



Ministerstwo  
Sportu i Turystyki



PGE Grand Prix Puchar Polski  
O wi cizm, 13 - 15/3/2026

Konkurencja 141  
14/3/2026 - 18:52

M czyzn, 400m dowolny

400m dowolny Finał 1  
Wyniki

Minimum Kwalifikacyjne A ME Seniorów Pary : 3:50.43 / Minimum Kwalifikacyjne B ME Seniorów Pary - 19: 3:52.71

Punkty: AQUA 2026

| Pozycja |                    |       |       |       | Rok ur. |                                |       |         |       | Czas           | Pkt.    |       |
|---------|--------------------|-------|-------|-------|---------|--------------------------------|-------|---------|-------|----------------|---------|-------|
| 1.      | Hebel Maciej       |       |       |       | 05      | AZS AWF Katowice               |       |         |       | <b>3:59.15</b> | 778     |       |
|         | 50m:               | 27.47 | 27.47 | 150m: | 1:27.76 | 30.47                          | 250m: | 2:28.31 | 30.07 | 350m:          | 3:28.81 | 30.38 |
|         | 100m:              | 57.29 | 29.82 | 200m: | 1:58.24 | 30.48                          | 300m: | 2:58.43 | 30.12 | 400m:          | 3:59.15 | 30.34 |
| 2.      | Bluj Aleksander    |       |       |       | 09      | GIM 92 Ursynów Warszawa        |       |         |       | <b>3:59.39</b> | 775     |       |
|         | 50m:               | 27.41 | 27.41 | 150m: | 1:27.87 | 30.78                          | 250m: | 2:29.24 | 30.34 | 350m:          | 3:30.74 | 30.55 |
|         | 100m:              | 57.09 | 29.68 | 200m: | 1:58.90 | 31.03                          | 300m: | 3:00.19 | 30.95 | 400m:          | 3:59.39 | 28.65 |
| 3.      | Radzikowski Szymon |       |       |       | 08      | I sk Wrocław                   |       |         |       | <b>4:00.71</b> | 763     |       |
|         | 50m:               | 27.18 | 27.18 | 150m: | 1:27.98 | 30.65                          | 250m: | 2:29.56 | 30.49 | 350m:          | 3:30.95 | 30.28 |
|         | 100m:              | 57.33 | 30.15 | 200m: | 1:59.07 | 31.09                          | 300m: | 3:00.67 | 31.11 | 400m:          | 4:00.71 | 29.76 |
| 4.      | Kaczmarek Mikołaj  |       |       |       | 11      | GIM 92 Ursynów Warszawa        |       |         |       | <b>4:03.00</b> | 741     |       |
|         | 50m:               | 27.76 | 27.76 | 150m: | 1:29.25 | 31.06                          | 250m: | 2:31.37 | 31.22 | 350m:          | 3:33.44 | 31.00 |
|         | 100m:              | 58.19 | 30.43 | 200m: | 2:00.15 | 30.90                          | 300m: | 3:02.44 | 31.07 | 400m:          | 4:03.00 | 29.56 |
| 5.      | Radkiewicz Kajetan |       |       |       | 05      | AZS Uniwersytetu Warszawskiego |       |         |       | <b>4:04.02</b> | 732     |       |
|         | 50m:               | 27.40 | 27.40 | 150m: | 1:29.04 | 31.33                          | 250m: | 2:31.93 | 31.51 | 350m:          | 3:33.99 | 31.02 |
|         | 100m:              | 57.71 | 30.31 | 200m: | 2:00.42 | 31.38                          | 300m: | 3:02.97 | 31.04 | 400m:          | 4:04.02 | 30.03 |
| 6.      | Wiraszka Piotr     |       |       |       | 09      | GIM 92 Ursynów Warszawa        |       |         |       | <b>4:04.15</b> | 731     |       |
|         | 50m:               | 27.59 | 27.59 | 150m: | 1:28.80 | 31.07                          | 250m: | 2:31.39 | 31.08 | 350m:          | 3:33.87 | 30.90 |
|         | 100m:              | 57.73 | 30.14 | 200m: | 2:00.31 | 31.51                          | 300m: | 3:02.97 | 31.58 | 400m:          | 4:04.15 | 30.28 |
| 7.      | Major Erik         |       |       |       | 07      | Park Wodny Tarn. Góry          |       |         |       | <b>4:05.06</b> | 723     |       |
|         | 50m:               | 28.04 | 28.04 | 150m: | 1:29.82 | 31.26                          | 250m: | 2:32.56 | 31.68 | 350m:          | 3:35.35 | 31.31 |
|         | 100m:              | 58.56 | 30.52 | 200m: | 2:00.88 | 31.06                          | 300m: | 3:04.04 | 31.48 | 400m:          | 4:05.06 | 29.71 |
| 8.      | Janiszewski Fabian |       |       |       | 09      | UKS 190 Łód                    |       |         |       | <b>4:06.37</b> | 711     |       |
|         | 50m:               | 28.11 | 28.11 | 150m: | 1:29.70 | 31.25                          | 250m: | 2:32.63 | 31.58 | 350m:          | 3:35.94 | 31.62 |
|         | 100m:              | 58.45 | 30.34 | 200m: | 2:01.05 | 31.35                          | 300m: | 3:04.32 | 31.69 | 400m:          | 4:06.37 | 30.43 |