	41.16	300m:	3:58.46	40.45	400m:	5:16.80	38.57
6.	Obał Aleksandra			10	Sokół-Mościce Tarnów				5:19.63	399		
	50m:	37.10	37.10	150m:	1:57.55	40.46	250m:	3:18.87	40.85	350m:	4:40.15	40.07
	100m:	1:17.09	39.99	200m:	2:38.02	40.47	300m:	4:00.08	41.21	400m:	5:19.63	39.48



Konkurencja 15, Kobiety, 400m dowolny

Konkurencja 15
12/4/2025 - 13:35

Dziewcząt, 400m dowolny

14 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.								Czas		Pkt.
1. Różga Nina	11 CSiR MOS Dąbrowa Grn.								4:44.61		565
50m: 31.43 31.43	150m: 1:43.02 36.41	250m: 2:55.57 35.99	350m: 4:09.35 36.49								
100m: 1:06.61 35.18	200m: 2:19.58 36.56	300m: 3:32.86 37.29	400m: 4:44.61 35.26								
2. Bętkowska Emilia	11 CKiS Skawina								4:55.29		506
50m: 34.25 34.25	150m: 1:49.52 37.82	250m: 3:04.99 37.47	350m: 4:20.02 37.16								
100m: 1:11.70 37.45	200m: 2:27.52 38.00	300m: 3:42.86 37.87	400m: 4:55.29 35.27								
3. Czarnecka Maja	11 Jordan Kraków								4:57.80		493
50m: 33.64 33.64	150m: 1:50.23 38.31	250m: 3:06.79 38.52	350m: 4:23.19 38.09								
100m: 1:11.92 38.28	200m: 2:28.27 38.04	300m: 3:45.10 38.31	400m: 4:57.80 34.61								
4. Adamus Maja	11 Ósemka Oświęcim								5:04.54		461
50m: 34.75 34.75	150m: 1:50.83 38.52	250m: 3:08.49 39.13	350m: 4:26.63 39.14								
100m: 1:12.31 37.56	200m: 2:29.36 38.53	300m: 3:47.49 39.00	400m: 5:04.54 37.91								
5. Dejana Laura	11 SMS Galicja Kraków								5:04.57		461
50m: 33.30 33.30	150m: 1:49.29 39.35	250m: 3:08.07 39.84	350m: 4:27.41 39.15								
100m: 1:09.94 36.64	200m: 2:28.23 38.94	300m: 3:48.26 40.19	400m: 5:04.57 37.16								
6. Nowińska Nina	11 Huragan Sosnowiec								5:16.75		410
50m: 33.91 33.91	150m: 1:52.55 40.26	250m: 3:14.48 41.40	350m: 4:37.21 41.62								
100m: 1:12.29 38.38	200m: 2:33.08 40.53	300m: 3:55.59 41.11	400m: 5:16.75 39.54								
7. Leśniowska Małgorzata	11 Olimpijczyk Kraków								5:20.03		397
50m: 35.90 35.90	150m: 1:57.49 41.68	250m: 3:19.79 41.48	350m: 4:41.92 40.94								
100m: 1:15.81 39.91	200m: 2:38.31 40.82	300m: 4:00.98 41.19	400m: 5:20.03 38.11								

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12/4/2025 - 13:35

Dziewcząt, 400m dowolny

13 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.								Czas		Pkt.
1. Kalisz Małgorzata	12		Sokół-Mościce Tarnów						4:43.27		573
50m:	32.47	32.47	150m:	1:45.13	36.80	250m:	2:57.24	36.49	350m:	4:08.80	35.89
100m:	1:08.33	35.86	200m:	2:20.75	35.62	300m:	3:32.91	35.67	400m:	4:43.27	34.47
2. Kacer Maria	12		BOSiR Brzesko						4:46.02		557
50m:	32.35	32.35	150m:	1:44.37	36.27	250m:	2:57.91	36.88	350m:	4:11.61	36.78
100m:	1:08.10	35.75	200m:	2:21.03	36.66	300m:	3:34.83	36.92	400m:	4:46.02	34.41
3. Rączkowska Lena	12		Jedność 32 Przyszowice						4:49.93		535
50m:	32.57	32.57	150m:	1:43.96	35.77	250m:	2:58.19	37.34	350m:	4:13.44	37.53
100m:	1:08.19	35.62	200m:	2:20.85	36.89	300m:	3:35.91	37.72	400m:	4:49.93	36.49
4. Werner Aleksandra	12		SMS Galicja Kraków						4:58.53		490
50m:	34.09	34.09	150m:	1:48.83	37.80	250m:	3:05.25	38.42	350m:	4:22.44	38.69
100m:	1:11.03	36.94	200m:	2:26.83	38.00	300m:	3:43.75	38.50	400m:	4:58.53	36.09
5. Skrzypek Weronika	12		SMS Galicja Kraków						5:16.49		411
50m:	33.89	33.89	150m:	1:53.38	40.50	250m:	3:15.29	40.25	350m:	4:35.61	39.70
100m:	1:12.88	38.99	200m:	2:35.04	41.66	300m:	3:55.91	40.62	400m:	5:16.49	40.88
6. Szerła Antonina	12		SMS Galicja Kraków						5:16.89		409
50m:	36.06	36.06	150m:	1:57.25	41.41	250m:	3:19.58	41.58	350m:	4:39.03	39.10
100m:	1:15.84	39.78	200m:	2:38.00	40.75	300m:	3:59.93	40.35	400m:	5:16.89	37.86
7. Braniecka Iga	12		Korona 1919 Kraków						5:18.71		402
50m:	36.85	36.85	150m:	1:57.76	41.07	250m:	3:20.43	41.80	350m:	4:41.74	40.29
100m:	1:16.69	39.84	200m:	2:38.63	40.87	300m:	4:01.45	41.02	400m:	5:18.71	36.97



Konkurencja 15, Dziewcząt, 400m dowolny, 13 lat

Pozycja	Rok ur.								Czas	Pkt.
8. Dorociak Natalia	12 Korona 1919 Kraków								5:20.82	394
50m: 38.35 38.35	150m: 2:02.37 41.57	250m: 3:25.19 40.88	350m: 4:45.63 39.58							
100m: 1:20.80 42.45	200m: 2:44.31 41.94	300m: 4:06.05 40.86	400m: 5:20.82 35.19							
9. Toporczyk Zuzanna	12 Ósemka Oświęcim								5:22.38	389
50m: 36.41 36.41	150m: 1:59.70 42.11	250m: 3:23.28 41.99	350m: 4:44.72 40.32							
100m: 1:17.59 41.18	200m: 2:41.29 41.59	300m: 4:04.40 41.12	400m: 5:22.38 37.66							
10. Głogowska Natalia	12 SMS Galicja Kraków								5:23.49	385
50m: 35.99 35.99	150m: 1:58.65 42.34	250m: 3:22.29 41.70	350m: 4:45.06 40.92							
100m: 1:16.31 40.32	200m: 2:40.59 41.94	300m: 4:04.14 41.85	400m: 5:23.49 38.43							
11. Dejara Chiara	12 SMS Galicja Kraków								5:28.24	368
50m: 37.23 37.23	150m: 2:01.21 41.78	250m: 3:27.03 43.09	350m: 4:51.48 41.69							
100m: 1:19.43 42.20	200m: 2:43.94 42.73	300m: 4:09.79 42.76	400m: 5:28.24 36.76							
12. Burek Zuzanna	12 Sokół-Mościce Tarnów								5:29.72	363
50m: 37.08 37.08	150m: 2:00.90 42.26	250m: 3:25.98 42.34	350m: 4:50.93 42.09							
100m: 1:18.64 41.56	200m: 2:43.64 42.74	300m: 4:08.84 42.86	400m: 5:29.72 38.79							
13. Żymełka Antonina	12 Jedność 32 Przyszowice								5:31.05	359
50m: 39.17 39.17	150m: 2:02.53 42.09	250m: 3:28.40 44.86	350m: 4:51.94 41.74							
100m: 1:20.44 41.27	200m: 2:43.54 41.01	300m: 4:10.20 41.80	400m: 5:31.05 39.11							
14. Olearczyk Martyna	12 Ósemka Oświęcim								5:38.59	335
50m: 37.13 37.13	150m: 2:02.32 42.90	250m: 3:29.52 43.49	350m: 4:56.18 43.61							
100m: 1:19.42 42.29	200m: 2:46.03 43.71	300m: 4:12.57 43.05	400m: 5:38.59 42.41							
15. Chmiel Martyna	12 SMS Galicja Kraków								5:39.04	334
50m: 36.94 36.94	150m: 2:03.14 43.63	250m: 3:29.73 43.17	350m: 4:54.83 42.26							
100m: 1:19.51 42.57	200m: 2:46.56 43.42	300m: 4:12.57 42.84	400m: 5:39.04 44.21							
16. Kubowicz Natalia	12 SMS Galicja Kraków								5:41.13	328
50m: 38.31 38.31	150m: 2:05.65 44.29	250m: 3:33.39 43.91	350m: 4:59.90 43.18							
100m: 1:21.36 43.05	200m: 2:49.48 43.83	300m: 4:16.72 43.33	400m: 5:41.13 41.23							
17. Cieśla Aleksandra	12 BOSiR Brzesko								5:41.99	326
50m: 38.93 38.93	150m: 2:04.46 43.00	250m: 3:30.86 43.58	350m: 4:58.54 43.47							
100m: 1:21.46 42.53	200m: 2:47.28 42.82	300m: 4:15.07 44.21	400m: 5:41.99 43.45							
18. Leśniowska Zuzanna	12 Olimpijczyk Kraków								5:51.97	299
50m: 39.32 39.32	150m: 2:08.46 45.46	250m: 3:40.44 46.69	350m: 5:10.27 44.15							
100m: 1:23.00 43.68	200m: 2:53.75 45.29	300m: 4:26.12 45.68	400m: 5:51.97 41.70							
19. Leao Natalia	12 SMS Galicja Kraków								5:57.06	286
50m: 38.64 38.64	150m: 2:07.93 45.33	250m: 3:40.17 46.08	350m: 5:12.99 46.03							
100m: 1:22.60 43.96	200m: 2:54.09 46.16	300m: 4:26.96 46.79	400m: 5:57.06 44.07							

DYSKW. Piech Zofia 12 Solne Miasto Wieliczka
O2 - Pływak nie ukończył całego dystansu. (Czas: 13:15)

Konkurencja 15
12/4/2025 - 13:35

Dziewcząt, 400m dowolny

12 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.								Czas	Pkt.
1. Kawa Kaja	13 Sokół-Mościce Tarnów								5:05.88	455
50m: 32.39 32.39	150m: 1:50.61 40.14	250m: 3:09.86 39.83	350m: 4:28.66 39.09							
100m: 1:10.47 38.08	200m: 2:30.03 39.42	300m: 3:49.57 39.71	400m: 5:05.88 37.22							
2. Kusz Zuzanna	13 SMS Galicja Kraków								5:11.82	430
50m: 34.18 34.18	150m: 1:52.68 40.07	250m: 3:13.31 40.40	350m: 4:33.17 39.91							
100m: 1:12.61 38.43	200m: 2:32.91 40.23	300m: 3:53.26 39.95	400m: 5:11.82 38.65							
3. Zaworska Zofia	13 CSiR MOS Dąbrowa Grn.								5:12.46	427
50m: 35.59 35.59	150m: 1:56.05 40.81	250m: 3:15.91 39.90	350m: 4:34.54 38.82							
100m: 1:15.24 39.65	200m: 2:36.01 39.96	300m: 3:55.72 39.81	400m: 5:12.46 37.92							



Konkurencja 15, Dziewcząt, 400m dowolny, 12 lat

Pozycja	Rok ur.				Czas				Pkt.
4. Wolnik Aleksandra	13	Olimpijczyk Brzesko			5:26.47				374
50m: 36.63 36.63	150m: 1:59.38 41.34	250m: 3:24.00 41.81	350m: 4:46.11 39.57						
100m: 1:18.04 41.41	200m: 2:42.19 42.81	300m: 4:06.54 42.54	400m: 5:26.47 40.36						
5. Dashkevich Kristina	13	Nika Sport Team Kraków			5:28.39				368
50m: 37.96 37.96	150m: 2:05.00 43.20	250m: 3:30.29 43.88	350m: 4:53.80 40.80						
100m: 1:21.80 43.84	200m: 2:46.41 41.41	300m: 4:13.00 42.71	400m: 5:28.39 34.59						
6. Jurek Hanna	13	BOSiR Brzesko			5:30.58				360
50m: 37.03 37.03	150m: 1:59.91 42.30	250m: 3:25.36 41.83	350m: 4:49.83 41.79						
100m: 1:17.61 40.58	200m: 2:43.53 43.62	300m: 4:08.04 42.68	400m: 5:30.58 40.75						
7. Opoka Antonina	13	STP Nowy Sącz			5:34.85				347
50m: 37.23 37.23	150m: 2:02.82 43.73	250m: 3:29.34 43.30	350m: 4:54.40 41.39						
100m: 1:19.09 41.86	200m: 2:46.04 43.22	300m: 4:13.01 43.67	400m: 5:34.85 40.45						
8. Dobrasz Magdalena	13	Jedność 32 Przyszowice			5:37.20				340
50m: 38.28 38.28	150m: 2:05.28 44.31	250m: 3:33.28 44.19	350m: 4:58.10 41.77						
100m: 1:20.97 42.69	200m: 2:49.09 43.81	300m: 4:16.33 43.05	400m: 5:37.20 39.10						
9. Rusek Julita	13	SMS Galicja Kraków			5:44.39				319
50m: 38.61 38.61	150m: 2:05.92 44.57	250m: 3:35.84 44.99	350m: 5:02.93 43.82						
100m: 1:21.35 42.74	200m: 2:50.85 44.93	300m: 4:19.11 43.27	400m: 5:44.39 41.46						
10. Reva Anastasiia	13	Nika Sport Team Kraków			5:44.79				318
50m: 38.28 38.28	150m: 2:04.90 44.40	250m: 3:33.95 44.61	350m: 5:02.98 44.60						
100m: 1:20.50 42.22	200m: 2:49.34 44.44	300m: 4:18.38 44.43	400m: 5:44.79 41.81						
11. Trela Marlena	13	Jordan Kraków			5:48.60				307
50m: 37.23 37.23	150m: 2:05.04 44.63	250m: 3:36.49 45.51	350m: 5:06.65 44.60						
100m: 1:20.41 43.18	200m: 2:50.98 45.94	300m: 4:22.05 45.56	400m: 5:48.60 41.95						
12. Hrynczuk Maja	13	Olimpijczyk Kraków			5:48.64				307
50m: 38.77 38.77	150m: 2:08.27 46.47	250m: 3:39.52 46.27	350m: 5:06.95 43.47						
100m: 1:21.80 43.03	200m: 2:53.25 44.98	300m: 4:23.48 43.96	400m: 5:48.64 41.69						
13. Klęczar Ewelina	13	Ósemka Oświęcim			5:48.88				307
50m: 36.70 36.70	150m: 2:04.17 45.01	250m: 3:35.34 45.25	350m: 5:06.09 44.29						
100m: 1:19.16 42.46	200m: 2:50.09 45.92	300m: 4:21.80 46.46	400m: 5:48.88 42.79						
14. Akimava Aliaksandra	13	SMS Galicja Kraków			5:49.52				305
50m: 39.97 39.97	150m: 2:06.91 43.24	250m: 3:36.30 44.74	350m: 5:05.68 44.42						
100m: 1:23.67 43.70	200m: 2:51.56 44.65	300m: 4:21.26 44.96	400m: 5:49.52 43.84						
15. Nowak Pola	13	SMS Galicja Kraków			6:13.11				251
50m: 39.80 39.80	150m: 2:13.70 48.26	250m: 3:49.96 48.39	350m: 5:27.50 48.69						
100m: 1:25.44 45.64	200m: 3:01.57 47.87	300m: 4:38.81 48.85	400m: 6:13.11 45.61						
16. Pulchny Katarzyna	13	Jordan Kraków			6:15.19				246
50m: 38.48 38.48	150m: 2:13.05 47.86	250m: 3:50.51 48.51	350m: 5:29.38 48.20						
100m: 1:25.19 46.71	200m: 3:02.00 48.95	300m: 4:41.18 50.67	400m: 6:15.19 45.81						
17. Roszkiewicz Matylda	13	SMS Galicja Kraków			6:22.35				233
50m: 41.93 41.93	150m: 2:19.31 49.24	250m: 3:58.37 49.67	350m: 5:36.79 49.08						
100m: 1:30.07 48.14	200m: 3:08.70 49.39	300m: 4:47.71 49.34	400m: 6:22.35 45.56						