



Konkurencja 13
4/10/2025 - 13:05

Dziewcząt, 400m dowolny

13 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.								Czas		Pkt.
1.	Rączkowska Lena	12	Jedność 32 Przyszowice						4:37.85	576	
	50m: 32.02 32.02	150m: 1:42.35 35.36	250m: 2:52.72 35.29	350m: 4:04.14 35.26							
	100m: 1:06.99 34.97	200m: 2:17.43 35.08	300m: 3:28.88 36.16	400m: 4:37.85 33.71							
2.	Kalisz Małgorzata	12	Sokół-Mościce Tarnów						4:37.86	576	
	50m: 31.29 31.29	150m: 1:42.65 35.94	250m: 2:54.47 35.60	350m: 4:04.75 35.01							
	100m: 1:06.71 35.42	200m: 2:18.87 36.22	300m: 3:29.74 35.27	400m: 4:37.86 33.11							
3.	Resiuła Weronika	12	UKS SP 8 Chrzanów						4:54.48	484	
	50m: 31.52 31.52	150m: 1:43.96 36.70	250m: 3:00.26 38.54	350m: 4:17.03 38.27							
	100m: 1:07.26 35.74	200m: 2:21.72 37.76	300m: 3:38.76 38.50	400m: 4:54.48 37.45							
4.	Braniecka Iga	12	Korona 1919 Kraków						4:59.34	461	
	50m: 34.38 34.38	150m: 1:50.67 38.23	250m: 3:07.68 38.27	350m: 4:24.14 37.87							
	100m: 1:12.44 38.06	200m: 2:29.41 38.74	300m: 3:46.27 38.59	400m: 4:59.34 35.20							
5.	Kłósek Pola	12	Sokół-Mościce Tarnów						5:00.13	457	
	50m: 34.54 34.54	150m: 1:50.43 38.50	250m: 3:07.12 38.82	350m: 4:23.94 38.30							
	100m: 1:11.93 37.39	200m: 2:28.30 37.87	300m: 3:45.64 38.52	400m: 5:00.13 36.19							
6.	Podgórska Łucja	12	STP Nowy Sącz						5:07.53	425	
	50m: 34.41 34.41	150m: 1:51.36 38.79	250m: 3:11.02 40.20	350m: 4:30.05 39.23							
	100m: 1:12.57 38.16	200m: 2:30.82 39.46	300m: 3:50.82 39.80	400m: 5:07.53 37.48							
7.	Skrzypek Weronika	12	SMS Galicja Kraków						5:08.42	421	
	50m: 34.76 34.76	150m: 1:53.11 39.18	250m: 3:12.43 40.06	350m: 4:30.45 38.86							
	100m: 1:13.93 39.17	200m: 2:32.37 39.26	300m: 3:51.59 39.16	400m: 5:08.42 37.97							
8.	Książczyk Liliana	12	BOSiR Brzesko						5:08.56	421	
	50m: 34.52 34.52	150m: 1:52.82 39.85	250m: 3:11.98 39.34	350m: 4:31.10 39.55							
	100m: 1:12.97 38.45	200m: 2:32.64 39.82	300m: 3:51.55 39.57	400m: 5:08.56 37.46							
9.	Książek Joanna	12	Olimpijczyk Kraków						5:12.28	406	
	50m: 34.42 34.42	150m: 1:54.67 40.62	250m: 3:15.48 40.52	350m: 4:34.98 39.18							
	100m: 1:14.05 39.63	200m: 2:34.96 40.29	300m: 3:55.80 40.32	400m: 5:12.28 37.30							
10.	Głogowska Natalia	12	SMS Galicja Kraków						5:14.02	399	
	50m: 36.09 36.09	150m: 1:57.33 40.75	250m: 3:18.68 40.46	350m: 4:37.58 38.64							
	100m: 1:16.58 40.49	200m: 2:38.22 40.89	300m: 3:58.94 40.26	400m: 5:14.02 36.44							
11.	Dejana Chiara	12	SMS Galicja Kraków						5:15.97	392	
	50m: 35.54 35.54	150m: 1:55.71 40.35	250m: 3:17.38 40.80	350m: 4:37.29 40.43							
	100m: 1:15.36 39.82	200m: 2:36.58 40.87	300m: 3:56.86 39.48	400m: 5:15.97 38.68							
12.	Dorociak Natalia	12	Korona 1919 Kraków						5:18.64	382	
	50m: 36.40 36.40	150m: 1:56.48 40.21	250m: 3:17.72 41.05	350m: 4:39.11 40.59							
	100m: 1:16.27 39.87	200m: 2:36.67 40.19	300m: 3:58.52 40.80	400m: 5:18.64 39.53							
13.	Ścibisz Julia	12	Sokół-Mościce Tarnów						5:23.04	367	
	50m: 35.65 35.65	150m: 1:55.69 40.76	250m: 3:18.47 41.99	350m: 4:42.19 42.30							
	100m: 1:14.93 39.28	200m: 2:36.48 40.79	300m: 3:59.89 41.42	400m: 5:23.04 40.85							
14.	Olearczyk Martyna	12	Ósemka Oświęcim						5:27.73	351	
	50m: 34.76 34.76	150m: 1:56.67 41.79	250m: 3:20.09 41.99	350m: 4:45.31 42.66							
	100m: 1:14.88 40.12	200m: 2:38.10 41.43	300m: 4:02.65 42.56	400m: 5:27.73 42.42							
15.	Wiśniewska Milena	12	Olimpijczyk Kraków						5:28.02	350	
	50m: 37.43 37.43	150m: 1:58.87 39.65	250m: 3:25.67 41.56	350m: 4:49.75 41.65							
	100m: 1:19.22 41.79	200m: 2:44.11 45.24	300m: 4:08.10 42.43	400m: 5:28.02 38.27							
16.	Jędrzejczyk Julia	12	STP Nowy Sącz						5:31.98	338	
	50m: 37.02 37.02	150m: 2:00.66 42.63	250m: 3:26.20 42.89	350m: 4:51.27 42.24							
	100m: 1:18.03 41.01	200m: 2:43.31 42.65	300m: 4:09.03 42.83	400m: 5:31.98 40.71							
17.	Trzop Oliwia	12	Jasień Sucha Besk.						5:32.25	337	
	50m: 37.39 37.39	150m: 2:03.60 43.40	250m: 3:29.38 42.52	350m: 4:54.28 42.31							
	100m: 1:20.20 42.81	200m: 2:46.86 43.26	300m: 4:11.97 42.59	400m: 5:32.25 37.97							



Konkurencja 13, Dziewcząt, 400m dowolny, 13 lat

Pozycja			Rok ur.						Czas	Pkt.
18.	Leśniowska Zuzanna		12	Olimpijczyk Kraków					5:33.61	333
	50m: 38.42 38.42	150m: 2:04.93	43.52	250m: 3:31.28	43.04	350m: 4:54.46	40.93			
	100m: 1:21.41 42.99	200m: 2:48.24	43.31	300m: 4:13.53	42.25	400m: 5:33.61	39.15			
19.	Muszańska Julia		12	Omega Olkusz					5:34.55	330
	50m: 36.27 36.27	150m: 2:03.99	44.23	250m: 3:31.36	43.92	350m: 4:56.18	40.68			
	100m: 1:19.76 43.49	200m: 2:47.44	43.45	300m: 4:15.50	44.14	400m: 5:34.55	38.37			
20.	Michalska Aleksandra		12	Jordan Kraków					5:34.86	329
	50m: 38.40 38.40	150m: 2:03.50	42.75	250m: 3:30.02	43.17	350m: 4:54.95	42.12			
	100m: 1:20.75 42.35	200m: 2:46.85	43.35	300m: 4:12.83	42.81	400m: 5:34.86	39.91			
21.	Pokrywka Zuzanna		12	Solne Miasto Wieliczka					5:35.54	327
	50m: 38.84 38.84	150m: 2:06.65	44.06	250m: 3:32.33	42.88	350m: 4:55.97	40.58			
	100m: 1:22.59 43.75	200m: 2:49.45	42.80	300m: 4:15.39	43.06	400m: 5:35.54	39.57			
22.	Kępa Julia		12	H2O Bochnia					5:41.25	311
	50m: 40.66 40.66	150m: 2:07.24	43.39	250m: 3:34.24	43.54	350m: 5:00.96	42.83			
	100m: 1:23.85 43.19	200m: 2:50.70	43.46	300m: 4:18.13	43.89	400m: 5:41.25	40.29			
23.	Warunek Hanna		12	Olimpijczyk Kraków					5:54.08	278
	50m: 41.01 41.01	150m: 2:10.10	44.85	250m: 3:40.32	44.99	350m: 5:11.25	45.22			
	100m: 1:25.25 44.24	200m: 2:55.33	45.23	300m: 4:26.03	45.71	400m: 5:54.08	42.83			
24.	Styrnik Daryna		12	Olimpijczyk Kraków					5:59.22	266
	50m: 38.50 38.50	150m: 2:11.00	46.94	250m: 3:44.50	47.13	350m: 5:17.53	46.23			
	100m: 1:24.06 45.56	200m: 2:57.37	46.37	300m: 4:31.30	46.80	400m: 5:59.22	41.69			

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4/10/2025 - 13:05

Dziewcząt, 400m dowolny

12 lat
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.						Czas	Pkt.
1.	Kawa Kaja		13	Sokół-Mościce Tarnów					4:53.63	488
	50m: 32.22 32.22	150m: 1:45.50	36.99	250m: 3:01.51	38.18	350m: 4:18.04	38.06			
	100m: 1:08.51 36.29	200m: 2:23.33	37.83	300m: 3:39.98	38.47	400m: 4:53.63	35.59			
2.	Kusz Zuzanna		13	SMS Galicja Kraków					4:58.07	467
	50m: 33.85 33.85	150m: 1:48.32	37.60	250m: 3:04.48	37.76	350m: 4:21.09	38.34			
	100m: 1:10.72 36.87	200m: 2:26.72	38.40	300m: 3:42.75	38.27	400m: 4:58.07	36.98			
3.	Zaworska Zofia		13	CSiR MOS Dąbrowa Grn.					4:58.12	467
	50m: 34.25 34.25	150m: 1:49.34	38.00	250m: 3:06.18	38.41	350m: 4:22.31	37.63			
	100m: 1:11.34 37.09	200m: 2:27.77	38.43	300m: 3:44.68	38.50	400m: 4:58.12	35.81			
4.	Opoka Antonina		13	STP Nowy Sącz					5:11.55	409
	50m: 34.74 34.74	150m: 1:53.52	40.04	250m: 3:13.03	39.52	350m: 4:34.10	40.34			
	100m: 1:13.48 38.74	200m: 2:33.51	39.99	300m: 3:53.76	40.73	400m: 5:11.55	37.45			
5.	Akimava Aliaksandra		13	SMS Galicja Kraków					5:17.82	385
	50m: 34.37 34.37	150m: 1:54.39	40.76	250m: 3:16.74	40.87	350m: 4:38.54	40.90			
	100m: 1:13.63 39.26	200m: 2:35.87	41.48	300m: 3:57.64	40.90	400m: 5:17.82	39.28			
6.	Dashkevich Kristina		13	Nika Sport Team Kraków					5:21.54	372
	50m: 35.77 35.77	150m: 1:56.36	41.56	250m: 3:18.92	40.66	350m: 4:42.71	40.98			
	100m: 1:14.80 39.03	200m: 2:38.26	41.90	300m: 4:01.73	42.81	400m: 5:21.54	38.83			
7.	Rudyk Evelina		13	Olimpijczyk Kraków					5:29.10	347
	50m: 36.85 36.85	150m: 2:01.58	42.65	250m: 3:25.79	42.42	350m: 4:50.30	42.28			
	100m: 1:18.93 42.08	200m: 2:43.37	41.79	300m: 4:08.02	42.23	400m: 5:29.10	38.80			
8.	Hardzina Roksana		13	Ósemka Oświęcim					5:32.74	335
	50m: 38.29 38.29	150m: 2:03.11	42.91	250m: 3:29.15	42.46	350m: 4:53.69	41.79			
	100m: 1:20.20 41.91	200m: 2:46.69	43.58	300m: 4:11.90	42.75	400m: 5:32.74	39.05			



Konkurencja 13, Dziewcząt, 400m dowolny, 12 lat

Pozycja	Rok ur.								Czas		Pkt.
9.	Mielech Blanka	13	Olimpijczyk Kraków							5:34.16	331
	50m: 36.71 36.71	150m: 2:02.03 42.79	250m: 3:28.80 43.50	350m: 4:55.63 43.12							
	100m: 1:19.24 42.53	200m: 2:45.30 43.27	300m: 4:12.51 43.71	400m: 5:34.16 38.53							
10.	Mleczko Aleksandra	13	Sokół-Mościce Tarnów							5:34.83	329
	50m: 37.09 37.09	150m: 2:03.22 43.73	250m: 3:30.87 43.61	350m: 4:57.12 43.07							
	100m: 1:19.49 42.40	200m: 2:47.26 44.04	300m: 4:14.05 43.18	400m: 5:34.83 37.71							
11.	Hrynczuk Maja	13	Olimpijczyk Kraków							5:35.48	327
	50m: 36.63 36.63	150m: 2:02.13 43.63	250m: 3:27.65 42.56	350m: 4:53.92 42.46							
	100m: 1:18.50 41.87	200m: 2:45.09 42.96	300m: 4:11.46 43.81	400m: 5:35.48 41.56							
12.	Hetman Liliana	13	Olimpijczyk Kraków							5:35.95	326
	50m: 37.02 37.02	150m: 2:02.11 42.86	250m: 3:28.62 43.65	350m: 4:55.22 43.50							
	100m: 1:19.25 42.23	200m: 2:44.97 42.86	300m: 4:11.72 43.10	400m: 5:35.95 40.73							
13.	Stradomska Aleksandra	13	Olimpijczyk Kraków							5:36.00	326
	50m: 36.03 36.03	150m: 2:02.87 44.07	250m: 3:31.39 44.58	350m: 4:56.78 42.75							
	100m: 1:18.80 42.77	200m: 2:46.81 43.94	300m: 4:14.03 42.64	400m: 5:36.00 39.22							
14.	Reva Anastasiia	13	Nika Sport Team Kraków							5:37.05	323
	50m: 38.68 38.68	150m: 2:04.46 43.17	250m: 3:30.46 42.91	350m: 4:52.56 39.57							
	100m: 1:21.29 42.61	200m: 2:47.55 43.09	300m: 4:12.99 42.53	400m: 5:37.05 44.49							
15.	Kołtun Wiktoria	13	Ósemka Oświęcim							5:39.27	316
	50m: 38.38 38.38	150m: 2:04.43 42.64	250m: 3:31.93 43.91	350m: 4:58.38 42.58							
	100m: 1:21.79 43.41	200m: 2:48.02 43.59	300m: 4:15.80 43.87	400m: 5:39.27 40.89							
16.	Kieruj Kamila	13	Ósemka Oświęcim							5:42.02	309
	50m: 37.63 37.63	150m: 2:04.43 44.19	250m: 3:33.80 44.58	350m: 5:01.82 43.79							
	100m: 1:20.24 42.61	200m: 2:49.22 44.79	300m: 4:18.03 44.23	400m: 5:42.02 40.20							
17.	Puchała Agata	13	Korona 1919 Kraków							5:47.16	295
	50m: 37.21 37.21	150m: 2:04.60 44.84	250m: 3:34.35 44.35	350m: 5:03.56 43.32							
	100m: 1:19.76 42.55	200m: 2:50.00 45.40	300m: 4:20.24 45.89	400m: 5:47.16 43.60							
18.	Klęczar Ewelina	13	Ósemka Oświęcim							5:49.76	289
	50m: 37.30 37.30	150m: 2:05.06 44.67	250m: 3:36.31 45.38	350m: 5:06.92 45.37							
	100m: 1:20.39 43.09	200m: 2:50.93 45.87	300m: 4:21.55 45.24	400m: 5:49.76 42.84							
19.	Pulchny Katarzyna	13	Jordan Kraków							5:50.19	288
	50m: 37.36 37.36	150m: 2:04.00 44.57	250m: 3:35.23 46.08	350m: 5:07.21 45.76							
	100m: 1:19.43 42.07	200m: 2:49.15 45.15	300m: 4:21.45 46.22	400m: 5:50.19 42.98							
20.	Malik Natalia	13	SMS Galicja Kraków							5:51.41	285
	50m: 39.21 39.21	150m: 2:09.95 45.17	250m: 3:40.05 44.81	350m: 5:10.79 45.70							
	100m: 1:24.78 45.57	200m: 2:55.24 45.29	300m: 4:25.09 45.04	400m: 5:51.41 40.62							
21.	Michaliszyn Martyna	13	Solne Miasto Wieliczka							5:56.55	273
	50m: 39.35 39.35	150m: 2:08.57 44.18	250m: 3:39.24 45.62	350m: 5:12.11 46.57							
	100m: 1:24.39 45.04	200m: 2:53.62 45.05	300m: 4:25.54 46.30	400m: 5:56.55 44.44							
22.	Hajdo Julia	13	Sokół-Mościce Tarnów							6:03.91	256
	50m: 39.88 39.88	150m: 2:11.98 46.49	250m: 3:46.20 46.30	350m: 5:19.23 46.82							
	100m: 1:25.49 45.61	200m: 2:59.90 47.92	300m: 4:32.41 46.21	400m: 6:03.91 44.68							
23.	Janiczek Paulina	13	Jordan Kraków							6:06.05	252
	50m: 41.54 41.54	150m: 2:13.77 47.09	250m: 3:47.83 46.97	350m: 5:28.41 47.47							
	100m: 1:27.74 45.79	200m: 3:00.86 47.09	300m: 4:35.62 47.79	400m: 6:06.05 46.25							
24.	Małyniuk Magdalena	13	Korona 1919 Kraków							6:11.65	241
	50m: 40.99 40.99	150m: 2:16.35 48.75	250m: 3:51.64 47.66	350m: 5:27.55 47.40							
	100m: 1:27.60 46.61	200m: 3:03.98 47.63	300m: 4:40.15 48.51	400m: 6:11.65 44.10							
25.	Cicha Łucja	13	SMS Galicja Kraków							6:14.66	235
	50m: 41.95 41.95	150m: 2:14.94 47.20	250m: 3:52.02 47.86	350m: 5:28.41 47.47							
	100m: 1:27.74 45.79	200m: 3:04.16 49.22	300m: 4:40.94 48.92	400m: 6:14.66 46.25							



Konkurencja 13, Dziewcząt, 400m dowolny, 12 lat

Pozycja	Rok ur.								Czas	Pkt.		
26.	Ilchak Mariia		13	Jordan Kraków					6:26.11	214		
	50m:	42.66	42.66	150m:	2:19.50	48.54	250m:	3:57.30	49.69	350m:	5:37.97	50.86
	100m:	1:30.96	48.30	200m:	3:07.61	48.11	300m:	4:47.11	49.81	400m:	6:26.11	48.14
27.	Seredyńska Lena		13	H2O Bochnia					6:26.77	213		
	50m:	42.70	42.70	150m:	2:22.17	50.06	250m:	4:02.09	50.62	350m:	5:42.32	49.42
	100m:	1:32.11	49.41	200m:	3:11.47	49.30	300m:	4:52.90	50.81	400m:	6:26.77	44.45
28.	Panaś Hanna		13	Solne Miasto Wieliczka					6:30.13	208		
	50m:	43.06	43.06	150m:	2:19.81	49.10	250m:	3:59.55	51.05	350m:	5:40.56	51.02
	100m:	1:30.71	47.65	200m:	3:08.50	48.69	300m:	4:49.54	49.99	400m:	6:30.13	49.57
29.	Sordyl Karolina		13	Karol Wadowice					6:34.54	201		
	50m:	41.80	41.80	150m:	2:20.10	50.59	250m:	4:03.48	51.51	350m:	5:46.14	50.92
	100m:	1:29.51	47.71	200m:	3:11.97	51.87	300m:	4:55.22	51.74	400m:	6:34.54	48.40
30.	Bednarek Matylda		13	Jordan Kraków					6:53.08	175		
	50m:	43.25	43.25	150m:	2:26.92	52.86	250m:	4:14.33	53.63	350m:	5:20.12	19.83
	100m:	1:34.06	50.81	200m:	3:20.70	53.78	300m:	5:00.29	45.96	400m:	6:53.08	1:32.96