



Ministerstwo  
Sportu i Turystyki



PGE Grand Prix Puchar Polski  
O wi cim, 13 - 15/3/2026

Konkurencja 272  
15/3/2026 - 17:42

Dziewcz t, 400m dowolny

400m dowolny Finał 2  
Wyniki

Minimum Kwalifikacyjne A ME Seniorów Pary Open: 4:12.73 / Minimum Kwalifikacyjne B ME Seniorów Pary - 19: 4:15.23

Punkty: AQUA 2026

Pozycja					Rok ur.					Czas	Pkt.	
1.	Nikiel Emilia				11	Park Wodny Tarn. Góry				<b>4:36.71</b>	606	
	50m:	32.21	32.21	150m:	1:42.74	35.55	250m:	2:53.41	35.38	350m:	4:03.78	35.19
	100m:	1:07.19	34.98	200m:	2:18.03	35.29	300m:	3:28.59	35.18	400m:	4:36.71	32.93
2.	Oko Anna				09	Jedno 32 Przyszowice				<b>4:37.01</b>	604	
	50m:	31.44	31.44	150m:	1:40.69	35.10	250m:	2:51.92	35.68	350m:	4:03.41	35.67
	100m:	1:05.59	34.15	200m:	2:16.24	35.55	300m:	3:27.74	35.82	400m:	4:37.01	33.60
3.	Karkocha Gabriela				09	Unia O wi cim				<b>4:37.04</b>	603	
	50m:	30.92	30.92	150m:	1:39.31	34.54	250m:	2:49.75	34.99	350m:	4:01.82	35.83
	100m:	1:04.77	33.85	200m:	2:14.76	35.45	300m:	3:25.99	36.24	400m:	4:37.04	35.22
4.	Pietuch Antonina				10	AZS AWF Warszawa				<b>4:39.01</b>	591	
	50m:	30.66	30.66	150m:	1:40.00	35.49	250m:	2:52.14	36.26	350m:	4:04.48	36.07
	100m:	1:04.51	33.85	200m:	2:15.88	35.88	300m:	3:28.41	36.27	400m:	4:39.01	34.53
5.	Wieczorek Michalina				09	Unia O wi cim				<b>4:39.18</b>	590	
	50m:	32.28	32.28	150m:	1:43.11	35.88	250m:	2:54.94	36.13	350m:	4:06.07	35.41
	100m:	1:07.23	34.95	200m:	2:18.81	35.70	300m:	3:30.66	35.72	400m:	4:39.18	33.11
6.	Kryzstof Alicja				12	Kormoran Olsztyn				<b>4:40.09</b>	584	
	50m:	31.36	31.36	150m:	1:42.84	36.31	250m:	2:54.01	35.29	350m:	4:05.86	35.90
	100m:	1:06.53	35.17	200m:	2:18.72	35.88	300m:	3:29.96	35.95	400m:	4:40.09	34.23
7.	Mosiakina Sofia				08	Unia O wi cim				<b>4:42.63</b>	568	
	50m:	32.60	32.60	150m:	1:43.90	36.12	250m:	2:56.28	36.53	350m:	4:08.14	36.19
	100m:	1:07.78	35.18	200m:	2:19.75	35.85	300m:	3:31.95	35.67	400m:	4:42.63	34.49
8.	Hajder Hanna				09	Delfin Toru				<b>4:54.11</b>	504	
	50m:	32.40	32.40	150m:	1:44.71	37.06	250m:	3:00.27	37.96	350m:	4:16.96	38.33
	100m:	1:07.65	35.25	200m:	2:22.31	37.60	300m:	3:38.63	38.36	400m:	4:54.11	37.15