



Ministerstwo
Sportu i Turystyki



PGE Grand Prix Puchar Polski
O wi cim, 13 - 15/3/2026

Konkurencja 3
13/3/2026 - 17:57

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Minimum Kwalifikacyjne A ME Seniorów Pary Open: 4:45.89 / Minimum Kwalifikacyjne B ME Seniorów Pary - 19: 4:48.72

Punkty: AQUA 2026

Pozycja					Rok ur.					Czas	Pkt.	
1.	Knop Aleksandra				03	UKS 190 Łód				4:47.58	770	
	50m:	30.10	30.10	150m:	1:40.40	36.49	250m:	2:58.67	42.71	350m:	4:15.19	33.12
	100m:	1:03.91	33.81	200m:	2:15.96	35.56	300m:	3:42.07	43.40	400m:	4:47.58	32.39
2.	Gu Wiktoria				04	MKP Szczecin				5:01.78	666	
	50m:	31.43	31.43	150m:	1:47.68	39.68	250m:	3:08.16	42.30	350m:	4:27.63	35.61
	100m:	1:08.00	36.57	200m:	2:25.86	38.18	300m:	3:52.02	43.86	400m:	5:01.78	34.15
3.	Gli ska Oliwia				07	TP Zielona Góra				5:08.41	624	
	50m:	33.31	33.31	150m:	1:49.53	38.63	250m:	3:12.15	45.48	350m:	4:32.92	36.27
	100m:	1:10.90	37.59	200m:	2:26.67	37.14	300m:	3:56.65	44.50	400m:	5:08.41	35.49
4.	Sulak Antonina				06	AZS AWF Katowice				5:10.91	609	
	50m:	32.76	32.76	150m:	1:50.76	40.98	250m:	3:13.63	44.65	350m:	4:35.37	38.13
	100m:	1:09.78	37.02	200m:	2:28.98	38.22	300m:	3:57.24	43.61	400m:	5:10.91	35.54
5.	Kulka Milena				11	CSiR MOS D browa Grn.				5:14.99	586	
	50m:	32.64	32.64	150m:	1:52.92	41.66	250m:	3:18.71	45.10	350m:	4:40.76	36.85
	100m:	1:11.26	38.62	200m:	2:33.61	40.69	300m:	4:03.91	45.20	400m:	5:14.99	34.23
6.	Kokoszka Paulina				11	GIM 92 Ursynów Warszawa				5:16.46	578	
	50m:	32.62	32.62	150m:	1:54.02	42.47	250m:	3:19.86	45.37	350m:	4:42.41	34.99
	100m:	1:11.55	38.93	200m:	2:34.49	40.47	300m:	4:07.42	47.56	400m:	5:16.46	34.05
7.	Kacer Maria				12	BOSiR Brzesko				5:18.37	567	
	50m:	32.74	32.74	150m:	1:52.62	42.86	250m:	3:21.08	46.44	350m:	4:44.30	36.11
	100m:	1:09.76	37.02	200m:	2:34.64	42.02	300m:	4:08.19	47.11	400m:	5:18.37	34.07
8.	Kowalska-Fr czyk Zofia				10	GIM 92 Ursynów Warszawa				5:19.93	559	
	50m:	31.80	31.80	150m:	1:48.71	39.90	250m:	3:17.24	49.39	350m:	4:43.76	38.30
	100m:	1:08.81	37.01	200m:	2:27.85	39.14	300m:	4:05.46	48.22	400m:	5:19.93	36.17
9.	Skrzypczak Natalia				07	Akademia SMS Racibórz				5:20.29	557	
	50m:	33.21	33.21	150m:	1:54.35	42.53	250m:	3:20.76	45.35	350m:	4:43.68	38.25
	100m:	1:11.82	38.61	200m:	2:35.41	41.06	300m:	4:05.43	44.67	400m:	5:20.29	36.61
10.	Balcerzak Barbara				10	Delfin Kozienice				5:24.91	534	
	50m:	32.55	32.55	150m:	1:52.35	42.52	250m:	3:22.59	48.61	350m:	4:48.94	38.11
	100m:	1:09.83	37.28	200m:	2:33.98	41.63	300m:	4:10.83	48.24	400m:	5:24.91	35.97
11.	Rozwadowska Karolina				09	Trójka Łód				5:28.38	517	
	50m:	34.61	34.61	150m:	2:00.26	44.82	250m:	3:27.62	44.65	350m:	4:51.81	39.04
	100m:	1:15.44	40.83	200m:	2:42.97	42.71	300m:	4:12.77	45.15	400m:	5:28.38	36.57
12.	Chałupka Amelia				09	MKS Piaseczno				5:28.59	516	
	50m:	34.06	34.06	150m:	1:57.94	43.36	250m:	3:27.04	47.16	350m:	4:52.74	38.86
	100m:	1:14.58	40.52	200m:	2:39.88	41.94	300m:	4:13.88	46.84	400m:	5:28.59	35.85
13.	Bartniczak Julia				12	MOSM Tychy				5:30.76	506	
	50m:	32.26	32.26	150m:	1:57.70	46.94	250m:	3:29.09	46.21	350m:	4:54.52	38.47
	100m:	1:10.76	38.50	200m:	2:42.88	45.18	300m:	4:16.05	46.96	400m:	5:30.76	36.24
14.	Baniak Pola				09	BOSiR Brzesko				5:36.13	482	
	50m:	34.73	34.73	150m:	2:03.86	45.76	250m:	3:33.02	45.12	350m:	4:58.04	39.39
	100m:	1:18.10	43.37	200m:	2:47.90	44.04	300m:	4:18.65	45.63	400m:	5:36.13	38.09
15.	Maik Maja				10	Manta Kochłowice Ruda I.				5:39.71	467	
	50m:	31.83	31.83	150m:	1:54.86	44.88	250m:	3:30.55	52.08	350m:	5:01.98	39.21
	100m:	1:09.98	38.15	200m:	2:38.47	43.61	300m:	4:22.77	52.22	400m:	5:39.71	37.73



PGE Grand Prix Puchar Polski
O wi cim, 13 - 15/3/2026

Konkurencja 3, Kobiet, 400m zmienny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
16.	Gubała Justyna		09	Solne Miasto Wieliczka				5:40.58	463
	50m:	33.91 33.91	150m:	1:56.52 41.52	250m:	3:29.26 50.79	350m:	5:00.21 40.44	
	100m:	1:15.00 41.09	200m:	2:38.47 41.95	300m:	4:19.77 50.51	400m:	5:40.58 40.37	
17.	Skubis Weronika		12	Omega Olkusz				5:40.93	462
	50m:	34.48 34.48	150m:	2:07.41 45.00	250m:	3:38.32 46.17	350m:	5:05.85 41.42	
	100m:	1:22.41 47.93	200m:	2:52.15 44.74	300m:	4:24.43 46.11	400m:	5:40.93 35.08	
18.	Blukacz Pola		12	Orka Cz stochowa				5:43.03	454
	50m:	33.52 33.52	150m:	2:00.77 47.41	250m:	3:35.52 48.66	350m:	5:04.66 41.21	
	100m:	1:13.36 39.84	200m:	2:46.86 46.09	300m:	4:23.45 47.93	400m:	5:43.03 38.37	
19.	Sado Jagoda		11	Unia O wi cim				5:43.70	451
	50m:	35.88 35.88	150m:	2:00.09 40.61	250m:	3:32.38 53.22	350m:	5:04.69 40.47	
	100m:	1:19.48 43.60	200m:	2:39.16 39.07	300m:	4:24.22 51.84	400m:	5:43.70 39.01	
20.	Toporczyk Zuzanna		12	Ósemka O wi cim				5:57.60	400
	50m:	33.61 33.61	150m:	2:04.25 50.62	250m:	3:42.14 51.01	350m:	5:16.76 42.55	
	100m:	1:13.63 40.02	200m:	2:51.13 46.88	300m:	4:34.21 52.07	400m:	5:57.60 40.84	
21.	Sittek Aleksandra		08	Sikret Gliwice				6:00.74	390
	50m:	34.45 34.45	150m:	2:04.27 47.94	250m:	3:44.36 53.69	350m:	5:18.73 43.28	
	100m:	1:16.33 41.88	200m:	2:50.67 46.40	300m:	4:35.45 51.09	400m:	6:00.74 42.01	
22.	Czapczy ska Zofia		08	Olimpijczyk Kraków				6:03.23	382
	50m:	36.81 36.81	150m:	2:10.09 49.18	250m:	3:48.75 50.11	350m:	5:22.84 43.40	
	100m:	1:20.91 44.10	200m:	2:58.64 48.55	300m:	4:39.44 50.69	400m:	6:03.23 40.39	
23.	Bro ek Milena		10	Wodnik 29 Tychy				6:07.80	368
	50m:	38.58 38.58	150m:	2:12.18 46.56	250m:	3:50.48 52.45	350m:	5:26.09 42.59	
	100m:	1:25.62 47.04	200m:	2:58.03 45.85	300m:	4:43.50 53.02	400m:	6:07.80 41.71	

Konkurencja 3
13/3/2026 - 17:57

Dziewcz t, 400m zmienny

14 - 18 lat
Wyniki

Minimum Kwalifikacyjne A ME Seniorów Pary Open: 4:45.89 / Minimum Kwalifikacyjne B ME Seniorów Pary - 19: 4:48.72

Punkty: AQUA 2026

Pozycja			Rok ur.					Czas	Pkt.
1.	Kulka Milena		11	CSiR MOS D browa Grn.				5:14.99	586
	50m:	32.64 32.64	150m:	1:52.92 41.66	250m:	3:18.71 45.10	350m:	4:40.76 36.85	
	100m:	1:11.26 38.62	200m:	2:33.61 40.69	300m:	4:03.91 45.20	400m:	5:14.99 34.23	
2.	Kokoszka Paulina		11	GIM 92 Ursynów Warszawa				5:16.46	578
	50m:	32.62 32.62	150m:	1:54.02 42.47	250m:	3:19.86 45.37	350m:	4:42.41 34.99	
	100m:	1:11.55 38.93	200m:	2:34.49 40.47	300m:	4:07.42 47.56	400m:	5:16.46 34.05	
3.	Kacer Maria		12	BOSiR Brzesko				5:18.37	567
	50m:	32.74 32.74	150m:	1:52.62 42.86	250m:	3:21.08 46.44	350m:	4:44.30 36.11	
	100m:	1:09.76 37.02	200m:	2:34.64 42.02	300m:	4:08.19 47.11	400m:	5:18.37 34.07	
4.	Kowalska-Fr czyk Zofia		10	GIM 92 Ursynów Warszawa				5:19.93	559
	50m:	31.80 31.80	150m:	1:48.71 39.90	250m:	3:17.24 49.39	350m:	4:43.76 38.30	
	100m:	1:08.81 37.01	200m:	2:27.85 39.14	300m:	4:05.46 48.22	400m:	5:19.93 36.17	
5.	Balcerzak Barbara		10	Delfin Koziencie				5:24.91	534
	50m:	32.55 32.55	150m:	1:52.35 42.52	250m:	3:22.59 48.61	350m:	4:48.94 38.11	
	100m:	1:09.83 37.28	200m:	2:33.98 41.63	300m:	4:10.83 48.24	400m:	5:24.91 35.97	
6.	Rozwadowska Karolina		09	Trójka Łód				5:28.38	517
	50m:	34.61 34.61	150m:	2:00.26 44.82	250m:	3:27.62 44.65	350m:	4:51.81 39.04	
	100m:	1:15.44 40.83	200m:	2:42.97 42.71	300m:	4:12.77 45.15	400m:	5:28.38 36.57	



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O wi cim, 13 - 15/3/2026

Konkurencja 3, Dziewcz t, 400m zmienny, 14 - 18 lat

Pozycja			Rok ur.						Czas	Pkt.		
7.	Chałupka Amelia		09	MKS Piaseczno				5:28.59	516			
	50m:	34.06	34.06	150m:	1:57.94	43.36	250m:	3:27.04	47.16	350m:	4:52.74	38.86
	100m:	1:14.58	40.52	200m:	2:39.88	41.94	300m:	4:13.88	46.84	400m:	5:28.59	35.85
8.	Bartniczak Julia		12	MOSM Tychy				5:30.76	506			
	50m:	32.26	32.26	150m:	1:57.70	46.94	250m:	3:29.09	46.21	350m:	4:54.52	38.47
	100m:	1:10.76	38.50	200m:	2:42.88	45.18	300m:	4:16.05	46.96	400m:	5:30.76	36.24
9.	Baniak Pola		09	BOSiR Brzesko				5:36.13	482			
	50m:	34.73	34.73	150m:	2:03.86	45.76	250m:	3:33.02	45.12	350m:	4:58.04	39.39
	100m:	1:18.10	43.37	200m:	2:47.90	44.04	300m:	4:18.65	45.63	400m:	5:36.13	38.09
10.	Maik Maja		10	Manta Kochłowice Ruda I.				5:39.71	467			
	50m:	31.83	31.83	150m:	1:54.86	44.88	250m:	3:30.55	52.08	350m:	5:01.98	39.21
	100m:	1:09.98	38.15	200m:	2:38.47	43.61	300m:	4:22.77	52.22	400m:	5:39.71	37.73
11.	Gubała Justyna		09	Solne Miasto Wieliczka				5:40.58	463			
	50m:	33.91	33.91	150m:	1:56.52	41.52	250m:	3:29.26	50.79	350m:	5:00.21	40.44
	100m:	1:15.00	41.09	200m:	2:38.47	41.95	300m:	4:19.77	50.51	400m:	5:40.58	40.37
12.	Skubis Weronika		12	Omega Olkusz				5:40.93	462			
	50m:	34.48	34.48	150m:	2:07.41	45.00	250m:	3:38.32	46.17	350m:	5:05.85	41.42
	100m:	1:22.41	47.93	200m:	2:52.15	44.74	300m:	4:24.43	46.11	400m:	5:40.93	35.08
13.	Blukacz Pola		12	Orka Cz stochowa				5:43.03	454			
	50m:	33.52	33.52	150m:	2:00.77	47.41	250m:	3:35.52	48.66	350m:	5:04.66	41.21
	100m:	1:13.36	39.84	200m:	2:46.86	46.09	300m:	4:23.45	47.93	400m:	5:43.03	38.37
14.	Sado Jagoda		11	Unia O wi cim				5:43.70	451			
	50m:	35.88	35.88	150m:	2:00.09	40.61	250m:	3:32.38	53.22	350m:	5:04.69	40.47
	100m:	1:19.48	43.60	200m:	2:39.16	39.07	300m:	4:24.22	51.84	400m:	5:43.70	39.01
15.	Toporczyk Zuzanna		12	Ósemka O wi cim				5:57.60	400			
	50m:	33.61	33.61	150m:	2:04.25	50.62	250m:	3:42.14	51.01	350m:	5:16.76	42.55
	100m:	1:13.63	40.02	200m:	2:51.13	46.88	300m:	4:34.21	52.07	400m:	5:57.60	40.84
16.	Sittek Aleksandra		08	Sikret Gliwice				6:00.74	390			
	50m:	34.45	34.45	150m:	2:04.27	47.94	250m:	3:44.36	53.69	350m:	5:18.73	43.28
	100m:	1:16.33	41.88	200m:	2:50.67	46.40	300m:	4:35.45	51.09	400m:	6:00.74	42.01
17.	Czapczy ska Zofia		08	Olimpijczyk Kraków				6:03.23	382			
	50m:	36.81	36.81	150m:	2:10.09	49.18	250m:	3:48.75	50.11	350m:	5:22.84	43.40
	100m:	1:20.91	44.10	200m:	2:58.64	48.55	300m:	4:39.44	50.69	400m:	6:03.23	40.39
18.	Bro ek Milena		10	Wodnik 29 Tychy				6:07.80	368			
	50m:	38.58	38.58	150m:	2:12.18	46.56	250m:	3:50.48	52.45	350m:	5:26.09	42.59
	100m:	1:25.62	47.04	200m:	2:58.03	45.85	300m:	4:43.50	53.02	400m:	6:07.80	41.71