



Mistrzostwa Polski Juniorów 17-18 lat i Młodzieżowców 19-23 lata
Oświęcim, 16 - 19/7/2026

Konkurencja 6
17/7/2026 - 9:48

Dziewcząt, 400m zmienny

17 - 18 lat
Wyniki Eliminacje

Rekord Polski 18	4:43.39	Baranowska Katarzyna	POL	Debica	20/5/2005
Rekord Polski 17	4:45.13	Szczepaniak Karolina	POL	Rome (ITA)	2/8/2009

Punktury: AQUA 2026

Pozycja	Rok ur.				Czas				Pkt.	
1. Brzozowska Julia	08	AZS UMCS Lublin				5:10.97	609	Q		
50m: 33.23	33.23	150m: 1:49.55	38.09	250m: 3:12.97	45.05	350m: 4:35.09	36.37			
100m: 1:11.46	38.23	200m: 2:27.92	38.37	300m: 3:58.72	45.75	400m: 5:10.97	35.88			
2. Milancej Elżbieta	09	Polonia Warszawa				5:15.30	584	Q		
50m: 32.39	32.39	150m: 1:53.86	41.61	250m: 3:17.49	42.20	350m: 4:38.77	37.52			
100m: 1:12.25	39.86	200m: 2:35.29	41.43	300m: 4:01.25	43.76	400m: 5:15.30	36.53			
3. Baran Paulina	08	Górník Sosnowiec				5:15.70	582	Q		
50m: 33.19	33.19	150m: 1:56.81	44.37	250m: 3:20.17	41.09	350m: 4:40.81	38.16			
100m: 1:12.44	39.25	200m: 2:39.08	42.27	300m: 4:02.65	42.48	400m: 5:15.70	34.89			
4. Kapka Antonina	09	CSiR MOS Dąbrowa Grn.				5:18.75	565	Q		
50m: 33.81	33.81	150m: 1:56.07	42.67	250m: 3:21.39	44.65	350m: 4:42.76	37.28			
100m: 1:13.40	39.59	200m: 2:36.74	40.67	300m: 4:05.48	44.09	400m: 5:18.75	35.99			
5. Wnuk Jessica	08	Juvenia Wrocław				5:19.80	560	Q		
50m: 33.46	33.46	150m: 1:54.52	41.82	250m: 3:22.05	46.45	350m: 4:44.65	36.44			
100m: 1:12.70	39.24	200m: 2:35.60	41.08	300m: 4:08.21	46.16	400m: 5:19.80	35.15			
6. Kuczmar Aleksandra	09	Polonia Warszawa				5:19.96	559	Q		
50m: 33.54	33.54	150m: 1:53.88	40.99	250m: 3:20.47	46.51	350m: 4:44.22	36.58			
100m: 1:12.89	39.35	200m: 2:33.96	40.08	300m: 4:07.64	47.17	400m: 5:19.96	35.74			
7. Sobolak Gabriela	09	AZS UMCS Lublin				5:21.20	553	Q		
50m: 34.24	34.24	150m: 1:57.91	42.79	250m: 3:21.98	43.74	350m: 4:44.79				
100m: 1:15.12	40.88	200m: 2:38.24	40.33	300m:		400m: 5:21.20	36.41			
8. Malarz Milena	09	Victoria Kozy				5:27.36	522	Q		
50m: 28.70	28.70	150m: 1:56.06	42.73	250m: 3:25.72	47.65	350m: 4:42.17	28.11			
100m: 1:13.33	44.63	200m: 2:38.07	42.01	300m: 4:14.06	48.34	400m: 5:27.36	45.19			
9. Jabłońska Natalia	08	Champions Toruń				5:32.11	500	R		
50m: 36.27	36.27	150m: 2:01.16	42.10	250m: 3:27.64	45.97	350m: 4:54.62	39.05			
100m: 1:19.06	42.79	200m: 2:41.67	40.51	300m: 4:15.57	47.93	400m: 5:32.11	37.49			
10. Dudek Lena	09	CSiR MOS Dąbrowa Grn.				5:34.58	489	R		
50m: 34.00	34.00	150m: 1:58.33	44.47	250m: 2:55.28	12.92	350m: 4:55.08	37.61			
100m: 1:13.86	39.86	200m: 2:42.36	44.03	300m: 4:17.47	1:22.19	400m: 5:34.58	39.50			
11. Baniak Pola	09	BOSiR Brzesko				5:35.44	485			
50m: 35.99	35.99	150m: 2:04.06	45.64	250m: 3:33.58	46.35	350m: 4:58.67	38.91			
100m: 1:18.42	42.43	200m: 2:47.23	43.17	300m: 4:19.76	46.18	400m: 5:35.44	36.77			
12. Łazar Milena	09	MKP Szczecin				5:38.83	471			
50m: 38.91	38.91	150m: 2:05.85	43.63	250m: 3:34.42	47.27	350m: 5:01.52	39.71			
100m: 1:22.22	43.31	200m: 2:47.15	41.30	300m: 4:21.81	47.39	400m: 5:38.83	37.31			
13. Krzyszkowska Amelia	09	SMS Galicja Kraków				5:39.02	470			
50m: 34.34	34.34	150m: 1:59.38	43.81	250m: 3:29.28	47.57	350m: 4:58.80	42.20			
100m: 1:15.57	41.23	200m: 2:41.71	42.33	300m: 4:16.60	47.32	400m: 5:39.02	40.22			
14. Sosnowska Urszula	09	Delfin Gdynia				6:21.74	329			
50m: 39.88	39.88	150m: 2:19.99	49.99	250m: 4:00.66	52.73	350m: 5:37.78	44.73			
100m: 1:30.00	50.12	200m: 3:07.93	47.94	300m: 4:53.05	52.39	400m: 6:21.74	43.96			
PK Bobrovska Alina	08	KSZO Ostrowiec Św.				5:01.66	667			
50m: 31.57	31.57	150m: 1:46.33	38.23	250m: 3:07.07	43.07	350m: 4:26.83	36.01			
100m: 1:08.10	36.53	200m: 2:24.00	37.67	300m: 3:50.82	43.75	400m: 5:01.66	34.83			