

Konkurencja 7
25/4/2025 - 18:20

Dziewcz t, 400m dowolny

13 lat
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.						Czas	Pkt.		
1.	Kacer Maria		12		BOSiR Brzesko				4:36.89	582		
	50m:	31.30	31.30	150m:	1:40.70	34.94	250m:	2:51.09	35.12	350m:	4:02.63	35.63
	100m:	1:05.76	34.46	200m:	2:15.97	35.27	300m:	3:27.00	35.91	400m:	4:36.89	34.26
2.	Kalisz Małgorzata		12		Sokół-Mo cice Tarnów				4:40.83	558		
	50m:	31.85	31.85	150m:	1:43.42	36.02	250m:	2:54.46	35.79	350m:	4:06.47	35.99
	100m:	1:07.40	35.55	200m:	2:18.67	35.25	300m:	3:30.48	36.02	400m:	4:40.83	34.36
3.	Mikuła Maria		12		Solne Miasto Wieliczka				4:45.43	532		
	50m:	32.78	32.78	150m:	1:45.26	36.53	250m:	2:59.44	37.11	350m:	4:13.03	36.12
	100m:	1:08.73	35.95	200m:	2:22.33	37.07	300m:	3:36.91	37.47	400m:	4:45.43	32.40
4.	W s Amelia		12		Olimpijczyk Brzesko				4:45.94	529		
	50m:	32.63	32.63	150m:	1:43.88	35.94	250m:	2:56.71	36.26	350m:	4:10.08	36.68
	100m:	1:07.94	35.31	200m:	2:20.45	36.57	300m:	3:33.40	36.69	400m:	4:45.94	35.86
5.	Werner Aleksandra		12		SMS Galicja Kraków				4:51.72	498		
	50m:	32.51	32.51	150m:	1:45.62	37.23	250m:	3:00.48	37.69	350m:	4:15.86	37.52
	100m:	1:08.39	35.88	200m:	2:22.79	37.17	300m:	3:38.34	37.86	400m:	4:51.72	35.86
6.	Podgórska Łucja		12		STP Nowy S cz				5:01.75	450		
	50m:	34.03	34.03	150m:	1:49.83	38.86	250m:	3:07.41	38.84	350m:	4:25.49	38.79
	100m:	1:10.97	36.94	200m:	2:28.57	38.74	300m:	3:46.70	39.29	400m:	5:01.75	36.26
7.	Szerl g Antonina		12		SMS Galicja Kraków				5:05.42	434		
	50m:	35.57	35.57	150m:	1:53.62	39.03	250m:	3:12.05	38.80	350m:	4:29.16	38.11
	100m:	1:14.59	39.02	200m:	2:33.25	39.63	300m:	3:51.05	39.00	400m:	5:05.42	36.26
8.	Braniecka Iga		12		Korona 1919 Kraków				5:07.27	426		
	50m:	35.05	35.05	150m:	1:52.30	39.33	250m:	3:11.53	39.65	350m:	4:30.58	39.66
	100m:	1:12.97	37.92	200m:	2:31.88	39.58	300m:	3:50.92	39.39	400m:	5:07.27	36.69
9.	Zaborska Idalia		12		Ósemka O wi cim				5:07.79	424		
	50m:	33.14	33.14	150m:	1:51.00	39.45	250m:	3:10.07	39.67	350m:	4:29.78	39.49
	100m:	1:11.55	38.41	200m:	2:30.40	39.40	300m:	3:50.29	40.22	400m:	5:07.79	38.01
10.	Ksi czyk Liliana		12		Peyomi Tarnów				5:09.79	416		
	50m:	35.26	35.26	150m:	1:53.74	39.47	250m:	3:13.95	39.69	350m:	4:32.76	38.79
	100m:	1:14.27	39.01	200m:	2:34.26	40.52	300m:	3:53.97	40.02	400m:	5:09.79	37.03
11.	Mamuszka Anna		12		Korona 1919 Kraków				5:10.08	415		
	50m:	35.78	35.78	150m:	1:56.10	40.79	250m:	3:15.61	39.71	350m:	4:34.52	39.28
	100m:	1:15.31	39.53	200m:	2:35.90	39.80	300m:	3:55.24	39.63	400m:	5:10.08	35.56
12.	Dorociak Natalia		12		Korona 1919 Kraków				5:10.21	414		
	50m:	35.50	35.50	150m:	1:54.71	39.72	250m:	3:13.90	39.28	350m:	4:32.12	38.87
	100m:	1:14.99	39.49	200m:	2:34.62	39.91	300m:	3:53.25	39.35	400m:	5:10.21	38.09
13.	Grajdura Maja		12		Peyomi Tarnów				5:10.58	413		
	50m:	35.16	35.16	150m:	1:52.73	38.98	250m:	3:11.90	39.85	350m:	4:32.12	39.94
	100m:	1:13.75	38.59	200m:	2:32.05	39.32	300m:	3:52.18	40.28	400m:	5:10.58	38.46
14.	Toporczyk Zuzanna		12		Ósemka O wi cim				5:12.44	405		
	50m:	34.59	34.59	150m:	1:52.94	39.49	250m:	3:13.27	39.81	350m:	4:34.21	40.83
	100m:	1:13.45	38.86	200m:	2:33.46	40.52	300m:	3:53.38	40.11	400m:	5:12.44	38.23
15.	Dejana Chiara		12		SMS Galicja Kraków				5:13.25	402		
	50m:	34.83	34.83	150m:	1:54.02	39.73	250m:	3:14.28	40.27	350m:	4:35.64	40.99
	100m:	1:14.29	39.46	200m:	2:34.01	39.99	300m:	3:54.65	40.37	400m:	5:13.25	37.61
16.	Czuchra Laura		12		Peyomi Tarnów				5:23.52	365		
	50m:	34.92	34.92	150m:	1:57.08	41.35	250m:	3:20.41	41.96	350m:	4:44.00	40.91
	100m:	1:15.73	40.81	200m:	2:38.45	41.37	300m:	4:03.09	42.68	400m:	5:23.52	39.52
17.	Piech Zofia		12		Solne Miasto Wieliczka				5:29.60	345		
	50m:	38.47	38.47	150m:	2:03.25	42.59	250m:	3:26.73	41.51	350m:	4:51.44	42.00
	100m:	1:20.66	42.19	200m:	2:45.22	41.97	300m:	4:09.44	42.71	400m:	5:29.60	38.16



Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja					Rok ur.					Czas	Pkt.	
18.	Cie la Aleksandra				12	BOSiR Brzesko				5:32.90	335	
	50m:	38.10	38.10	150m:	2:02.68	42.26	250m:	3:27.06	42.65	350m:	4:51.87	42.59
	100m:	1:20.42	42.32	200m:	2:44.41	41.73	300m:	4:09.28	42.22	400m:	5:32.90	41.03
19.	Szałas Amelia				12	Solne Miasto Wieliczka				5:33.31	334	
	50m:	38.78	38.78	150m:	2:04.23	42.49	250m:	3:29.59	42.36	350m:	4:54.83	42.42
	100m:	1:21.74	42.96	200m:	2:47.23	43.00	300m:	4:12.41	42.82	400m:	5:33.31	38.48
20.	Wi niewska Milena				12	Olimpijczyk Kraków				5:36.42	324	
	50m:	38.60	38.60	150m:	2:04.70	43.83	250m:	3:30.84	42.24	350m:	4:56.13	42.54
	100m:	1:20.87	42.27	200m:	2:48.60	43.90	300m:	4:13.59	42.75	400m:	5:36.42	40.29
21.	Lisowska Zuzanna				12	Ósemka O wi cim				5:40.17	314	
	50m:	39.19	39.19	150m:	2:06.14	44.23	250m:	3:33.04	43.36	350m:	4:58.12	42.89
	100m:	1:21.91	42.72	200m:	2:49.68	43.54	300m:	4:15.23	42.19	400m:	5:40.17	42.05
22.	Michalska Aleksandra				12	Jordan Kraków				5:41.01	312	
	50m:	39.89	39.89	150m:	2:07.97	44.08	250m:	3:35.55	43.59	350m:	5:00.18	41.65
	100m:	1:23.89	44.00	200m:	2:51.96	43.99	300m:	4:18.53	42.98	400m:	5:41.01	40.83
23.	Le niowska Zuzanna				12	Olimpijczyk Kraków				5:41.13	311	
	50m:	39.12	39.12	150m:	2:07.80	44.45	250m:	3:35.23	43.09	350m:	5:00.93	42.43
	100m:	1:23.35	44.23	200m:	2:52.14	44.34	300m:	4:18.50	43.27	400m:	5:41.13	40.20
24.	Dwernicka Liliana				12	Olimpijczyk Kraków				5:48.22	293	
	50m:	37.45	37.45	150m:	2:05.64	44.99	250m:	3:35.81	44.82	350m:	5:04.85	43.87
	100m:	1:20.65	43.20	200m:	2:50.99	45.35	300m:	4:20.98	45.17	400m:	5:48.22	43.37
25.	Oczkowicz Natalia				12	Jordan Kraków				5:53.11	281	
	50m:	37.44	37.44	150m:	2:06.37	45.54	250m:	3:39.20	46.30	350m:	5:10.70	45.19
	100m:	1:20.83	43.39	200m:	2:52.90	46.53	300m:	4:25.51	46.31	400m:	5:53.11	42.41
26.	Styrnik Daryna				12	Olimpijczyk Kraków				5:58.54	268	
	50m:	38.55	38.55	150m:	2:09.58	46.00	250m:	3:43.12	47.03	350m:	5:15.54	45.81
	100m:	1:23.58	45.03	200m:	2:56.09	46.51	300m:	4:29.73	46.61	400m:	5:58.54	43.00
27.	Warunek Hanna				12	Olimpijczyk Kraków				6:10.29	243	
	50m:	42.28	42.28	150m:	2:15.33	47.25	250m:	3:50.80	48.05	350m:	5:25.39	46.63
	100m:	1:28.08	45.80	200m:	3:02.75	47.42	300m:	4:38.76	47.96	400m:	6:10.29	44.90

DYSKW. Biestek Adrianna 12 Solne Miasto Wieliczka
O3 - Pływak nie miał kontaktu ze cian podczas nawrotu. (Czas: 18:31)

Konkurencja 7
25/4/2025 - 18:20

Dziewcz t, 400m dowolny

12 lat
Wyniki

Punkty: AQUA 2024

Pozycja					Rok ur.					Czas	Pkt.	
1.	Kusz Zuzanna				13	SMS Galicja Kraków				5:00.07	457	
	50m:	34.23	34.23	150m:	1:49.64	38.17	250m:	3:06.81	38.56	350m:	4:22.58	37.85
	100m:	1:11.47	37.24	200m:	2:28.25	38.61	300m:	3:44.73	37.92	400m:	5:00.07	37.49
2.	Kawa Kaja				13	Sokół-Mo cice Tarnów				5:00.99	453	
	50m:	32.59	32.59	150m:	1:46.94	37.81	250m:	3:04.72	39.21	350m:	4:23.48	39.38
	100m:	1:09.13	36.54	200m:	2:25.51	38.57	300m:	3:44.10	39.38	400m:	5:00.99	37.51
3.	Opoka Antonina				13	STP Nowy S cz				5:15.74	393	
	50m:	36.30	36.30	150m:	1:55.87	40.37	250m:	3:17.03	40.74	350m:	4:37.67	40.30
	100m:	1:15.50	39.20	200m:	2:36.29	40.42	300m:	3:57.37	40.34	400m:	5:15.74	38.07
4.	Jurek Hanna				13	BOSiR Brzesko				5:16.97	388	
	50m:	35.64	35.64	150m:	1:54.65	39.83	250m:	3:15.91	40.48	350m:	4:38.03	41.55
	100m:	1:14.82	39.18	200m:	2:35.43	40.78	300m:	3:56.48	40.57	400m:	5:16.97	38.94
5.	Wolnik Aleksandra				13	Olimpijczyk Brzesko				5:19.58	379	
	50m:	35.48	35.48	150m:	1:55.32	40.25	250m:	3:17.78	41.45	350m:	4:40.13	41.18
	100m:	1:15.07	39.59	200m:	2:36.33	41.01	300m:	3:58.95	41.17	400m:	5:19.58	39.45



Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja					Rok ur.					Czas	Pkt.	
6.	Hardzina Roksana				13	Ósemka O wi cim				5:26.98	353	
	50m:	37.57	37.57	150m:	2:01.82	41.77	250m:	3:25.87	41.55	350m:	4:48.74	41.82
	100m:	1:20.05	42.48	200m:	2:44.32	42.50	300m:	4:06.92	41.05	400m:	5:26.98	38.24
7.	Akimava Aliaksandra				13	SMS Galicja Kraków				5:28.52	349	
	50m:	35.18	35.18	150m:	1:58.19	41.77	250m:	3:22.63	42.33	350m:	4:46.85	42.26
	100m:	1:16.42	41.24	200m:	2:40.30	42.11	300m:	4:04.59	41.96	400m:	5:28.52	41.67
8.	Krzak Zofia				13	STP Nowy S cz				5:30.50	342	
	50m:	38.37	38.37	150m:	2:03.70	42.72	250m:	3:28.76	42.42	350m:	4:52.19	40.82
	100m:	1:20.98	42.61	200m:	2:46.34	42.64	300m:	4:11.37	42.61	400m:	5:30.50	38.31
9.	Rudyk Evelina				13	Olimpijczyk Kraków				5:33.86	332	
	50m:	38.68	38.68	150m:	2:04.28	42.92	250m:	3:29.45	42.40	350m:	4:55.53	42.60
	100m:	1:21.36	42.68	200m:	2:47.05	42.77	300m:	4:12.93	43.48	400m:	5:33.86	38.33
10.	Trela Marlena				13	Jordan Kraków				5:33.93	332	
	50m:	35.17	35.17	150m:	1:58.12	42.35	250m:	3:24.60	43.55	350m:	4:53.10	44.64
	100m:	1:15.77	40.60	200m:	2:41.05	42.93	300m:	4:08.46	43.86	400m:	5:33.93	40.83
11.	Kieruj Kamila				13	Ósemka O wi cim				5:35.95	326	
	50m:	36.95	36.95	150m:	2:02.49	43.78	250m:	3:29.96	43.88	350m:	4:56.92	42.93
	100m:	1:18.71	41.76	200m:	2:46.08	43.59	300m:	4:13.99	44.03	400m:	5:35.95	39.03
12.	Koftun Wiktoria				13	Ósemka O wi cim				5:36.13	325	
	50m:	38.76	38.76	150m:	2:04.21	42.57	250m:	3:29.19	42.73	350m:	4:55.43	43.30
	100m:	1:21.64	42.88	200m:	2:46.46	42.25	300m:	4:12.13	42.94	400m:	5:36.13	40.70
13.	Rusek Julita				13	SMS Galicja Kraków				5:38.84	318	
	50m:	38.43	38.43	150m:	2:03.74	42.89	250m:	3:31.33	44.08	350m:	4:58.53	43.30
	100m:	1:20.85	42.42	200m:	2:47.25	43.51	300m:	4:15.23	43.90	400m:	5:38.84	40.31
14.	Mleczek Aleksandra				13	Sokół-Mo cice Tarnów				5:44.22	303	
	50m:	39.43	39.43	150m:	2:06.92	43.48	250m:	3:36.48	45.15	350m:	5:03.51	41.54
	100m:	1:23.44	44.01	200m:	2:51.33	44.41	300m:	4:21.97	45.49	400m:	5:44.22	40.71
15.	Mielech Blanka				13	Olimpijczyk Kraków				5:47.07	295	
	50m:	39.41	39.41	150m:	2:08.96	45.25	250m:	3:38.40	44.81	350m:	5:06.81	43.94
	100m:	1:23.71	44.30	200m:	2:53.59	44.63	300m:	4:22.87	44.47	400m:	5:47.07	40.26
16.	Puchała Agata				13	SMS Galicja Kraków				5:50.90	286	
	50m:	38.02	38.02	150m:	2:06.13	44.54	250m:	3:36.97	45.70	350m:	5:08.04	45.65
	100m:	1:21.59	43.57	200m:	2:51.27	45.14	300m:	4:22.39	45.42	400m:	5:50.90	42.86
17.	Jałocha Alina				13	Vigor Ł townia				5:52.52	282	
	50m:	38.03	38.03	150m:	2:07.41	45.50	250m:	3:40.24	46.50	350m:	5:11.49	45.38
	100m:	1:21.91	43.88	200m:	2:53.74	46.33	300m:	4:26.11	45.87	400m:	5:52.52	41.03
18.	Hetman Liliana				13	Olimpijczyk Kraków				5:55.22	276	
	50m:	39.03	39.03	150m:	2:09.66	46.18	250m:	3:41.78	46.25	350m:	5:12.86	44.91
	100m:	1:23.48	44.45	200m:	2:55.53	45.87	300m:	4:27.95	46.17	400m:	5:55.22	42.36
19.	Piszczek Eliza				13	Solne Miasto Wieliczka				6:05.81	252	
	50m:	39.18	39.18	150m:	2:11.05	47.22	250m:	3:46.78	47.56	350m:	5:21.90	47.32
	100m:	1:23.83	44.65	200m:	2:59.22	48.17	300m:	4:34.58	47.80	400m:	6:05.81	43.91
20.	Pulchny Katarzyna				13	Jordan Kraków				6:06.91	250	
	50m:	39.30	39.30	150m:	2:11.05	46.38	250m:	3:47.42	47.10	350m:	5:21.47	46.07
	100m:	1:24.67	45.37	200m:	3:00.32	49.27	300m:	4:35.40	47.98	400m:	6:06.91	45.44
21.	Nowak Pola				13	SMS Galicja Kraków				6:09.45	245	
	50m:	40.30	40.30	150m:	2:13.24	47.39	250m:	3:49.02	48.12	350m:	5:25.13	48.24
	100m:	1:25.85	45.55	200m:	3:00.90	47.66	300m:	4:36.89	47.87	400m:	6:09.45	44.32
22.	Hajdo Julia				13	Sokół-Mo cice Tarnów				6:09.57	245	
	50m:	40.71	40.71	150m:	2:14.77	47.11	250m:	3:50.51	47.65	350m:	5:25.90	48.01
	100m:	1:27.66	46.95	200m:	3:02.86	48.09	300m:	4:37.89	47.38	400m:	6:09.57	43.67



Konkurencja 7, Dziewczyny, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.		
23.	Michaliszyn Martyna			13	Solne Miasto Wieliczka				6:10.89	242		
	50m:	42.01	42.01	150m:	2:14.68	46.77	250m:	3:50.59	48.02	350m:	5:26.08	47.58
	100m:	1:27.91	45.90	200m:	3:02.57	47.89	300m:	4:38.50	47.91	400m:	6:10.89	44.81
24.	Hyla Nadia			13	SMS Galicja Kraków				6:12.03	240		
	50m:	40.88	40.88	150m:	2:15.04	48.15	250m:	3:50.82	47.37	350m:	5:26.35	47.66
	100m:	1:26.89	46.01	200m:	3:03.45	48.41	300m:	4:38.69	47.87	400m:	6:12.03	45.68
DYSKW.	Hrynczuk Maja			13	Olimpijczyk Kraków							
	<i>O1 - Pływak zainicjował start przed sygnałem startu. (Czas: 18:25)</i>											