



PGE Grand Prix Puchar Polski  
O wi cim, 13 - 15/3/2026

Konkurencja 14  
14/3/2026 - 10:23

M czyzn, 400m dowolny

14 lat i starsi  
Wyniki

Minimum Kwalifikacyjne A ME Seniorów Pary Open: 3:50.43 / Minimum Kwalifikacyjne B ME Seniorów Pary - 19: 3:52.71

Punkty: AQUA 2026

Pozycja				Rok ur.					Czas	Pkt.		
1.	Bluj Aleksander			09	GIM 92 Ursynów Warszawa				<b>3:59.51</b>	774		
	50m:	28.05	28.05	150m:	1:28.80	30.48	250m:	2:30.28	30.69	350m:	3:31.02	29.88
	100m:	58.32	30.27	200m:	1:59.59	30.79	300m:	3:01.14	30.86	400m:	3:59.51	28.49
2.	Radzikowski Szymon			08	I sk Wrocław				<b>4:04.57</b>	727		
	50m:	27.06	27.06	150m:	1:27.57	30.40	250m:	2:29.95	31.26	350m:	3:33.05	31.44
	100m:	57.17	30.11	200m:	1:58.69	31.12	300m:	3:01.61	31.66	400m:	4:04.57	31.52
3.	Hebel Maciej			05	AZS AWF Katowice				<b>4:04.98</b>	723		
	50m:	28.55	28.55	150m:	1:30.05	30.74	250m:	2:33.28	31.69	350m:	3:35.40	31.08
	100m:	59.31	30.76	200m:	2:01.59	31.54	300m:	3:04.32	31.04	400m:	4:04.98	29.58
4.	Radkiewicz Kajetan			05	AZS Uniwersytetu Warszawskiego				<b>4:05.18</b>	722		
	50m:	28.42	28.42	150m:	1:30.83	31.58	250m:	2:32.88	31.31	350m:	3:34.57	31.08
	100m:	59.25	30.83	200m:	2:01.57	30.74	300m:	3:03.49	30.61	400m:	4:05.18	30.61
5.	Wiraszka Piotr			09	GIM 92 Ursynów Warszawa				<b>4:05.59</b>	718		
	50m:	28.50	28.50	150m:	1:31.24	31.65	250m:	2:34.46	31.34	350m:	3:35.98	30.63
	100m:	59.59	31.09	200m:	2:03.12	31.88	300m:	3:05.35	30.89	400m:	4:05.59	29.61
6.	Gnaczy ski Michał			07	MKP Szczecin				<b>4:06.58</b>	709		
	50m:	28.52	28.52	150m:	1:31.26	31.61	250m:	2:34.90	31.62	350m:	3:37.81	31.02
	100m:	59.65	31.13	200m:	2:03.28	32.02	300m:	3:06.79	31.89	400m:	4:06.58	28.77
7.	Major Erik			07	Park Wodny Tarn. Góry				<b>4:06.68</b>	708		
	50m:	27.95	27.95	150m:	1:30.94	31.85	250m:	2:34.50	31.89	350m:	3:37.77	30.94
	100m:	59.09	31.14	200m:	2:02.61	31.67	300m:	3:06.83	32.33	400m:	4:06.68	28.91
8.	Kaczmarek Mikołaj			11	GIM 92 Ursynów Warszawa				<b>4:07.64</b>	700		
	50m:	27.78	27.78	150m:	1:30.47	31.63	250m:	2:33.81	31.76	350m:	3:37.14	31.45
	100m:	58.84	31.06	200m:	2:02.05	31.58	300m:	3:05.69	31.88	400m:	4:07.64	30.50
9.	Janiszewski Fabian			09	UKS 190 Łódź				<b>4:07.75</b>	699		
	50m:	28.20	28.20	150m:	1:29.96	31.27	250m:	2:33.49	31.98	350m:	3:37.04	31.78
	100m:	58.69	30.49	200m:	2:01.51	31.55	300m:	3:05.26	31.77	400m:	4:07.75	30.71
10.	Mróz Adam			03	AZS UMCS Lublin				<b>4:07.87</b>	698		
	50m:	28.31	28.31	150m:	1:30.84	31.40	250m:	2:34.19	31.78	350m:	3:37.69	31.22
	100m:	59.44	31.13	200m:	2:02.41	31.57	300m:	3:06.47	32.28	400m:	4:07.87	30.18
11.	Staniszewski Bartosz			05	MKP Szczecin				<b>4:09.76</b>	683		
	50m:	28.49	28.49	150m:	1:31.10	31.54	250m:	2:35.11	32.26	350m:	3:39.24	31.79
	100m:	59.56	31.07	200m:	2:02.85	31.75	300m:	3:07.45	32.34	400m:	4:09.76	30.52
12.	Ciba Mateusz			08	MKP Szczecin				<b>4:10.39</b>	677		
	50m:	28.85	28.85	150m:	1:32.86	32.22	250m:	2:36.70	32.03	350m:	3:40.45	31.90
	100m:	1:00.64	31.79	200m:	2:04.67	31.81	300m:	3:08.55	31.85	400m:	4:10.39	29.94
13.	Halkiewicz Maciej			08	Omega Olkusz				<b>4:10.96</b>	673		
	50m:	27.12	27.12	150m:	1:30.35	32.75	250m:	2:37.23	33.37	350m:	3:40.75	30.35
	100m:	57.60	30.48	200m:	2:03.86	33.51	300m:	3:10.40	33.17	400m:	4:10.96	30.21
14.	Stachowiak Adam			10	MKP Szczecin				<b>4:11.79</b>	666		
	50m:	29.27	29.27	150m:	1:33.11	32.26	250m:	2:37.68	32.27	350m:	3:42.23	32.00
	100m:	1:00.85	31.58	200m:	2:05.41	32.30	300m:	3:10.23	32.55	400m:	4:11.79	29.56
15.	Szel ek Alan			09	MKP Szczecin				<b>4:12.24</b>	663		
	50m:	29.20	29.20	150m:	1:32.60	32.19	250m:	2:37.04	32.06	350m:	3:42.16	32.21
	100m:	1:00.41	31.21	200m:	2:04.98	32.38	300m:	3:09.95	32.91	400m:	4:12.24	30.08



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Konkurencja 14, M czyzn, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
16.	Zieli ski Dawid				09	MKP Szczecin				<b>4:12.76</b>	659	
	50m:	29.59	29.59	150m:	1:33.84	32.31	250m:	2:38.34	31.74	350m:	3:42.12	31.63
	100m:	1:01.53	31.94	200m:	2:06.60	32.76	300m:	3:10.49	32.15	400m:	4:12.76	30.64
17.	Kry Radosław				07	MKP Szczecin				<b>4:12.80</b>	658	
	50m:	29.03	29.03	150m:	1:32.29	31.72	250m:	2:37.07	32.53	350m:	3:41.86	32.25
	100m:	1:00.57	31.54	200m:	2:04.54	32.25	300m:	3:09.61	32.54	400m:	4:12.80	30.94
18.	Jabło ski Bartłomiej				07	AZS Politechniki Opolskiej				<b>4:13.56</b>	652	
	50m:	28.78	28.78	150m:	1:31.82	31.73	250m:	2:37.08	32.70	350m:	3:42.39	32.62
	100m:	1:00.09	31.31	200m:	2:04.38	32.56	300m:	3:09.77	32.69	400m:	4:13.56	31.17
19.	Grzegorzczuk Wiktor				02	AZS AWF Warszawa				<b>4:13.67</b>	651	
	50m:	28.42	28.42	150m:	1:30.77	31.57	250m:	2:34.88	31.67	350m:	3:39.62	32.29
	100m:	59.20	30.78	200m:	2:03.21	32.44	300m:	3:07.33	32.45	400m:	4:13.67	34.05
20.	Kozakiewicz Aleksander				07	Warszawianka- Wodny Park				<b>4:13.95</b>	649	
	50m:	27.45	27.45	150m:	1:30.88	32.38	250m:	2:37.27	32.83	350m:	3:42.59	31.63
	100m:	58.50	31.05	200m:	2:04.44	33.56	300m:	3:10.96	33.69	400m:	4:13.95	31.36
21.	Darul Bartosz				04	MKP Szczecin				<b>4:15.48</b>	638	
	50m:	29.28	29.28	150m:	1:33.07	31.93	250m:	2:38.04	32.43	350m:	3:43.16	32.43
	100m:	1:01.14	31.86	200m:	2:05.61	32.54	300m:	3:10.73	32.69	400m:	4:15.48	32.32
22.	Bondar Mykyta				07	Unia O wi cim				<b>4:15.58</b>	637	
	50m:	29.14	29.14	150m:	1:33.56	32.43	250m:	2:38.26	32.28	350m:	3:43.58	33.01
	100m:	1:01.13	31.99	200m:	2:05.98	32.42	300m:	3:10.57	32.31	400m:	4:15.58	32.00
23.	Burda Paweł				05	AZS AWF Katowice				<b>4:15.67</b>	636	
	50m:	28.99	28.99	150m:	1:33.29	32.70	250m:	2:39.15	33.09	350m:	3:44.54	32.59
	100m:	1:00.59	31.60	200m:	2:06.06	32.77	300m:	3:11.95	32.80	400m:	4:15.67	31.13
24.	Pi tka Miłosz				07	MKP Szczecin				<b>4:16.36</b>	631	
	50m:	29.31	29.31	150m:	1:33.39	32.12	250m:	2:38.55	32.72	350m:	3:44.30	32.76
	100m:	1:01.27	31.96	200m:	2:05.83	32.44	300m:	3:11.54	32.99	400m:	4:16.36	32.06
25.	Zdziechowski Jan				10	Trójka Łód				<b>4:17.06</b>	626	
	50m:	29.63	29.63	150m:	1:35.06	32.69	250m:	2:40.95	32.78	350m:	3:46.22	32.25
	100m:	1:02.37	32.74	200m:	2:08.17	33.11	300m:	3:13.97	33.02	400m:	4:17.06	30.84
26.	Pawlak Dawid				08	UKS 190 Łód				<b>4:17.46</b>	623	
	50m:	29.05	29.05	150m:	1:33.67	32.77	250m:	2:39.29	32.57	350m:	3:45.33	33.33
	100m:	1:00.90	31.85	200m:	2:06.72	33.05	300m:	3:12.00	32.71	400m:	4:17.46	32.13
27.	Łuczak Filip				08	UKS 190 Łód				<b>4:17.78</b>	621	
	50m:	29.42	29.42	150m:	1:34.96	33.03	250m:	2:41.10	33.24	350m:	3:46.83	32.32
	100m:	1:01.93	32.51	200m:	2:07.86	32.90	300m:	3:14.51	33.41	400m:	4:17.78	30.95
28.	Lesiak Piotr				09	Trójka Łód				<b>4:18.55</b>	615	
	50m:	30.25	30.25	150m:	1:37.25	33.76	250m:	2:42.79	32.68	350m:	3:46.88	31.80
	100m:	1:03.49	33.24	200m:	2:10.11	32.86	300m:	3:15.08	32.29	400m:	4:18.55	31.67
29.	Jankiewicz Szymon				09	MKP Szczecin				<b>4:20.07</b>	605	
	50m:	29.33	29.33	150m:	1:34.43	33.09	250m:	2:40.80	33.23	350m:	3:47.68	33.60
	100m:	1:01.34	32.01	200m:	2:07.57	33.14	300m:	3:14.08	33.28	400m:	4:20.07	32.39
30.	Ignatenko Mykola				11	CSiR MOS D browa Grn.				<b>4:21.02</b>	598	
	50m:	29.96	29.96	150m:	1:35.57	33.23	250m:	2:41.73	33.42	350m:	3:48.02	32.91
	100m:	1:02.34	32.38	200m:	2:08.31	32.74	300m:	3:15.11	33.38	400m:	4:21.02	33.00
31.	Kowalski Adrian				10	SMS Galicja Kraków				<b>4:21.51</b>	595	
	50m:	28.67	28.67	150m:	1:34.18	33.68	250m:	2:41.61	33.87	350m:	3:49.28	33.91
	100m:	1:00.50	31.83	200m:	2:07.74	33.56	300m:	3:15.37	33.76	400m:	4:21.51	32.23
32.	Trznadel Szymon				09	Feniks D bica				<b>4:22.21</b>	590	
	50m:	28.72	28.72	150m:	1:34.64	33.30	250m:	2:41.83	33.63	350m:	3:49.60	33.65
	100m:	1:01.34	32.62	200m:	2:08.20	33.56	300m:	3:15.95	34.12	400m:	4:22.21	32.61



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Konkurencja 14, M czyn, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
33.	widrak Kacper					09	Unia O wi cim				<b>4:23.48</b>	581
	50m:	28.18	28.18	150m:	1:35.25	34.46	250m:	2:44.17	34.43	350m:	3:51.95	33.13
	100m:	1:00.79	32.61	200m:	2:09.74	34.49	300m:	3:18.82	34.65	400m:	4:23.48	31.53
34.	Dawidowicz Konrad					10	GIM 92 Ursynów Warszawa				<b>4:24.38</b>	575
	50m:	30.62	30.62	150m:	1:36.71	33.33	250m:	2:44.05	33.47	350m:	3:51.72	33.46
	100m:	1:03.38	32.76	200m:	2:10.58	33.87	300m:	3:18.26	34.21	400m:	4:24.38	32.66
35.	Ł dka Gabriel					08	SMS Galicja Kraków				<b>4:24.77</b>	573
	50m:	29.73	29.73	150m:	1:36.21	33.74	250m:	2:44.39	34.14	350m:	3:53.50	34.37
	100m:	1:02.47	32.74	200m:	2:10.25	34.04	300m:	3:19.13	34.74	400m:	4:24.77	31.27
36.	Gajos Łukasz					08	Pałac Młodzie y Katowice				<b>4:25.23</b>	570
	50m:	30.21	30.21	150m:	1:36.75	33.43	250m:	2:43.82	33.72	350m:	3:51.60	33.09
	100m:	1:03.32	33.11	200m:	2:10.10	33.35	300m:	3:18.51	34.69	400m:	4:25.23	33.63
37.	Skłodowski Jan					11	Jedynka Łód				<b>4:25.30</b>	569
	50m:	29.41	29.41	150m:	1:36.20	33.99	250m:	2:44.16	34.11	350m:	3:52.36	33.81
	100m:	1:02.21	32.80	200m:	2:10.05	33.85	300m:	3:18.55	34.39	400m:	4:25.30	32.94
38.	Prokop Wojciech					11	MKP Szczecin				<b>4:25.44</b>	569
	50m:	30.01	30.01	150m:	1:36.76	33.96	250m:	2:45.51	34.52	350m:	3:53.03	33.28
	100m:	1:02.80	32.79	200m:	2:10.99	34.23	300m:	3:19.75	34.24	400m:	4:25.44	32.41
39.	Tomczyk Dawid					08	Górnik Sosnowiec				<b>4:25.50</b>	568
	50m:	29.47	29.47	150m:	1:35.15	33.72	250m:	2:43.21	34.29	350m:	3:52.11	34.65
	100m:	1:01.43	31.96	200m:	2:08.92	33.77	300m:	3:17.46	34.25	400m:	4:25.50	33.39
40.	Kociotek Leon					09	Nika Sport Team Kraków				<b>4:25.52</b>	568
	50m:	28.92	28.92	150m:	1:34.71	33.39	250m:	2:42.93	34.44	350m:	3:52.37	34.86
	100m:	1:01.32	32.40	200m:	2:08.49	33.78	300m:	3:17.51	34.58	400m:	4:25.52	33.15
41.	Szwedzki Jakub					00	Trójka Łód				<b>4:25.64</b>	567
	50m:	30.32	30.32	150m:	1:38.13	34.52	250m:	2:46.10	33.41	350m:	3:53.68	33.89
	100m:	1:03.61	33.29	200m:	2:12.69	34.56	300m:	3:19.79	33.69	400m:	4:25.64	31.96
42.	Bielecki Konrad					10	Delfin Gdynia				<b>4:26.77</b>	560
	50m:	29.32	29.32	150m:	1:35.95	33.78	250m:	2:44.11	34.28	350m:	3:53.05	34.25
	100m:	1:02.17	32.85	200m:	2:09.83	33.88	300m:	3:18.80	34.69	400m:	4:26.77	33.72
43.	Koperski Borys					11	Fala Niepor t				<b>4:26.85</b>	560
	50m:	29.53	29.53	150m:	1:37.94	34.59	250m:	2:46.32	34.43	350m:	3:54.43	33.80
	100m:	1:03.35	33.82	200m:	2:11.89	33.95	300m:	3:20.63	34.31	400m:	4:26.85	32.42
44.	Preg Kajetan					09	Sikret Gliwice				<b>4:28.24</b>	551
	50m:	30.51	30.51	150m:	1:38.75	34.94	250m:	2:48.11	34.47	350m:	3:56.34	33.38
	100m:	1:03.81	33.30	200m:	2:13.64	34.89	300m:	3:22.96	34.85	400m:	4:28.24	31.90
45.	Kurzawa Igor					10	CKS-SMS Szczecin				<b>4:28.68</b>	548
	50m:	29.25	29.25	150m:	1:36.52	33.92	250m:	2:46.42	35.26	350m:	3:55.85	34.15
	100m:	1:02.60	33.35	200m:	2:11.16	34.64	300m:	3:21.70	35.28	400m:	4:28.68	32.83
46.	Płuciennikowski Jan					12	Trójka Łód				<b>4:28.72</b>	548
	50m:	29.32	29.32	150m:	1:37.61	34.90	250m:	2:46.52	35.01	350m:	3:55.66	33.79
	100m:	1:02.71	33.39	200m:	2:11.51	33.90	300m:	3:21.87	35.35	400m:	4:28.72	33.06
47.	Sauk Jakub					11	Jedno 32 Przyszowice				<b>4:29.02</b>	546
	50m:	30.70	30.70	150m:	1:38.72	34.43	250m:	2:47.47	34.53	350m:	3:56.67	34.73
	100m:	1:04.29	33.59	200m:	2:12.94	34.22	300m:	3:21.94	34.47	400m:	4:29.02	32.35
48.	Tosik Filip					10	Olimpijczyk Aleksandrów Ł.				<b>4:29.10</b>	546
	50m:	29.54	29.54	150m:	1:37.72	34.39	250m:	2:47.46	34.84	350m:	3:56.49	34.44
	100m:	1:03.33	33.79	200m:	2:12.62	34.90	300m:	3:22.05	34.59	400m:	4:29.10	32.61
49.	Kochan Mateusz					10	CSiR MOS D browa Grn.				<b>4:29.28</b>	545
	50m:	30.35	30.35	150m:	1:38.84	34.62	250m:	2:48.02	34.44	350m:	3:57.19	34.38
	100m:	1:04.22	33.87	200m:	2:13.58	34.74	300m:	3:22.81	34.79	400m:	4:29.28	32.09

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## Konkurencja 14, M czyn, 400m dowolny, 14 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
50.	Sienkiewicz Ignacy				05	AZS AWF Warszawa				<b>4:29.72</b>	542	
	50m:	30.40	30.40	150m:	1:37.55	33.88	250m:	2:46.95	34.61	350m:	3:56.16	34.57
	100m:	1:03.67	33.27	200m:	2:12.34	34.79	300m:	3:21.59	34.64	400m:	4:29.72	33.56
51.	Romantsov Kyrilo				11	Unia O wi cim				<b>4:29.98</b>	540	
	50m:	30.00	30.00	150m:	1:39.72	35.31	250m:	2:49.62	34.78	350m:	3:57.58	33.45
	100m:	1:04.41	34.41	200m:	2:14.84	35.12	300m:	3:24.13	34.51	400m:	4:29.98	32.40
52.	Papavlachos Alexander				12	Nika Sport Team Kraków				<b>4:30.84</b>	535	
	50m:	28.63	28.63	150m:	1:35.59	34.13	250m:	2:45.70	35.18	350m:	3:56.35	34.97
	100m:	1:01.46	32.83	200m:	2:10.52	34.93	300m:	3:21.38	35.68	400m:	4:30.84	34.49
53.	Kotlewski Hubert				10	Orka Luba				<b>4:31.26</b>	533	
	50m:	29.30	29.30	150m:	1:37.14	34.56	250m:	2:47.51	35.28	350m:	3:57.34	34.36
	100m:	1:02.58	33.28	200m:	2:12.23	35.09	300m:	3:22.98	35.47	400m:	4:31.26	33.92
54.	Gorlach Miłosz				11	Solne Miasto Wieliczka				<b>4:31.42</b>	532	
	50m:	30.10	30.10	150m:	1:39.62	35.14	250m:	2:49.04	34.54	350m:	3:58.50	34.58
	100m:	1:04.48	34.38	200m:	2:14.50	34.88	300m:	3:23.92	34.88	400m:	4:31.42	32.92
55.	Ogórek Mariusz				12	MKP Szczecin				<b>4:31.85</b>	529	
	50m:	30.61	30.61	150m:	1:39.57	34.74	250m:	2:48.61	34.38	350m:	3:58.16	34.56
	100m:	1:04.83	34.22	200m:	2:14.23	34.66	300m:	3:23.60	34.99	400m:	4:31.85	33.69
56.	Drelich Mateusz				09	Trójka Łód				<b>4:32.54</b>	525	
	50m:	31.75	31.75	150m:	1:42.30	35.35	250m:	2:50.74	34.11	350m:	3:58.65	33.83
	100m:	1:06.95	35.20	200m:	2:16.63	34.33	300m:	3:24.82	34.08	400m:	4:32.54	33.89
57.	Rybak Jakub				08	Park Wodny Tarn. Góry				<b>4:32.64</b>	525	
	50m:	30.05	30.05	150m:	1:38.37	34.65	250m:	2:47.97	34.79	350m:	3:58.23	35.09
	100m:	1:03.72	33.67	200m:	2:13.18	34.81	300m:	3:23.14	35.17	400m:	4:32.64	34.41
58.	Oczkowicz Mikołaj				06	Olimpijczyk Kraków				<b>4:33.50</b>	520	
	50m:	29.59	29.59	150m:	1:36.53	34.22	250m:	2:47.89	35.93	350m:	3:59.19	35.37
	100m:	1:02.31	32.72	200m:	2:11.96	35.43	300m:	3:23.82	35.93	400m:	4:33.50	34.31
59.	Królikowski Mateusz				10	Ikar Stal Mielec				<b>4:33.75</b>	518	
	50m:	29.92	29.92	150m:	1:39.33	35.49	250m:	2:50.89	35.80	350m:	4:01.34	34.83
	100m:	1:03.84	33.92	200m:	2:15.09	35.76	300m:	3:26.51	35.62	400m:	4:33.75	32.41
60.	Joszko Artur				10	SMS Galicja Kraków				<b>4:34.71</b>	513	
	50m:	31.13	31.13	150m:	1:38.75	34.03	250m:	2:48.86	35.57	350m:	4:00.52	36.14
	100m:	1:04.72	33.59	200m:	2:13.29	34.54	300m:	3:24.38	35.52	400m:	4:34.71	34.19
61.	Dorociak Franciszek				10	Korona 1919 Kraków				<b>4:34.76</b>	513	
	50m:	31.14	31.14	150m:	1:41.20	35.24	250m:	2:51.42	34.95	350m:	4:01.18	34.56
	100m:	1:05.96	34.82	200m:	2:16.47	35.27	300m:	3:26.62	35.20	400m:	4:34.76	33.58
62.	Majerski Paweł				10	SMS Galicja Kraków				<b>4:34.95</b>	512	
	50m:	30.30	30.30	150m:	1:41.13	35.76	250m:	2:52.56	35.61	350m:	4:02.25	33.83
	100m:	1:05.37	35.07	200m:	2:16.95	35.82	300m:	3:28.42	35.86	400m:	4:34.95	32.70
63.	Dzie a Antoni				12	Manta Kochłowice Ruda I.				<b>4:35.17</b>	510	
	50m:	31.27	31.27	150m:	1:40.55	34.78	250m:	2:49.57	34.50	350m:	4:00.55	35.64
	100m:	1:05.77	34.50	200m:	2:15.07	34.52	300m:	3:24.91	35.34	400m:	4:35.17	34.62
64.	Nitecki Adam				11	MKS Piaseczno				<b>4:35.53</b>	508	
	50m:	31.28	31.28	150m:	1:40.98	34.84	250m:	2:51.88	34.89	350m:	4:01.96	34.78
	100m:	1:06.14	34.86	200m:	2:16.99	36.01	300m:	3:27.18	35.30	400m:	4:35.53	33.57
65.	Mendakiewicz Mikołaj				11	UKS 190 Łód				<b>4:35.80</b>	507	
	50m:	31.07	31.07	150m:	1:39.64	34.81	250m:	2:49.99	35.09	350m:	4:00.75	35.27
	100m:	1:04.83	33.76	200m:	2:14.90	35.26	300m:	3:25.48	35.49	400m:	4:35.80	35.05
66.	Miler Mateusz				10	CKS-SMS Szczecin				<b>4:35.89</b>	506	
	50m:	31.30	31.30	150m:	1:40.75	35.29	250m:	2:51.93	35.91	350m:	4:02.52	35.23
	100m:	1:05.46	34.16	200m:	2:16.02	35.27	300m:	3:27.29	35.36	400m:	4:35.89	33.37

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Pozycja					Rok ur.					Czas	Pkt.	
67.	Steier Michał				10	Unia O wicim				<b>4:36.15</b>	505	
	50m:	31.17	31.17	150m:	1:41.56	35.60	250m:	2:51.91	35.11	350m:	4:02.95	35.26
	100m:	1:05.96	34.79	200m:	2:16.80	35.24	300m:	3:27.69	35.78	400m:	4:36.15	33.20
68.	Gawro ski Kacper				10	Unia O wicim				<b>4:36.28</b>	504	
	50m:	31.10	31.10	150m:	1:41.78	35.74	250m:	2:51.93	34.78	350m:	4:02.59	35.27
	100m:	1:06.04	34.94	200m:	2:17.15	35.37	300m:	3:27.32	35.39	400m:	4:36.28	33.69
69.	Kumar Ryan				10	Akademia SMS Racibórz				<b>4:36.34</b>	504	
	50m:	29.44	29.44	150m:	1:38.87	35.06	250m:	2:49.83	35.70	350m:	4:01.50	35.87
	100m:	1:03.81	34.37	200m:	2:14.13	35.26	300m:	3:25.63	35.80	400m:	4:36.34	34.84
70.	Wieczorek Aleksander				10	MKP Szczecin				<b>4:36.46</b>	503	
	50m:	31.48	31.48	150m:	1:42.96	36.03	250m:	2:54.49	35.65	350m:	4:04.81	34.85
	100m:	1:06.93	35.45	200m:	2:18.84	35.88	300m:	3:29.96	35.47	400m:	4:36.46	31.65
71.	Dominek Michał				11	Nika Sport Team Kraków				<b>4:36.78</b>	501	
	50m:	29.58	29.58	150m:	1:37.68	35.09	250m:	2:48.18	35.90	350m:	4:00.97	36.69
	100m:	1:02.59	33.01	200m:	2:12.28	34.60	300m:	3:24.28	36.10	400m:	4:36.78	35.81
72.	Palkij Filip				09	Górnik Sosnowiec				<b>4:37.99</b>	495	
	50m:	30.74	30.74	150m:	1:40.09	35.35	250m:	2:51.51	35.92	350m:	4:03.64	35.94
	100m:	1:04.74	34.00	200m:	2:15.59	35.50	300m:	3:27.70	36.19	400m:	4:37.99	34.35
73.	Pietrych Igor				10	GIM 92 Ursynów Warszawa				<b>4:38.23</b>	494	
	50m:	29.81	29.81	150m:	1:38.47	35.42	250m:	2:50.23	36.25	350m:	4:03.36	36.27
	100m:	1:03.05	33.24	200m:	2:13.98	35.51	300m:	3:27.09	36.86	400m:	4:38.23	34.87
74.	Spadło Krzysztof				09	Huragan Sosnowiec				<b>4:41.32</b>	478	
	50m:	31.42	31.42	150m:	1:42.23	36.18	250m:	2:55.38	37.05	350m:	4:07.27	35.25
	100m:	1:06.05	34.63	200m:	2:18.33	36.10	300m:	3:32.02	36.64	400m:	4:41.32	34.05
75.	Pawlak Mateusz				12	UKS 190 Łódź				<b>4:41.87</b>	475	
	50m:	32.73	32.73	150m:	1:44.88	36.40	250m:	2:56.29	35.39	350m:		
	100m:	1:08.48	35.75	200m:	2:20.90	36.02	300m:	3:32.16	35.87	400m:	4:41.87	
76.	Skibi ski Szymon				10	MKP Szczecin				<b>4:42.07</b>	474	
	50m:	31.79	31.79	150m:	1:41.55	35.00	250m:	2:53.61	36.13	350m:	4:06.47	36.35
	100m:	1:06.55	34.76	200m:	2:17.48	35.93	300m:	3:30.12	36.51	400m:	4:42.07	35.60
77.	Kryza Filip				09	Unia O wicim				<b>4:42.30</b>	473	
	50m:	30.64	30.64	150m:	1:41.90	35.57	250m:	2:55.37	36.51	350m:	4:08.14	35.44
	100m:	1:06.33	35.69	200m:	2:18.86	36.96	300m:	3:32.70	37.33	400m:	4:42.30	34.16
78.	Hubacz Mateusz				11	Kormoran Olsztyn				<b>4:42.53</b>	471	
	50m:	31.06	31.06	150m:	1:42.22	35.90	250m:	2:55.46	36.61	350m:	4:07.92	35.40
	100m:	1:06.32	35.26	200m:	2:18.85	36.63	300m:	3:32.52	37.06	400m:	4:42.53	34.61
79.	Maszewski Mikołaj				06	Nawa Skierniewice				<b>4:42.64</b>	471	
	50m:	30.98	30.98	150m:	1:42.66	35.99	250m:	2:55.93	36.29	350m:	4:08.63	36.29
	100m:	1:06.67	35.69	200m:	2:19.64	36.98	300m:	3:32.34	36.41	400m:	4:42.64	34.01
80.	Kapka Mikołaj				12	CSiR MOS D browa Grn.				<b>4:43.42</b>	467	
	50m:	31.70	31.70	150m:	1:42.88	36.22	250m:	2:56.22	36.74	350m:	4:08.81	36.04
	100m:	1:06.66	34.96	200m:	2:19.48	36.60	300m:	3:32.77	36.55	400m:	4:43.42	34.61
81.	Wójcicki Xavier				12	Trójka Łódź				<b>4:43.50</b>	467	
	50m:	32.04	32.04	150m:	1:43.24	35.92	250m:	2:55.54	36.16	350m:	4:08.62	36.41
	100m:	1:07.32	35.28	200m:	2:19.38	36.14	300m:	3:32.21	36.67	400m:	4:43.50	34.88
82.	Wo ny Julian				11	Just Swim Beavers J. Góra				<b>4:43.52</b>	466	
	50m:	32.48	32.48	150m:	1:43.88	36.24	250m:	2:57.16	36.67	350m:	4:09.90	36.23
	100m:	1:07.64	35.16	200m:	2:20.49	36.61	300m:	3:33.67	36.51	400m:	4:43.52	33.62
83.	D browski Jakub				10	Park Wodny Tarn. Góry				<b>4:43.73</b>	465	
	50m:	31.12	31.12	150m:	1:42.39	36.29	250m:	2:56.84	37.58	350m:	4:09.91	36.06
	100m:	1:06.10	34.98	200m:	2:19.26	36.87	300m:	3:33.85	37.01	400m:	4:43.73	33.82



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Pozycja					Rok ur.					Czas	Pkt.	
84.	Skłodowski Stanisław				12	Jedynka Łód				<b>4:44.01</b>	464	
	50m:	31.00	31.00	150m:	1:43.29	36.60	250m:	2:56.52	36.81	350m:	4:08.84	36.00
	100m:	1:06.69	35.69	200m:	2:19.71	36.42	300m:	3:32.84	36.32	400m:	4:44.01	35.17
85.	Ry Tymon				02	AGH Kraków				<b>4:44.08</b>	464	
	50m:	31.08	31.08	150m:	1:42.00	36.25	250m:	2:55.74	37.44	350m:	4:09.60	36.76
	100m:	1:05.75	34.67	200m:	2:18.30	36.30	300m:	3:32.84	37.10	400m:	4:44.08	34.48
86.	Targiel Tomasz				10	Olimpijczyk Kraków				<b>4:44.17</b>	463	
	50m:	32.13	32.13	150m:	1:44.37	36.54	250m:	2:57.67	36.38	350m:	4:10.33	35.96
	100m:	1:07.83	35.70	200m:	2:21.29	36.92	300m:	3:34.37	36.70	400m:	4:44.17	33.84
87.	Joniak Marcel				11	MKP Szczecin				<b>4:44.88</b>	460	
	50m:	31.81	31.81	150m:	1:42.32	35.82	250m:	2:55.25	36.73	350m:	4:09.00	36.51
	100m:	1:06.50	34.69	200m:	2:18.52	36.20	300m:	3:32.49	37.24	400m:	4:44.88	35.88
88.	Robakiewicz Kacper				11	CSiR MOS D browa Grn.				<b>4:45.36</b>	457	
	50m:	31.14	31.14	150m:	1:42.87	36.67	250m:	2:56.51	36.86	350m:	4:10.35	37.14
	100m:	1:06.20	35.06	200m:	2:19.65	36.78	300m:	3:33.21	36.70	400m:	4:45.36	35.01
89.	Ostaszewski Szymon				10	GIM 92 Ursynów Warszawa				<b>4:45.67</b>	456	
	50m:	30.10	30.10	150m:	1:39.69	35.61	250m:	2:53.60	36.96	350m:	4:08.24	37.11
	100m:	1:04.08	33.98	200m:	2:16.64	36.95	300m:	3:31.13	37.53	400m:	4:45.67	37.43
90.	Teper Franciszek				12	Solne Miasto Wieliczka				<b>4:45.93</b>	455	
	50m:	31.57	31.57	150m:	1:45.77	37.98	250m:	2:59.79	36.77	350m:	4:12.38	35.63
	100m:	1:07.79	36.22	200m:	2:23.02	37.25	300m:	3:36.75	36.96	400m:	4:45.93	33.55
91.	Grudzie Jakub				12	CSiR MOS D browa Grn.				<b>4:47.45</b>	448	
	50m:	31.84	31.84	150m:	1:44.73	37.63	250m:	2:59.22	36.03	350m:	4:11.41	34.59
	100m:	1:07.10	35.26	200m:	2:23.19	38.46	300m:	3:36.82	37.60	400m:	4:47.45	36.04
92.	Karasz Wojciech				11	Manta Kochłowice Ruda I.				<b>4:48.72</b>	442	
	50m:	31.85	31.85	150m:	1:43.98	36.66	250m:	2:59.54	37.40	350m:	4:13.99	37.16
	100m:	1:07.32	35.47	200m:	2:22.14	38.16	300m:	3:36.83	37.29	400m:	4:48.72	34.73
93.	Szyma ski Maksymilian				11	Korona 1919 Kraków				<b>4:49.06</b>	440	
	50m:	32.34	32.34	150m:	1:44.83	36.92	250m:	2:59.74	37.80	350m:	4:14.15	36.77
	100m:	1:07.91	35.57	200m:	2:21.94	37.11	300m:	3:37.38	37.64	400m:	4:49.06	34.91
94.	Dziekan Igor				11	Górnik Sosnowiec				<b>4:49.14</b>	440	
	50m:	31.64	31.64	150m:	1:44.29	36.78	250m:	2:59.26	37.80	350m:	4:14.33	37.71
	100m:	1:07.51	35.87	200m:	2:21.46	37.17	300m:	3:36.62	37.36	400m:	4:49.14	34.81
95.	Fojt Wiktor				10	UKP Ruda I ska				<b>4:50.03</b>	436	
	50m:	30.96	30.96	150m:	1:42.46	36.55	250m:	2:57.36	38.00	350m:	4:12.61	37.01
	100m:	1:05.91	34.95	200m:	2:19.36	36.90	300m:	3:35.60	38.24	400m:	4:50.03	37.42
96.	Sobkowicz Piotr				11	Manta Kochłowice Ruda I.				<b>4:50.19</b>	435	
	50m:	31.53	31.53	150m:	1:46.20	38.16	250m:	3:00.86	37.43	350m:	4:14.90	36.87
	100m:	1:08.04	36.51	200m:	2:23.43	37.23	300m:	3:38.03	37.17	400m:	4:50.19	35.29
97.	Rac Mikołaj				12	Kormoran Olsztyn				<b>4:51.39</b>	430	
	50m:	32.64	32.64	150m:	1:44.88	36.50	250m:	2:59.74	37.76	350m:	4:15.52	37.58
	100m:	1:08.38	35.74	200m:	2:21.98	37.10	300m:	3:37.94	38.20	400m:	4:51.39	35.87
98.	Ma kowiak Mateusz				11	UKS V Łomianki				<b>4:51.52</b>	429	
	50m:	30.13	30.13	150m:	1:43.43	38.23	250m:	3:01.31	39.25	350m:	4:17.98	37.97
	100m:	1:05.20	35.07	200m:	2:22.06	38.63	300m:	3:40.01	38.70	400m:	4:51.52	33.54
99.	Lasek Tomasz				11	Swim2Win Krosno				<b>4:53.16</b>	422	
	50m:	32.05	32.05	150m:	1:44.41	37.18	250m:	2:59.83	37.91	350m:	4:16.17	38.54
	100m:	1:07.23	35.18	200m:	2:21.92	37.51	300m:	3:37.63	37.80	400m:	4:53.16	36.99
100.	Lustiuk Danyło				12	UKS Zespołu SMS Zielona Góra				<b>4:56.97</b>	406	
	50m:	32.65	32.65	150m:	1:45.86	37.11	250m:	3:01.89	38.50	350m:	4:19.84	39.42
	100m:	1:08.75	36.10	200m:	2:23.39	37.53	300m:	3:40.42	38.53	400m:	4:56.97	37.13



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Pozycja			Rok ur.					Czas	Pkt.			
101.	Wdowiak Jakub		12	CSiR MOS D browa Grn.				<b>4:57.77</b>	403			
	50m:	33.25	33.25	150m:	1:47.44	37.88	250m:	3:01.79	37.16	350m:	4:19.00	38.99
	100m:	1:09.56	36.31	200m:	2:24.63	37.19	300m:	3:40.01	38.22	400m:	4:57.77	38.77
102.	K dziora Wiktor		10	Fala Niepołomice				<b>4:58.09</b>	401			
	50m:	32.66	32.66	150m:	1:50.57	39.87	250m:	3:09.12	39.31	350m:	4:25.10	37.02
	100m:	1:10.70	38.04	200m:	2:29.81	39.24	300m:	3:48.08	38.96	400m:	4:58.09	32.99
103.	Rupi ski Filip		11	Nawa Skierniewice				<b>4:59.11</b>	397			
	50m:	32.21	32.21	150m:	1:47.52	38.17	250m:	3:05.79	38.86	350m:	4:22.56	37.61
	100m:	1:09.35	37.14	200m:	2:26.93	39.41	300m:	3:44.95	39.16	400m:	4:59.11	36.55
104.	Wanik Michał		12	Dragon Sosnowiec				<b>4:59.96</b>	394			
	50m:	32.98	32.98	150m:	1:50.68	39.75	250m:	3:09.52	39.49	350m:	4:25.21	37.57
	100m:	1:10.93	37.95	200m:	2:30.03	39.35	300m:	3:47.64	38.12	400m:	4:59.96	34.75
105.	Tymoczko Oskar		10	Swim Team MOSiR K dzierzyn-K.				<b>5:04.14</b>	378			
	50m:	30.96	30.96	150m:	1:45.65	38.67	250m:	3:05.42	40.47	350m:	4:25.47	39.95
	100m:	1:06.98	36.02	200m:	2:24.95	39.30	300m:	3:45.52	40.10	400m:	5:04.14	38.67