



Mistrzostwa Polski Juniorów 17-18 lat
Oświęcim, 17 - 20/7/2025

Konkurencja 20
19/7/2025 - 9:30

Dziewcząt, 400m dowolny

17 - 18 lat
Wyniki Eliminacje

Rekord Polski 18 lat	4:12.62	Żukowska Paula	00107	Doha (QAT)	9/12/2009
Rekord Polski 17 lat	4:12.62	Żukowska Paula	00106	Doha (QAT)	9/12/2009

Punktury: AQUA 2025

Pozycja	Rok ur.								Czas		Pkt.	
1.	Meucci Giulia			08	MKP Gdańsk					4:28.52	673	A
	50m:	30.36	30.36	150m:	1:37.95	34.31	250m:	2:46.99	34.65	350m:	3:55.60	34.27
	100m:	1:03.64	33.28	200m:	2:12.34	34.39	300m:	3:21.33	34.34	400m:	4:28.52	32.92
2.	Małolepsza Weronika			07	MKP Szczecin					4:29.76	664	A
	50m:	30.33	30.33	150m:	1:36.92	33.67	250m:	2:45.96	34.75	350m:	3:55.73	34.94
	100m:	1:03.25	32.92	200m:	2:11.21	34.29	300m:	3:20.79	34.83	400m:	4:29.76	34.03
3.	Poppe Marta			07	AZS UMCS Lublin					4:30.47	659	A
	50m:	31.07	31.07	150m:	1:38.26	33.89	250m:	2:47.53	34.71	350m:	3:56.59	34.35
	100m:	1:04.37	33.30	200m:	2:12.82	34.56	300m:	3:22.24	34.71	400m:	4:30.47	33.88
4.	Wiernicka Julia			07	AZS UMCS Lublin					4:30.54	658	A
	50m:	30.42	30.42	150m:	1:38.29	34.34	250m:	2:47.15	34.45	350m:	3:56.56	34.67
	100m:	1:03.95	33.53	200m:	2:12.70	34.41	300m:	3:21.89	34.74	400m:	4:30.54	33.98
5.	Władyczka Amelia			07	Śląsk Wrocław					4:31.47	651	A
	50m:	30.39	30.39	150m:	1:37.49	34.02	250m:	2:47.12	34.62	350m:	3:57.19	34.84
	100m:	1:03.47	33.08	200m:	2:12.50	35.01	300m:	3:22.35	35.23	400m:	4:31.47	34.28
6.	Łakoma Maria			08	SMS Galicja Kraków					4:32.94	641	A
	50m:	31.35	31.35	150m:	1:39.93	34.47	250m:	2:49.44	34.70	350m:	3:58.76	34.64
	100m:	1:05.46	34.11	200m:	2:14.74	34.81	300m:	3:24.12	34.68	400m:	4:32.94	34.18
7.	Gulczyńska Natalia			07	AZS AWF Poznań					4:33.49	637	A
	50m:	31.55	31.55	150m:	1:40.68	34.95	250m:	2:50.78	34.85	350m:	4:00.32	33.83
	100m:	1:05.73	34.18	200m:	2:15.93	35.25	300m:	3:26.49	35.71	400m:	4:33.49	33.17
8.	Kondrasiuk Zofia			08	GIM 92 Ursynów Warszawa					4:35.68	622	A
	50m:	31.08	31.08	150m:	1:40.01	34.74	250m:	2:49.99	35.17	350m:	4:00.86	35.31
	100m:	1:05.27	34.19	200m:	2:14.82	34.81	300m:	3:25.55	35.56	400m:	4:35.68	34.82
9.	Trafalska Zuzanna			07	UKS 190 Łódź					4:38.35	604	B
	50m:	32.95	32.95	150m:	1:42.79	34.87	250m:	2:52.61	34.78	350m:	4:03.51	35.57
	100m:	1:07.92	34.97	200m:	2:17.83	35.04	300m:	3:27.94	35.33	400m:	4:38.35	34.84
10.	Sitkiewicz Jagoda			07	Wodnik Siemianowice Śl.					4:39.96	594	B
	50m:	31.19	31.19	150m:	1:41.71	35.24	250m:	2:52.60	35.25	350m:	4:04.75	35.75
	100m:	1:06.47	35.28	200m:	2:17.35	35.64	300m:	3:29.00	36.40	400m:	4:39.96	35.21
11.	Wrona Maria			08	AZS UMCS Lublin					4:40.74	589	B
	50m:	31.85	31.85	150m:	1:41.57	35.37	250m:	2:53.22	35.96	350m:	4:05.50	36.14
	100m:	1:06.20	34.35	200m:	2:17.26	35.69	300m:	3:29.36	36.14	400m:	4:40.74	35.24
12.	Batyra Julia			08	SP5 Swim Lublin					4:41.07	587	B
	50m:	32.54	32.54	150m:	1:43.44	35.62	250m:	2:54.71	35.74	350m:	4:06.09	35.64
	100m:	1:07.82	35.28	200m:	2:18.97	35.53	300m:	3:30.45	35.74	400m:	4:41.07	34.98
13.	Jałowiecka Gabriela			08	AZS UMCS Lublin					4:44.28	567	B
	50m:	31.56	31.56	150m:	1:42.59	35.94	250m:	2:54.96	36.34	350m:	4:08.97	36.96
	100m:	1:06.65	35.09	200m:	2:18.62	36.03	300m:	3:32.01	37.05	400m:	4:44.28	35.31
14.	Rączkowska Maja			07	Jedność 32 Przyszowice					4:44.83	564	B
	50m:	31.27	31.27	150m:	1:41.06	35.75	250m:	2:54.12	36.62	350m:	4:08.13	36.63
	100m:	1:05.31	34.04	200m:	2:17.50	36.44	300m:	3:31.50	37.38	400m:	4:44.83	36.70
15.	Budzeń Monika			07	Astromal Leszno					4:45.68	559	B
	50m:	31.90	31.90	150m:	1:43.23	36.13	250m:	2:57.30	37.00	350m:	4:11.17	36.48
	100m:	1:07.10	35.20	200m:	2:20.30	37.07	300m:	3:34.69	37.39	400m:	4:45.68	34.51



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Konkurencja 20, Dziewcząt, 400m dowolny, Eliminacje, 17 - 18 lat

Pozycja					Rok ur.					Czas	Pkt.	
16.	Masierek Marika				08	Multisport Team Toruń				4:45.80	558	B
	50m:	34.16	34.16	150m:	1:46.42	36.09	250m:	2:58.93	36.36	350m:	4:11.36	35.54
	100m:	1:10.33	36.17	200m:	2:22.57	36.15	300m:	3:35.82	36.89	400m:	4:45.80	34.44
17.	Szpernalowska Mila				08	CSiR MOS Dąbrowa Grn.				4:47.35	549	R
	50m:	33.19	33.19	150m:	1:46.36	36.98	250m:	3:00.42	37.26	350m:	4:13.73	36.06
	100m:	1:09.38	36.19	200m:	2:23.16	36.80	300m:	3:37.67	37.25	400m:	4:47.35	33.62
18.	Belzyt Maja				08	Juvenia Wrocław				4:47.86	546	R
	50m:	32.16	32.16	150m:	1:44.48	36.56	250m:	2:59.40	37.65	350m:	4:13.33	36.28
	100m:	1:07.92	35.76	200m:	2:21.75	37.27	300m:	3:37.05	37.65	400m:	4:47.86	34.53
19.	Zabraniak Karina				08	MKP Szczecin				4:48.07	545	
	50m:	32.34	32.34	150m:	1:44.39	36.23	250m:	2:58.26	36.98	350m:	4:12.08	36.66
	100m:	1:08.16	35.82	200m:	2:21.28	36.89	300m:	3:35.42	37.16	400m:	4:48.07	35.99
20.	Grzech Maja				08	Żabianka Gdańsk				4:49.15	539	
	50m:	31.74	31.74	150m:	1:43.39	36.34	250m:	2:57.87	37.41	350m:	4:13.14	37.75
	100m:	1:07.05	35.31	200m:	2:20.46	37.07	300m:	3:35.39	37.52	400m:	4:49.15	36.01
21.	Świątek Amelia				08	Śląsk Wrocław				4:52.75	519	
	50m:	32.95	32.95	150m:	1:46.00	37.12	250m:	3:00.63	37.41	350m:	4:15.97	37.78
	100m:	1:08.88	35.93	200m:	2:23.22	37.22	300m:	3:38.19	37.56	400m:	4:52.75	36.78
22.	Skorykow Lena				08	Warszawianka-Wodny Park				4:53.98	513	
	50m:	33.02	33.02	150m:	1:47.61	37.92	250m:	3:04.72	38.97	350m:	4:18.74	36.96
	100m:	1:09.69	36.67	200m:	2:25.75	38.14	300m:	3:41.78	37.06	400m:	4:53.98	35.24
23.	Kaczmarczyk Hanna				08	Olimpijczyk Kraków				4:56.34	501	
	50m:	32.73	32.73	150m:	1:47.47	38.38	250m:	3:04.21	38.75	350m:	4:21.14	38.35
	100m:	1:09.09	36.36	200m:	2:25.46	37.99	300m:	3:42.79	38.58	400m:	4:56.34	35.20
24.	Kulińska Weronika				08	Piętnastka Bydgoszcz				4:56.57	499	
	50m:	33.47	33.47	150m:	1:48.99	38.37	250m:	3:05.56	38.55	350m:	4:21.06	36.88
	100m:	1:10.62	37.15	200m:	2:27.01	38.02	300m:	3:44.18	38.62	400m:	4:56.57	35.51
25.	May Matylda				08	Astromal Leszno				4:58.49	490	
	50m:	33.19	33.19	150m:	1:48.23	38.04	250m:	3:05.86	38.83	350m:	4:22.10	37.47
	100m:	1:10.19	37.00	200m:	2:27.03	38.80	300m:	3:44.63	38.77	400m:	4:58.49	36.39
26.	Jabłońska Natalia				08	Kormoran Olsztyn				4:59.69	484	
	50m:	34.41	34.41	150m:	1:48.92	37.41	250m:	3:05.01	37.87	350m:	4:21.83	38.09
	100m:	1:11.51	37.10	200m:	2:27.14	38.22	300m:	3:43.74	38.73	400m:	4:59.69	37.86
27.	Cała Anastazja				07	Unia Oświęcim				5:01.76	474	
	50m:	33.78	33.78	150m:	1:47.39	36.79	250m:	3:03.75	38.73	350m:	4:22.79	39.55
	100m:	1:10.60	36.82	200m:	2:25.02	37.63	300m:	3:43.24	39.49	400m:	5:01.76	38.97
28.	Zielińska Małgorzata				08	Żabianka Gdańsk				5:02.73	470	
	50m:	33.02	33.02	150m:	1:47.38	38.08	250m:	3:05.20	39.21	350m:	4:24.08	39.62
	100m:	1:09.30	36.28	200m:	2:25.99	38.61	300m:	3:44.46	39.26	400m:	5:02.73	38.65
29.	Sosnówka Milena				07	Fala Kraśnik				5:03.22	467	
	50m:	33.37	33.37	150m:	1:48.03		250m:	3:06.14		350m:	4:24.59	
	100m:			200m:			300m:			400m:	5:03.22	38.63
30.	Walicka Martyna				07	Astoria Bydgoszcz				5:03.60	466	
	50m:	32.92	32.92	150m:	1:48.16	38.13	250m:	3:06.47	39.63	350m:	4:25.48	39.38
	100m:	1:10.03	37.11	200m:	2:26.84	38.68	300m:	3:46.10	39.63	400m:	5:03.60	38.12
31.	Dzięgiel Marta				07	AZS AWF Warszawa				5:04.43	462	
	50m:	33.88	33.88	150m:	1:50.20	38.48	250m:	3:08.76	39.29	350m:	4:27.57	39.22
	100m:	1:11.72	37.84	200m:	2:29.47	39.27	300m:	3:48.35	39.59	400m:	5:04.43	36.86
32.	Bukowska Michalina				07	UKP Ruda Śląska				5:08.70	443	
	50m:	34.92	34.92	150m:	1:51.68	38.76	250m:	3:10.86	39.43	350m:	4:30.07	39.09
	100m:	1:12.92	38.00	200m:	2:31.43	39.75	300m:	3:50.98	40.12	400m:	5:08.70	38.63



Ministerstwo
Sportu i Turystyki



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Oświęcim, 17 - 20/7/2025

Konkurencja 20, Dziewcząt, 400m dowolny, Eliminacje, 17 - 18 lat

Pozycja				Rok ur.						Czas		Pkt.
33.	Nawrocka Natalia			08	Wodnik Łask						5:25.83	376
	50m:	34.66	34.66	150m:	1:55.53	42.08	250m:	3:20.01	42.40	350m:	4:45.27	42.17
	100m:	1:13.45	38.79	200m:	2:37.61	42.08	300m:	4:03.10	43.09	400m:	5:25.83	40.56